



You are invited to attend the next
Portsmouth Area
Sjögren's Support Group Meeting

Thursday, August 30, 2018

6:00 p.m.

Meeting Location

Office of Martin's Point Health Care

161 Corporate Drive

Portsmouth, New Hampshire 03801

Meeting Program

Guest Yoga Instructor

Emily Kinniburg

“Incorporating Chair Yoga to Help with Chronic Pain and Body Awareness”

Please **RSVP** to:

Teresa Callahan, Support Group Leader

tc.callahan@comcast.net / 603-493-1463

Friends, Family and Interested Health Professionals Welcome!