

The Hard Court Herald Volume 24 Issue 1 September, 2008

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Every Day I Write the Book By Shane Matzen Hard Court Herald Editor Marquette High School

I'm not a big Elvis Costello fan, but I thought that the title of his obscure 80s semi-hit was appropriate for what I wished to pass along to you this issue. For those that know me, I'm not going to surprise them by the following statement....I'm kind've a strange dude (obscure "Dude" reference follows at the bottom of this article—one of my personal favorites). For a kid that grew up 10 miles from Bagnell Dam and the Lake of the Ozarks, I really do great to be able to float on my back across a small pool without finding myself flailing for air at the bottom. On the other hand (whether I have any proficiency at either is another question); I really do love to do public-speaking and to write. I'm not professing to try to convince you the reader to take a course on giving speeches or to take a correspondence class where a 90-page term paper is a requirement, but what I am asking you to do is realize the opportunity you have ahead of you as our school year and season are upon us.

As I'm now officially the big 4-0 my memory is really beginning to fade as I can't remember if I've used this analogy in this forum or with others, but regardless it bears repeating: Every season we have with our players could be printed and sold as a best-selling novel. The quirks that a new batch of players bring with them, the interesting interactions your returnees have with the rookies, the buttons which we try to figure out to push to bring out their best all make for a new storyline each and every season we do this job. Many of you are like me I would guess in that I keep pictures of each of my teams on a wall in what my sons refer to as "The Sports Room". No matter how many glances I take up to those spots on the drywall, different memories keep flooding back regardless of which frame catches my eye. The thing that gets to me too is that I get the same rush regardless of whether I take a look at our district and conference champion team or my 10-win team. They all had their own unique way of doing things that made each of them special in their own way.

Without getting too deep into my experience from the 2008-2009 season, let me give just a little background...My team had 11 seniors this past year and all of them were quality young men with quality parents (as I must mention my six juniors and their folks were as well). They were a better-than-average group in terms of talent but outstanding when it came to attitude. They not only took us to our first district final appearance in a dozen years and won more games than any team in that span, but did the little things that I appreciated even more (e.g. cared about not only each other but the seniors were very careful to include their younger teammates who did not get the floor-time that they the veterans received). On a side note before I continue, to those of you who take teams to post-district play on a regular basis, CHERISH EACH AND EVERY TIME THAT YOU GET THERE. Those are special hour-and-a-half moments in yours and your kids' careers and deserve all the "in the moment" attention you can give them. Getting back to that 10-win team though of a few years; I get the same fond feelings toward them when I take a look at their photo. They, like my 08-09 squad, did everything in their power to be the best team and group of people that they could be.

I have a new group of players and a new opportunity coming up. Just because they don't have the experience (I love the dropped-jaw looks of pity I get when I tell my peers I lost 11 seniors), it's a huge responsibility for me as a coach to make sure that they get the same "max-out" experience that last year's team was able to carve out for themselves. We all as coaches have this responsibility. The easy part of our jobs is to give everything we have to help that Final Four-capable team reach Columbia. But what about a team which has, at its best, a chance to win a district, win a district game, win *A* trophy during the season or even win *A* game? Our job is to make sure that we help our teams reach their best both on and off the court. I've read the books published about the championship teams. Something tells me though that the unwritten books about those that didn't bring home the biggest material prize probably would reveal more about our human condition than any other.

EDITOR'S NOTES: We have made a real effort the past few years to give our players at Marguette different experiences in the summer to help better themselves as not only players but also as a team. One of the best recommendations I can give you through those efforts is to think about taking your team to Warrensburg next summer for the University of Central Missouri team camp. Head Coach Kim Anderson, Associate Coach Brad Loos and the rest of the Mule staff do an absolutely outstanding job of catering to the needs of the teams that make "the 'Burg" their home for a few days each summer. We are a Class 5 school at MHS and have been able to find great competition at our level but as a former player and coach at the smaller-attendance levels, I can tell you it was apparent that the degree of play and variety of teams from Classes 1 through 5 (not to mention from younger levels through varsity) was apparent. The facilities (of which newer and even better ones are being built as I type) are all within easy reach and any request that you have to make your time on campus better for you and your kids is always accommodated. The time spent at camp is perfect (about 48 hours—three days, two nights which I've found allows your players to give max effort without succumbing to what I like to call "camp legs") and the price is more than competitive with other camps. Next summer, I hope to see friends I've made at the UCM camp again and many others of you willing to give it a try for the first time.

Don't forget to get signed up for the 3rd annual MBCA Clinic coming October 16 & 17 again at Columbia College. This year's clinic fees guarantee not only your (and your staff's if you choose to take advantage of the all-staff savings rate) clinic registration but your annual membership dues as well. If you aren't able to make it to Columbia though, please note the membership registration form at the end of this newsletter where once again, you can take advantage of an all-staff rate.





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MBCA Hall of Fame "Class of 2009"

The Missouri Basketball Coaches Association (MBCA) is pleased to announce the 2008 Hall of Fame Class. This group includes nine (9) High School Coaches and two (2) College Coaches. In addition the Kevin "Cub" Martin Assistant Coach of the Year for 2008 has been selected.

Randy Bishop – Branson High School – Randy started his coaching career at Eminence in 1977, moved to Mt. View – Birch Tree, then on to Illinois before returning to Missouri and Branson. Coach Bishop's teams have won twenty-six (26) tournaments in the past thirty (30) years, eight (8) District Championships, nine (9) Conference Tournament Championships, nine (9) Holiday Tournament Championships and two(2) Blue and Gold Titles in 2003 and 2007. Randy has won twelve (12) Coach of the Year awards and the Illinois Basketball Coaches Association District Coach of the Year twice. His teams overall record is 516-272. He and his wife Terri have two daughters Brooke & Ali.

Bob Burchard – Columbia College – Bob got his start in Basketball at McLean High School in the state of Virginia, where he was a three (3) year letter winner. At Catawba College in North Carolina he picked up four (4) letters. His Coaching career got started with a one year stay at Jameson Missouri High School and then on to Missouri Western State College as a seven year Assistant.. Columbia College was the next stop, where his teams have posted a tremendous record of 501-185. Included are thirteen (13) NAIA National Tournament appearances, sixteen (16) NAIA All-American players and seven (7) NAIA All-American Scholar Athletes. Bob has been selected as Conference Coach of the Year five (5) times and NAIA District Coach of the Year once. He has received the Don Faurot Kiwanis Award and the Kent Heitholt Memorial Award and served on the USA Basketball Collegiate Committee. Bob has recently completed a term as President of the NAIA National Coaches Association. His wife Faye, who serves as Dean of Students at Columbia College, have two children Jennifer and Bret.

Mel Clark – St. Joseph Lafayette (Retired) – Mel's teams dominated Northwest Missouri during the 1970's and early 80's. His teams won eight (8) Midland Empire Conference titles, a Platte Valley Conference title, seven (7) District championships, a 3A quarterfinal, a 4A quarterfinal, a 3A runner-up in the State Championships (1975), and a 3A State Championship (1976) Mel retired from Coaching in 1986 to become the St. Joseph School District Supervisor of Health, Physical Education, Athletics and Safety. He held this position until his retirement in 1996, but worked half-time as Director of Athletics for the St. Joseph School District until 2003. Mel and his wife Pat enjoy retirement in Easton, Missouri his home town. Easton is also the Home town of Henry "Hank" Iba the great Oklahoma State Coach. They have three children Julie, Janet and Jon who have provided them with six (6) grand children... Daughter Janet was the first Miss Show-Me Basketball in 1985

Brent Colley – Willow Springs – Brent played his High School Basketball at Mt. Vernon where he was an All-Conference performer. He graduated from the University of Missouri before starting his coaching career at Willow Springs. His teams at the Springs posted a 412-304 record. Included were eight (8) Conference Championships, nine (9) District Championships, a Final Four appearance and six (6) Conference Coach of the Year awards. Brent is the winningest Coach in Willow Springs history. Prior to his twenty-seven years as a Head Coach, he served seven (7) years as the Middle School and Varsity Assistant Coach. Brent and his wife Pam have three daughters, Shelley, Courtney and Quencie. They have 2 Grand Children.

Rich Grawer – St. Louis U & DeSmet – Rich's championship ways started in High School as a guard on the 1961 Class L State Championship team at St. Louis High.. In college he played on the 1964 NAIA National Championship at Rockhurst College. This winning tradition continued when he coached DeSmet to three Missouri State Championships including a sixty-three (63) game winning streak. In addition his teams won a second place, a third place and fourth place in the State Tournaments. After a year on Norm Stewart's staff at the University of Missouri, Rich took over the Head Coaches position at St, Louis University. His teams played in three (3) National Invitation Tournaments (NIT) and played for the title twice. Rich has been a clinic and seminar speaker in our country but also in Korea & Japan. He is a member of three Hall's of Fame including the St. Louis Amateur Baseball, St. Louis University and DeSmet. Rich and his wife Theresa have six (6) Children and sixteen (16) Grand Children.

Terry Hollander – St. Charles West – Terry played at Duchesne High School in St. Charles on the 68-69 and 69-70 teams that won the District Title for the first time in 36 years. He has been the Head Boys Coach at West for twenty-eight (28) years. During that period his teams have played in four Final Fours and won 508 games while losing only 281. The Final Four record includes the State Championship in 94-95, runner up this past year, and 3rd in 93-94 and 03-04. In 1995 Terry was selected by the Missouri Basketball Coaches Association as the 4A Coach of the Year. Terry and his wife Brenda have two sons Blake & Kirk and daughter Leigh.

Eric Johnson – Webb City – Eric played his High School Basketball at Pittsburgh, Kansas where he was Honorable Mention All-State. At Highland Junior College he was an All-Conference selection and at Pittsburgh State University he was Honorable Mention All-Conference. He got his Coaching start at Horton, Kansas, moved to Columbus, Kansas and then to Webb City in 1984. His teams have posted a record of 516-366. This includes the 1997 Class 3A Missouri State Championship and two third place finishes in 1998 and 2008. In addition they have won ten(10) Conference titles and eleven (11) District titles. Eric has been the District Coach of the Year in 1986-1992-1997. The Missouri Basketball Coaches Association (MBCA) honored him as Coach of the Year in 1997. His father Bob coached High School and College for thirty (30) years including fourteen (14) years at Pittsburgh State. Eric is married to Mary Sue (Culbertson) Johnson.

Rick Lin – Gallatin – Rick played his High School Basketball at Winston where he was a two time All-Conference and All-District player. He started his coaching career in Jameson and moved to Gallatin two years later and has remained there. His teams have racked up a record of 515-223. For nine (9) years Rick coached both Girls and Boys teams. Gallatin finished second in the state Class 1 in 1996. They have won six (6) District Championships. Rick has received five (5) Coach of the Year awards including the Northwest District class 2 in 2006. In addition his Boys teams have won four (4) District and three (3) Conference championships. Rick and his wife Lesli have two children son Derrick and daughter Sara

Dan Miller – Hickman Mills – Dan spent twenty-one (21) years as the Head Coach at Hickman Mills before moving to Kansas for a year at Shawnee Mission North then back to Hickman Mills as an Assistant. He is still coaching at Raymore-Peculiar as Assistant to Scott Jermain. During his time as Head Coach at Hickman Mills his teams posted 350 wins which included two second place finishes in the Missouri State Tournament. They also won seven (7) District titles and eight Conference Championships. He was awarded the Conference Coach of the Year eight (8) times and received the Lambert Award from William Jewell College as the Kansas City area Outstanding Coach.

Gary Murphy – Marshfield – Gary played his High School Basketball at Wheaton and graduated from Central Missouri State University. He got his coaching start at Exeter followed by stops at Jasper and Morrisville before spending the past eighteen (18) years at Marshfield. His teams there have recorded a 427-111 mark. When you add his teams wins at his other stops it comes out to 537-153. Gary has been honored with the Missouri Basketball Coaches Association (MBCA) Coach of the Year designation in 1991 – 1996 – 1997 – 1999.. In addition Gary was the Marshfieldian of the Year in 1999. He is married to wife Terrill.

Mike Pratte – Parkway West – Mike had an outstanding High School playing career at Bonne Terre High School making All-State and averaging 28.4 points per game. He continued that success at Southern Illinois University-Carbondale winning five (5) Varsity letters in Basketball & Baseball including being named Baseball Team Captain. He carried that success into his coaching career at Bonne Terre and North County-Bonne Terre-Desloge before starting the Boys

program at Parkway West. His teams compiled a 423-250 record which included five (5) Suburban West Conference titles, a third place finish in the 4A State Championships in 1986 and a quarter final in 1987. Mike was the MBCA Coach of the Year in 1986. As a Varsity Assistant in 1991 Parkway West won the State Title. Mike and his wife Dee have a son Evan and daughter Krista.

Bill Kimminau – St. Francis Borgia – Bill was selected as the Kevin "Cub" Martin Memorial Missouri Assistant Coach of the Year for 2008. He played his High School Basketball at Borgia in the early 70's and was the team Most Valuable Player his senior year. Bill was nominated by David Neier, Head Coach at St. Francis Borgia for his twenty (20) years as an Assistant. During that period the team has posted a 472-110 record and David gives Bill a lot of credit for the outstanding record. His Junior Varsity teams have a 304-106 mark. Bill and his wife Pam have three children Crystal, Brandy and Eric.



"Coaching through Your Player's Eyes"

By Randy Brown Hard Court Herald Guest Columnist Founder-CoachRB.com ("Coach the Coach, Teach the Player, Change the Game")

Coaching basketball is an art that takes time and persistence. A common mistake that coaches make is teaching the game as they see it and expecting the same of their players. The ability to coach through the "eyes of your players" is what separates the good coaches from the great ones.

Recently I was asked to offer advice and strategies for coaching basketball and becoming a college coach. Sport Management Worldwide offers several excellent classes including digital editing training. They train people to become professional sports general managers, scouts, business management personnel and broadcasters.

Course leader Jim Krause asked me to cover the topic of pitfalls for coaches. My goal was to cover five points but at one point got sidetracked. The topic we landed on was the issue of over-coaching. Coaches tend to give their teams much more information than they can handle. This makes the coach feel prepared but what does it do to players?

A few years back, I was speaking with a long-time coach and he talked about "coaching through your player's eyes." The more I thought about it the more sense it made.

As a coach, your knowledge of the game and strategy is only a piece of the overall puzzle. Have you ever thought about how your players process all of the information, plays, defensive principles, terminology and scouting reports you give them? A wise coach will look at things from the perspective of the player. Through their eyes the game is seen much differently.

I offered this example to make a point. What if you walked into a calculus class on the first day and the professor began writing complicated equations on the board. Moving quickly, he completes 12 problems in 50 minutes AND expected YOU to understand every problem perfectly! Is this realistic? Of course not! Is that any different than coaching players that don't see things as you do?

The best way to know how your players see the game and understand what you are teaching; ASK THEM! You may be very surprised by some of the answers! Great coaches ask players these kinds of questions, even knowing they may not like the answers!

Here is a list of strategies to help you see the game through your player's eyes. Give one or all of them a try and improve your ability to coach the game.

• Tape your practice and "listen" to your on the floor teaching. Listen carefully to your style of instruction and terminology. As you listen, think

about whether your players can understand exactly what you are asking them to do. After "listening" to your practice, bring in one of your junior high coaches and ask them to evaluate your teaching clarity. If your coaches can't clearly understand your teaching instruction then your players will have no chance of understanding you either.

- Have a mentor or coaching peer outside of your program attend practice and evaluate your teaching style, words, and effectiveness in practice. Instruct them to pretend they are a player not a coach.
- Avoid yes and no questions. Even a confused player can and will say "yes" just to appease the coach. A simple yes or no will allow that player's confusion to go undetected. Make sure your questions require well thought out answers.
- Ask your captains how the team as a whole is grasping your teaching in practice. If they are open and willing, you will find areas of improvement to work on.
- If you have children of your own, especially teenagers, think about their thought process during the day. Their perspective and thoughts carry over onto the practice floor and can really hamper their ability to comprehend exactly what you are teaching.
- Make a list of all teaching terminology used in your program. Two things will be exposed when you complete this and you must ask these questions; A. Do I have too many terms and can this list be cut in half? B. Do the terms adequately describe the activity or skill? C. Do all of my coaches use these terms and do they know exactly what each of them means?

I would encourage you and your coaching staff to do these exercises on an ongoing basis. Your ability to clearly and precisely instruct your players will determine their mental process as a player. When they are clear with what you want as a coach, execution of the game become much easier. Take a dose of humility and challenge yourself to see the game as your players do. You will be amazed at the results!

Randy Brown has passion for the game of basketball. He works as a basketball consultant and mentor for coaches. A speaker and writer, he has authored 125 articles on coaching and is nationally published. His 18 years in college basketball highlights a successful 23-year career including being mentored by Basketball Hall of Fame coach Lute Olson at Arizona. Resume includes positions at Arizona, Iowa State, Marquette, Drake, and Miami of Ohio, 5 Conference Championships and 5 NCAA apprearances. His efforts have helped develop 12 NBA players including Steve Kerr, Sean Elliott, and Jaamal Tinsley. His one-of-a-kind program, "The Path to College Coaching" has helped launch 85 coaches into positions in college basketball. To contact Randy, email him at rb@coachrb.com.

A wide range of products and services are available through the web via Randy's efforts. You can take a look at a few through the following links:

<u> 365Trainer – 2 min Demo</u> <u>365Trainer – Tutorial Demo</u>

<u>CoachRB Web Site</u> <u>CoachRB Blog</u> <u>College Coach Now BLOG</u> <u>Newsletter Sign Up</u> <u>100 Coaching Articles</u> <u>CoachRB Product Storefront</u>



Are You Ready?

The Little Things By Jason Wolfard Hard Court Herald Associate Editor Lindbergh High School

With school in full swing and fall sports beginning, many of us are preparing for the upcoming season. With plans on which clinics to attend (I hear the MBCA clinic is amazing!) and trying to get gym time for open gym and workouts, along with the other administrative tasks we all have, we get so busy that the season jumps up on us. In this article I am going to discuss a checklist of items so you are ready for the first day of practice/try-outs. Many of these things might be common sense, but I find that if I have a check-list to work from, I tend not to forget anything.

□ Try-out meeting for all potential players

One to two weeks before the first day of practice, hold an informational meeting for all potential players who plan on trying out for the team. At this meeting, we explain to the players that they need to have all necessary forms turned in to the athletic office. Players are also required to have their tryout packets turned in to us the week before the first day of tryouts. In this packet, we have a letter explaining the tryout procedures, team rules, parent expectations, program mission statement, a grade verification sheet, and other important forms. We make our packet available for potential players to pick up from our offices at least two weeks in advance. I have adapted our try-out packet at Lindbergh according to a try-out packet I used from Shane Matzen at Marquette. If any of you would like a copy of this packet that we use, feel free to email us and we will get it to you.

□ Practice calendar

 Most of us have probably already started on this. Things to include on this calendar are all games for all levels, practice times for all levels, days that there are no practice, and days that we have to practice at other locations. We also include events such as All-District night, Senior night, and other promotional nights we have at our games. The coaching staff will also receive this calendar with games that we need to scout worked into the schedule.

□ Game schedules

 We receive printed schedules from our athletic department office, but we like to have our schedules printed on our logo paper. We have a separate schedule for every level and make copies for all of our players and parents.

Equipment check-out list

• To make the process of checking out equipment quick and efficient, we have a spreadsheet for each level of what equipment each player receives. It includes the number that is written on the equipment. Once the player receives that equipment, they sign the sheet stating that they have all the equipment that was checked out to them. We also give them a card stock sheet with all of the checked out equipment so that they can keep it in their bag. This also includes laundering instructions for parents.

□ Gym / Practice equipment

- Here is just a basic checklist to make sure all your equipment is ready for the first day:
 - All basketballs inflated with enough air
 - All goals down with new nets
 - Clock or timing system working correctly
 - Floor and locker room clean

□ Try-out evaluation

- For those of you that have to make cuts for your teams, how do you determine who makes the team and who doesn't? These days, every parent thinks that their kid is not only good enough to make your team, but sometimes they believe that they are good enough to play at the next level no matter what you may say. In an effort to make our cuts as clear as we possibly can, we have evaluations that we fill out on every player that comes out for the team. Things that we include on this evaluation include:
 - <u>SPARQ rating</u> this is a score that puts 5 tests together. It includes a vertical jump test, a 30 second lateral jump test, a 60 foot sprint, a diamond agility test, and a reverse powerball throw.
 - <u>Basketball Skills</u> we make each player shoot from different spots and we record their makes, attempts, and percentage. We also include free throws and a timed skills drill into this section
 - <u>Coaches rating</u> our coaches will also rank each player on a scale of 1 to 5 (5 being the best) on the following items: shooting, ball handling, passing, defense, speed, knowledge, work ethic, fundamentals, footwork, and coachability.

We take all these ratings and incorporate the ratings and scores into a spreadsheet and then sort the spreadsheet. It is almost uncanny how many times this sheet works out with what we are thinking about as far as keeping or cutting players.

This is also an opportunity I take to invite former coaches back to be involved in our program to help us evaluate players. We take their comments and evaluations into consideration when we are selecting our team. We will also invite our athletic director to come out the second day and give him a general list of who we are looking to keep, who is on the fence, and who won't make the team. This helps him with any calls he may receive from parents.

At the conclusion of try-outs, we meet with each individual player and tell them whether they made the team or not. With those that made the team, we briefly discuss the things we liked, the things they need to improve on, and the role we feel they might fill for our team. With those that don't make the team, we explain the areas where we felt they were deficient and what they can do to work on those skills if they wish to tryout for the team again next year. We will also consider a couple of players and make them an offer to stay with the program as a team manager. At that time we will also present them with other opportunities in our sports program that they can take advantage of.

Goal Calendar

 Now that the season is starting later, we all have a limited time to squeeze in our offensive and defensive philosophies. An idea to help implement your offensive and defensive systems is to take an empty calendar that goes up to your first game. On that calendar, write in what systems you want in place by your first game. From that point, take that list and break it down and decide which parts you will implement each week. After that point, take your weekly list and break that down into what you will implement each day. Now take those goals and implement them into your daily practice schedule.

□ Player notebook

 I stole this idea from a recruiting visit I had with a player a few years ago. When the coach came for a home visit, he brought a player handbook to explain his program. This was basically a three-ring binder that had dividers for different sections. These sections included calendars and schedules, team policies and philosophy, offensive systems, defensive systems, strength development, academic plans (tutoring), player statistics, and then some empty court sheets. Throughout the book, he incorporated motivational quotes and stories. When we implemented this idea, we required our players to keep this binder in their bags at all times and bring them to practice daily. We would keep track of personal bests with different things we did during practice (i.e. – Free Throws). This is also helpful for us to make sure that our players know our system by studying our diagrams that we go over during chalk-talk discussions.

Player / Parent meeting

 After we select the team, we will have a mandatory player & parent meeting. At this meeting, we introduce the coaching staff, discuss expectations for the program and for each team, let our booster representatives talk about the upcoming season, and let our administrators say anything they would like to say to the players and parents. We make our team policies (team contract) and parent expectations clear and concise so that there is no question how we want things done in our program. Our players and their parents must sign a contract that states that they understand our policies.

Hopefully this checklist helps you get you ready for the upcoming season. If there are any of our documents that you are interested in or if you have any general questions regarding anything we do, please send me an email and I would be more than willing to get you these documents before the season starts. I would also love to hear from you if you have any ideas that you use to get ready for the season. I hope we see all of you at our MBCA clinic in October! Good luck this season!



Q & A With the Difference-Makers



CUONZO MARTIN Missouri State University



Cuonzo Martin, former associate Head Coach at Purdue University, began his duties as the new Bears basketball coach at Missouri State University this past April 1.

Coach Martin took over the reins of the Bear program in time for the 100th anniversary of Missouri State's basketball program and will inaugurate the Bears' move into the \$67 million 11,000-seat JQH Arena for the 2008-09 season.

A native of East St. Louis, III., Martin was a star player at Purdue from 1991-95 for Coach Gene Keady and then played four years professionally. He had been on the coaching staff at Purdue for the past eight years under Keady and current Boilermaker head coach Matt Painter.

HARD COURT HERALD: Congratulations on your new position and opportunity as a head coach. Just looking at things from the perspective of your first crack at the spot "one seat down," do you have any advice for those doing the same thing as yourself, that is taking over as a head coach after some time as an assistant given the whirlwind you've been in since being named Bears head coach?

CUONZO MARTIN: It is a great opportunity. It's certainly an honor to be chosen as the head coach of the Missouri State basketball program. One of the adjustments will be patience. As an assistant coach you are moving at high speeds and you want success immediately. I have to take one day at a time. The excitement in Springfield is high. Our goals is to put a team on the court that will be fun, exciting and competitive.

HCH: As a head coach of one of our state's major institutions, what kind of role do you see yourself playing as it pertains to the sport in our state and towards our high school coaches?

CM: Being a positive role model to the coaches....Communicating with legendary coaches as well as new ones about playing styles and philosophies....Having an open door policy to our practices and games.

HCH: As someone who grew up in the St. Louis area (Lincoln High in East St. Louis), have you found yourself putting any any special, personal pressure on yourself to "come home and make good" after all the work you've put in being away from the area as an assistant?

CM: Not really, it's great to be home, but it's enough pressure trying to win ball games. Our goal as a staff is to focus on maintaining current relationships and developing new ones.

HCH: Obviously, basketball recruiting has changed quite a bit over the years with exposure on TV and the internet where kids from all over the country can find out about Missouri State. What emphasis do you still see the Bears keeping as far as the local, Missouri kids and the role they will play for your program?

CM: The internet is a great tool, because it allows players from around the country to research your staff, team, and university. Our goal is to recruit players from the state of Missouri as well as some of the surrounding states. We want players that want to be at Missouri State University. HCH: High school coaches tend to emulate the successful programs in their state or area. What kind of style of play do you see yourself pushing for the Bears and what/who have been your major influences in coming to that decision?

CM: Our style of play will be very similar to how Purdue University played last season. We will push the ball to try and get easy baskets. We will run a motion offense with hopefully good movement (laughing). On defense, we will play man to man.

HCH: Finally, the new JHQ Arena being readied for the 2008-2009 season has to be the icing on the cake for your new position and what it means to you, your staff, your players and your recruiting efforts. Have you given thought to ways that MSU can push to make it a major haven for high school basketball in the state?

CM: WIN BALLGAMES!!!!



A View From the Sticks

By Matt Pearl Hard Court Herald Small Schools Correspondent Head Boys Basketball Coach-King City High School

I was taking softball pictures the other day in a small northwest Missouri town, and I got the chance to observe the fall coaches in action; their season is in full swing, and it made me start to anticipate the start of basketball.

And, as all of you know, the wait is a bit longer this season. My calendar is marked for the November 10 start date for winter practices, part of a new basketball season calendar that is designed to accommodate high school football's extended playoff picture.

I spoke during lunch one day recently to our school's new head football coach, a former assistant for a high school in the city of Springfield.

Knowing that his previous employer was a district of far greater numbers than that of Class 1 King City, I had assumed that the perennial conflict that two-sport athletes face in the football-to-basketball transition was limited to small schools. I assumed wrongly, as it turned out.

He related to me the tale of how football and basketball coaches in the larger districts face many of the same challenges — and that athletes that stand out in one sport often have leading roles in another as well.

Well, you could have knocked me over with a feather. Here I was, suffering under the delusion that we small school coaches were the only ones losing sleep over the choices our young athletes make.

After all, a kid that isn't playing football can't get hurt in a game, right? I guess it happens in the big schools, too, but I still say it poses a somewhat larger problem for those of us in the 'sticks.'

Smaller numbers rarely offer advantages on the football field or the basketball floor, as it turns out. Still, the change in the start date for basketball may help equalize some of this and provide relief for the small school hoopsters.

When my players that are exclusively basketball competitors found out about the later start date, they were visibly disappointed in having to wait what amounts to an extra week or two to start practice. After I explained how it would benefit us in the long run, they seemed to understand.

That's what we go through pretty much every time a rule changes, isn't it? Folks hear about change in general and they tend to grow defensive — the response is generally negative at first. Then, as they grow accustomed to things being the *new* way, they forget that things were ever done *another* way.

Besides, what good would it do for players and coaches to spend their days bellyaching about things that are out of their control?

My players know that the wholesale griping about officials, crowds or the conduct of other teams is completely off-limits in our locker room. Do you know why?

Because if players have the right to make excuses for losing, they'll do what any human being would do: they'll make those excuses every time. Why not focus on improving the things we *can* control? Can a team shooting 25 percent from the field blame officials when they lose? How many points does *your* crowd score on an average night?

Nothing makes me more upset in sports than a competitor that cannot: a) share the feeling of success with his team, or b) own up to his own failures. When we let players (or coaches, for that matter) try to erase failure with any kind of excuse, is athletic participation and competition even doing them any good?

Yes, the season will be shorter this winter. Yes, we're playing roughly the same amount of games in a shorter span of time. Yes, those are probably two good excuses for failure at some point this season — but do you think the good teams are going to use that as their crutch? Of course not because winning programs survive on a single, focused idea: *There is success, or there is failure in every minute, quarter and half of every ballgame.* When winners miss the basket, they expect to make the next one; when losers miss, they try to convince everyone that something out of their control has gone wrong and caused them to fail, and in their minds they expect to miss the next one as well.

Conditions are *rarely* perfect, in my experience. If a coach ever gives his team an excuse to fail based on the thousands of possible disruptions they could face on any given evening, he's helped his team on the path to failure.

The bottom line is that we all want the same thing when March rolls around. We want to be State Playoff contenders — with sights set on Columbia and a date at Mizzou Arena. Everyone's season is the same length, so certainly that can be no one's excuse for falling short of his or her championship goals. Besides, by the middle of January none of us will even be able to tell the difference between starting the first week of November or the second.

For now, though, we have a date with the proverbial 'drawing board,' strategizing and preparing for the season of basketball that is just ahead. And as we get closer to that start of practice, I'm reminded of the words of a wise coach, who had taken over a losing program, but prepared his team as well as he could that first year for the opening game of the season. You see, even though the group was physically ready to play, the players all had a bad case of the season-opener nerves.

"Coach," the team captain, a senior guard, said, "We know you've taught us some good things this year, but we're still really nervous tonight — just like we were last year, when we didn't play very well."

The veteran coach didn't change his sober expression, but answered softly, "That doesn't matter, son. Do you all feel that you're a better team than you were last season?"

"Well, yeah, coach," the young man said. "We can all tell that we're playing better."

The old coach revealed a slight smile, then said, "Then you're not the same kind of nervous, are you?"

Puzzled, the young man responded, "What do you mean, coach?"

"I mean," he answered, "that last year you were nervous about playing *basketball*. *This* year, you're nervous that you won't play basketball as well as you *should*, because your expectations are higher. *Every* winner will feel those very same nerves before he plays tonight."

Those old coaches — they can teach you a lot, can't they?

So, you small class programs, we wish you the best this year. When you do pry those football players away from the gridiron, we hope that the hardcourt will treat you well in 08-09, and may you never have to listen to anyone's excuses in the months to come — and I certainly hope *they* don't have to listen to any of *ours*.





Featured Play: "Villanova Part 1"

Villanova Part 1

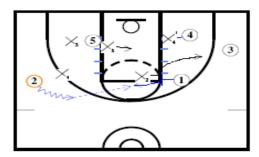
Frame A 1 dribbles to the right wing pushing 2 to the left wing and 3 moving to the top of the key. 4 will step out to short corner.



1 fakes a pass to 4 and passes to 3 who reverses the ball to 2 on the left wing.



Frame C When 2 gets the ball he will dribble up top, 1 will screen the top zone defender and 4 the low zone defender. 2 will throw a skip to 3.



Frame D If X2 plays the play 1 will slip the screen and get a pass from 2 for a jump shot. This will happen.

General Comments

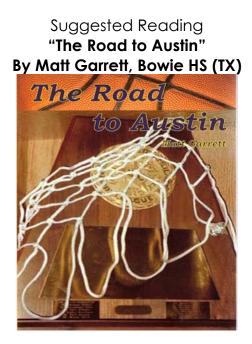
You need to be able to run this set to both sides of the floor. 5 can move inside the zone, but he has to be on the left block when the shot is taken.

This issue's Featured Play is brought to you by Duane Silver. You can reach Duane via email at: duane@coachsilver.com

Or check out his web-site at: www.coachsilver.com

Duane is a retired coach who spent a significant portion of his career in Missouri. He offers a free newsletter that goes out daily during the season and almost as often during the rest of the year. It is a "must-have tool" for every coach. E-mail him to join his newsletter distribution list.

10-19-2007



A true-life story of small-town Texas high school basketball and a coach's journey into fatherhood, *The Road to Austin* (Zone Press) is a heart-warming memoir by Matt Garrett of a magical season in which he experiences two of his greatest victories on the same weekend: a state championship and the birth of his son.

The Road to Austin chronicles Garrett's amazing 1999-2000 season as head coach of the storied Nazareth (Tex.) High School girls' basketball program when he carries out a fast-break plan to successfully pull off both challenges on the same incredible weekend!

"The story of Coach Matt Garrett and the Nazareth Swiftettes captures the essence of high school athletics. The demands and pressures placed on coaches and their families are made real in this book. To win a state championship under the scrutiny he faced was outstanding. To receive the gift of a newborn made the victory much sweeter."

-Charles Breithaupt, UIL Director of Athletics

"A must read for all basketball junkies. It takes you on a journey that honors not only the players and coaches, but also, family values, community spirit and Panhandle girls basketball." —Rick Sherley, Executive Director, Texas Assoc. of Basketball Coaches

"Matt Garrett's account of this journey as a new head coach and new father gives a personal remembrance of this incredible experience. Reading this book is time well spent." —Joe Lombard, Canyon (Tex.) High School, 14 Texas State Championships

"Every player, parent, coach and administrator should read this book to discover how to compete at the state championship level."

-Jan Lahodny, Victoria (Tex.) High School, 3 Texas State Championships

About the Author: <u>Matt Garrett</u> has just completed 18 seasons coaching Texas high school basketball, during which he has coached teams to three Texas State Championships and a Texas Cup Championship. Garrett's teams have set at different times 20 national high school records. He currently is the Girls Athletic Coordinator and Head Girls Basketball Coach at Bowie (Tex.) High School.

"The Road to Austin" can be ordered via the following methods: CALL Author Matt Garrett (940) 689-2818 (free shipping) OR ONLINE FROM: zonepress.com (free shipping) Barnesandnoble.com (plus shipping) Amazon.com (plus shipping) Hastings.com (plus shipping)

Featured Web-Site

Breakthrough Basketball Blog www.breakthroughbasketball.com/blog

This is a comprehensive site full of free information for coaches at all levels. Whether you are an experienced veteran or just getting started, you will find something of use here. For those running youth programs, it's an excellent resource to give your feeder coaches to help guide them through the rigors of teaching the game.

The site also offers an e-mail site update feature as well as a live RSS feed for its users.

To contribute to the Coaches' Clipboard (plays, drills, books, quotes, web-sites, etc.) or to submit any other item for "The Hardcourt Herald (article, article idea, etc.), contact Shane Matzen at <u>hardcourtherald@hotmail.com</u>.



From the Other End of the Court-"Getting Ready"

By Annette Lowrey Hard Court Herald Girls Basketball Correspondent Head Girls Coach-North Daviess High School

As coaches go, we dream of basketball plays, sketch plays while at meetings, devise ways to motivate and prepare our players and get our seasons off to a great start. So goes the time between summer league and school starting. The includes time when we contact our players and, oh did I mention, that most have non-working numbers now? In my great quest to stay on top of things, like reminding the junior high players to get their physicals, etc., I discovered that their phone numbers had changed. I fear asking about new living arrangements.

Most would think that getting students to play for a small school would be easy, but it is not. Even the draw of getting to start every game brings fear to the eyes of these kids. Sort of like complementing a poor student for good work; you never get the response you expect, but the opposite. The big "R" looms heavy over the kids who hope to only get by on their way to a diploma. Of course the big "R" is responsibility. Heaven forbid teachers and coaches expect the student to be prepared by getting their physical over the summer, or provide us with a working phone number. We might expect them to participate.

I realize it is just not sports, but fundraisers, student clubs, and class participation. Kids are detached from school functions in ever increasing numbers at every level. We overwork the reliable, responsible parents and kids, and the others know it. It is evident in the work place, politics, and schools. We have learned to work around those who detach. It makes me wonder if schools in general have done too much for our students. Do we have a whole generation of people who do not know how to show gratitude, or feel the need to give back? Have the students and parents of public schools lost their conscience?

Despite all the obstacles, I am hopeful and anticipate the upcoming basketball season. My girls have on their rally caps and are text messaging all possible players and contacting each other regularly. My varsity girls have been hitting the weight room most of the summer, played summer league and are preparing for the fall softball season. Despite this fine effort, it is the fringe players causing the headaches. What I mean is that the core players, the athletes who make sports a priority in their and their family's life, can always be counted on to show up and do the work. The fringe players, those with less dedication, who we need to play in order to have a team, have to be tracked down, pumped up, and sometimes coddled along to road to team membership.

Communication is the key on and off the court. Coaches are a very visible member of the school system. In appropriate ways, make yourself available where your parents and players are found. Attend the local fairs and picnics, make connections with the public. Make your hopes and dreams that of the public you serve. Stay positive with enthusiasm. We must convince the fringe players that yes, they are valuable, worthy assets to our success as a team and a school.

Now get out there and knock on doors, make contacts and remind our kids, our athletes, to get their physicals and basketball shoes ready for the season!

EDITOR'S ADDENDUM: Annette brings up a good point that we as coaches sometimes spend a too-high percentage of time running down and dealing with the problems of our less-dedicated athletes when our time would be better-spent taking our more motivated players to greater heights. In the quest to do such things, I'm offering (as I've done in past years) any of you who would like some of the pre-season paperwork that we use at Marquette. It's in Word form so it's easily adaptable to fit your needs and school. Send me an e-mail (matzenshane@rockwood.k12.mo.us) and I'd be happy to forward them to you. The wheel doesn't need to be invented twice and we coaches need to stick together. Good luck this pre-season!



Drury signees shine in victories

Dominique Long, Dusty Allen show way in All-Star win

Don Abernathy • For the News-Leader • May 31, 2008



Everyone was on their best behavior through the first three quarters of the Class 4-5 boys' allstar game at Baptist Bible College on Friday, playing defense, running screens and finding the open man.

But that's when fatigue set in and the defense waned. After all, it was an all-star game. Stealing the spotlight was Drury University signee Dominique Long of Waynesville, who scored 22 points and pulled down 11 boards and was named the MVP as his White Team ran away with a 89-56 win. "The fourth quarter was a lot of fun," Long said. "We tried to get a little crazy and throw a couple of oops and get easy dunks."

Long's White Team teammate and future DU teammate Dusty Allen finished with 18 points, 10 rebounds, four assists, three steals and two blocks. "That was a lot of fun; I'm glad I got invited," Allen said. "It's nice to play with a guy like Dominique who you know and trust -- he's a good friend."

In about a week, Long will make the move to Springfield, hoping to get a leg up with summer classes. "It just now hit me how I'm going to be gone away from home, but I'm getting amped up to start playing," Long said.

"This was a great experience. It was nice to spend a couple of days getting to know your teammates and coaches before we actually started playing. "I think it's the players I will remember the most."

St. Clair guard Jordan Flora led the Blue Team with 16 points

In the Class 4-5 girls' game, Columbia Hickman's Yvonne Anderson took MVP honors with 26 points, five rebounds, five assists and four steals as the Blue Team easily won 79-55. Avila signee Courtney Gimlin of Ozark added 22 points and seven rebounds in the victory.

"I was really excited at the start because it's such an honor to get to play," Gimlin said. "This was a blast."

Gimlin helped her team right from the tip, scoring 13 of her team's first 26 points. Waynesville guard and Drury-bound Katie Pritchard led the White Team with 18 points.

"We came out slow and that was kind of frustrating, but we picked it up," Pritchard said.

According to Pritchard, there's a certain level of expectations she knows she needs to meet.

"I'm really nervous because when you go (to DU) you're expected to do great things," she said. "They're a great team, and I just hope I can fit in."

In the Class 1-3 girls' game, getting double figures from Sam Deragowski of Catholic (11 points), Miranda Vaught of Crane (11) and Kristi Wilkerson of Skyline (12) wasn't enough. Westran's Kayla Rice earned MVP honors with 24 points in the White Team's 64-57 victory.

Perhaps the toughest part of the boys' Class 1-3 game was choosing the most valuable player. Three different players from the Blue Team scored at least 20 points in an 89-75 win. Anthony Jones of Cardinal Ritter's 23 points, five rebounds and four assists was certainly worthy of the award. As was the 17 points and 11 rebounds that East Prairie's Tony Jones posted.

But in the end it was Marcus Denmon of Hogan Prep who won the MVP with 25 points, seven rebounds and five assists.

Blue 89, White 75 Boys' Class 1-3 game Blue 25 20 21 23--89 White 14 25 12 24--75 Blue -- T. Jones 17, Archer 4, Denmon 25, A. Jones 23, Wright 20. White -- Prater 7, Patton 17, Berry 4, Pope 11, Perrigo 8, Sallin 4, Dunbar 18, Weymuth 6.

White 64, Blue 57 Girls' Class 1-3 game Blue 10 19 13 15--57 White 20 15 21 8--64 Blue -- Roberts 7, Wilkerson 12, Deragowski 11, Vaught 11, Wolfe 13, Kyla Rice 1, Thomas 2. White -- Wilmsmeyer 8, Kayla Rice 24, Sargent 6, Norwine 4, Deckard 8, Jones 6, Shippy 8.

White 89, Blue 56 Boys' Class 4-5 game Blue 15 17 10 14--56 White 30 18 16 25--89 Blue -- John 15, Stoppelman 5, Redel 6, Garner 5, Flora 16, Slifer 9. White -- Allen 18, Suggs 26, Willen 18, Zerkel 5, Long 22, Vaughn 2.

Blue 79, White 55 Girls' Class 4-5 game Blue 21 9 25 24--79 White 2 17 23 13--55 Blue -- Henley 9, Blankenship 6, Boshe 2, Anderson 26, Gimlin 22, Vaught 3, Deragowski 6, Wilkerson 5. White -- Pritchard 18, Kemp 16, Garoutte 5, Combs 7, Deckard 3, Rice 6.



HOTEL INFORMATION

| COMFORT SUITES - Kelsey Carlson 573-443-0055\$99.99 |
|--|
| DAYS INN CONFERENCE CENTER - Sherry Hubbard 573-445-8511\$62.99 |
| EXTENDED STAY AMERICA - Dessislava Agalarova 445-6800\$74.99 |
| HAMPTON INN - Ammar Diab 886-9392\$99.00 |
| MOTEL 6 EAST - Vinod Gandhi 815-0123\$59.99 |
| HOLIDAY INN SELECT EXEC. CENTER - Teri Weise 445-8531\$99.95 |
| QUALITY INN - Barbara Henry 449-2491\$89.00 |
| REGENCY DOWNTOWN - Mike Ebert 443-2090\$55.00 |
| SUPER 8 - LOW - Bart Perrin 474-8307\$70.00 |
| STAYBRIDGE - Erica Collins 573-442-8600\$109.00 / \$149.00 |
| SUPER 8 - CLARK LANE - Pat Larson 474-8488\$56.88 / \$61.88 |
| CANDLEWOOD SUITES - James 573-817-0525\$79.00 |
| BEST VALUE INN - Mike Ebert 573-442-7908\$39.00 |
| BEST WESTERN COLUMBIA INN - Danelle Uebinger 573-474-6161\$62.95 |
| ECONOLODGE - Narindar Rajani 573-442-1191\$54.95 |
| DAYS INN 573-445-8511\$62.99 |
| TRAVELODGE 573-449-1065\$52.99 |

OTHER FEATURES INCLUDE:

- MSHSAA Rules Interpretation Meeting
- Late Night with Norm Stewart, Tates Locke, and Bobby Hurley Sr. (social with beverages and hors d'oeuvres included at the conclusion of the clinic Thursday night)
- Buffet Dinner on Thursday and Continental Breakfast included in clinic fee.
- Coaches t-shirt included as part of the clinic fee.
- Additional T-Shirts and other promotional items.

FOR ADDITIONAL INFORMATION CONTACT:

Gary Filbert, Executive Secretary, MBCA 906 Wayne Road Columbia, MO 65203 Phone: 573-268-3556 E-mail: show4games@aol.com





2008 MBCA 3RD ANNUAL COACHING CLINIC FEATURING





NORM STEWART University of Missouri

Kansas University





NYLA MILLESON **DOUG WOJCIK**

Missouri State University

Tulsa University

Wichita State University







CUONZO MARTIN

CHERYL BURNETT

Retired Southwest Missouri State MO State/Michigan University University

Washington (MO) University

MARK EDWARDS



HERB WELLING BOBBY HURLEY, SR. Omaha Central High School

St. Anthony's High School (NJ)

TATES LOCKE ProPerformance Academy (FL)

October 16 & 17 @ Columbia College's Southwell Complex

ANNUAL CLINIC 2008 3rd



Columbia, MO 65203 906 Wayne Road www.mobca.org

2008 CLINIC BIOS



BILL SELF - KANSAS UNIVERSITY

Coach Bill Self arrives at the MBCA Clinic coming off a historic season at KU as his Jayhawks captured the 2008 National Championship with an overtime win over Memphis.

Five successful years at Kansas were preceded by three seasons at Illinois, four at Tulsa and three at Oral Roberts. Self is one of only four coaches to ever take three different programs to the NCAA Elite Eight. He has been nominated on several occasions and has been named a National Coach of the Year. A former player at Oklahoma State University, Coach Self is a born-and-bred Big Eight/Big Twelve man with a long history of experience in the Midwest.

DOUG WOJCIK - TULSA UNIVERSITY

Doug Wojcik has successfully begun the task of bringing Tulsa back to prominence in the same fashion as coaches with names like Nolan Richardson, Tubby Smith and Bill Self. The Hurricanes have moved up the ladder in Conference USA each of Wojcik's first two years and look to be a challenger for the 2008-2009 crown.

He came to Tulsa after successful stints as an assistant at Michigan State, North Carolina, Notre Dame and Navy. Coach Wojcik also was a prominent player on the famous Navy teams from the mid-80s featuring David Robinson.

NYLA MILLESON - MISSOURI STATE UNIVERSITY Nyla patrols the bench for the Lady Bears after a storybook ascent to her cur-



School to unprecedented success, winning 20 games in six of her seven seasons with the Falcons. Drury University hired her on and she proved that her success on the high school level would play out well on the collegiate court. The Lady Panthers took Springfield by storm going on another six-in-seven run of 20-win seasons. Her teams not only won conference titles but made appearances in the NCAA Division II Tournament as well. **CUONZO MARTIN - MISSOURI STATE UNIVERSITY**

Cuonzo Martin, former associate Head Coach at Purdue University, began his duties as the new Bears basketball coach at Missouri State University this past April 1. Coach Martin took over the reins of the Bear program in time for the 100th anniversary of Missouri State's basketball program and will inaugurate the Bears' move into the \$67 million 11,000-seat JQH Arena for the 2008-09 season

A native of East St. Louis, III., Martin was a star player at Purdue from 1991-95 for Coach Gene Keady and then played four years professionally. He had been on the coaching staff at Purdue for the past eight years under Keady and current Boilermaker head coach Matt Painter.

JODY ADAMS - WICHITA STATE UNIVERSITY

Coach Adams takes over the reins at WSU after a whirlwind, one-year stint at Murray State where she was able to create a ton of excitement for Racer fans with an OVC tournament championship and an NCAA tournament berth.

Prior to MSU, Adams served as an assistant at Southern Illinois, UMKC, Minnesota, Wake Forest and Auburn. She spent her playing days under the tutelage of legendary Pat Summit at the University of Tennessee where she was one of the school's most successful point guards, leading the Lady Vols to four SEC titles and a National Championship in 1991.

HERB WELLING - OMAHA CENTRAL



A member of the successful staff at OCHS that has state championship merits on their resume. Herb has made his mark nationwide with one of the bestselling DVDs on the hottest new offense sweeping basketball----the Dribble Drive Motion Offense. Gaining footing with the recent success of the University of Memphis program, Herb's experience and release of his DVDs have made him a hot commodity on the speaker circuit.

BOBBY HURLEY, SR - ST. ANTHONY'S

Coach Hurley has amassed 23 state championships and more than 900 wins in 35+ years as a coach, creating a national powerhouse despite substandard facilities and financial limitations. Five of his teams have gone undefeated, including his 2007-08 team.

His story is well-documented....that of a tireless coach who has taken a school in a tough neighborhood to prominence through a ceaseless devotion to his players.



TATES LOCKE - PROPERFORMANCE ACADEMY (FL)

Coach Locke is known around the country as a preeminent teacher of the game. His experience is vast including head coaching stops at Jacksonville (where he led the Dolphins to both the NCAA and NIT fields), Indiana State, Clemson, Miami (OH) and Army. Before opening up the fundamentals-based teaching academy in Florida where he currently works, he also served as a an assistant to Bob Knight on the Indiana staff for several years and recently was a scout in the NBA.

CHERYL BURNETT - SOUTHWEST MO STATE (RETIRED)

Cheryl became one of the prominent collegiate coaches in our state's history through her tenure at what was then-Southwest Missouri State. She took the Lady Bears on two unprecedented trips to the NCAA Final Four. During the run in Springfield, she also led her teams to ten 20-win seasons as well as five Missouri Valley Conference titles.

Coach Burnett became head coach at the University of Michigan before recently being honored as a member of the Missouri Sports Hall of Fame.

MARK EDWARDS - WASHINGTON (MO) UNIVERSITY



Mark Edwards is Wash U Basketball. After his playing days at the University of Washington and a chance to be an assistant for George Raveling at Washington State, Mark received the call to be the new head basketball coach at WashU in St. Louis and revive a program which had been dormant for several years

A great decision it was for the Bears....Mark has compiled a 477-233 (.672) record at WashU. The crowning achievement was this past 2007-2008 campaign as h is Bears captured their first NCAA Division III National Championship. His work has garnered D3hoops.com (2008), NABC (2008) and DIII News Coach of the Year honors (2002, 2008), along with five University Athletic Association (UAA) Coach of the Year awards.

CLINIC SCHEDULE

THURSDAY, OCTOBER 16TH

- 11:30 Bill Self, Kansas Main Gym What we run, behind what we run
- 1:00 Tates Locke, Florida - Main Gym Defensive Transition Drills & "Over-Load" drills for Defensive recognition Nyla Millison, Missouri State - Second Gym Player development & Practice drills
- 2:30 Conzo Martin, Missouri State - Main Gym 1/2 court team defense Jody Adams, Witchta State - Second Gym Competitive perimeter play & insight into the success of Pat Summitt.
- 4:00 University of Missouri Men Individual Workout - Main Gym
- 5:00 Cheryl Burnett - Main Gym Scramble Defense
- 6:30 Washington University Practice Main Gym Demonstration by Vendors - Second Gym
- Herb Welling, Omaha Central High School Main Gym 7:45 **Dribble Drive Motion Offense**
- 9:15 Bobby Hurley Sr., St. Anthony's High School - Main Gym **Competitive Practice Drills**
- 10:45 Late Night-Norm Stewart, Bobby Hurley Sr. and Tates Locke Main Gym

FRIDAY, OCTOBER 17TH

- 8:00 MSHSAA Rules Meeting Main Gym
- 8:45 Doug Wojak, Tulsa University Main Gym Competitive Rebounding & Defensive Drills
- 10:15 College of the Ozarks, Men Main Gym College of the Ozarks, Women - Second Gym
- Bobby Hurley Sr., St. Anthony's High School Main Gym 11:45 **Transition Offense**

MBCA CLINICS / MEMBERSHIP APPLICATION FORM

Coaches (all from same school-both boys & girls): (please print clearly)

| | [) |
|---|---|
| | email: |
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| | School: |
| | School Phone: |
| | |
| | Clinic/Membership Fees (*all fees include both clinic & 2008-09 membership) (Checks, School Purchase Orders, Money Orders and Cash are acceptable.) |
| | Before October 5: \$85.00 individual |
| | \$225.00 Staff |
| | After October 5: \$95.00 individual \$250.00 Staff |
| | N/DU OU Statt |

Mail Check (made out to "MBCA") & this Application Form to:

Missouri Basketball Coaches Association 906 Wayne Road Columbia, MO 65203

(all inquiries about membership and/or becoming a more active member of the MBCA can be sent via e-mail to: show4games@aol.com)

REGISTRATION BEGINS @ 10:00 A.M.



www.ccis.edu 1001 Rogers St Columbia, MO 65216 573-875-7352 CLINIC DIRECTIONS

From the North (Moberly)

Take 63 south to the Broadway Exit. Turn right onto Broadway. Take Broadway to 10th Street. Turn right onto 10th street. Take 10th Street to Rogers Street. Columbia College will be straight ahead.

From the South (Jefferson City)

Take 63 north to the Broadway Exit. Turn left onto Broadway. Take Broadway to 10th Street. Turn right onto 10th street. Take 10th Street to Rogers Street. Columbia College will be straight ahead.

From the East (St. Louis)

Take 1-70 west to Rangeline Exit. Turn left, follow Rangeline to Business Loop 70 (1st stop light). Turn left on Business Loop 70 and follow to College Avenue (1st stop light). Turn right on College and follow to Rogers Street (1st stop light). Turn right on Rogers Street and follow for two-tenths of a mile. Columbia College will be on your right.

From the West (Kansas City)

Take 1-70 east to Rangeline Exit. Turn right, follow Rangeline to Business Loop 70 (1st stop light). Turn left on Business Loop 70 and follow to College Avenue (1st stop light). Turn right on College and follow to Rogers Street (1st stop light). Turn right on Rogers Street and follow for two-tenths of a mile. Columbia College will be on your right.

COLUMBIA HOTEL INFORMATION (mention "MBCA Clinic" when calling to make reservations)

| Hotel | <u>Contact</u> | Phone (573 AC) | Clinic Rate |
|-----------------------------|----------------------|----------------|-----------------|
| Comfort Suites | Kelsey Carlson | 443-0055 | \$99.99 |
| Days Inn Conference Center | Sherry Hubbard | 445-8511 | \$62.99 |
| Extended Stay America | Dessislava Agalarova | u 445-6800 | \$74.99 |
| Hampton Inn | Ammar Diab | 886-9392 | \$99.00 |
| Motel 6 East | Vinod Gandhi | 815-0123 | \$59.99 |
| Holiday Inn Executive Cente | r Teri Weise | 445-8531 | \$99.95 |
| Quality Inn | Barbara Henry | 449-2491 | \$89.00 |
| Regency Downtown | Mike Ebert | 443-2090 | \$55.00 |
| Super 8 - LOW | Bart Perrin | 474-8307 | \$70.00 |
| Staybridge | Erica Collins | 442-8600 | \$149/\$109 |
| Super 8 - Clark Ln | Pat Larson | 474-8488 | \$61.88/\$56.88 |
| Candlewood Suites | James | 817-0525 | \$79.00 |
| Best Value Inn | Mike Ebert | 442-7908 | \$39.00 |
| Best Western Columbia Inn | Danelle Uebinger | 474-6161 | \$62.95 |
| EconoLodge | Narindar Rajani | 442-1191 | \$54.95 |
| Days Inn | | 445-8511 | \$62.99 |
| Travelodge | | 449-1065 | \$52.99 |



2008-2009 MEMBERSHIP APPLICATION

Please fill out and return \$15 per single membership (Take note of "All-School" rate and late fees below). Make your check payable to: "Missouri Basketball Coaches Association"

| | NAME: | | | | |
|------------------------------------|--|--|---|---|---|
| | HOME ADDRESS | S: | | | |
| | CITY/STATE/ZIF | P: | | | |
| | HOME PHONE:_ | | E-MAIL: | | |
| | SCHOOL AFFIL | IATION: | | | |
| CLASS: | 1 | 2 | 3 | 4 | 5 |
| | JR HI | HS | JUCO | COLLEGE | OTHER |
| DISTR | ICT: | NW | NE | SE | SW |
| | South | Cent Cen | t KC_ | STL | |
| | | Total Wins | as Head Coach | - | |
| | | Number of yea | rs coaching at each le | evel: | |
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| HIGH SC | CHOOL: | JR HI | HS ASST | VAR | TOTAL |
| | (| Missouri Baske 906 Colur | MAIL TO: tball Coaches Associa Wayne Road nbia, MO 65203 Membership is \$15 p | | |
| | **** | *SPECIAL "ALL- | SCHOOL MEMBER | SHIP''***** | |
| INDIVIDUAL Schoon the staff though | will have to fill out a | an individual mem | bership form along w | school membership fe ith the check for \$50. the entire school staff. | e of only <u>\$50</u> . Each coach After February 1, 2009, |
| I would like to bec | ome more involved in | | s activities. Contact t ignated MBCA activi | | if you wish to be involved |
| | lative: blossom.jay@ ademic All-State: sh | mail.webster.k12.m ow4games@aol.cor | | Games: sphillips3250 : hardcourtherald@ho | |