

How an Integrated Approach to Population Health Drives Cost Savings and Improves Care

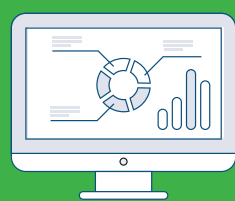
Health Dialog analyzed financial, clinical, and member satisfaction results for a long-standing health plan client in a 3-year (2013-2015) case study analysis. Not only did the organization achieve significant cost savings, but members were happy with the programs offered and patients saw improved outcomes across various disease states.

THE HEALTH PLAN

A regional health plan managing 2.9 million members



THE PAIN POINTS



Leveraging disparate data sources for actionable insights



Controlling medical costs and utilization



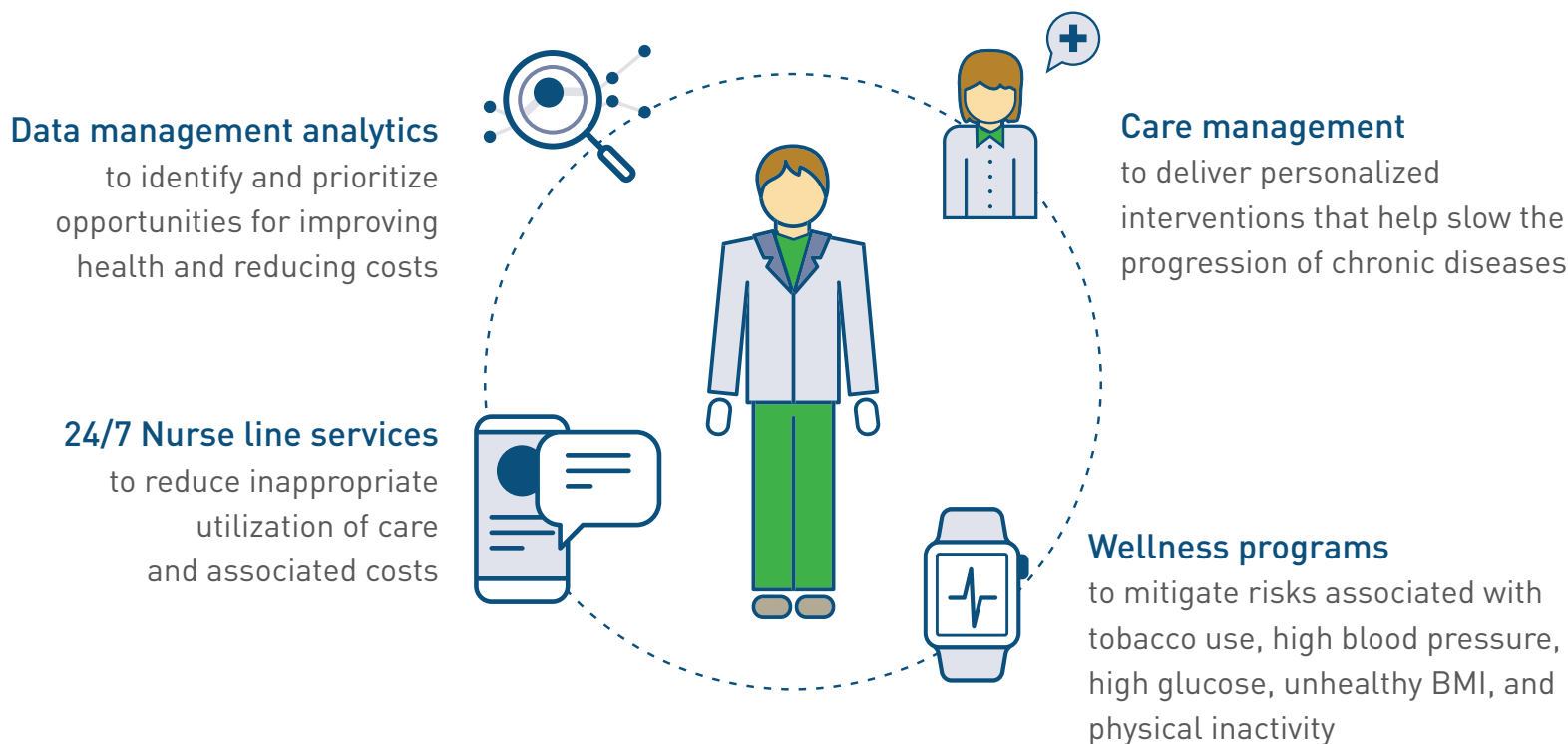
Improving member engagement and satisfaction



Delaying or avoiding disease progression across the population

THE SOLUTIONS

Integrated population health management services



BY THE NUMBERS

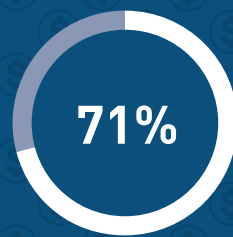
A snapshot of results



\$59 Million

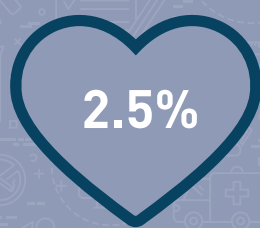
in reported savings during the 3-year analysis

Cost and Utilization



of members with pre-intent to visit the ER or call 911 were appropriately redirected to a less emergent level of care (2015)

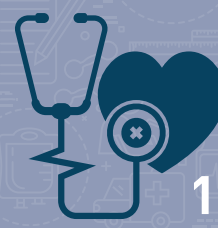
Population Health Outcomes



of myocardial infarctions and strokes were avoided during the 3-year analysis

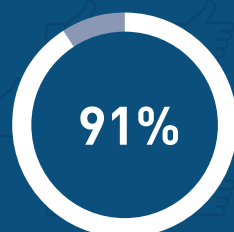


in cardiovascular disease progression for members who reached a sentinel event

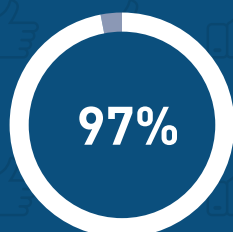


of members with program contact were slower to advance to the next cardiovascular disease stage

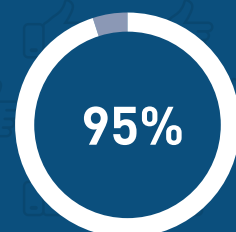
Member Satisfaction



of members would recommend speaking with a Health Dialog health coach to family and friends



of members felt that their health coach was very knowledgeable about their health conditions



of members were impressed with the quality of educational material provided by their health coaches



For more information visit: www.healthdialog.com