

## Fall Protection for the Competent Person

**Applicability:** Any personnel designated by the employer to be competent person and have the responsibility to preplan, select, inspect, and implement fall protection systems for their work site.

**Prerequisites:** None

**Frequency and Duration:** This training program requires 8 hours of instructor time to complete. Hands-On Practice and demonstration

### **Purpose and Overview:**

We present this comprehensive training program intended to provide instruction on several topics in working at heights to Supervisory level employees or employees deemed as competent persons by a company.

### **After attending the 8-Hour course, students will have covered:**

- Introduction to Working at Heights
- OSHA Regulations Concerning Walking and Working Surfaces and Fall Protection
- OSHA Competent Person Requirements for Fall Protection
- Employers Responsibilities Concerning Working at Height
- Hazards of Working at Heights
- Ladder Safety
- Pre-Planning for Fall Protection
- Selection of Proper Protective Systems (Conventional and Unconventional)
- Roof, Scaffold and Elevated Work Platform Safety
- Fall Protection Systems, Equipment, and proper use
- Inspection Criteria for Fall Protection Systems and Equipment

### **After completing the course students should be able to:**

- Recognize Hazards of Working at Heights and Take Corrective Action to Protect Workers
- Pre-Plan and Select Proper Fall Protection systems for a work site
- Recognize the Need for, Selection and Proper Use of Fall Protection Equipment and Systems
- Teach employees on proper use and inspection of personal fall arrest equipment
- Supervise Employees to Work Safely from Height

**Training Materials:** Those attending this training program will receive a training manual, a certificate of completion, and PVC Photo ID Card.