

# WHEN TO ENLIST A DSMB OR CEC For Your Clinical Trial

## DSMB

- Reviews cumulative study data
- Looks at safety indicators primarily, and may review effectiveness information, to decide whether a study should continue



## CEC

- Reviews individual occurrences of specific endpoints or adverse events, such as a heart attack or a secondary intervention
- Determines whether events were possibly connected to the clinical trial and/or investigational product



### CHECK ALL THAT APPLY TO DETERMINE YOUR NEEDS

#### DOES YOUR TRIAL...

- ☐ Have multiple sites participating? .....
- ☐ Include a complex protocol design (randomization, blinding, crossover arms, etc.)? .....
- ☐ Evaluate mortality or morbidity as primary endpoints? .....
- ☐ Carry the potential for unacceptable toxicity risks, based on prior data? .....
- ☐ Involve emergency research or vulnerable populations (ex., children or elderly)? .....
- ☐ Carry ethical concerns that may require termination before completion? .....
- ☐ Raise concerns from a regulatory body that advises independent oversight? .....

**DSMB**

#### DOES YOUR TRIAL...

- ☐ Have endpoints open to interpretation (ex., determining the severity of a reaction)? .....
- ☐ Have endpoints that could be misreported or underreported? .....
- ☐ Include risks that could result from preexisting conditions or exposure to the study/product? .....
- ☐ Require intervention that is not blinded, introducing potential bias? .....

**CEC**

If you checked items in both categories, you should consider enlisting both a DSMB and a CEC

**BOTH**

## TAKING THE NEXT STEP TO ENSURE SAFETY

A clinical research organization (CRO) can manage relationships between sponsors and safety boards, assisting with:



Recruiting, selecting, onboarding and training qualified members



Obtaining agreements from members and managing payments



Defining responsibilities and timelines in a project Charter



Ensuring proper documentation at every step



Conducting meetings and following up

TO LEARN MORE ABOUT SAFETY MONITORING AND HOW A CRO CAN HELP, DOWNLOAD OUR WHITEPAPER.

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**NEED HELP  
MANAGING YOUR SAFETY  
MONITORING?**

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WE'LL EARN YOUR APPROVAL.

22560 Lunn Road, Strongsville,  
Ohio 44149

• tel 440.801.1540 • fax 440.801.1542  
• [info@imarcresearch.com](mailto:info@imarcresearch.com)  
• [imarcresearch.com](http://imarcresearch.com)