



## **Fall Protection for the Competent Person STS / Spanset Course**

<b>Applicability:</b>	Any personnel designated by the employer to be competent person and have the responsibility to preplan, select, inspect, and implement fall protection systems for their work site.
<b>Prerequisites:</b>	None
<b>Frequency and Duration:</b>	This training program requires 8 hours of instructor time to complete. Hands-On Practice and demonstration

### **Purpose and Overview:**

Safety Training Services, Inc. presents this comprehensive training program intended to provide instruction on several topics in working at heights to Supervisory level employees or employees deemed as competent persons by a company.

### **After attending the 8-Hour course, students will have covered:**

- Introduction to Working at Heights
- OSHA Regulations Concerning Walking and Working Surfaces and Fall Protection
- OSHA Competent Person Requirements for Fall Protection
- Employers Responsibilities Concerning Working at Height
- Hazards of Working at Heights
- Ladder Safety
- Pre-Planning for Fall Protection
- Selection of Proper Protective Systems (Conventional and Unconventional)
- Roof, Scaffold and Elevated Work Platform Safety
- Fall Protection Systems, Equipment, and proper use.
- Inspection Criteria for Fall Protection Systems and Equipment

### **After completing the course students should be able to:**

- Recognize Hazards of Working at Heights and Take Corrective Action to Protect Workers
- Pre-Plan and Select Proper Fall Protection systems for a work site.
- Recognize the Need for, Selection and Proper Use of Fall Protection Equipment and Systems
- Teach employees on proper use and inspection of personal fall arrest equipment.
- Supervise Employees to Work Safely from Height

**Training Materials: Those attending this training program will receive a training manual, a certificate of completion, and PVC Photo ID Card.**



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