

## September 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

## October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## November 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

## December 2018

Sun	Mon	Tue	We	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29.

Sept. 20— Family History  
 Sept. 27— What is a man?  
 Oct. 4—Showing and Handling Emotion  
 Oct. 11— Men's Health  
 Oct. 18— Communication  
 Oct. 25— Father's Role

Nov. 1 — Discipline  
 Nov. 8 — Children's Growth  
 Nov. 15 — Getting Involved  
**Nov. 22 — No Group!!!! - TDAY**  
 Nov. 29 — Co-Parenting  
 Dec. 6 —Dads and Work



## My Fatherhood Pledge

On my honor,

I will give my children my time, my love, and my heart.

I will be an example of a good man to my children and others around me.

I will be an involved, responsible, and committed father.

From this day forward, I pledge to be a 24/7 Dad®.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**The calendar on the back is an easy way to keep track of when your 24/7 Dad group will meet.**

If you have questions, comments, concerns or you are not going to make it to a group, please call **509-491-1101** or email **bgregory@youmedical.org**. We meet at Barracuda Coffee in Kennewick from 6:30 - 8:30 on the days highlighted.

24/7 Dad is brought to you by the Stronger Fathers Program. Stronger Fathers is the fatherhood branch of You Medical, which is a Christian, 501c(3), non-profit organization.

24/7 Dad AM is a curriculum produced and copy-written by the National Fatherhood Initiative. Find out more at [Fatherhood.org](http://Fatherhood.org).

This 24/7 Dad group was also supported by Grant Number SP1AH000034-01-00 from the HHS Office of Adolescent Health.