

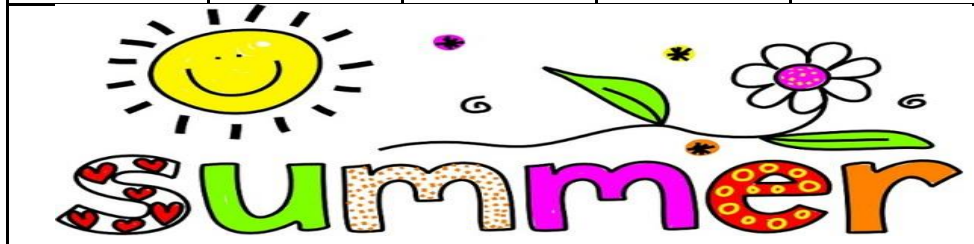


HORIZON EDUCATION CENTERS

June 2019

3	4	5	6	7
Breaded Chicken Patty WG Sandwich Bun Fresh Broccoli Salad Pineapple Tidbits Mayo	Cheeseburger Meatloaf WG Bread Baked Beans Applesauce Margarine Pasta Salad	Grilled Chicken Salad WG Dinner Roll Romaine, Tomato, Cucumber Mixed Fruit Ranch Dressing, Margarine	BBQ Meatballs WG Hot Dog Bun Sweet& Sour Coleslaw Fresh Fruit	Chicken Alfredo/ Pasta WG Dinner Roll Peas Peaches Margarine
10	11	12	13	14
Chicken Fajita WG Soft Tortilla Shell Carrots Applesauce	Sloppy Joe WG Sandwich Bun Pea Salad Mixed Fruit Ketchup	Breaded Chicken Tenders WG Dinner Roll Broccoli & Cheese Fresh Fruit Ranch Dressing Margarine	Italian Meat & Cheese Sub WG Hot Dog Bun Creamy Cucumbers Pineapple Tidbits Mayo	Meat sauce/ Pasta WG Bread Side Salad Peas Italian Dressing Margarine
17	18	19	20	21
Cheeseburger WG Sandwich Bun Creamy Coleslaw Peaches Ketchup	Breaded Chicken Nuggets WG Dinner Roll Peas Fresh Fruit BBQ Sauce, Margarine	Meatball Sub WG Hot Dog Bun Side Salad Peas Italian Dressing	Chicken Salad Sandwich WG Sandwich Bun Fresh Baby Carrots Pineapple Tidbits Ranch Dressing	Beet Soft Taco WG Soft Tortilla Shell Corn Applesauce Taco Sauce
24	25	26	27	28
Breaded Chicken Patty WG Sandwich Bun Fresh Broccoli Salad Pineapple Tidbits Mayo	Cheeseburger Meatloaf WG Bread Baked Beans Applesauce Margarine Pasta Salad	Grilled Chicken Salad WG Dinner Roll Romaine, Tomato, Cucumber Mixed Fruit Ranch Dressing, Margarine	BBQ Meatballs WG Hot Dog Bun Sweet& Sour Coleslaw Fresh Melon	Chicken Alfredo/ Pasta WG Dinner Roll Peas Peaches Margarine

	1 & 2 Years	3-5 Years	6-12 Years
Meat or meat alternate	1 oz.	1 1/2 oz.	2 oz.
Grains Breads Pasta Noodles	1/2 slice 1/4 cup	1/2 slice 1/4 cup	1 slice 1/2 cup
Fruit	1/8 c	1/4 c.	1/4 c.
Vegetable	1/8 c	1/4 c.	1/2 c.
Milk, fluid	1/2 c	3/4 c	1 c



This Institution is an Equal Opportunity Provider.

Unflavored Milk is served with lunch