

the Herald

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President Haye walking into Fall 2017's Convocation Chapel. Photographer: Christine McDonald

Q&A with President Haye

| by Becca Samelson |

The Herald sat down with President Jack Haye to discuss the future and growth of PHC. Questions and answers have been edited for clarity.

BS: This marks the beginning of your third academic year as President of PHC. What goals have you accomplished in that time?

JH: Reunifying the staff and faculty around a shared vision of where we're trying to go. Submitting the regional accreditation application, that's a big deal. Over the three-year period, we have been able to raise \$8 million; God gets all the credit for that; it's way outside what we can do. And we're continuing to focus on enrollment growth; not just turning on the spigot to have members for the sake of members, but trying to get the right students here. I think we're encouraged by the size of the freshmen class; that's a good sign for the future. I'm also proud of seeing many of our alums re-engage with the college.

BS: What's been the best part of leading PHC?

JH: Students. Period. It is, seriously! That's where the energy is, that's where the hope is, that's where the joy is, and that's where the messiness is as well. And to live in community with you guys is just an incredible privilege, with all of its craziness.

BS: What are some concrete ways you want to help PHC continue to grow?

JH: We have to raise money for our endowment. We need to continue to grow and continue to set goals. We'd like to see the size of the incoming classes exceed 100. We're looking at long-range planning right now to see at what point we need to build a dorm. We're looking at potentially starting a new campaign helping to raise money for our endowment and scholarships, leading up to the college's 20-year anniversary in 2020. There were already so many good things already going on when I came. There were some struc-

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David Shedd, Photo courtesy of Pratt

Deceit, Justice, and Espionage

| by Marjorie Pratt |

Are Christians ever called to lie?

If you're working in national security, deceit is part of the job, said David Shedd, PHC adjunct professor of Strategic Intelligence. He was speaking at the Christianity and National Security Conference in D.C. last weekend.

Shedd was among several presenters from across the country at the two-day conference. Providence: a Journal of Christianity and American Foreign Policy hosted the two-day conference on Georgetown University's campus for graduate and undergraduate students. Over 100 students attended from The King's College in New York, Grove City College in Pennsylvania, and others.

Professor Shedd dis-continued on page 3

informing

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engaging

reader participation

Interested in submitting an editorial?
Notice an error?
Have an event we should know about?
If so, contact Becca Samelson at:
theherald@phc.edu

preparing

the ink-stained wretches

Editor Becca Samelson
Copy Editor Vienna Jacobson
Backpage Editor Marjorie Pratt
Social Media Editor Carrie Durning

celebrating

shared successes

Next week you won't have a physical copy of *The Herald*. Look for updates and videos online this week instead!

- **Happy Homecoming!**

See pictures from the upcoming Block Party, Alumni vs. Students football game, and the Alumni vs. Students dodgeball game on our social media pages next week!

- **Multiple Multi-Media Members**

Becca, Vienna, Marjorie, and Carrie aren't the only ones creating content for Herald Media this semester. Students in the Multi-Media Skills class have been working on videos for our Facebook page. Watch for a new video on Monday, Tuesday, and Wednesday about chapel guild, wing chapel, and Walk&Talks!

- **Great October Break Stories**

We are extremely excited for the upcoming long weekend, aren't you? Do you have any fun plans for the weekend? Taking some fun pictures? Traveling across Virginia? Share your break story with us, and you might be featured on our Twitter feed!

Find the full stories online!

Facebook: Herald Media
Instagram: @heraldmedia
Twitter: @phcheraldmedia



David Shedd, PHC Strategic Intelligence professor, speaks at the Christianity and National Security Conference in D.C. Photo courtesy of Pratt

Conference Celebrates Christianity and Security

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cussed Christianity and espionage. “In a world where governments have a duty to protect their citizens, those governments need a secret service,” said Shedd. “As a Christian in a world where good and evil are at war, espionage is necessary.” Some people called to SI fields are called to take part in secrecy, and some are not, he added.

Mark Tooley, President of the Institute on Religion and Democracy and writer for Providence coordinated the conference speakers. He introduced all 17 speakers, ten on Friday and seven on Saturday. The speakers all specialized in different areas of SI. The subjects of the presentations ranged from the morality of nuclear weapons to the theology of just war to civil liberties in the context of foreign policy.

Keith Pavlischek, a retired Marine Corps colonel and military affairs expert, and Timothy Mallard, an Army colonel, both spoke on the ethics of pacifism. Pavlischek focused on the biblical teachings while Mallard focused on Dietrich Bonhoeffer’s philosophies on the topic. Both speakers argued against

pacifism, using just war theology to support their claims.

Speaker Eric Patterson, Dean of the Robertson School of Government at Regent University, compared just war to popular book series like Harry Potter. He asked two questions: What are the books about? Why do they fight? He answered both questions with one word: love. At some point in novels like Harry Potter and Percy Jackson, the antagonists tell the protagonists that love is a weakness. In the end, readers see that the heroes’ love for their friends is what saves the day.

Just war is an act of love, Patterson argued. It is standing up against opposition for what is right. Just war tradition—he explained that just war is not a theory but a practice—is the understanding of when it is right to go to war and how to use force righteously. Patterson notes that in the novels, the teenagers did not bury their heads in the sand, nor did they make signs or buy t-shirts. They went to battle, and they risked their lives. Patterson quoted John 15:13, “There is no greater love

than this: that he would lay down his life for a friend.”

John Gallagher, the former president and CEO of Institute for Global Engagement, described how the Christian faith makes a difference in public affairs. He noted how politicians often think in terms, focusing only on how much they can get done in two years or four years. He believes that Christians in office are more likely to think in lifetimes, focusing on how to fulfill their calling all throughout their life.

Gallagher believes that Christians are more likely to work together across offices. He compared working in a public office to solving a rubrics cube. Solving one side doesn’t fix the problem. “You have to work across the corners and sides, work with different offices, otherwise solving one problem will just make another,” Gallagher said.

Marc LiVecche, the managing editor of Providence, closed out the conference by discussing how drastically 9/11 changed foreign policy and how much it affected intelligence philosophies. ❏

Haye Discusses PHC's Growth and Future

continued from cover

tural things that we needed to work on, and just trying to pull people together around a common vision. As long as we continue to stay unified around the things that matter most, then I think God will continue to bless us and give us all the growth we can handle.

BS: Are there any big changes we should be on the lookout for?

JH: Not any structural changes. We currently have the capacity to increase the student body by 15-20% without running out of dorm space or overcrowding classrooms. As we grow and become more financially stable, there are new [opportunities] we can add, like starting a pre-med advisory program or adding some deeper math programs that help us spread out to that STEM area. We're hoping to be able to attract bright students that are interested in STEM.

BS: What changes would PHC need to make to help students who are interested in going to med school?

JH: Well, we hired Dr. Tracey McGrath to develop the program for a pre-med advisory tract. Part of what we had to do is to try to figure how PHC would be excellent in a different way; we're not looking at offering a pre-med major like we don't offer a pre-law major. But if we believe that the core has great value in how to think, write, and sort through problems, you can start with the core's foundation and add to that the courses needed to take the MKAT. You could buckle that on the core, and since we know our students interview and write well, we know it could be a unique and successful approach. Dr. McGrath is helping us figure out exactly how to do that: adding upper-level biology, chemistry, math, and physics class-

es. All of that would still need to be approved, but she's developing what that playbook would look like

BS: What are some areas you think need improvement?

JH: We have to continue to widen our scope of majors. And that's a longer-term deal. We need to continue to widen our donor pool. We have limited brand recognition, so how do we make sure that in the circles where we draw, our most successful students are known better?

BS: If you could say anything to the PHC student body, what would you say?

JH: Keep trusting God. Let him direct your path. Know that you're a part of a community that loves and wants to see the best of you, and believes in you. ■

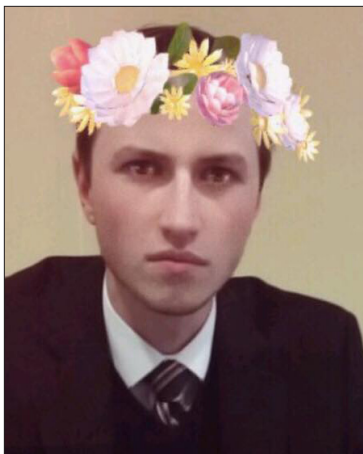


Photo courtesy of Austin Caswell

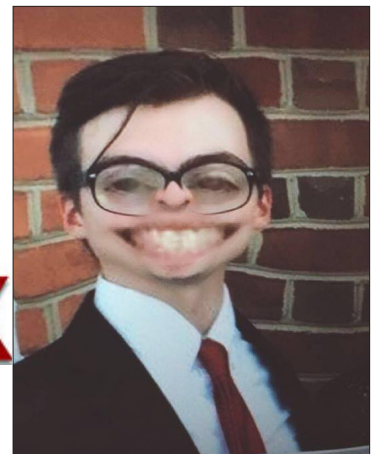


Photo courtesy of Neil Durning

Senate Results

and a Strangely Passive Runoff

| by Becca Samelson |

The results are in! Over the course of 24 hours, 194 students cast 763 votes resulting in the election of the following senators: Shiyi Zhang, Josh Trepiccione, Andrew Bambrick, Cooper Millhouse, Emil Meintjes, Esther Katz, Olivia Bowers, Seth Lucas, Hallie Skansi, Pierre Du Plessis, Sebastian Lopez, Noah Freedman, Blake Toman, Madison Crawley, Marina Barnes, Amber Donihue, Kara Brown, Nathan Gray, Alan Iiyama, Matthew Johnston, Morgan Conliffe, Abigail Carter, and CJ Fellenbaum. Since there was a tie for the final slot be-

tween Austin Caswell and Neil Durning, a runoff election began yesterday and will conclude this afternoon at 4:00 p.m. To vote, login to the Student Portal and click the link that says "Vote." Good luck, Caswell and Durning!

Caswell's statement: "Neil Durning is an excellent student and good man who will work hard for the greater good of the entire campus."

Durning's statement: "I believe that Austin Caswell is the most qualified man to run for senate." ■



Plan, Research, Write, and Publish!

| by Kara Brown |

As paper season approaches it might be a good time to start thinking about the quality of your work, not just for your grade, but because your paper could possibly make it into one of PHC's journals. Some journals are still accepting submissions for this semester, like the *Alexandria Historical Review* (deadline October 15th) and *Intelligencer* (November 13th), but many of them will take papers now for next semester's editions.

The Intelligencer, a national security, intelligence, and international relations journal, chooses a theme each semester for their issue. Its last issue was on North Korea, focusing on things readers hear less about.

"I had a writer do an article about the human rights abuses... by investigating prison camps, concentration camps, and the threat to South Korea," said Spencer Kolssak, publication manager. "We are looking to provide that extra analysis that people haven't thought of that may be value to broadening their perspective on the issue." The journal began in 2007 and has collected over 100 subscribers.

The *Alexandria Historical Review* has also looked into widening its effect by reaching out to other Christian colleges like Grove City, Hillsdale, and Wheaton for submissions. The editorial staff

wishes to make the journal more competitive and expand viewership by increasing submission. Less than a quarter of the submissions will be published. "Hopefully that stokes the competitive fires of PHC students instead of deterring," said editor Nathaniel Mullins. While the *Review* is only in electronic form right now, Mullins hopes that interest from other colleges will help fund a paper version.

Future lawyers can contribute to the *PHC Undergraduate Law Review*. Started by Thomas Siu his sophomore year, the review now produces two issues per academic year. Siu said the review helps students to hone the knowledge gained by participating in forensics events and studying Constitutional Law into skills used in a career in law. Because the work is technically the kind done in grad school, it gives students an advantage in applying to law schools.

The George Wythe Review, a public policy journal, started after government professor, Dr. Michael Haynes came onboard and restructured the APP program. Since then, students have partnered with the Intercollegiate Studies Institute and the Leadership Institute, sent the journal to other college libraries (such as Hillsdale College), and hosted two symposiums. "We attempt to focus on treating students as up and



coming scholar," the *Review's* editor, Christian McGuire, said. "So, we hold ourselves to a very high degree of conforming to normal practices in political science research." McGuire added that the *Review* isn't "someone ranting about their opinions," but instead includes articles that are based on sound research and logic. ■



Thoughts on Homecoming

Photographer: Christine McDonald

| by Vienna Jacobson |

"Homecoming has been a lot of fun this year. There has been a lot of school spirit and I was especially proud of everyone who showed up for the soccer game - I know it meant a lot to the team. The underclassmen have really shown up for homecoming. They have shown exceptional school spirit and class pride, and I'm excited by the energy they have brought to Homecoming." - **Danielle Fife, senior.**

"This year's Homecoming crew has obviously poured countless hours into the events. It seems every Homecoming event is one students would be remiss to not attend. Dodgeball is a crowd favorite that everyone looks forward to. The student-alumni football game will be the stuff of legends. Speaking of legends, the first ever student-alumni League of Legends game proves the students are invested in finding ways to improve Homecoming every year. I hope every Homecoming in the future is as well-crafted as this one." - **Cooper Millhouse, junior.**

"Homecoming is legitimately one of my favorite weeks in the fall! There's

so many fun activities and events to keep you busy and distracted from the upcoming papers and midterms." - **Abi Carter, sophomore.**

"Homecoming 2017 has already been so much fun, and it's only just begun! From the intense, hard-fought soccer game in which the men's soccer team displayed tremendous endurance, to the impressive, well-thought-out costume creations designed by each class, to the late-night capture-the-flag games on Wednesday, Homecoming has not only promised to be a continuous cycle of fun events, it has delivered. Thanks to everyone who has already shown up to participate, Dean Corbitt, and the hard work and careful planning by the Homecoming Committee led by our very own Danielle Fife." - **Sam Bock, freshman.**

"As much as I love dodgeball, capture the flag is by far the best part of homecoming. Unfortunately the turnout was quite low on Wednesday, but we still had some great games and it was awesome to take a break from school and get outside for a bit of some real fun." - **Marquis Gough, senior.**

"I really like the idea of homecoming, but in practice I feel like our school spirit is lacking and our classes aren't very competitive. However, I can see that changing in the next few years as the freshman seem to rally around the idea of community, which is awesome." - **Erin Kondak, junior.**

"As PHC grows, homecoming continues to become more and more important as a part of the college's culture. Each year brings with it new alumni who can then come back to campus and see the growth in both the students and the college overall. It's great to know that after I graduate in a few years, I can come back to this event and its traditions." - **Kyle Ziemnick, sophomore.**

"I've loved the experiencing my first Homecoming at PHC. It's so heartwarming to see the camaraderie between each class. Everyone is trying to get points and class spirit is definitely showing! Seeing all the costumes and cheering on the soccer team yesterday was so much fun. And it's been cool to meet some of the alums! I can't wait to see what else the Homecoming holds!" - **Rachel Hankinson, freshman.** 📷

Seniors as Georgie and IT; courtesy of Sarah Geesaman

Courtesy of Olivia Bowers

Courtesy of Olivia Cockley

Photographer: McDonald



Dodgeball photos taken by Carrie Durning and Hannah Waters

Homecoming Recap

Wednesday

The freshmen, sophomores, juniors, and seniors dressed as animated, musical, action, or dramatic characters to win points for their class! Later that afternoon, dozens of students cheered on the Sentinels as their game went to overtime, resulting in a tie against Potomac State.. The day ended with an exciting game of capture the flag.

Yesterday

The freshman and sophomore classes battled in the final round resulting in a sophomore victory in the dodgeball tournament, refed by Mr. Ziemnick and Lanson Hoopai. To celebrate their victory or commiserate their loss, the teams finished the evening with a pizza party in the BHC lobby.

Today:

Spirit Day: Win points and wear jeans with PHC Attire!

7:30 p.m.: Listen to students and alumni perform at the Coffee Shop, followed by a reception

Tomorrow:

11:30-2:00 p.m.: Enjoy good food and fun activities at the Block Party behind the BHC

1:00-2:00 p.m.: Watch the alumni and students battle it out with a dodgeball game on the Tennis Courts!

2:30-4:30 p.m.: Down, set, hut! It's time for the annual alumni v. student football game.

6:30-10:00 p.m.: The alumni will gather for their annual alumni dinner at Great Country Farms. 🍷



Photographer: McDonald

Courtesy Rachel Hankinson



Photo by Matthew Henry

Living [and Sleeping] Well

Studies prove that sleeping and sleeping consistently is vital to a healthy life

| by Vienna Jacobson |

“Make sure you sleep.”

If you have been at PHC for more than a week, you have probably heard a professor, a staff member, or a motherly upperclassman say this to you. And while your response is probably a smile or a nod in agreement with their concern, you don't take them up on it. But, you should ... and here is why.

Sleep can, and most likely will, directly affect your grades. Our brains are just like any muscle, and at PHC you get plenty of opportunities to exercise them. If you, however, don't take rest time your brain will stop functioning at its best, and it can impair your ability to study well and retain knowledge from class.

Sleep also directly affects your physical and mental health. Not sleeping depletes your body's natural resources, and its ability to fight off sickness and maintain a healthy immune system. One study showed that when making decisions about risk, as your expectation of increase is heightened and your expectation of damage is decreased. Another research study found that while you sleep your brain continues to function and prepare itself for the next time of being awake.

Studies from the University of Rochester show that when you are sleeping

your brain works as its own maid service. It goes in and cleans out the toxins the brain that build up in the day.

Studies also indicate that you continue to process information and spoken words while sleeping and sleep prepares your brain to make new memories. All the information that you have been studying has time to solidify in your brain, and it sticks much better than if you stayed up all night or got less sleep than usual.

Here are a few suggestions on how to maintain a healthy sleep pattern and why these factors directly affect your body and your studying.

Study at Your Desk, Sleep in Your Bed

Our bodies are strange things, and if you study in your bed as well as sleep in it, it confuses your mind's ability to separate these two actions. This directly affects your ability to get deep, restful sleep. If you study in your bed your brain associates it with studying and not rest and therefore it takes a longer time to wind down and actually fall asleep.

While studies suggest keeping your bedroom as a place only for sleeping is the best course, this is hard to do when you live in a dorm. You can, however, stick to studying at your desk or in a chair.

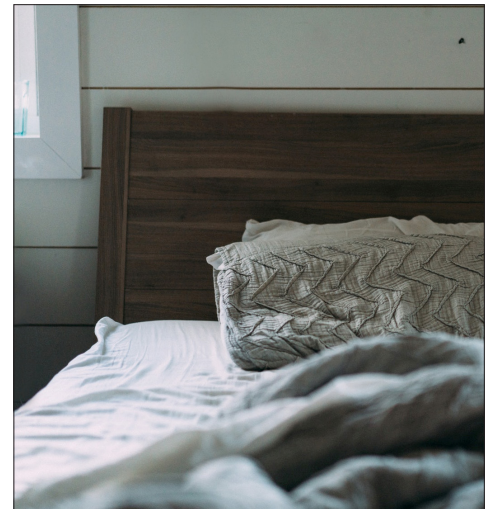


Photo by Bekah Russom

Don't Drink Coffee

Well, even though this might seem a bit drastic, you should limit your intake of caffeine, whether that is coffee or energy drinks. Caffeine can be very helpful, but it disrupts your natural sleep cycle so being aware of when you are drinking it and how much is very important.

Also, be aware of when you are drinking caffeine as well as how much you are drinking. You need to give yourself plenty of time for the caffeine to leave your system before sleeping. Studies suggest that you need 6 hours of time

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between your last caffeine intake and your bedtime. Exercising is also a great alternative to caffeine as it gives you a natural rush versus the artificial one delivered by caffeine.

Routine

Routine is very important in maintaining a healthy sleep cycle. Studies suggest that it is almost as important as sleeping. Your body has an inner biological clock, and if you aren't consistent, you are resetting that clock every time you go to bed at a different time or wake up at a different time.

If you create a regular schedule for yourself, you will train your body into a natural sleep cycle which will encourage deeper sleep. This also, unfortunately, includes the weekends; as a college student, you are probably very tempted to sleep in, but you will feel better if you don't. Over time, if you are consistent, it will become second nature.

Rest Before Bed

Often as a college student, you will be tempted to squeeze every last second out of your day, especially before a big midterm or final. Or, if you are done with that big midterm or exam you want to watch Netflix or scroll through Instagram before sleeping.

If, however, you take time before you go to bed to do something relaxing (that doesn't involve a screen) your rest will be deeper and you will ultimately more rested. Studies show that taking time to away from your screen before bedtime will help you the next morning. Simply reading a book or writing in a journal before sleep will help your brain relax before sleeping.

Just doing a few of these simple things will not only improve your physical health, but they might also help your mental health and give you more time to spend on others and study more effectively. So, next time your professor, a staff member, or that motherly upper-

classman tells you to, "Get some sleep," take their advice. ☒

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Cultivating Dorm Community

| by Morgan Conliffe |

Resident Kara Brown and one of her wing mates sat with RD Julianne Owens in MTV104, to debate feminism. Last year, this discussion would have happened behind closed doors; but this semester, both the hallways and the room doors were left wide open.

The RAs and residents of Mount Vernon, commonly known as D1, have strived to institute a culture of unity, fellowship, openness, and spiritual growth as a community.

The new set of D1 RAs, Meredith Monroe, Harvest Prude, Olivia Bowers, and Victoria Cook, want to foster a dorm culture in which everyone would be comfortable with everyone else in the dorm. Coming into the semester, they each prayed that D1 would have greater unity. "[We] wanted to create a dorm culture that has a spirit of openness, [and a sense of] living life along-

side of each other," Prude said.

According to Monroe, the goal in fostering this new culture is for hanging outside of the individual wings lead to cultivating unity and friendship in the dining hall and for it to become contagious idea across campus. Encouraging unity and a sense of belonging both within the dorm and across campus is at the heart of this initiative.

D1 has not had a culture of unity in the last few years even with residents known for being what Prude described as extroverted, outgoing, and fun-loving. Each wing was isolated, no one spent time in the other wing's halls, the girls never used the lounges, and no one really knew anyone else in the building outside of their wing.

The new set of RAs within D1 saw this segregated environment as an unacceptable hindrance to the wellbeing



Coffee and Chat. Photo Courtesy of Brown

of the dorm's residents. To foster unity, the D1 RA's instituted a few new poli-
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Mount Vernon Focuses on Community

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cies, including an “open door” policy to help the girls get to know each other better. When Bowers is on duty, she frequently hosts movie nights. At the beginning of the semester, the RAs made a Facebook group for the dorm called “d1 things” for residents to post about dorm-related issues. Additionally, the

RAs hosted a D1 “walk and talk” event, and some offer worship nights in the wings. For the freshmen dance, the RAs hosted a pre-dance prep party, helping fix the hair and makeup of attendees. Members of Bowers’ wing created the “Coffee and Chat” event, in which upperclassmen have a chance to meet and

connect with underclassmen.

“We want being a D1 girl to mean something like it would for a guy’s dorm, and for the girls to know that they all should have each other’s backs.” Prude said. ■



Photographer: Carrie Durning

| by Carrie Durning |

As the weather changes from summer to fall, cozy up in a booth in the festive dining hall to enjoy comfort foods while watching leaves swirling by students bundled against the cold. Bon Appetite is bringing fall to the dining hall.

Bon Appetite, in preparation for the colder months, has slowly begun making changes to the dining hall menu and décor.

With the cold season of fall arriving in Virginia, the comfort foods, seasonal pumpkin dishes, and selective squashes and produce are coming to the dining hall. Among the variety of comfort foods, enjoy fall based soups such as pumpkin, creamy butternut squash, cream of sweet potato, and beef stew with bread bowls. Also added to the fall menu are casseroles and turkey dishes, with a side of mashed potatoes and cooked spaghetti squash. Following

these festive fall foods, enjoy selective pumpkin deserts such as chocolate chip pumpkin bars and pumpkin mousse. To top off the seasonal meal, enjoy fresh, local apple cider.

Bon Appetite has also made an effort to add festive décor to the menu. Enter the dining hall to the festive feel of local, farm-grown pumpkins, squash, and corn decoratively scattered throughout the hall. While browsing the food selection, observe the miniature pumpkins speckled among the salad and pizza bars.

As the seasons change and fruits and vegetables come in and out of season, Bon Appetite has found a way for the dining hall to consistently have fresh, local produce through all seasons. Their new discovery to make this possible; South Mountain Micro Farm, the world’s first Aquaponic Microfarm.

Located in Boonsboro, Md., this Aquaponic farm is self-sustainable, using no chemical pesticides, herbicides, fertilizers, growth hormones or antibiotics of any kind in their operations. This season, Bon Appetite will be getting all of their fresh vegetables such as tomatoes, spinach, aquaponic kale, Swiss chard, cucumbers, and more from South Mountain, providing the students with the option of fresh produce during the cold months of the fall and winter seasons.

Enjoy a comforting fall meal in the festive dining hall before venturing back out into the chilly months of fall, maybe grabbing a fresh, locally-grown apple on your way out— and if you’re feeling really festive, as festive as some juniors last year, you could even grab a pumpkin. “If you want a pumpkin, take a pumpkin,” Michele Del Mundo said. ■

Table Talks with Dan and Matt

The Lie Behind the Thoughts

| by Matt Hoke |

“You will not surely die. For God knows that when you eat of it, your eyes will be opened, and you will be like God, knowing good and evil,” (Genesis 3:4-5).

Last week I wrote about some of the fears and thoughts I have struggled with and fought during my time at PHC. I ended by asking what the root cause of these thoughts is. This week I want to address what I believe is the basis for many, if not all, of the self-centered thoughts I experience and fight. The questions I posed at the beginning of last week’s talk are examples of four categories of thoughts that I battle. These categories are the following: comparing myself against others, fear about my future, judging others, and anger at people affronting me.

What is the common denominator between these four categories of thoughts? The main cause that I have found in my own heart is pride. The lie that the serpent whispered into Eve’s ear still informs and corrupts my thoughts.

What do I mean by that? How does the Serpent’s promise to Adam and Eve indicate pride? What is the link from that lie to these categories of self-centered thoughts? At the core of Satan’s lie was a sparkly appeal: the desire to be God.

When Adam and Even ate of the tree of the knowledge of good and evil they were telling God that they were the masters of their own destinies, that they were not going to obey His command (Genesis 2:17). This original sin of our first parents was also Satan’s original sin (Ezekiel 28:11-19). He wanted to ascend to the place of God in Heaven, and, for that, he was cast out.

“Okay,” you may be thinking, “that is all true, but what is the connection

to these categories of thoughts. After all, is not a lack of self-esteem a large part of why I think thoughts like these? Is pride really the root cause?” I do not find any biblical justification for the notion of self-esteem. In fact, I believe it is inherently unbiblical, but I would like to talk with you about that at some other point.

However, what I do know is that, in my own heart, these four categories of thoughts are intimately and insidiously joined to my pride. When I compare myself to others it is almost never out of a genuine desire to learn from that person. Rather, I compare because I want to be better than him or her at whatever they are doing. I cannot stand the fact that he or she may be better than me. This self-exalting mentality is inherently proud. It is the same mentality behind Satan’s lie and his original sin.

“But, you may say, “This is against people and not against God. So, how is this pride if you are defining pride as wanting to take the place of God?” I believe that by comparing in this manner, I am taking the place of God. God has told me to treat others with humility (Philippians 2:3-4), and He has told me that I am his special creation (Psalm 139:14). Comparing myself to others in a self-centered manner violates both of these principles. It sets myself up over others and tells God that He has not made me good enough, putting my will in the place of God’s.

Fearing about my future is likewise related to pride. I am not God. Even if I think I have great plans for me life, He is the only One that has a good plan for me (Jeremiah 29:11). Fear about my future is a foolish usurpation of God’s role in my life. By doing this I show I do not actually trust Him; I don’t believe that

my Father has good plans for me. And, ultimately, I am saying that I can plan my life better than He can. This is pride.

Likewise, when I judge others I usurp God’s rule as Supreme Judge of each of our souls (James 4:12). This is a proud declaration of my own ability to discern the motives and heart of another individual. In addition, angry thoughts at the affronts of others is directly related to my pride. I cannot bear these affronts because they challenge my place as lord of a certain skill or ability. Instead, I ought to realize that all I have comes from my Father (James 1:17, 1 Corinthians 4:7, and John 3:27).

What is the penalty if I do not address the pride in my heart? It will not cost me Heaven, but it will cost me the support and pleasure of my Father (Proverbs 16:18, 1 Peter 5:5-6, Proverbs 8:13, and James 4:6).

Killing the pride that underlies these four categories of thoughts is serious business. But, what is the solution? Next week I hope to talk about what I have discovered to be the greatest solution to the pride in my heart. If you have any questions, objections, or want to talk about anything I’ve said in this talk, please shoot me an email at mlhoke945@students.phc.edu.

Discussion Questions

- Does pride underlie the four categories of thoughts in your own life?
- Are there other types of thoughts you have that may be rooted in pride?
- What are some steps you can take to combat pride in your spiritual walk?
- What do you think is the solution to the pride in our hearts?
- Is pride as insidious and pervasive as Matt believes? 📧

Creative Corner

Find the following words related to this week's issue!

C N V S M S H T H S G Z H G L
 I I J Z E G E D S W O O F L E
 N K P I D V R C Z E M C A Z C
 E P F F E G A J U E V B C B N
 M M F A M Y L E C R E R R E E
 A U O F L M D O L G I E A U R
 J P N E H L M P D K W T H H E
 O C U M R I E O F J J O Y G F
 U O R V N P D M R E T D I M N
 R L O G G N I H S I L B U P O
 N D N X P C A F F E I N E H C
 A D F E F S C Y E T A N E S F
 L Y E O C K O C T O B E R U E
 S L G U X A B R E A K D U D A
 S R I A F O L R B L Z R O W J

Break
 Cold
 Brew
 Caffeine
 Cinema
 Conference
 Dodgeball
 Fair
 Fall
 Harvest
 HeraldMedia
 Homecoming

Journals
 Leaves
 PreMed
 Midterm
 October
 Publishing
 Pumpkin
 Runoff
 Security
 Senate
 Sleep
 Soccer

EVENTS

Waterford Fair
 Oct. 6th - 8th
 10 a.m. to 5 p.m.
 Waterford

Men's Home Soccer Game
 Oct. 9 @ 4:30

October Break!!
 Oct. 12th & 13th
 (No Herald ☹️)

Seek & Hide

This week's hiding place:

Crumbs & Whiskers

"Crumbs & Whiskers is a cat cafe in the heart of Georgetown. The cafe rescues homeless kitties and allows guests to play with them while enjoying coffee or macarons. Both reservations and walk-ins are available, and they offer student discounts. Best of all: every cat is available for adoption!"

