



by *Fostens*[®]

CRITICAL THINKING KAT HARRIS

Use the following critical thinking questions to help foster an open, student-led discussion on the theme(s) discussed in this episode of The Harbor.

1. **THINK BACK TO THE OPENING STORY KAT SHARED ABOUT HER FIRST PHOTO SHOOT IN NEW YORK CITY AND THE MODEL'S REACTION TO HER INTERACTIONS.**

Why do you think that no one else had asked the model her name before? What does this say about our culture's perception of beauty?

2. **THINK OF SOMEONE YOU KNOW WHO OTHER PEOPLE CALL "BEAUTIFUL."**

Other than good looks, what qualities does this person have that make him or her "beautiful?" What is your favorite quality about this person?

3. **NOW THINK OF SOMEONE WHO DOESN'T GET CALLED "BEAUTIFUL," BUT WHO POSSESSES OTHER TRAITS THAT MAKE THEM A BEAUTIFUL PERSON.**

How do you think it would affect this person if people started calling him or her "beautiful" on a regular basis?

Challenge yourself to tell someone how beautiful they are today.

4. **MORE OFTEN THAN NOT, PEOPLE TALK ABOUT BEAUTY ONLY IN TERMS OF HOW SOMEONE LOOKS. THINK ABOUT YOUR PEERS AND YOUR FRIENDS.**

Do they define beauty in terms of how people look? Or do they see beauty as being more than just skin-deep? Do you agree with them? Why or why not?

5. **TOWARDS THE END OF THE EPISODE, KAT SAYS THAT SHE WANTS TO BE A PART OF A GENERATION THAT SEES THE BEAUTY IN ALL OF A PERSON, NOT JUST WHAT'S ON THE OUTSIDE.**

Compared to older generations, do you think your generation is better or worse at appreciating beauty? Why?

How can you help change how beauty is perceived in your friend group? On your campus? In society as a whole?





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