

How can your Insights Discovery Personal Profile support your performance review?

Key Strengths and Weaknesses

- Use your strengths to identify what projects and responsibilities you should take on next
- Have an open discussion with your manager about your weaknesses, how they affect you and others, and how you can overcome them
- Think about how you've used your strengths in the workplace

Suggestions for Development

- Use the suggestions for development to plan the next steps for your professional development
- Use the practical advice to help you plan how to get there
- Explore one of the areas you have already developed and how this has changed the way you work



Communication

Do

- Share one of your communication 'dos' at the start of the review so that you can have more effective communication

Don't

- Pick a communication 'don't' that is a particular problem for you and discuss how to overcome it