

# Infection Control: The Best Defense Against Germs Program Guide

**Program Type:** Lecture and Active Demonstration of Key Concepts

**Program Materials:**

- *PowerPoint presentation* – Infection Control: The Best Defense Against Germs

*Please make sure to print off copies of the handouts prior to beginning the lecture. Throughout the lecture, the handouts are referenced and this will allow participants to be able to follow along and have something to refer to while you are demonstrating and or asking them to practice.*

- *Handout: Clean Hands Protect Against Infection*– World Health Organization’s health literacy for hand washing and hand care
- *Handout: Hand Sanitizer CDC*– Covers the differences between hand sanitizer and hand washing. When to use hand sanitizer vs hand washing and how to correctly use hand sanitizer to eliminate germs
- *Handout: Wash Your Hands CDC*- When to wash your hands and the correct method for washing hands to eliminate germs
- *Handout: Keeping Germs at Bay* – Covers what items should be cleaned daily, what cleaning products to use and not to use, and how to clean an iPhone/iPad/Tablet
- *2020 Sign In Sheet*
- *Discovery Series™ Program Survey*

**Set-up of Room:**

Classroom style – You will need a table at the entrance for the residents to sign in and pick up their handouts. Set up and cue the power point to the title slide prior to the start of the Program. Allow sufficient space which allows the participants to get up and interact with one another if they choose too (all can be done from a seated position, however more laughter and smiles are generated when they are moving about☺)

**Program Format:**

Greet the residents as they come in and make sure they are signing in and giving their phone number. This will be important for follow-up. Hand them a Program Survey and ask them to complete it prior to leaving.

- Have them take a copy of each of the handouts

# Infection Control: The Best Defense Against Germs Program Guide

- Presenter welcomes everyone and thanks them for coming.
- Presenter leads the residents in the interactive discussion on “Infection Control: The Best Defense Against Germs.”
- As you go through the PowerPoint and see **Refer to Handout** at the bottom of a slide, take a moment to review that handout with the residents and practice the skill set highlighted.
  - Could have everyone practice proper use of hand sanitizer or steps for hand washing
  - Have them sing Happy Birthday thru twice while going thru the motions to see how long it actually takes to effectively wash your hands to remove the germs
- End the program by emphasizing that by making simple changes and incorporating some of these simple strategies can help to enhance one’s experience of happiness.
- Make sure you end the program by announcing what next month’s program will be and thanking them for attending. Remind them to complete the Program Survey.

## Tips for Success:

- Follow up with the residents who attended the program and had concerns related to therapy within 24 hrs.
- Follow up with all program attendees and thank them for coming, ask if they have any questions regarding the Cultivating Happiness presentation or handouts.
- The Discovery Series™ has been added to HealthMAX as a Primary Program. Please make sure you are coding correctly. Any Resident that is picked up for therapy services as a result of The Discovery Series™ programs should have it coded accordingly.
  - Discovery Series Assisted Living – Discovery Series AL
  - Discovery Series Independent Living – Discovery Series IL