

# CRITICAL THINKING PATIENCE

*Use the following critical thinking questions to help foster an open, student-led discussion on the theme(s) discussed in this episode of The Harbor.*

1. **MIKE STARTS THIS EPISODE BY CLAIMING THAT PEOPLE TODAY ARE CONSTANTLY SEEKING INSTANT GRATIFICATION.**

Do you agree with him? Why or why not?

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2. **THINK OF THE LAST TIME YOU FOUND YOURSELF FEELING IMPATIENT.**

What was causing the delay? How did you react?

Were you able to calm yourself down and accept the delay?

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3. **HAD AARON NOT SHOWN PATIENCE IN WAITING TO HEAR BACK FROM THE UNIVERSITY OF NEBRASKA, HE WOULD HAVE MISSED OUT ON WINNING THE NATIONAL CHAMPIONSHIP WITH THEIR FOOTBALL PROGRAM.**

Think of a story you've heard about someone who was persistent or patient and achieved a positive result.

Describe what happened and the difference their patience made in the process.

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4. **AARON SAYS THAT PATIENCE IS BELIEVING THAT THE RESULTS YOU WANT WILL COME LATER EVEN IF YOU AREN'T SURE OF IT RIGHT NOW.**

List some examples of results you typically have to wait a long time for.

What actions can you take while you wait for these results?

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5. **MIKE CAPS THIS EPISODE BY SAYING THAT PATIENCE IS DIFFICULT AND THAT IT CAN COST US SOMETHING.**

What do you think he means by this?

What are some of the costs of being patient?

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