

# PROFESSIONAL DISCLOSURE STATEMENT

Steven M. Coddington, MA, LPC

Marygrove College  
Counseling and Psychological Services  
8425 West McNichols Road  
Detroit, MI 48221  
1-313-927-1474 – Office Phone Number  
1-313-927-1399 – Fax Phone Number

Office Hours: Monday, Tuesday, and Friday: 9am-5pm; Wednesday and Thursday: 11am to 7pm (vacation days will be conveyed to active counselees in advance). Subject to change and conveyed to counselees as needed.

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Counseling Fees: All counseling services provided by Marygrove College to enrolled students at Marygrove College are free.

Counseling License Number: [6401009302](#).

Counseling Association Membership: American Counseling Association.

Highest Degree: Master of Arts in Community Counseling, University of Detroit Mercy, 12/2004.

Counseling Experience: I am presently a full-time Graduate Admissions Counselor and Coach at Marygrove College with several years of experience in higher education (since 1993), including facilitating the career exploration process. I have experience in the areas of grief counseling, crisis counseling, and interpersonal counseling, having offered services for depression and loneliness, life transitions, self-esteem, self-identity, daily living and work struggles, anxiety, relationship problems, anger management, and addictions. I have worked with adolescents and adults, and counseled individuals, couples, families, and groups.

Counselor/Counselee Responsibilities: If you are unable to or if you do not desire to schedule an appointment at one of the local [counseling services agencies in the Detroit area](#), instead choosing to receive counseling services directly from Marygrove College, if we establish a counseling relationship on the Marygrove College campus, my goal is to provide you a safe, supportive, and confidential session (limitations of confidentiality are listed below, as well as pros and cons of non-traditional counseling modes: the phone and email) where you may feel free to reflect on your life (including thoughts, feelings, and behaviors); the choices you make in meeting your needs and goals; and any concerns you may have. I will help you in this process of self-awareness by suggesting various exercises and resources that you may consider. You may ask about anything that I suggest as a resource at any time.

You are responsible to do most of the communicating about yourself and your life in our counseling sessions, guiding our work together, as well as completing exercises and assignments that you agree to complete. As a process, counseling will challenge and encourage you to assume greater self-awareness and responsibility for your life choices. At times, you may feel it uncomfortable and risky to share personal information, and there may be consequential changes in your home, work, and/or social life. There are no guarantees in counseling. However, it is anticipated that you may expect positive and rewarding changes due to self-disclosure.

Since counseling involves inner exploration of yourself to attain greater self-awareness to challenge you to live to your full potential, the amount of time needed to accomplish your desired level of self-integration and growth depends on how much effort you put into the counseling venture. Most counseling tends to be brief and goal-

oriented, ranging from a single session to several months. During our time together, we will determine how and if you are meeting your goal(s). Termination of counseling will be ideally and mutually agreed upon by both of us. Counseling records are maintained in paper file format, locked in a secure area, and maintained for 7 years.

Due to the nature of virtual counseling, counseling exchanges with me at Marygrove College (via office phone or office email) may not adhere to a traditional 50-minute clock-hour but may be more intermittent. If you call and/or email outside my scheduled office hours (see above), and if you need immediate assistance, please call 911, call 1-800-273-TALK/8255, or visit [Mental Health America](#) to find a 24-hour crisis hotline in your area. If you are on the Marygrove College campus, call [Campus Safety](#) at 1-313-927-1411. All scheduled on-campus sessions at Marygrove College will adhere to a 50-minute clock hour schedule.

Limitations of Confidentiality: As a licensed professional counselor (LPC), it is my ethical and legal obligation to provide you the best professional services that I can, including strict confidentiality. However, there are certain times when I must breach confidentiality: if you indicate 1) the intent to harm yourself or another; 2) actual or suspected child or elder abuse; and/or 3) if I am required to breach confidentiality by court order. Due to the nature of couple, group, and family counseling (should you be in such a counseling relationship), while I will maintain strict confidentiality and will stress the importance of maintaining confidentiality to other members, I cannot guarantee their maintaining confidentiality. This is always a possible risk in these counseling formats.

Pros and Cons of Non-Traditional Counseling Modes (i.e., phone and email): Benefits can be accessibility, convenience, affordability, anonymity, alternate ways to communicate, and low-to-no fear of social stigma. Disadvantages can be absence of verbal and nonverbal cues, confidentiality and security concerns, low effectiveness, technological difficulties, and ethical issues.

Counseling Consultation: In keeping with generally accepted standards of practice, I may consult with other mental health professionals regarding the management of your case. The purpose of consultation is to ensure quality care, and every effort is made to protect your identity.

Filing a Complaint: If you believe that your rights have been violated by me, you may write to (see address below), call (517-373-9196), or visit the Website of the [Bureau of Professional Licensing](#).

**Department of Licensing & Regulatory Affairs BPL/Investigations & Inspections Division  
P.O. Box 30670  
Lansing MI 48909-8170**