

# DECEMBER




HORIZON EDUCATION CENTERS

December 2018

3	4	5	6	7
Orange Glazed Popcorn Chicken Brown Rice Oriental Vegetables Pineapple Tidbits	Turkey & Gravy WG Bread Whipped Potatoes Carrots Mixed Fruit Margarine	Meatsauce & Pasta WG Dinner Roll Green Beans Peaches Margarine	Southwest Chicken Salad WG Soft Tortilla Shell Fresh Broccoli Fresh Orange Wedges Ranch Dressing	BBQ Meatballs WG Hot Dog Roll Fresh Baby Carrots Applesauce Ranch Dressing
10	11	12	13	14
Cheese Ravioli WG Bread Green Beans Peaches Mararine	Beef Soft Taco w/cheese & lettuce WG soft tortilla shell Corn Fresh Orange Wedges Taco Sauce	Breakfast for Lunch Cheese Omlet & Pancake Breakfast Potatoes Applesauce syrup, ketchup	Breaded Chicken Nuggets WG Dinner Roll Carrots Mixed Fruit BBQ Sauce Margarine	Sloppy Joe WG Sandwich Roll Side Romaine Salad Pineapple Tidbits Italian Dressing
17	18	19	20	21
Creamy Chicken WG Mini Biscuit Whipped Potatoes Mandarin Oranges Margarine	Western Burger w/BBQ Sauce, Lettuce WG Sandwich Roll Baked Beans Pinapple Tidbits	Grilled Chicken Salad Grilled Chicken Strips, Cheese Romaine, Tomatoes, Cucumbers WG Dinner Roll Peaches Ranch Dressing, Margarine	Taco Dip WG Baked Tortilla Scoops Carrots Fresh Apple Slices Taco Sauce	Breaded Chicken Tenders Macaroni & Cheese Green Beans Pears BBQ Sauce
24	25	26	27	28
<p style="text-align: center;">Closed</p> 		Cold Turkey & Cheese WG Sandwich Bun Broccoli Salad Pinapple Tidbits Mayo, Ranch Dressing	Salisbury Steak & Gravy WG Bread Whipped Potatoes Corn Mandarin Oranges Margarine	Breaded Chicken Patty WG Sandwich Bun Glazed Carrots Fresh Apple Slices Mayo
31				
<p style="text-align: center;">Closed</p> 				

	1 & 2 Years	3-5 Years	6-12 Years
Meat or meat alternate	1 oz.	1 1/2 oz.	2 oz.
Grains Breads Pasta Noodles	1/2 slice 1/4 cup	1/2 slice 1/4 cup	1 slice 1/2 cup
Fruit	1/8 c	1/4 c.	1/4 c.
Vegetable	1/8 c	1/4 c.	1/2 c.
Milk, fluid	1/2 c	3/4 c	1 c

