Telehealth

The Way of the Future

Cheryl Lejbolle April 4, 2019





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Today's Presenter

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My virtual visit story

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Market Drivers for Patient Engagement & Telehealth

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Importance of patient acquisition and retention due to intensified competition	Patients as payers	Digital health & tech utilization	Pressure to manage chronic conditions and focus on wellness.	Shift towards value-based care drives focus to outcomes and populations

77%) of Americans own a smartphone¹

86%

of nations \$3B annual healthcare costs are for patients with chronic and/or mental conditions²

1. www.cdc.gov/chronicdisease/overview/index.htm 2. www.pewinternet.org/fact-sheet/mobile/ 2018

Intensified Competition: 2018 Headlines



Rite Aid to bring kiosks into pharmacies to provide virtual healthcare July 2018

Anthem

partners to provide consumers access to telehealth *July 2018*

Walgreens

launches an online marketplace for telehealth *July 2018*

CVS expands contract to offer 24/7 direct-to-consumer telehealth *August 2018*

Future of Virtual Visits: Strong & Growing

Projected number of office visits, 2015 - 2025



56 Tomorrow's office visit will increasingly take place everywhere but the office." – Dr. Eric Topol **99**

Growth beyond Urgent Care

- Chronic condition management
- Wellness & prevention
- Follow-up visits for treatment compliance
- Review labs & images
- Medication management & prescription refills
- Conduct pre and post procedure visits

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Increasing Support

Cost Effective

Patient Satisfaction

74% Patients in the U.S. would use telehealth³

76%

Patients prioritize access to care over the need for human interactions with providers⁴



Healthcare executives felt that the development of telemedicine services is either very important (52%) or important (32%) to their organizations.⁵

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PRACTICES SAVE

\$86.64

every time a patient uses online services instead of visiting the ER or urgent care.²

\$43

Average opportunity cost per visit for patients, not including cost of treatment and co-pays.¹

94%

"Very Satisfied" with telehealth⁶

Telehealth Description Realtime Video Visits



Established Patient & Condition	New Established Patient/ New condition	Provider to Provider			
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Virtual visit scheduled	Urgent Care visit	Telehealth consultation			
Patient schedulingCopay	 Marketing Triage Insurance eligibility, billing and payments 	 Collect and share diagnostic information 			
Place the patient in a	Patient with provider				
EHR documentation, prescribing and billing					

Telehealth Description Continued



PROVIDER NETWORK SERVICES

•Provide access to providers/specialties and technology to:

•Manage an increased workload

•Staff during off hours

Specialties

- Urgent Care
- Pediatrics
- Behavioral Health



REMOTE PATIENT MONITORING

- •Sensors collect and transmit data
- •Software manages & analysis data
- •Response team provides

intervention when necessary

Specialties

- Cardiovascular
- Post Inpatient or Surgery
- Physical Therapy
- Medication Management



ASYNCHRONOUS STORE AND FORWARD

- •Secure messages
- Symptom evaluations

Specialties

- Orthopedics
- Dermatology
- Wound care
- Surgery follow-up

Client Feedback



What we heard from our clients

We received 68 survey responses from practices totaling 2,830 physicians





Use or plan to use telehealth

16%

Prefer face-to-face appointments

Top 3 Goals

- Patient access
- Patient satisfaction
- Practice efficiency

Source: NextGen Healthcare Telehealth Voice of the Client Survey April 2018

Client Preferred Use Case and Features

Use case

• Virtual visit established patients

Features

- Mobile and desk top: 82%
- Insurance eligibility & patient payment: 74%
- Patient intake: 59%
- Triage/built in clinical decision support: 52%

		Have Telehealth (n=11)	Adopting Telehealth (n= 27)
	 Live Video Visit Virtual visits established Urgent care new conditions Post-acute & other home Urgent care new patient Doctor-doctor consults 	91% 63% 46% 27% 18%	89% 41% 48% 19% 30%
	Asynchronous Store-and-Forward	46%	41%
E	Remote diagnostic hardware integration		38%
Y Y Y	Provider Network Services	27%	26%

Telehealth Reimbursements



Reimbursement Trends

Getting better and where you live matters

- Private Insurance
- Self Pay
- Medicaid
- Medicare

Reimbursement: Private Insurance

75%

of US healthcare providers are covered by a telehealth parity law in their state



states have laws mandating that private insurance covers telehealth in 2018 Telehealth parity legislation means providers get reimbursed for video visits at the same rate as in-person office appointments.



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Reimbursement: Medicaid

All Medicaid programs have some type of coverage for telemedicine and 40 states allow the home as an originating/patient site.



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States have the highest grades for Medicaid coverage of telehealth

states have made improvements to expand coverage

Source: American Telemedicine Association 2017

Reimbursement: Medicare

In traditional fee-for service, Medicare beneficiaries are eligible for telehealth with limits:

- Real-time video visits
- In rural area
- Originating site

Recent expansions include:

- •Passage of CHRONIC Care Act and the Next Generation ACO Telehealth Expansion Wavier
- •Virtual communication services

Breaks down barriers for Medicare patients with chronic disease to access care and expands telehealth coverage under Medicare Advantage Plan B, beginning in 2020

CY 2019 Telehealth Update

Two new types of "virtual communication services"

- Virtual patient check-in 5 10 minutes medical discussion initiated by and established patient
- Remote evaluation services of recorded video and/or images by new or established patient including interpretation with verbal follow-up with patient

Resources

- <u>Center for Connected Health Policy Association (CCHPCA</u>
 - Pending Legislation and Regulation
 - Interactive State Policy Map
 - 50 State Telehealth Laws & Reimbursement Policies Report
- <u>CMS</u>
- American Telemedicine Association
 - State Policy Resource Center
- Billing Partners/Services
 - Check contract with commercial payers



NextGen[®] Office Demonstration

Greg Tocco

Application Specialist

NextGen® Office Premium Patient Portal

Patient View Provider View www.yourhealthfile.com + Chart Tasks & Messages Administrative Allergies Encounters Flow Sheets **Medication List Problem List** Welcome to YourHealthFile 2 + Patient Chart: FRASER, THOMAS E-Visit Open Saturdays! We are now open Saturdays! Feel free to call to make an appointment or request one below. 0 Waiting for other Participant to join... \$0.00 08/27/2018 **Balance Due** Send End the Video & Chat Session View Current Charges Q **Chief Complaint: Complaint Forms** B Grand Central Encounter # 040419-78753040 5 **New Messages** Notes -+ Complaint Forms Chronic Conditions Well Visit Message a Doctor #HF214190182 TOCCO, G.. 🔔 🛒 Tasks & Messages Pharmacy Alerts Dashboard Practice Management Documents

Questions

If you are a client already using the Premium Patient Portal and have questions? If you are a client interested in upgrading to the Premium Patient Portal and have questions?

Call 877.975.9160 Option 2

Contact Us Call 877.975.9160 Option 1



sales@avsmedical.com

NextGen Premium Partner

Thank you!