

You are invited to attend the next Inland Empire Sjögren's Support Group Meeting

Saturday, October 27, 2018

10:00 a.m. – 12:00 noon

NEW Meeting Location

Sierra San Antonio Medical Center *Room 125 (First Floor)* 16465 Sierra Lakes Parkway, Fontana, California 92336

<u>Directions</u>: The medical center is located just off the 210 freeway, between LA Fitness and Costco. Free Parking is Available!

Meeting Program

❖ Caring and Sharing Session: Please be prepared to share 2 or 3 of your daily challenges (*physical or emotional*) and how you manage these challenges.

If you have any questions, please contact:

Susan Barajas, Support Group Leader 909-210-4477 • barajas7442@yahoo.com

Feel free to bring bottled water or snacks.