

April



HORIZON EDUCATION CENTERS

April 2019

1	2	3	4	5
Cheese Ravioli WG Bread Green Beans Peaches Margarine	Beef Soft Taco W/cheese & Lettuce WG soft tortilla shell corn Fresh Orange Wedges Taco Sauce	Breakfast for Lunch Cheese Omelet & Pancake Breakfast Potatoes Applesauce Syrup, Ketchup	Breaded Chicken Nuggets WG Dinner Roll Carrots Mixed Fruit BBQ Sauce, Margarine	Sloppy Joe WG Sandwich Bun Side Romaine Salad Pineapple Tidbits Italian Dressing
8	9	10	11	12
Creamy Chicken WG Mini Biscuit Whipped Potatoes Mandarin Oranges Margarine	Western Burger w/BBQ Sauce, Lettuce WG Sandwich Roll Baked Beans Pineapple Tidbits	Grilled Chicken Salad Romaine, Tomatoes, Cucumbers WG Dinner Roll Peaches Ranch Dressing, Margarine	Taco Dip WG Baked Tortilla Scoops Carrots Fresh Apple Slices Taco Sauce	Chicken Parmesan & Pasta Breaded Chicken Tenders Pasta w/ Tomato Sauce Green Beans Pears
15	16	17	18	19
Cheeseburger Meatloaf WG Bread Baked Beans Mixed Fruit Ketchup	Mexican Pasta WG Dinner Roll Green Beans Peaches Margarine	Cold Turkey & Cheese WG Sandwich Bun Broccoli Salad Pineapple Tidbits Mayo, Ranch Dressing	Salisbury Steak & Gravy WG Bread Whipped Potatoes Corn Mandarin Oranges Margarine	Breaded Chicken Patty WG Sandwich Bun Glazed Carrots Fresh Apple Slices Mayo
22	23	24	25	26
Country Chicken & Biscuit Breaded Chicken Sticks WG Biscuit Whipped Potatoes w/ Gravy Corn Fresh Orange Wedges Margarine	Ranch Chicken Wrap w/ Shredded Lettuce WG Soft Tortilla Shell Fresh Baby Carrots Peaches Ranch Dressing	Meatballs & Pasta w/ Sauce WG Bread Green Beans Pears Margarine	Open Faced Turkey w/Gravy WG Bread Peas & Carrots Pineapple Tidbits	BBQ Beef Riblet WG Sandwich Bun Baked Beans Creamy Coleslaw Applesauce BBQ Sauce
29	30			
Italian Chicken & Creamy Pasta WG Bread Green Beans Peaches Margarine	Walking Taco w/Cheese & Lettuce WG Baked Tortilla Scoops Carrots Pears Taco Sauce			

	1 & 2 Years	3-5 Years	6-12 Years
Meat or meat alternate	1 oz.	1 1/2 oz.	2 oz.
Grains Breads Pasta Noodles	1/2 slice 1/4 cup	1/2 slice 1/4 cup	1 slice 1/2 cup
Fruit	1/8 c	1/4 c.	1/4 c.
Vegetable	1/8 c	1/4 c.	1/2 c.
Milk, fluid	1/2 c	3/4 c	1 c

