



VISTA CASE STUDY

# How VISTA Helped a Locum Tenens Physician Reinvent Her Career



# Executive Summary

Many physicians are drawn to the flexibility, freedom to travel and overall job satisfaction that working locum tenens provides. One physician in particular describes her fun adventure after becoming a locum tenens physician later in life. VISTA was a true partner for Dr. Hope Eliot, who felt her career had hit a rut prior to joining VISTA. Dr. Eliot found the challenges of diverse assignments exhilarating - from rural practices in Maine to the challenging assignment she had at Langley Air Force Base.

VISTA originally caught Dr. Eliot's attention with a picture postcard she received depicting the freedom of life as a traveling physician. Prior to that, she'd only heard of positions for traveling nurses. Years later, she accepted her first position with VISTA, and began her career as a locum tenens physician.

- Dr. Eliot partnered with VISTA exclusively to find locum tenens positions
- VISTA successfully placed Dr. Eliot in 13 different assignments during their partnership.
- Many of the assignments involved returns and extensions.

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## About the Clinician

*Before discovering VISTA, Dr. Hope Eliot was a professional physician with 25 years of experience. This dedicated doctor worked over 60 hours a week with predominantly complex, geriatric patients. She was looking for balance and a remedy for career burnout.*

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## Challenges

Prior to working with VISTA, Dr. Eliot faced challenges in a practice that demanded constant sacrifices of her time and offered little in the way of professional growth and diversity. She wanted relief from the hectic pace of her permanent role, and desired a more flexible lifestyle that allowed her to check states off her wishlist and experience new adventures.

Dr. Eliot initially contacted her VISTA recruiter to ease out of full-time work and find a break in her routine.

*Dr. Eliot describes her recruiter as extremely personable and accommodating to her needs and preferences.*

Like all VISTA recruiters, she was meticulous in handling the details of each placement.

**CONTACT VISTA TO LEARN MORE**

**800-366-1884**

[facts@vistastaff.com](mailto:facts@vistastaff.com) | [vistastaff.com](http://vistastaff.com)



## The VISTA Approach



For physicians looking for broader experience and a change of pace, we provide a proven solution. Locum tenens jobs are a welcome escape from long hours, administrative work and heavy caseloads that some may experience in permanent roles. As a locum tenens physician, ***doctors choose when and where they want to work***, and assignments can even double as paid vacations - a perk that independent contractors don't typically enjoy.



At VISTA, we partner with experienced physicians, nurse practitioners and physician assistants from almost every medical specialty. ***With positions available across the U.S., we aim to provide rewarding, flexible career options*** for clinicians in every stage of their professional lives, from post-residency to semi-retirement. By placing clinicians in locum tenens positions, we help enhance their lives - both personally and professionally - and provide them with greater flexibility and control, and in turn, improve their quality of life.



We offer our locum tenens clinicians ***unique benefits and opportunities***. We carefully screen facilities to find assignments that match the clinician's skills, experience and interests. To make the process easy and hassle-free, we provide paid travel, housing and local transportation, as well as offer help with licensure and credentialing. Finally, we offer competitive pay and require no placement fees, which is an important factor for most clinicians entering the locum tenens lifestyle.

## Results That Make a Difference

Dr. Hope Eliot made a successful career as a locum tenens physician by partnering with VISTA. She was able to turn her career around with a dynamic job that let her have a big impact on patients from every walk of life. Since landing her first assignment, she has traveled across the U.S., including a stint in an isolated practice in rural Maine, where specialists were hours away, to metropolitan areas with hectic schedules and a wide variety of patient conditions. As desired, Dr. Eliot spent time getting to know people and places and never managed to get bored. She even attributes her choice to move to Reston, Virginia, permanently to her time serving as a locum tenens physician in the area.

***"I enjoyed being able to see many parts of the United States and stay in various locations long enough to really explore and appreciate them."***

***- Dr. Hope Eliot***

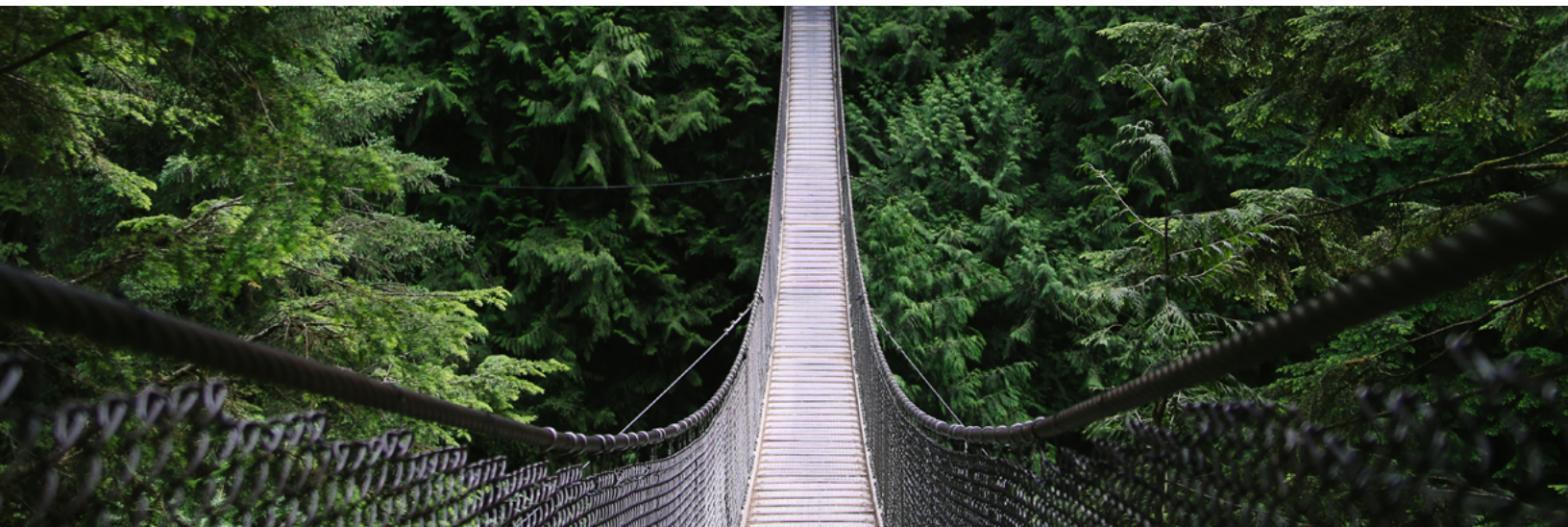
A locum tenens position is a great way to ease out of a practice or role that's no longer fulfilling, and it's a great option to prepare for eventual retirement. At the same time, those just starting their career can benefit from VISTA placements by gathering a great amount of varied experience in a short period of time.

If you are a clinician ready for your own change, you can contact VISTA today to speak with a recruiter to discuss your goals or search many exciting opportunities on our [job board](http://www.vistastaff.com) at [www.vistastaff.com](http://www.vistastaff.com).

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***Overall, our goal at VISTA is to help clinicians find the perfect locum tenens position to gain more flexibility and control in their career. And with nearly 30 years of experience in this industry, we've helped over 9,000 clinicians like Dr. Eliot achieve the work-life balance they desire.***

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## Specialties Served:

VISTA places Physicians, Nurse Practitioners, Physician Assistants and CRNAs in the following specialties:

Addiction Medicine	→ Chief medical officer	Perinatology
Allergy	Hospitalist	Physical & Rehabilitative Medicine
Anesthesiology	→ Emergency medicine	Preventative Medicine
→ Cardiac anesthesiology	→ Family medicine	Psychiatry
→ Pediatric anesthesiology	→ Internal medicine	→ Adult psychiatry
Angiography	→ Pediatrics	→ Child and adolescent psychiatry
Cardiology	Hyperbaric Medicine	→ Geriatric psychiatry
→ Advanced heart failure and transplant cardiology	Maternal Fetal Medicine	Pulmonology
→ Clinical genetics	Neonatology	Radiology
→ Clinical molecular genetics	Nephrology	→ Interventional radiology
→ Gastroenterology	Neurology	→ Neuroradiology
→ Geriatrics	Nuclear Medicine	Rheumatology
→ Invasive cardiology	Obstetrics & Gynecology	Sleep Medicine
→ Interventional cardiology	Occupational Medicine	Sports Medicine
Critical Care	Oncology	Surgery
→ Palliative critical care	→ Hematology	→ Cardiothoracic surgery
Dermatology	→ Medical oncology	→ Cardiovascular surgery
Emergency Medicine	→ Radiation oncology	→ Colorectal surgery
→ Pediatric emergency medicine	Ophthalmology	→ General adult & pediatric surgery
Endocrinology	Orthopedics	→ Hand surgery
→ Palliative endocrinology	Otolaryngology	→ Hyperbaric
Family Medicine	Pain Management	→ Neurosurgery
→ Hospitalist	Palliative Care	→ Orthopedic surgery
→ Obstetrics	Pathology	→ Pediatric surgery
→ Urgent care	Pediatrics	→ Spine surgery
Gastroenterology	→ Developmental pediatrics	→ Thoracic surgery
Infectious Disease	→ Pediatric behavior development	→ Transplant surgery
Internal Medicine	→ Pediatric critical care	→ Trauma surgery
→ Cardiology	→ Pediatric gastroenterology	→ Vascular surgery
→ Gastroenterology	→ Pediatric hematology/oncology	Telemedicine
→ Hematology	→ Pediatric neurology	Urology
→ Nephrology	→ Pediatric orthopedic surgery	
→ Pediatrics		
→ Pulmonology		
→ Rheumatology		
Healthcare Management		

## Contact Us

800-366-1884

[facts@vistastaff.com](mailto:facts@vistastaff.com)

[vistastaff.com](http://vistastaff.com)

### CORPORATE OFFICE

2800 EAST COTTONWOOD PARKWAY, SUITE 400  
COTTONWOOD HEIGHTS, UT 84121

