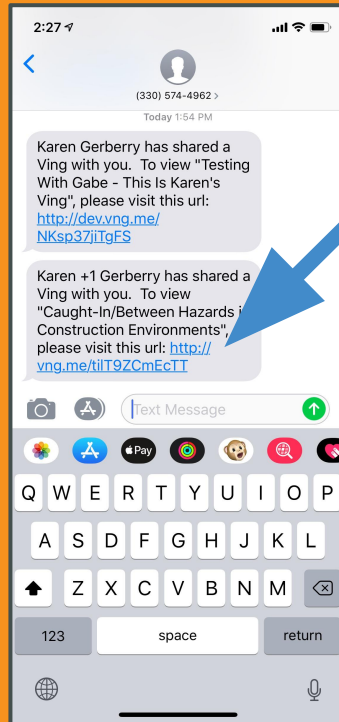


How To View A Ving

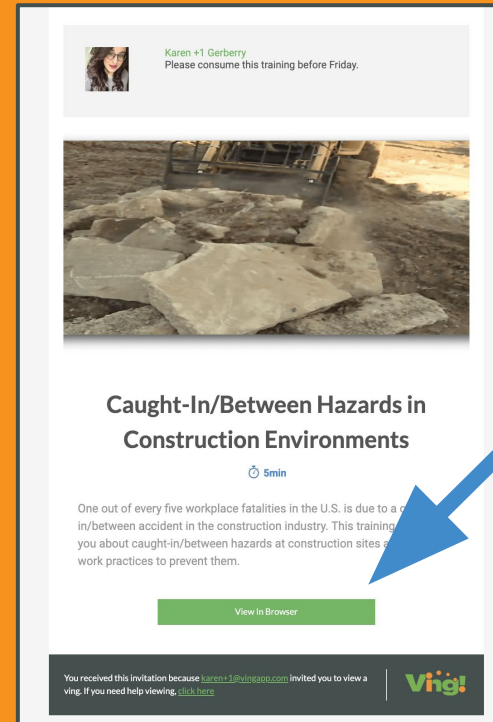
Created By Ving Success

First click on the link or button in the invitation.

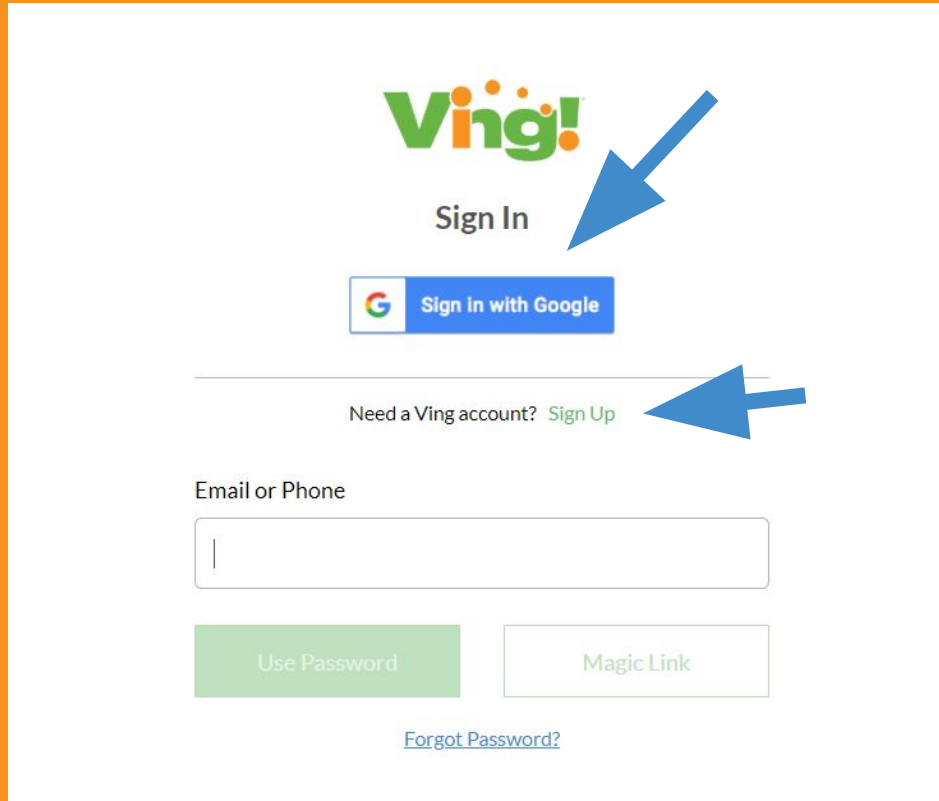
Phone



Email




If this is your first time, you can either use your Google credentials or click Sign Up to create a username and password.



The image shows the Ving! sign-in page. At the top is the Ving! logo, which consists of the word "Ving!" in a green, rounded font with three orange dots above the "i". Below the logo is the text "Sign In". A blue arrow points from the top right towards the "Sign In" text. Below this is a "Sign in with Google" button, which has a small Google "G" logo on the left and the text "Sign in with Google" on the right. A horizontal line separates this section from the next. Below the line is the text "Need a Ving account? Sign Up", where "Sign Up" is in green. A blue arrow points from the right towards the "Sign Up" text. Below this is a label "Email or Phone" followed by a text input field with a vertical cursor. At the bottom are two buttons: "Use Password" (green) and "Magic Link" (light blue). Below these buttons is a link that says "Forgot Password?" in blue.

Ving!

Sign In

 Sign in with Google


Need a Ving account? [Sign Up](#)

Email or Phone


[Use Password](#) [Magic Link](#)

[Forgot Password?](#)

To create an account simply fill out this form and click Sign Up.



Sign Up

 Sign In with Google

Already have a Ving account? [Sign In](#)

Email or Phone

stephanie@vingapp.com

First Name

stephanie

Last Name


hunter


Password

.....

Confirm Password

.....

 I'm not a robot


reCAPTCHA
[Privacy](#) • [Terms](#)

Sign Up

By creating an account, you agree to Ving's [Terms of Service](#) and [Privacy Policy](#).

**After clicking Sign Up you will be sent a verification code.
Put the verification code in here and click Verify Your Account.**



Verification

Check your Email or SMS for your verification code.

Verification Code

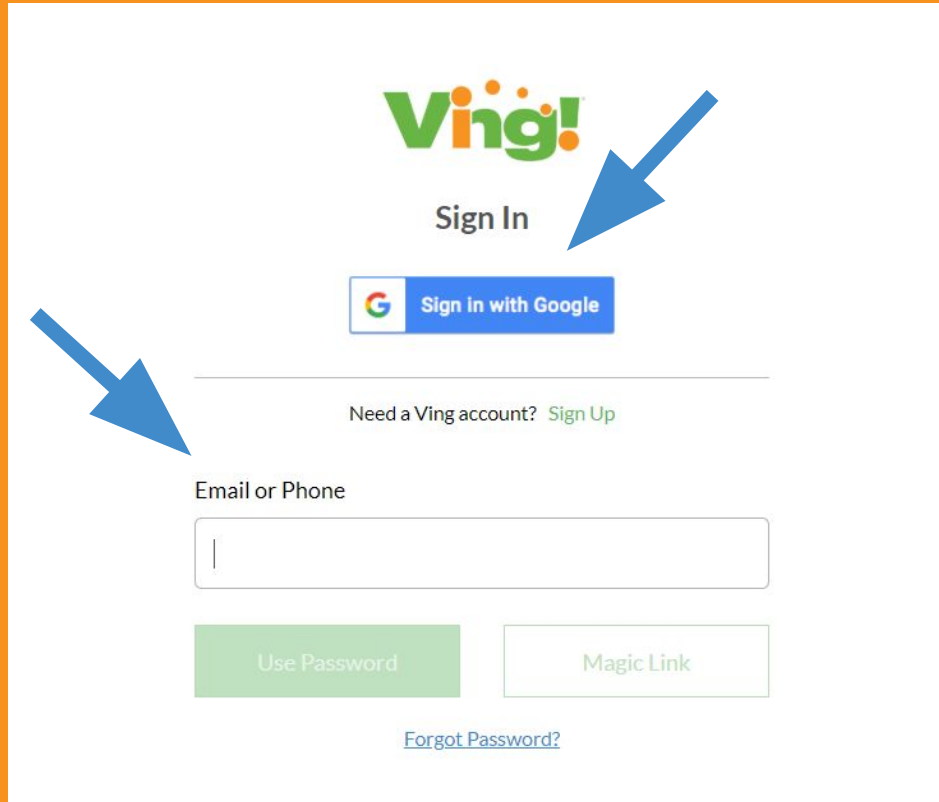


Verify Your Account

[Didn't receive a code?](#)

By creating an account, you agree to Ving's [Terms of Service](#) and [Privacy Policy](#).

If you have a log in you can do so by clicking the Google button or if you're not a Google user you can put in your phone or email.



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Ving!

Sign In

Sign in with Google

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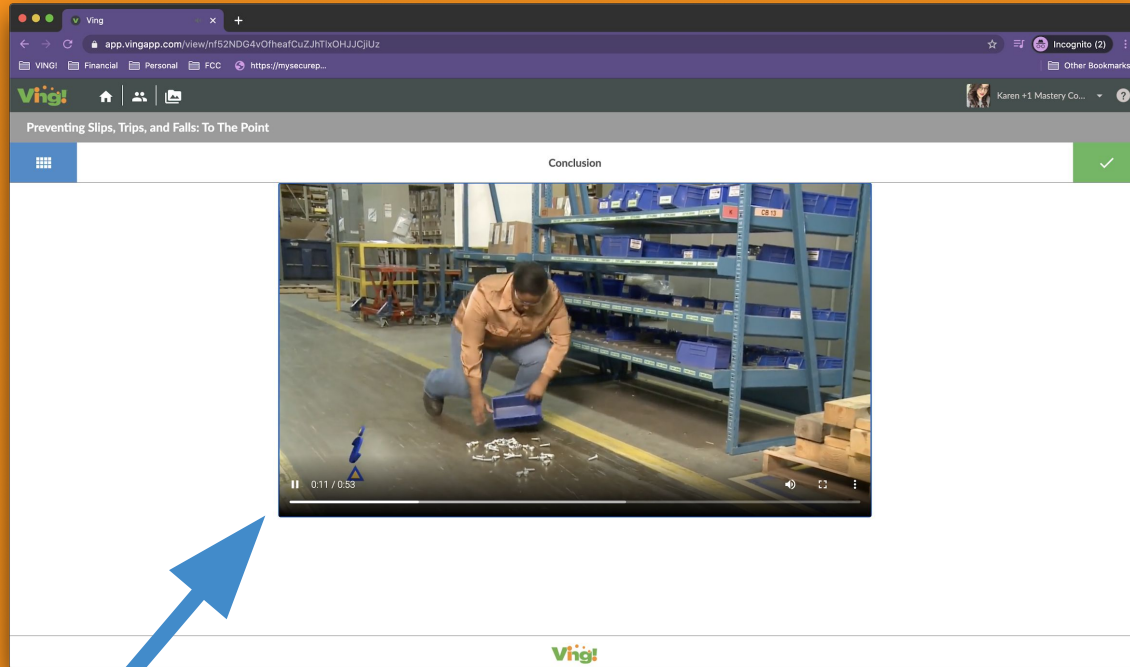
Email or Phone

Use Password

Magic Link

[Forgot Password?](#)

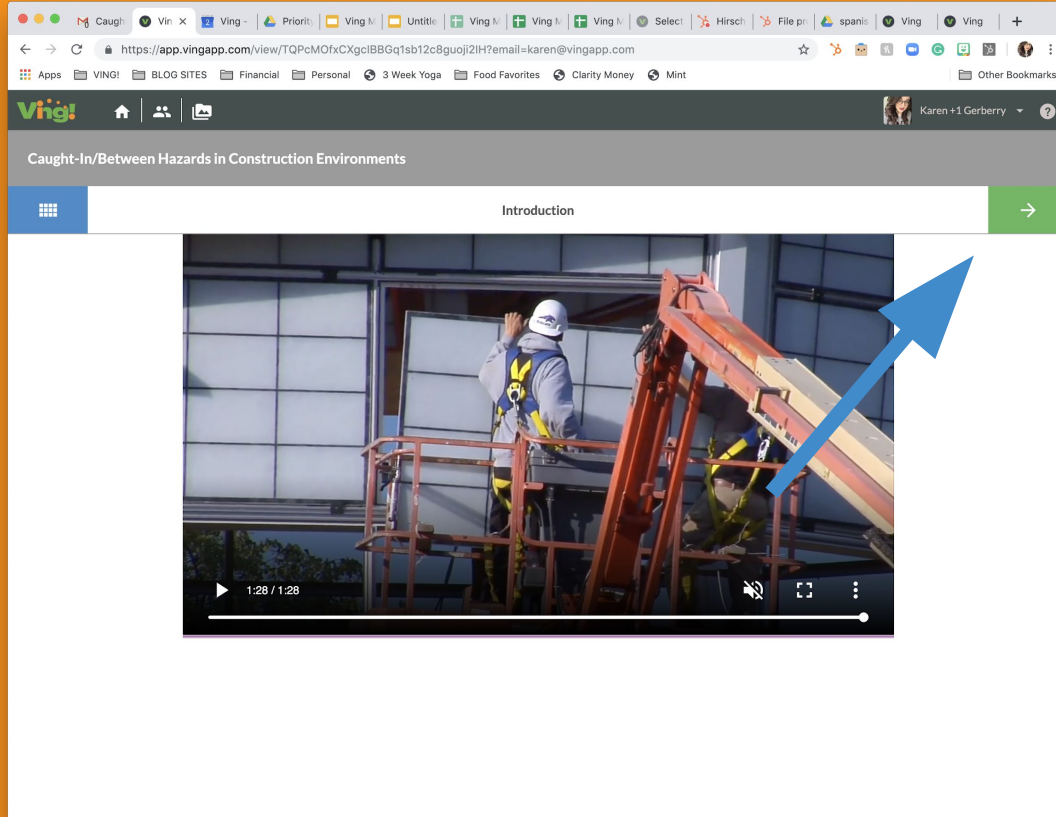
Now that your account is verified you can start viewing! When viewing a video click the play button.



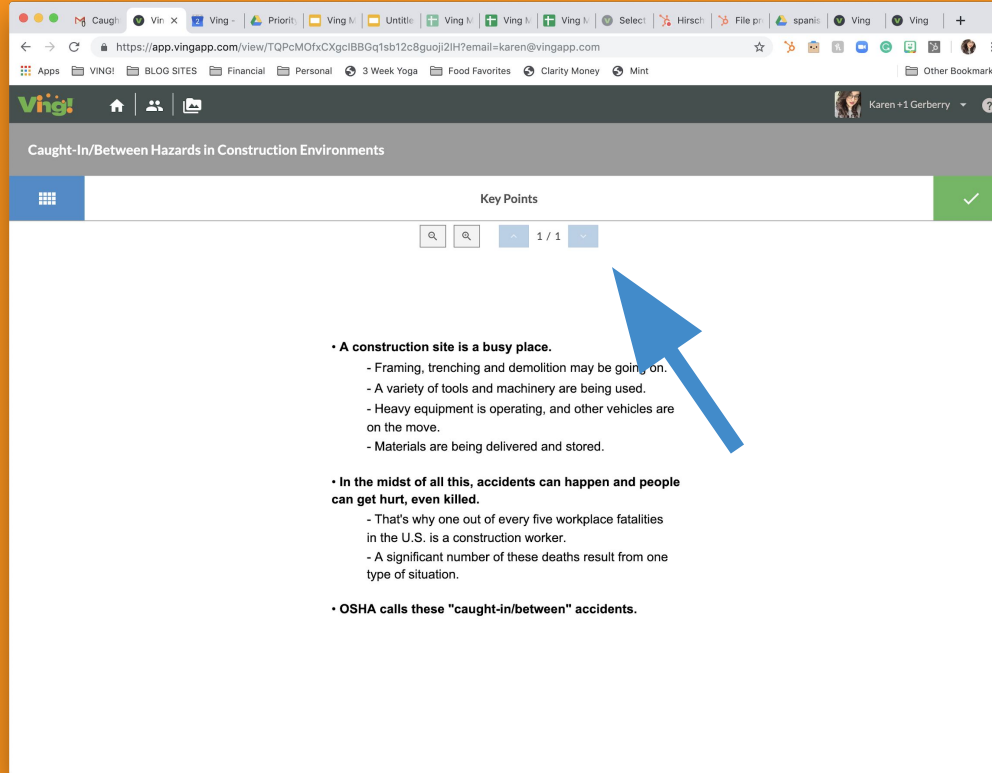
When you see a green progress circle you must complete the component you are on to 90% before being able to move on.

A screenshot of a web browser displaying a course titled "Caught-In/Between Hazards in Construction Environments" on the VING! platform. The course is currently on the "Introduction" module, which is 45% complete, as indicated by a green progress circle in the top right corner of the module header. A blue arrow points from the 45% progress indicator towards the main content area, which features a photograph of a worker in a green jacket and light-colored pants operating a yellow Vermeer LM42 trencher. The worker is standing next to a large black tire and a white vertical post. The background shows a blue metal building.

Clicking the next arrow allows you to navigate to the next component.



When viewing PDFs, you can flip through pages by clicking the arrows here.



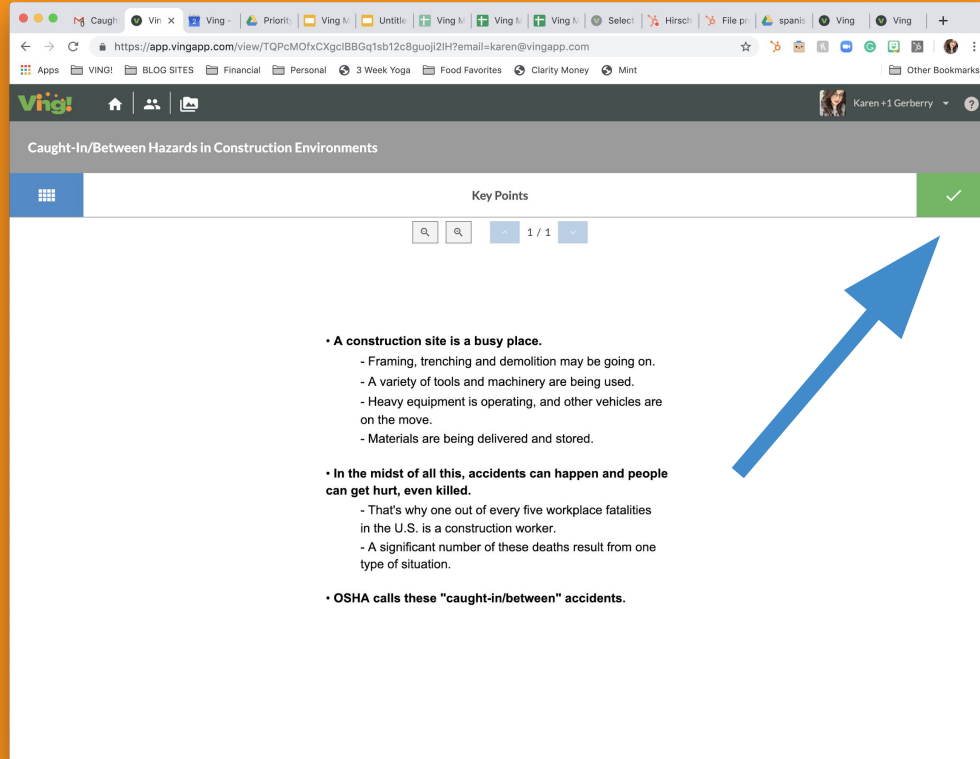
Caught-In/Between Hazards in Construction Environments

Key Points

1 / 1

- **A construction site is a busy place.**
 - Framing, trenching and demolition may be going on.
 - A variety of tools and machinery are being used.
 - Heavy equipment is operating, and other vehicles are on the move.
 - Materials are being delivered and stored.
- **In the midst of all this, accidents can happen and people can get hurt, even killed.**
 - That's why one out of every five workplace fatalities in the U.S. is a construction worker.
 - A significant number of these deaths result from one type of situation.
- **OSHA calls these "caught-in/between" accidents.**

A done check mark will appear when you are finished viewing the ving.



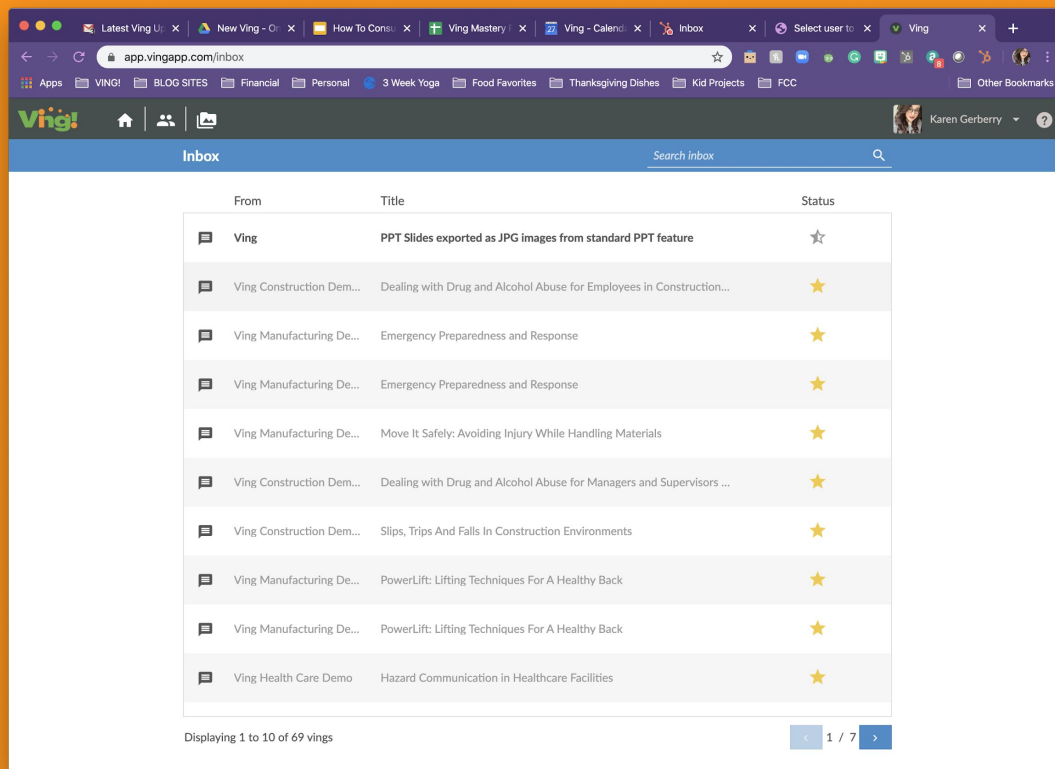
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Once you are done consuming a ving you will be navigated to your inbox, if you are logged in. A gold star will appear next to vings you have completed 100%.





NOTE: After viewing a ving you will get a gold star. After several hours the ving may change to a different progress. Why is this?



MICROBURST SETTINGS: This limits the time you spend viewing a ving and sends you automatic reminders until you complete the entire ving. This setting is set by the person who sent you the ving.



So to keep you moving along, after viewing a ving you will get a gold star. If you come back to your inbox and the gold star is gray and half full you simply have more components to view within the topic.

If you are not logged in you will be navigated to a screen that tells you are done.

