



Donning & Doffing PPE Guidance

Per CDC Recommendations 4/13/2020

PPE Scenarios

Please follow these PPE guidelines to keep you and your patients safe:

- **Every Day Patient Care**
 - Keep your mask on the entire time you are in patient care areas
 - Follow contingency and crisis strategies for mask usage to conserve PPE
 - Perform hand hygiene before and after patient care
- **Contact Isolation**
 - Wear gown & gloves
 - Perform hand hygiene before and after patient care
 - Follow the instructions on the next page for correct donning and doffing
 - Equipment that entered room must be cleaned
- **Droplet Isolation**
 - Wear gown, gloves, mask, & either goggles or a face shield
 - Perform hand hygiene before and after patient care
 - Follow the instructions on the next page for correct donning and doffing
 - Equipment that entered room must be cleaned
- **COVID Unit Droplet Isolation**
 - Follow Droplet Isolation PPE recommendations
 - Keep your gown, mask and goggles/face shield on after patient care.
 - Remove soiled gloves, perform hand hygiene and put on clean gloves prior to entering the next patient's room
 - Equipment that entered room must be cleaned

What PPE Stays in the Room?

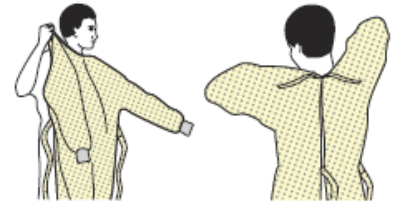
- Soiled gloves and gowns are disposed of in the patient room

What PPE Can Go Out of the Room

- Goggles and face shields are removed from the room and cleaned
- Your mask remains on your face between patients
- Store your mask in a labeled container whenever you leave the patient care area

Steps for Correctly Donning PPE for Droplet Precautions

1. **Hand Hygiene:** wash hands or use alcohol-based hand sanitizer (>61% alcohol)
2. **Put on your gown:** Fasten the gown in the neck and waist
3. **Put on your mask or respirator**
 - Secure ties or elastic bands at middle of head and neck
 - Fit flexible band to nose bridge
 - Fit snug to face and below chin
 - Fit-check respirator, if applicable
4. **Goggles or face shield**
 - Place over face and eyes and adjust to fit
5. **Hand Hygiene:** wash hands or use alcohol-based hand sanitizer
6. **Put on your gloves**
 - Extend the gloves to cover the wrist of the isolation gown



Steps to Correctly Doff PPE for Droplet Precautions

1. **Gown and gloves**
 - Grasp the gown in the front and pull forward, breaking the ties, touch only the outside of the gown
 - While removing the gown, fold or roll the gown inside-out into a bundle
 - As you are removing the gown, peel off your gloves, only touch the inside of the gloves and gown. Place the gown and gloves into a waste container
2. **Goggles or face shield**
 - Remove goggles or face shield. These will be re-used, clean with an approved sanitizer to clean
3. **Mask or respirator**
 - Keep your mask on the entire time you are in patient care areas and then store in a labeled container as described in *Updated Contingency and Crisis Strategies for Mask Usage 4/2/2020*
 - Perform hand hygiene any time you touch the outer surfaces of the mask
4. **Hand Hygiene:** wash hands or use alcohol-based hand sanitizer (>61% alcohol) and don clean gloves

