Aseptic Gowning Donning Guide

Disclaimer: The information provided in this document is intended for informational purposes only. Individual site protocols and procedures should be followed at all times.

- Good Hygiene should be maintained prior to coming to work.
- Remove all jewelry and personal items.

1. Don bouffant cap, be sure all hair is contained and ears are covered.
2. Don disposable shoe covers making sure entire surface of street shoe is contained.
3. Wash or sanitize hands. Make sure they dry completely.
4. Don first pair of sterile gloves without touching outside surface area of glove.
5. Sanitize gloves – this should be done after each step in the gowning process.
6. Don Hood – use ties to ensure proper fit.
7. Don Mask – adjust for proper fit (no gaps).
8. Don Coverall with approved aseptic technique. Touch only the inside of the coverall, do not let coverall touch operator, floor or any surface.
9. Don first boot cover with approved aseptic technique, then place first donned boot onto “clean side” of gowning area. Repeat.
11. Don Second Pair of Sterile Gloves, completely covering the first pair.
12. Do final check in mirror prior to entering sterile cleanroom.