



*You are invited to attend the next*  
**Inland Empire**  
**Sjögren's Support Group Meeting**

**Saturday, August 11, 2018**

10:00 a.m. – 12:00 noon

**NEW Meeting Location**

Sierra San Antonio Medical Center

*Room 125 (First Floor)*

16465 Sierra Lakes Parkway, Fontana, California 92336

**Directions:** The medical center is located just off the 210 freeway, between LA Fitness and Costco.  
Free Parking is Available!

**Meeting Program**

1. **Discussion Topic:** “Sjögren’s and Diet.” We will have an opportunity to **listen to an audio CD** entitled “*An Inside Look at Sjögren’s and Gluten-Free Diets*” that was presented by Dr. Keith Wilkinson at the 2016 National Patient Conference.
2. **Caring and Sharing Session**

*\*Feel free to bring bottled water or snacks.\**

**If you have any questions, please contact:**

*Susan Barajas, Support Group Leader*

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