

CASE STUDY

PROBLEM

- 25 year old female
- chronic headaches
- chronic neck pain
- traditional chiropractic adjustments provided diminishing, short-term relief

DIAGNOSIS

- 50% loss of cervical curve П
- 50% loss of atlas plane angle
 - forward head posture

TREATMENT









Chiropractic **Adjustments**

Trigger Point Therapy

Posture Corrective Exercises

iTrac Therapy

PHASE 1

CORRECTIVE PHASE

3 visits per week 4 weeks

PHASE 2

TRANSITION PHASE

1 visit per week 4 weeks 2 visits per month | 2 months 1 visit per month | 2 months

PHASE 3

MAINTENANCE PHASE

RESULT

no forward head posture symptom resolution

normal cervical curve

1 visit per month

How do we fix forward head posture?

CERVICAL SPINE REMODELING TECHNOLOGY

Predictable Measurable Consistent Solutions









Variable Rate Progressive TractionTM Precise Computer Control Seamlessly Integrated





