



You are invited to attend the next  
**Kansas City**  
**Sjögren's Educational Support Group Meeting**

**\*Saturday, January 12, 2019**

**Time: 1:00 p.m.**

**Meeting Location**

**Saint Joseph Medical Center**

*Community Center for Health and Education – Building D, **CSJ Room***

I-435 and State Line, Kansas City, Missouri

**(See Directions on Reverse Side)**

*(If there is inclement weather, please determine if it is safe for you to travel to the meeting.)*

**Meeting Program**

This will be a "member lead" meeting where group members will share information and tips - especially about *day-to-day living* and *coping strategies*, from their own personal experience with living with Sjögren's.

Please bring your wisdom and hints and, of course, your questions, too.

---

**For more information, please contact:**

Janine Bensman 913-485-3942 • [neene5@aol.com](mailto:neene5@aol.com)

or

Linda Stephenson (913) 608-7948 • [llstep2000@gmail.com](mailto:llstep2000@gmail.com)

## **Directions to St. Joseph Health Center (Hospital Complex):**

- From 1-435, exit on to State Line Road (South).
- Turn onto Carondolet Drive (east) passing UMB
- Go to the 2<sup>nd</sup> parking lot entrance, turn left (heading north) past the Emergency Entrance and the Carondolet Medical Building up and slightly to the left.
- Turn right into a parking lot dedicated to the Community Center for Health and Education Building D.
- Once inside, posters will direct you to the meeting room.

### **Mark Your Calendar - 2019 Meeting Dates**

January 12

March 2

May 4

July 13

September 14

November 2