

Fall Protection Awareness

Applicability: All personnel that work at height and must be aware of various dangers of working at heights and how to protect themselves from falls in the workplace.

Prerequisites: None

Frequency and Duration: This training program requires 4 hours of instructor time to complete.

Purpose and Overview:

We present this comprehensive training program intended to provide instruction on several topics in working at heights to entry level participants.

After attending the 4-Hour course, students will have covered:

- Introduction to Working at Heights
- OSHA Regulations Concerning Walking and Working Surfaces
- Employee Rights and Responsibilities Concerning Working at Height
- Hazards of Working at Heights
- Ladder Safety
- Roof, Scaffold and Mobile Elevated Work Platform Safety
- Fall Protection Systems
- Fall Protection Equipment, inspection criteria and proper use

After completing the course students should be able to:

- Recognize Hazards of Working at Heights
- Work Safely from a Roof, Scaffolding, and other Elevated Work Surfaces
- Recognize the Need for, Selection, inspection and Proper Use of Fall Protection Equipment and Systems

Training Materials: Those attending this training program will receive a training manual and a certificate of completion.