



BENEFITS MAY INCLUDE:

- Increased Energy
- Improved Digestion
- Detoxification
- Elevated Mood
- Mental Clarity
- Decreased Body Fat
- Increased Sense of Well-Being
- Reduced Inflammation and More!

THE CLEAN CLEANSE

\$149

3-DAY CLEAN FOOD & ORGANIC JUICE CLEANSE

WHAT IS IT:

A limited edition detoxifying and nourishing plant-powered food and cold-pressed juice cleanse, designed for those of you who love juice but want to eat too.

THE CLEAN CLEANSE START DATES:

Mon, May 9th or Mon, May 16th

Thurs, May 12th or Thurs, May 19th

THE CLEAN CLEANSE IS AVAILABLE FOR IN-STORE PICK-UP ONLY
LIMITED QUANTITIES AVAILABLE

TO ORDER, PLEASE CONSULT WITH A STORE ASSOCIATE OR CALL 844-775-8423

ORDERS MUST BE PLACED BY THE FOLLOWING DEADLINES:

Week 1:

Wed 5/4 (for Mon 5/9 pick-up)

Mon 5/9 (for Thurs 5/12 pick-up)

Week 2:

Wed 5/11 (for Mon 5/16 pick-up)

Mon 5/16 (for Thurs 5/19 pick-up)

BONUS GIFT

EXCLUSIVE 10% OFF CARD FOR ALL IN-STORE PURCHASES IN MAY

*May not be combined with other offers or applied to additional Clean Cleanse purchases.



THE CLEAN CLEANSE MENU



3-DAY SCHEDULE

Use this chart as a guideline. Your actual schedule will vary based upon the time your day begins and ends.

	DAY 1	DAY 2	DAY 3
UPON RISING:	Warm, filtered lemon water*	Warm, filtered lemon water*	Warm, filtered lemon water*
WITHIN HOUR OF RISING:	Mineral Surge Wellness Shot	Mineral Surge Wellness Shot	Mineral Surge Wellness Shot
8 AM:	Green Ginger	Sweet Greens	Green Lemon
10 AM:	Quinoa Protein Oats	Blueberry Acai Chi Pudding	Superfood Granola
12 PM:	#GetYourGreens	Deep Greens	Dr. Green
2 PM:	Black Magic	The Master	Turmeric Lemonade
4 PM:	Superfood Trail Mix	Superfood Trail Mix	Superfood Trail Mix
6 PM:	Veggie Spring Rolls	Antioxidant Salad	Soba Protein Noodles
7 PM:	Cashew Mylk	Almond Mylk	Turmeric Mylk
BEFORE BED:	Tummy Tonic Wellness Shot	Tummy Tonic Wellness Shot	Tummy Tonic Wellness Shot

*NOT INCLUDED
1400 - 1700 CALORIES PER DAY

**DRINK JUICE. EAT CLEAN.
FEEL AWESOME.**