



I _____ hereby agree to the following rules and regulations of the Chicago Athletic Clubs Summer Body Weight Loss Challenge.

rules & regulations

2017 Summer Body Weight Loss Challenge Official Rules

- 1. Entry and Eligibility to Win.** The Summer Body Weight Loss Challenge (the "Challenge") runs from April 26, 2017 to June 6, 2017, and is exclusive to Chicago Athletic Clubs members only. To enter the Challenge, you must complete a registration form at your chosen Chicago Athletic Clubs location (the "Club") between April 5, 2017 and April 24, 2017 and pay the Challenge registration fee which covers the cost of services provided to you and administration of the Challenge. The Club you register at is your designated Challenge Club where you will complete your 3-mandatory weigh-ins and body fat percentage measurements as designated herein. A minimum of 3 club check-ins a week (limit 1 per day) during the Challenge are required to be eligible to win. Participants may check-in at any CAC location. A week is Wednesday-Tuesday. The Challenge is open to Chicago Athletic Club members who have obtained the age of 18 by April 23, 2017. If you have previously won the Challenge. Employees of Chicago Athletic Club or its subsidiaries and affiliates are not eligible to register or win. The Challenge is void where prohibited by law. If you become pregnant during the Challenge, you are no longer eligible to win and may receive entry into the next Challenge. Women who are pregnant are not eligible for Prizes, any body change due to having a baby will not be eligible.
- 2. Weigh-in and Body Fat Percentage Measurement Requirements.** You must complete three (3) weigh-ins and three (3) body fat percentage measurements ("Measurement"), at your designated Club in the manner prescribed herein to be eligible for winning. You must complete one initial Measurement, one mid-point Measurement and one final Measurement to be eligible to win the Challenge. You may reserve a time for an initial Measurement when you register for the Challenge at the front desk. Initial Measurements (April 24-26, 2017 times available 6:30-8:30am and 4:30-7:00pm CST) will take place with a fitness professional at the Club where you registered. Mid-Point Measurements (May 15-17, 2017 times available 6:30-8:30am and 4:30-7:00pm CST) will take place with a fitness professional at the Club where you registered. Final Measurements (June 4, 2017 8:00-11:00am CST and June 5-6, 2017 times available 6:30-8:30am and 4:30-7:00pm CST). Measurements must be scheduled at the front desk of your designated Challenge Club.
- 3. Challenge Winners.** Winners are determined by the following criteria: most overall body fat percentage loss. The top 1 male and top 1 female at each Club will be notified by the information provided on the registration form on or about June 7, 2017. From June 7 at 12 pm CST through June 10, 2017 at 5 pm CST, each winner will have their photos and names listed on the CAC website and social media pages. All dates and times for announcing winners are approximate and may be extended in Chicago Athletic Clubs' sole discretion. In the event of a tie, the individual with the highest overall weight loss will be the winner. In the event of a second-tie, Chicago Athletic Clubs will determine the appropriate tie-breaking mechanism.
- 4. Prizes/Approximate Retail Value (ARV).** The top male and top female winners at each club will each receive \$1,000 USD cash (ARV \$1,000). Prizes are non-transferable. Taxes are the sole responsibility of each winner. Prize winner(s) will also be required to execute an Affidavit and Publicity Release and a W-9 (if applicable) within fourteen (14) days of notification or Prize will be forfeited and an alternate winner may be chosen. Unclaimed prizes may not be awarded in the event: (a) potential winner cannot be reached for whatever reason after a reasonable effort has been exerted based on the information stated in the entry form, (b) of noncompliance with the above or within any of the aforesaid time periods, (c) potential winner is found to be ineligible to enter the Challenge or receive the Prize, (d) potential winner cannot or does not comply with the Official Rules, (e) potential winner's Prize notification or Affidavit is returned as undeliverable for whatever reason, or (f) potential winner fails to fulfill the Affidavit-related obligations, the potential winner shall be disqualified from the Challenge and an alternate potential winner may be selected, at Chicago Athletic Clubs' sole discretion, from among the other eligible entries received.
- 5. Winner Affidavit and Release.** Before receiving the Prize and as a condition of receiving the Prize, winners may be required to provide valid photo identification featuring his or her name and address as it appeared on the entry supplied, provide proof of proper age and residency, and sign an affidavit of eligibility and release supplied by Chicago Athletic Clubs which, among other disclaimers: (a) releases Chicago Athletic Clubs and its range of subsidiaries, directors, agents, agencies, affiliates, promoters, officers, directors, employees and related persons ("Chicago Athletic Clubs" or "Evanston Athletic Club") from any and all liability related to the Challenge and the receipt and use of the Prize, and (b) grants Chicago Athletic Clubs the right to publish the winner's name, photograph(s), voice, testimonial, approved biographical information, or other likeness and/or Prize information for promotional, advertising and/or publicity purposes in any media, now or hereafter known throughout the world in perpetuity, without compensation or notice to, or further consent of, the winner to the extent permitted by law.
- 6. Assumption of Risk, Waiver of Liability, and Indemnification.** You acknowledge that there are risks associated with your participation in the Challenge and you agree that the terms of your General Terms and Conditions and Membership Agreement apply to your participation, including but not limited to the member's Health Warranty, Assumption of Risk, Release of All Claims, Indemnification provisions. By entering the Challenge, each participant agrees to follow these Official Rules and to release, discharge, and hold harmless Chicago Athletic Clubs, and its affiliates, subsidiaries, and agents, together with the present and future officers, agents, employees and representatives of each of them, from any and all responsibility or liability whatsoever for any property loss, damage, personal injury, or death, in connection with the Prize(s) and/or any person's participation in the Challenge.



7. **No Guaranty of Weight Loss or Body Fat Percentage Loss.** Individual weight loss results vary and participation in the Challenge does not guarantee weight loss or body fat percentage loss. Factors such as diet and genetic makeup, overall health, or physiological differences may influence weight loss and body fat percentage loss. Please consult with your physician before beginning any new nutrition or exercise program.
8. **General.** No entrant shall use any artificial or inappropriate means of weight loss or alteration in body composition in order to win the Challenge including but not limited to hormone treatment, liposuction, weight loss surgery or other similar procedures. All interpretations of these Official Rules shall be made by Chicago Athletic Clubs, whose decisions and interpretations shall be final and binding. Chicago Athletic Clubs reserves the right to cancel, terminate or suspend this Challenge or any part of this Challenge for any reason. Chicago Athletic Clubs reserves the right, at its sole discretion, to disqualify any individual it reasonably suspects or believes to be tampering with the entry process, any part of the Challenge itself, or the award mechanism by any means or suspected to be acting in violation of these Official Rules or any other term or condition of the Challenge set by Chicago Athletic Clubs. If Chicago Athletic Clubs determines, in its sole discretion, that unforeseen events have compromised the integrity or viability of the Challenge, Chicago Athletic Clubs reserves the right to void the entries at issue, and/or terminate the relevant portion of the Challenge, including the entire Challenge, and/or modify the Challenge. Chicago Athletic Clubs shall not be responsible for lost, incomplete or late entries, weigh-ins/body fat percentage Measurements or for any entries or weigh-ins/body fat percentage Measurements that are not received by Chicago Athletic Clubs by the applicable deadline for any reason whatsoever.
9. **Sponsor and Winner List.** The sponsor is Chicago Athletic Clubs, 1019 W. Diversey Pkwy., Chicago, IL 60614. To receive a notification of the Challenge winners, please submit your request in writing by December 31, 2017 to Chicago Athletic Clubs, 1019 W. Diversey Pkwy. Chicago, IL 60614, Attn: Winner List Summer Body Weight Loss Challenge.

Member Full Name

Member Signature

Date

Birthday

Address

City

Zip

Email

Phone