

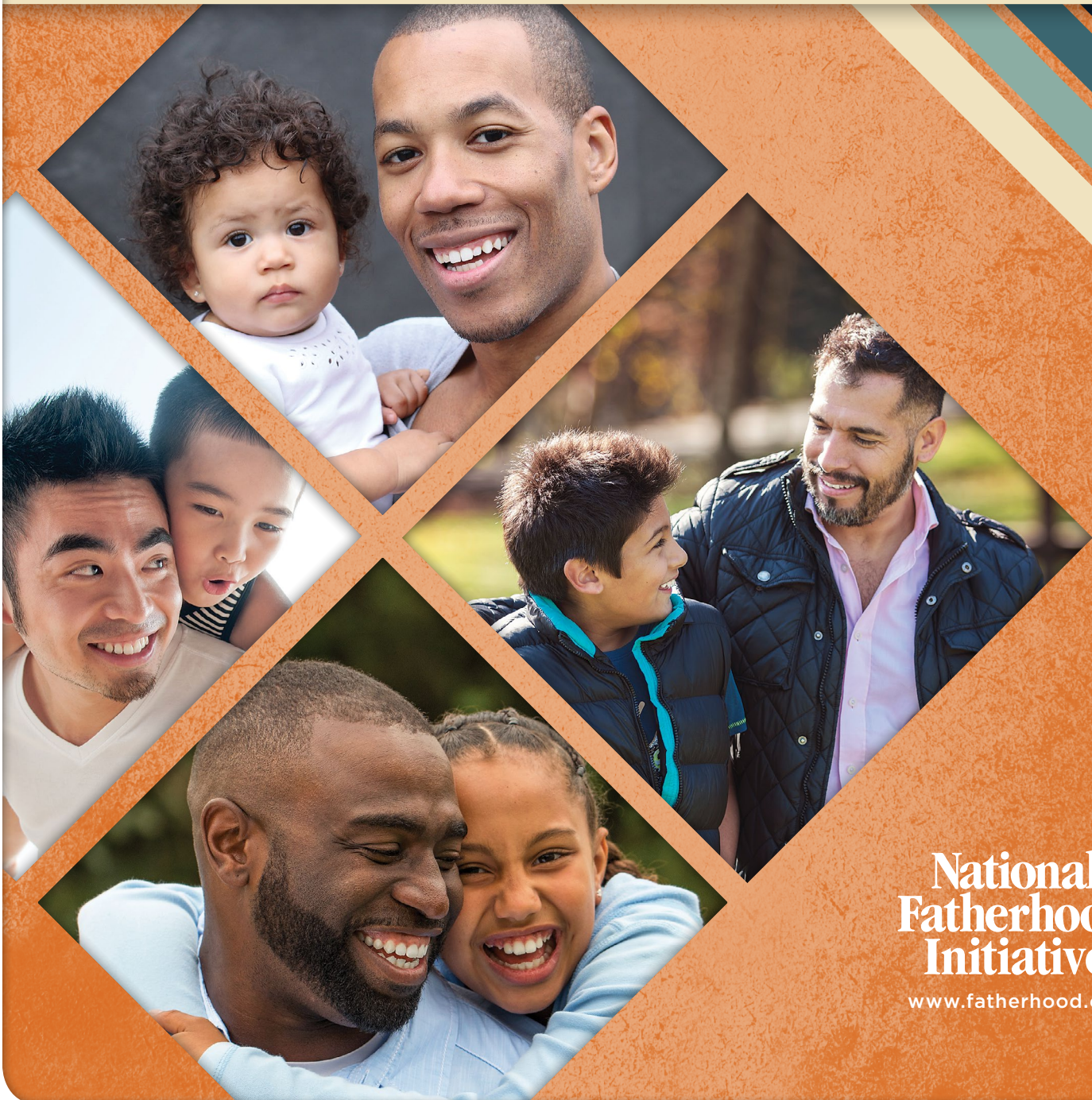
This guide is not a substitute for the Facilitator's Manual: Core Sessions in the InsideOut Dad® curriculum.

AN EVIDENCE-BASED PROGRAM FOR INCARCERATED FATHERS

Inside Out DAD[®] Third Edition

GUIDE FOR JAILS A GUIDE WITH TIPS AND ADVICE

How to Run InsideOut Dad® in Jails and Other Short-Stay Correctional Facilities



National
Fatherhood
Initiative[®]

www.fatherhood.org

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TO LEARN MORE ABOUT NFI, THE *INSIDEOUT DAD*® PROGRAM, AND OTHER PROGRAMS AND PRODUCTS:

TRAINING, TECHNICAL ASSISTANCE, AND QUESTIONS

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THIRD EDITION

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Why Jails and Short-Stay Facilities Should Use InsideOut Dad®

The role of father absence in the lives of prisoners and their children is sobering and well documented. Fathers in prison, and many who end up in jail, are overwhelmingly fatherless themselves, and many of their children will follow in their fathers' footsteps without successful intervention. Research has shown that children with incarcerated parents are far more likely to commit crimes than are the children of nonincarcerated parents.¹ In addition, research shows that, on average, ex-prisoners with strong family connections have lower rates of recidivism and have better post-release employment histories.² Correctional facilities of all kinds need cost-effective resources and programs that help fathers to create and maintain strong family ties.

InsideOut Dad® is such a program. It is the only evidence-based parenting program specifically designed for incarcerated fathers. It helps incarcerated fathers turn their lives around by helping them to create, reconcile, and maintain relationships with their children and family before release and helps them to plan how to nurture those relationships post-release. The program is currently run in all 50 states and has been implemented in at least 25 states as their parenting program of choice in facilities that house men.

Further, InsideOut Dad® is cost-effective. The annual cost of incarceration per inmate per year is \$25,000 - \$40,000 depending on the state. However, the sustainability costs of the materials to take one incarcerated father through the InsideOut Dad® program is **less than \$10**.

InsideOut Dad® works because it motivates thousands of inmates throughout the country to care about their family relationships, which is a critical part of rehabilitation and reducing the risk of recidivism, by developing pro-fathering knowledge, attitudes, and self-efficacy (in fathering skills). (Along those lines, the Washington, D.C.-based Center for Law and Social Policy noted that, "The desire of parents to reunite with their children is often the key motivation for helping them turn their lives around.")³ The program also works because it addresses several criminogenic factors, specifically: 1) family dysfunction, 2) antisocial/pro-criminal attitudes, values, and beliefs, 3) pro-criminal associates, and 4) a history of anti-social behavior.

¹ Bilchik, S., Seymour, C., & Kreisher, K. "Parents in Prison." *Corrections Today*, 63, 7. 2001, pg.109. 2. Dallaire, D.H. "Incarcerated mothers and fathers: A Comparison of risks for children and families." *Family Relations*, 56(5). 2007, pgs. 440-453.

² Brenner, E. "Fathers in Prison: A Review of the Data." *NCOFF Brief. Philadelphia: National Center of Fathers and Families; University of Pennsylvania*. 1998. 2. Bobbitt, M. & Nelson, M. "The Front Line: Building Programs that Recognize Families' Role in Reentry." *Vera Institute of Justice*. 2004. 3. Visher, C. LaVigne, N.G. & Travis, J. "Returning Home: Understanding the Challenges of Prisoner Re-entry—Maryland Pilot Study: Findings from Baltimore." *Urban Institute*. 2004. 4. D. A. Andrews, James Bonta and J. Stephen Wormith, "The Recent Past and Near Future of Risk and/or Need Assessment." *Crime & Delinquency*, Vol. 52, No. 1. January 2006, pgs. 7-27.

³ Center for Law and Social Policy. "Every Door Closed: Facts About Parents with Criminal Records." *Every Door Closed Fact Sheet Series*. 2003, No. 7.

In summary, InsideOut Dad®:

- Is the only evidence-based parenting program specifically designed for incarcerated fathers.
- Improves pro-fathering knowledge, attitudes, and self-efficacy.
- Helps reduce recidivism when part of a larger programmatic effort.
- Is a cost-effective approach that helps inmates to turn their lives around.
- Addresses several criminogenic factors.
- Can be run in prisons, jails, or short-stay correctional facilities.



For more information on InsideOut Dad®, including free samples for download, or to purchase a complete program kit, please visit www.fathersource.org. To see independent evaluations of the program, please visit www.fatherhood.org/evaluation.

How to Shorten InsideOut Dad® to 12 Hours

InsideOut Dad® consists of 12 two-hour core sessions and 6 two-hour optional sessions. In all, the program could last a minimum of 24 hours and as long as 36 hours when facilitated in a prison.

National Fatherhood Initiative (NFI) designed the program primarily for use in a correctional setting in which users of the program have access to inmates for enough time to complete the core sessions and, if chosen, the optional sessions. Recognizing that most inmates in jails and other short-stay correctional facilities are confined for only a limited amount of time (i.e. often not enough time to complete the 24 hours required to cover the core sessions), NFI created this guide to assist staff in these settings to cover critical content from the program while they still have access to inmates.

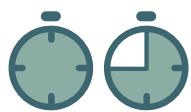
Consequently, this guide includes a “Road Map” for 12 hours of content that NFI considers to be critical to cover in short-stay settings. This map contains an outline of “modified sessions” derived from the complete InsideOut Dad® curriculum. To conduct this shortened version of the program, you must use the Session Guide that is part of the Facilitator’s Manual: Core Sessions in the InsideOut Dad® complete program kit.

A Road Map for Running InsideOut Dad® in 12 Hours

Listed below are the activities for each session that you will facilitate to condense the program to 12 hours. As you become familiar with the Session Guide, you will notice that NFI drew more content (in terms of time within the 12 hours) from some sessions than others and did not include content from some sessions entirely. At the start of the description of each modified session, NFI included the amount of time that the modified session represents within the 12 hours. You will notice that some of the activities in this guide are allotted less time than what is listed in the Session Guide. **It is up to your discretion to determine how you will shorten these activities to the allotted amount of time.**

The reduction in the time allotted for some activities is primarily due to the addition of “homework” at the conclusion of Sessions 1-4 and 6-10. (Session 5 is not part of this modified version. Because Session 11 is the final session, it does not include homework.) The homework consists of reviewing content in the Fathering Handbook that you will not cover during the session. At the end of those sessions, you will ask the fathers to review content before the next session for discussion at the start of the following session. By assigning homework that covers content you won’t have the time to cover with the group, you will maximize the effectiveness of delivering the program in half the time.

Be aware that a modified version of Session 12: Change and Impact, the final core session in the full version of the program, is included as an optional session. Consequently, it is not part of the 12 hours. Nevertheless, if you have the time to conduct this optional session, we recommend that you do so because of how well it wraps up the program. We included instructions on how to modify it.



Total Time Spent
on Session 1:
105 minutes



Session 1: Introduction: Getting Started

Session 1 sets the stage for the entire program, so it’s essential that you cover most of the content in this session. Facilitate all of the activities in Session 1 with the exception of *Activity 1.3 What Kind of Father and Husband/Partner Am I?*

Critical Modifications:

- When facilitating Activity 1.1, modify the following procedures.
 - ➔ **Procedure 5:** Explain that the program will last 12 hours (instead of 24).
 - ➔ **Procedure 6:** Skip this optional procedure because completion of the pre- and post-surveys doesn’t apply when running the program in 12 hours.
- After Activity 1.4 is complete (before Activity 1.5), pass around a sheet of paper asking the Dads to list their names, and immediately under their names, the ages of their children. Tell them that they should list only the children to whom they can send something—children who would be willing to receive something from them or children whose main caregiver will give their children something from them. Let them know that doing this will help you to prepare the proper amount of handouts for the next session as the handouts are based on the number and ages of their children.

Homework:

Ask the Dads to complete pages 1-2 of their Fathering Handbook as homework (the section titled *What Kind of Father and Partner Am I?*).



Total Time Spent
on Session 2:
55 minutes.



Session 2: Family History and the InsideOut Dad

Conduct the following activities as part of Session 2.

- Homework Review (4 minutes)
 - Ask the Dads what they learned about themselves when they completed the *What Kind of Father and Partner Am I? checklist*.
- Activity 2.1 (1 minute)
 - Facilitate Procedure 1 with the Dads as you open this session. Skip the remaining procedures.
- Activity 2.2 (25 minutes)
- Activity 2.3 (25 minutes)

Critical Modifications:

When preparing for this session, print out enough copies of the “What My Children Like” section of the My Fathering Plan (pages 3-5) handout (located on the InsideOut Dad® Flash Drive) for the Dads in the group based upon the respective number and ages of their children. This handout is part of Session 6: My Fathering Plan.

One of the most critical modifications in this 12-hour version of the program is to introduce this section of the My Fathering Plan handout during this session so that the Dads have the time to send it to their children/children’s caregivers, have them complete it, and have them return it to the Dads by the time you conduct Session 6.

As you close out Session 2, distribute the proper amount and type of the “What My Children Like” section of the My Fathering Plan handout to the Dads based on the number and ages of their children. Ask the Dads to write each of their children a letter over the next week. If their children are not old enough to read, they should address the letter to their children’s caregivers.

- The Dads should tell their children that they love them and that, because they love them, they want to be better fathers.
- The Dads should share that they are in a program that will teach them more about their role as a father and that they’d like to get to know their children better.
- Instruct the Dads to ask their children/children’s caregiver to fill out and send back completed copies of the “What My Children Like” section of the My Fathering Plan handout.
- The Dads will revisit these handouts as part of the portion of Session 6 that you will cover.

If the Dads have the handouts completed prior to Session 6, it will help them to put together a more meaningful fathering plan based upon their children’s interests and needs. However, because some of the Dads might not be able to have their children/children’s caregivers complete the handouts for a variety of reasons (e.g. they don’t know where their children/children’s caregivers are located or they have such a poor

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relationship with them that it is unlikely their children/children's caregivers will complete a handout), it is not essential for them to have received completed handouts to participate in Session 6.

- Tell the Dads that as they receive the completed "What My Children Like" section of the My Fathering Plan handout, they'll need to save them and bring them to Session 6.
- Emphasize the importance of not getting discouraged if they don't hear back from their children/children's caregivers right away, or at all, during the program.
- Tell the Dads that, in some cases, it may take a long time for them to create and reconcile their relationships with their children, but that it's well worth the wait!

Homework

Tell the Dads to complete page 7 in their Fathering Handbook that contains the *What I Learned Log* at the end of the session. Instruct the Dads that when filling out the *What I Learned Log*, they should do so based upon what was discussed during Session 2—either something that was discussed during the group or what they learned while completing the homework assignment.



Total Time Spent
on Session 3:
60 minutes.



Session 3: What It Means to Be A Man

Conduct the following activities as part of Session 3.

- Homework Review (5 minutes)
 - Ask for one Dad to share what he wrote in the *What I Learned Log*. (Each session, try to select a different Dad to share what he wrote in the *What I Learned Log*.)
- Activity 3.1 (20 minutes)
- Activity 3.2 (35 minutes)

Homework:

Ask the Dads to complete pages 11-14 in their Fathering Handbook. This includes the "Learning to be a Man and Dad" section and the *What I Learned Log*. Instruct the Dads that when filling out the *What I Learned Log*, they should do so based upon anything they learned during Session 3—either something that was discussed during the group or what they learned while completing the homework assignment. Finally, remind the Dads to send each of their children the "What My Children Like" section of the My Fathering Plan handout if they have not done so already.



Total Time Spent
on Session 4:
60 minutes.



Session 4: Showing and Handling Feelings

Conduct the following activities as part of Session 4.

- Homework Review (5 minutes)
 - Ask the Dads whether they agree or disagree with the ideal steps to become a dad on page 12 in their Fathering Handbook. Find out why they agree or disagree. Challenge the Dads who disagree with the statement to think about this question from the perspective of their children.
 - Ask for one Dad to share what he wrote in the *What I Learned Log*. (Each session, try to select a different Dad to share what he wrote in the *What I Learned Log*.)
- Activity 4.1 (20 minutes)
- Activity 4.2 (35 minutes)

Critical Modifications:

- Because you will not cover content from Session 5: Men's Health, make a point at the end of this session to share that Session 5 lays the groundwork for being emotionally healthy, an essential ingredient for being an involved, responsible, and committed father.
- Be sure to make the point that, even though they won't touch upon physical health during the program, being physically healthy is an equally important part of being there for your children.
- Let the Dads know that the next session focuses on communication.
- Also, remind the Dads to send each of their children/children's caregivers the "What My Children Like" section of the My Fathering Plan handout if they have not already.

Homework:

Ask the Dads to complete pages 16 and 17 in their Fathering Handbook. This portion of the handbook includes the section in Session 4 on Grief and Loss and the *What I Learned Log*. Instruct the Dads that when filling out the *What I Learned Log*, they should do so based upon anything they learned during Session 4—either something that was discussed during the group or what they learned while completing the homework assignment.

Because you won't cover the material in Session 5: Men's Health, encourage the Dads to read the content in their Fathering Handbook from that session.



Total Time Spent
on Session 6:
100 minutes.



Session 6: Fathering from the Inside

Conduct the following activities as part of Session 6.

- Homework Review (4 minutes)
 - Ask one Dad to share the tip that he liked the best from Tips for How to Grieve on pages 16-17 in the Fathering Handbook.
 - Ask one Dad to share what he wrote in the *What I Learned Log*. (Each session, try to select a different Dad to share what he wrote in the What I Learned Log.)
- Activity 6.1 (20 minutes)

New Activity (35 minutes)

- The following activity is not included in the Session Guide of the Facilitator's Manual. You will conduct it between Activity 6.1 and a modified version of Activity 6.2.
- Ask 1-2 Dads to share with the entire group the content in the "What My Children Like" section of the *My Fathering Plan* handout that they received from their children/children's caregivers and survey the entire group about what they plan to do in cases where they either received incomplete information or nothing at all. Encourage the Dads that have not heard back to not give up and let them know that some fathers have gone years with little or no contact with their children, only to end up creating or reconciling a relationship years later.
- Have the Dads form pairs to discuss the content in their "What My Children Like" section of the *My Fathering Plan* handouts. If some of the Dads have not heard back yet from their children/children's caregivers, match those Dads with others who have received their "What My Children Like" section of the My Fathering Plan section(s). This scenario can help the Dads who have not heard back yet to think about what their children may be interested in. If possible, match Dads who have children of the same ages or who have children who are close in age.
- During the time that the Dads are in pairs, have them share what they heard from their children/children's caregivers. If there are Dads who have not heard back yet from their children/children's caregivers, have them work with their partner to fill out the "What My Children Like" section(s) based upon what they think their children would write. When doing so, instruct the Dads to focus on the children they know the best or the children they would like to reach out to next.

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- Activity 6.2 (35 minutes)
 - Modify Procedures 3-5 as described below.
 - Keep the Dads in the same pairs that they were in for the “New Activity” that you just facilitated.
 - As the Dads write out the ways in which they will connect with their children, ask the Dads to keep in mind what their children/children’s caregivers wrote on the “What My Children Like” section(s).
 - Stress the fact that the information they gathered on their children can improve the quality of contact that they have with their children because they will know the best ways to connect given their children’s interests. (Note: The child that each Dad chooses to focus on for the “Ways I Will Connect” area/heading should be the same child that he either received a handout from or for whom he completed a handout if he didn’t receive one.)



Homework

Assign the Dads to complete page 30 in their Fathering Handbook as homework. This portion includes the *What I Learned Log*. Instruct the Dads that when filling out the *What I Learned Log*, they should do so based upon anything they learned during Session 6—either something that was discussed during the group or what they learned while completing the homework assignment.



Total Time Spent
on Session 7:
75 minutes.



Session 7: Communication

Conduct the following activities as part of Session 7.

- Homework Review (4 minutes)
 - Ask one Dad to share what he wrote in the *What I Learned Log*. (Each session, try to select a different Dad to share what he wrote in the *What I Learned Log*.)
- Activity 7.1 (1 minute)
 - Facilitate Procedure 1 with the Dads as you open this session. Skip the remaining procedures.
- Activity 7.2 (40 minutes)
- Activity 7.3 (30 minutes)

Homework:

Assign the Dads to complete pages 36-37 in the Fathering Handbook. This portion includes the *Refine My Fathering Plan* and *What I Learned Log*.

Instruct the Dads that when filling out both sections, they should do so based upon anything they learned during Session 7—either something that was discussed during the group or what they learned while completing the homework assignment.



Total Time Spent
on Session 8:
70 minutes.



Session 8: The Father's Role

Conduct the following activities as part of Session 8.

- Homework Review (5 minutes)
 - Ask for one Dad to share what he wrote in the *Refine My Fathering Plan*. Then ask another Dad to share what he wrote in the *What I Learned Log*. (Each session, try to select different Dads each time you ask about each area.)
- Activity 8.1 (20 minutes)
- Activity 8.2 (25 minutes)
- Activity 8.4 (20 minutes)

Homework:

Assign pages 39 and pages 43-44 in their Fathering Handbook as homework. This includes the *Competitive and Non-Competitive Fathering* survey, the *Refine My Fathering Plan*, and the *What I Learned Log*. Instruct the Dads that when filling out the *Refine My Fathering Plan* and *What I Learned Log*, they should do so based upon anything they learned during Session 8—either something that was discussed during the group or what they learned while completing the homework assignment.



Total Time Spent
on Session 9:
60 minutes.



Session 9: Children's Growth

Conduct the following activities as part of Session 9.

- Homework Review (5 minutes)
 - Survey the Dads to determine how competition can hurt and help Dads as they father their children.
 - Ask for one Dad to share what he wrote in the *Refine My Fathering Plan*. Then ask another Dad to share what he wrote in the *What I Learned Log*. (Each session, try to select different Dads to share when you ask about each area.)
- Activity 9.1 (20 minutes)
- Activity 9.2 (35 minutes)

Homework:

Assign pages 47-50 in the Fathering Handbook as homework. This portion of the handbook includes the *Nature or Nurture* section, the *Refine My Fathering Plan*, and the *What I Learned Log*.

- As part of their homework, ask the Dads to review the sections of the *Ages and Stages* charts that pertain to the ages of their children. (The *Ages and Stages* charts are in the very back of the Fathering Handbook.)
- Have the Dads select 1-2 tips per child that they can put into practice either directly in communication with their children or indirectly through encouraging the caregivers of their children. (See the *Tips to Help Your Child Grow* portion that concludes each section of the *Ages and Stages* charts for a listing of the age-appropriate tips.)
- Instruct the Dads that when filling out the *Refine My Fathering Plan* and *What I Learned Log*, they should do so based upon anything they learned during Session 9—either something that was discussed during the group or what they learned while completing the homework assignment.



Total Time Spent
on Session 10:
70 minutes.



Session 10: Discipline

Conduct the following activities as part of Session 10.

- Homework Review (10 minutes)
 - Ask the group why it's important to understand that both nature and nurture play a role in how children turn out. (Answer: They help the Dads to understand that there are some things beyond their control [nature], but that they also have a lot of influence in their children's lives [nurture].)
 - Ask three of the Dads to share one tip they would like to use for one of their children from the "Tips to Help Your Child Grow" section of *Ages and Stages* charts.
 - Ask for one Dad to share what he wrote in the *Refine My Fathering Plan*. Then ask another Dad to share what he wrote in the *What I Learned Log*. (Each session, try to select different Dads to share when you ask about each area.)
- Activity 10.1 (20 minutes)
- Activity 10.2 (40 minutes)

Homework:

Assign the Dads pages 55-59 in their Fathering Handbook as homework. This portion of the handbook includes *Rewards and Punishment* section, *Refine My Fathering Plan*, and *What I Learned Log*. Instruct the Dads that when filling out the *Refine My Fathering Plan* and *What I Learned Log*, they should do so based upon anything they learned during Session 10—either something that was discussed during the group or what they learned while completing the homework assignment.



Total Time Spent
on Session 11:
65 minutes.



Session 11: Working with Mom and Co-Parenting

Conduct the following activities as part of Session 11.

- Homework Review (10 minutes)
 - Ask the Dads what they learned when they read and completed the *Rewards and Punishment* section in their Fathering Handbook (pages 55-57).
 - Ask for one Dad to share what he wrote in the *Refine My Fathering Plan*. Then ask another Dad to share what he wrote in the *What I Learned Log*. (Each session, try to select different Dads to share when you ask about each area.)
- Activity 11.1 (20 minutes)
- Activity 11.2 (35 minutes)

New Activity (20 minutes)

- Conduct this activity if you will not use *Session 12: Change and Impact* to close the program. If you conduct this activity, prepare a “Certificate of Completion” for each of the Dads. This customizable certificate is located on the InsideOut Dad® Flash Drive.
- Facilitate a “Wrap-Up Discussion” in which you ask the Dads the following question: How have you been impacted by this program? Consider asking each Dad to share if some of the Dads are reluctant to do so.
- After the Dads share, encourage them to do something every day to connect with their children, and stress the importance of following up on their fathering plan and making it a priority to do so. Remind them that they are fathers while “inside” a correctional facility and on the “outside”—so they shouldn’t delay in creating and improving their connections with their children! Thank them again for their participation in the program, encourage them to complete the final *What I Learned Log*, and hand out the “Certificates of Completion.” Encourage the Dads to give a warm, loud round of applause as each Dad receives his certificate.

(Optional) Session 12: Change and Impact

Critical Modifications:

- If possible, bring the Dads back for a time of reflection and use *Session 12: Change and Impact* as the framework for this extra session.
- If you conduct this session, facilitate Activities 12.1, 12.2, and 12.3, and, if possible, Optional Activity 12.5.

Evaluating InsideOut Dad® in Jails and Other Short-Stay Facilities

When reducing the InsideOut Dad® program to 12 or 8 hours, you will not be able to use the *InsideOut Dad® Fathering Survey* (e.g. as part of a pre- and post-program or post-program only evaluation) because it was designed for inmates who complete the 24 hours of the full-length program. NFI recommends that you, at the very least, capture written statements (or verbal statements that you record) from the fathers on how they were impacted by the program. In addition, the *What I Learned Log* at the end of Sessions 1-4 and 6-10—that you will assign as part of fathers' homework—remains a helpful tool in the shortened versions of the program for assessing the program's impact. You may also want to consider designing a customized survey that is specific to the content that you will cover in the 12-hour version.



Other Resources to Use with Incarcerated Fathers

National Fatherhood Initiative (NFI) has programs and other resources for you to consider that will help incarcerated fathers to strengthen the family connections that are so important to their success inside and outside of the correctional setting and, just as importantly, so that they don't return to that setting.

To acquire any of the resources below, please visit www.fathersource.org or call 301-948-0599.

- ◆ Use the InsideOut Dad® Guide to Family Ties, a self-paced resource that incarcerated fathers can use to help them strengthen their relationships with their children and the mothers of their children. This powerful and dynamic resource provides fathers with additional tools to build and maintain strong family relationships. NFI encourages its use in the following ways:
 - A graduation gift for fathers who complete the group-based InsideOut Dad® program.
 - A recruiting tool to get fathers excited about attending the group-based InsideOut Dad® program.
 - A resource for fathers on a waiting list for the group-based program or for a father who can't participate in the group (including those who start in the group but get transferred to another facility).

- ◆ Give incarcerated fathers these brochures.

- Staying Involved with Your Children While Incarcerated
- 14 Things Dads in Prison Should Do Before or After Release
- 20 Ways to Connect with Your Children and Family After Release
- The Importance of an Involved Father



- ◆ Use NFI's innovative curriculum for mothers called Understanding Dad™: An Awareness and Communication Program for Moms. Use it with female inmates who are mothers or with mothers in the community whose children have incarcerated fathers. This program helps mothers to better understand the fathers of their children and improves mothers' knowledge of and skills in communication so that they can, in turn, improve their relationships with the fathers of their children. It also increases mothers' understanding of the critical role that fathers play in children's lives.
- ◆ Work with probation and parole, or a community-based or faith-based organization, to offer a fatherhood program (such as NFI's 24/7 Dad® A.M. or P.M. programs or The 7 Habits of a 24/7 Dad™ workshop) after fathers are released. By using NFI's other fathering programs and workshops with ex-offenders, you will provide a critical resource that is often missing in reentry—practical guidance and support on how to create, reconcile, and maintain family relationships, thereby increasing the likelihood that fathers will not return to a correctional facility.



Getting Started with InsideOut Dad®

As soon as you acquire the InsideOut Dad® complete program kit, you will be able to start running the program. Order the kit today at www.fathersource.org or by calling our Resource Center at 240-912-1263.

NFI encourages facilitators to be formally trained on InsideOut Dad®. To learn more about all of our training options, please visit <https://www.fatherhood.org/curricula-training>. While there, you can request a training quote. You can also call us at 240-912-1278.

All of us at NFI wish you the best of luck as you begin to facilitate InsideOut Dad®! We're excited about the impact that you will have not only on fathers, but also on their families and communities.

