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One of the many Americans who died on 9/11 listed on the New York 9/11 memorial. Photographer: Becca Samelson

Remember to Never Forget

PHC Professors and Students Reflect on the tragedy of 9/11

| by Marjorie Pratt |

The sun rose on a group of flags Monday, the 16th anniversary of the 9/11 terrorist attacks. The College Republicans hosted their annual flag planting memorial the night before as students gathered around the main flag pole, planting a small flag for each life lost during the attack. As years pass, fewer students remember firsthand what happened.

Josh Ryan was two years old in 2001 and has no memory of the attacks. He does not remember even knowing about the attacks until he was six. Now he knows that his father was scheduled to be at the Pentagon later that day and a friend had been at the World Trade Center the day before. Now he understands what he could not comprehend as a toddler.

Theresa Rowland was also two at the time of the attacks, but she remembers seeing the news coverage of the plane crash in New

York. She recalls seeing her mother cry and not knowing what to do to fix it. "My brother ran and got a book to read to my mom because that's what she did for him when he was upset," Rowland said. Though she remembers experiencing the event, she admits she did not grasp the severity of the attacks until a few years ago.

While the younger generation may have little to no memory of 9/11, older generations remember exactly where they were at the time. Dr. Robert Spinney relates this to how his parents remember the moment they discovered President Kennedy had been shot. These kinds of memories never completely fade.

Spinney was building a house in Tennessee when he saw the first plane crash into the World Trade Center on the office televi-

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Photo courtesy of Lucas

From Farm to Freshman Year

| by Carrie Durning |

Freshman Emma Lucas has cuddled with a pig, sewn numerous dresses from scratch, and bears battle scars from animal scratches. Lucas sat down with *The Herald* to discuss her time growing up in 4H, describing these events and more in detail. Below is a transcript of an interview with *The Herald*; questions and answers have been edited for length and clarity.

CD: Tell me about yourself!

EL: I'm from Danville Ohio, northeast of Columbus. It's honestly not really a town, more of a very rural village of 12,000 people. I live on a farm, where we have sheep primarily, but also chickens, goats both dairy and meat, hogs here and there, and a couple of beef and dairy cows. I joined 4H when I was 11, and I stayed with

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informing

this week's stories

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engaging

reader participation

Interested in submitting an editorial?
Notice an error?
Have an event we should know about?
If so, contact Becca Samelson at:
theherald@phc.edu

preparing

the ink-stained wretches

- Editor** Becca Samelson
- Copy Editor** Vienna Jacobson
- Backpage Editor** Marjorie Pratt
- Social Media Editor** Carrie Durning

celebrating

shared successes

We've got more stories for you online!
Here's a sneak peek of this week's
#HeraldOnline

- **9/11 Tribute**

We found and tweeted one of our favorite quotes about 9/11 from the wife of an American Pilot of Flight 93.

- **Coffee and Chat**

Kara Brown helped plan an afternoon of coffee, tea, and conversations. Check out how it went and hear Brown's thoughts on our Instagram!

- **First Debate Tournament**

PHC forensics kicks off with a tournament in Rochester, NY! Check our Facebook page for updates on the team as they compete.

Find the full stories online!

Facebook: Herald Media

Instagram: @heraldmedia

Twitter: @phcheraldmedia

Cheap Candy and Calendars

PHC Bookstore Sale

All Dove Dark Chocolate Bars, Reese's Peanut Butter Cups, and Werther's Hard Candies are 1/2 price! While you grab some candy, organize your semester with a PHC academic planner, also 1/2 price!





Students placed flags representing the deaths of Americans on 9/11. Photographer: Christine McDonald

Students and Faculty Share Memories of 9/11

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sion. "We thought it was an accident. The people on TV thought it was an accident," he said, explaining that few people initially blamed terrorists. Most people did not think of terrorism until the second plane crashed as well.

Dr. Doug Favelo first heard a description of the event on the radio at 6:00 a.m. in California. He was getting ready to teach a class, and remembers being much calmer than some of the people around him. Many thought the world was ending, but Favelo knew through

his faith in God and his understanding of previous attacks that he should not worry. "If a teacher freaks out, so will everyone else," Favelo said. He remembers having a Muslim student and fearing what other students may do to him in light of the tragedy.

Favelo believes it is important for everyone to remember the events of 9/11. When the next tragedy happens, Favelo thinks that remembering this event will help us understand. He mentions an attack on the Twin Towers in 1993. Less

than a decade before 9/11, two Muslim men set off a bomb below the North Tower, killing six people. Had more Americans remembered this attack, Favelo believes more people would have stayed calm in the situation. "We had an identity crisis because we forgot the past... but the world changed that day," he added. He considers the tragedy to be a part of what America is now. "If we forget, we lose a part of who we are." ■

Illiberal Liberalism: What Do You Think?

| by Becca Samelson |

Dr. Mark Mitchell will give this year's Faith and Reason lecture on "Illiberal Liberalism and the Future of the American Experiment." The chair of the Government Department plans to give answers to the following questions: why has our liberal democracy allowed free speech to be countered by shouting mobs? Why does identity politics trump rational discourse? What happened to freedom, tolerance, and citizenship? Mitchell will consider "how autonomy, liberation, and a scorn for limits have come to shape our self-understanding and how this is ushering in an era of illiberal liberalism."

After listening to the lectures, students get a chance to

discuss their opinions with members of the PHC staff and faculty. Each group then submits a question based upon their discussion. However, students never get a chance to directly challenge or respond to the Faith and Reason Lecture.

That's why we're asking for 200-300 word responses to Mitchell's lecture on Tuesday. We want to hear what you have to think! Whether you agree or disagree, love or hate, understand or remain confused by the lecture, let us know your thoughts and we'll publish the best responses on Friday. Send your opinions to theherald@phc.edu. ■

Freshman Describes Life on the Farm

continued from cover

it for eight years, until coming to college. I was in one club for those eight years, the Lighthouse club, consisting primarily of homeschoolers.

CD: What projects did you participate in during those eight years?

EL: I primarily showed chickens; I did that for all eight years. One year, I showed a hog, which was fun. I also did sewing projects each year, and then a few random projects like photography, scrapbooking, cooking, public speaking, and money management. I was also able to serve on the Ohio State 4H fashion board, judged when I could, and also served on the Knox County junior fair board for five years.

CD: What was it like to show a hog?

EL: I grew up on a farm, so I was familiar with handling large animals. We got two pigs that were each a month and a half old, and I named them Alex and Ani. Training them was the best part; you give them marshmallows, and they sit like dogs. It's the cutest thing. The pig I showed was a nice pig ... But

didn't do very well. Hog showing is huge at our fair, with most people spending two grand on the piglet itself, but I was just doing it for the experience.

CD: What was your favorite project you participated in?

EL: Hands down the sewing projects. One of my favorites was my first formal gown. It is a dark blue evening gown that I still have with me. Another favorite is one I made this past year; I made a retro, late '40s summer dress. It was so easy, and it's my favorite because I can still wear it now- thank you vintage trends for making a reappearance!

CD: Have you ever built a friendship with your animals?

EL: Yes, definitely with my pigs. Pigs are similar to dogs, so they're so much fun. I would get home from work late at night and go straight up to the barn and hang with the pigs. Mine would sometimes just lay there in their clean bedding, and — this might sound gross to some people, my apologies — I would sometimes just lay next to my pigs. It's

clean, I swear! A pig is like a best friend. But getting so emotionally close to your animals is so sad, especially when it's a pig. At our country fair, all the hogs are a terminal sale, because of all the diseases related to pigs. They can't go back to your farm. So, all the pigs that are in the fair that year go straight to slaughter when the fair is over.

CD: What is the worst thing that has happened to you while showing an animal?

EL: I have been very fortunate in that category- I haven't gotten any awful injuries. The worst I've gotten were from chicken scratches. They have really sharp nails and love kicking and scratching me when I'm holding them. The worst scar I have is from a scratch that happened when I was about to walk into the ring. I looked down and saw my wrist was scratched with a chunk of skin missing, and just walked into the ring dripping blood. But the battle scars were worth it. I loved every second of it. 🐷

SI Internship Fair's Massive Turnout

| by Samuel Ross |

The Strategic Intelligence Program hosted a resume workshop and internship fair with the largest number of government agencies, think tanks, and private organizations in campus history. According to the Director of Strategic Intelligence Program, Col. Gordon Middleton, more than 18 outside organizations attended the event this year, including representatives from the FBI, CIA, Secret Service, Digital-Globe, International Justice Mission, and Samaritan's Purse.

The workshop portion walked students through the basic format and contents for a resume. Turnout for the workshop was high, with a good mix of students from across all grade levels and majors in attendance.

Middleton stressed the importance for freshmen to start looking at internship opportunities early. "Instead of going home and sleeping all summer, freshmen should be looking at what internship opportunities are available to them," he said. If students don't start looking for internship opportunities early on, they will be crowded out by tight application windows and more motivated individuals.



Representatives of Samaritan's Purse at the fair. Photo courtesy of Ross

The internship fair has proved to be very successful in helping students find jobs in the past. Alumni of the SI program were even present, representing some of the agencies for which they work. The college's location near Washington D.C. makes it appealing for organizations looking for interns and potential employees. 🐷

Dancing in the Eye of the Hurricane

For PHC's Floridian Families, Irma Was Just Another Hurricane

| by Becca Samelson |

Hurricane Irma made history as one of the strongest Atlantic hurricanes ever, lasting for 37 hours with 185 mph winds and forcing the evacuation of millions of people from south Florida. But Irma was much weaker by the time it battered the state's west coast earlier this week, causing only \$18 billion of damage when experts had predicted over \$150 billion. Still, the death toll stands at 31 across three states.

PHC's Floridian students kept in touch with their families during the storm but they escaped unscathed; for most of them, Irma was just another hurricane.

"My family was not really scared of the hurricane," freshman Ethan Chapman said. "We've had a lot of them. Hurricanes in Florida are not as scary as elsewhere, especially the east coast."

Most Floridian families seemed underwhelmed by Irma. "For the most part, it was taken as a slightly inconvenient big storm," senior Anna Grace Stroven said.

"My parents didn't really think it was going to be too bad," added Clare Downing, a junior hailing from Tampa. "They're seasoned Floridians. The only thing they did to prepare was put the outdoor furniture in the garage and then go to the school building [where my mom works] with our three pugs and two cats in tow. The three fish and Lulu the Lizard stayed in the house."

Freshman Thomas Keith's family lived in a county with a mandatory evacuation order. After boarding up the house, the Keith family went to Georgia. "They made sure to put up hurricane shutters, and move all of the downstairs and basement furniture to the upstairs floor. They also moved all outdoor furniture upstairs, and made sure to tie down anything that needed to stay," he said.

The family got to spend time with

friends in Georgia during the storm. "[Evacuating] was probably a bit perturbing, but I doubt they had a horrible time," Keith added. "It's a chance to visit friends up in Georgia... Right now they're having a lot of trouble getting back because of traffic... [so] we don't know what happened to the house."

Keith didn't mind being in Virginia during Irma. "Those hurricane shutters are a pain to put up. It's an all-day thing, and the shutters themselves are heavy and sharp," he explained. "My other three siblings had to do all the work this time."

Danielle Ford, a sophomore from Orlando, expressed little concern for Irma. "Over the week leading up to hurricane Irma, I had multiple PHC friends ask me if my family was evacuating the state and if they were okay," she said. "I appreciated the concern but I personally wasn't that worried about the hurricane." From growing up in Orlando, Ford had experienced hurricanes and their aftermath. "To me, hurricanes have always seemed slightly more bark than bite," she added.

Some students were upset not to be with their families, but they weren't entirely concerned about their families' safety. "I was a little worried, but for the most part I was jealous. I know most people don't feel this way, but I love a good storm," Stroven explained. "It's almost magical in a way seeing the world bend under the pressure of wind outside with the rain flying sideways. It's also great family time, because you're all stuck together, typically without electronics, which make the whole world peaceful without background noise." Stroven added that her family camped out in the living room, grilled burgers and hotdogs, and snacked on Oreos and alfredo.

Downing's family also enjoyed their time in the storm. Her parents stayed



Shannon Downing's school courtyard.

with several other families and pets, ate snacks and drank tea, and grilled tenderloin. "We are dear friends, so it has become a wonderful get-together!" said Shannon Downing, Clare Downing's mother.

"As it became clear that the storm wasn't going to do much damage, though, I really was just sad that I missed out on the party!" Clare Downing said. "Hurricanes were pretty much my favorite thing growing up because they get you out of all your responsibilities for a few days."

"To true Floridians, hurricanes are kinda just big storms that people either make a big deal about or create hilarious memes about," Ford added. She explained that an incomplete building, deemed the "Orlando Eye-Sore" by residents, has sat untouched by builders or hurricanes for ten years. While Irma hit the interstate right by the building, the Eye-Sore remains standing. "One joke that's been flying around is how 'Irma had one job, and failed,'" she said. ■

Gardens:

Spice, Bread, and Soul Food

The second story in The Herald's series



| by Vienna Jacobson |

This past Saturday I firmly planted the most hipster hat I could find on my head and drove into D.C. to visit one of my favorite places: Eastern Market's Saturday Market. The District's local marketplace, located on 7th, is filled with freshly cut meat, floral arrangements, pastries, and much more.

When you first turn onto 7th from North Carolina Avenue, you see little boutiques and restaurants on the left side and lining the street on the other white tents. Each tent covers the wares of a local artist or shop.

The market is always busy. People bustle about some crossing items off their grocery lists, but most seem just to be there to enjoy the atmosphere.

I am here to find food for my soul, while I have come to love PHC, its

people, and its academics I often find my soul weary. Eastern Market for me is a place where I can delight in God's handiwork.

Walking through the market can be slightly overwhelming. There are so many places to look, and if you stopped and looked at what every booth had to sell it could take most of your day to get through the vendors. As this was my third visit to the market, my strategies for getting through in a timely and fiscally responsible way were becoming honed. This time I would only stop at a booth if I planned to buy something from it, the others I could wistfully glance at as I walked by.

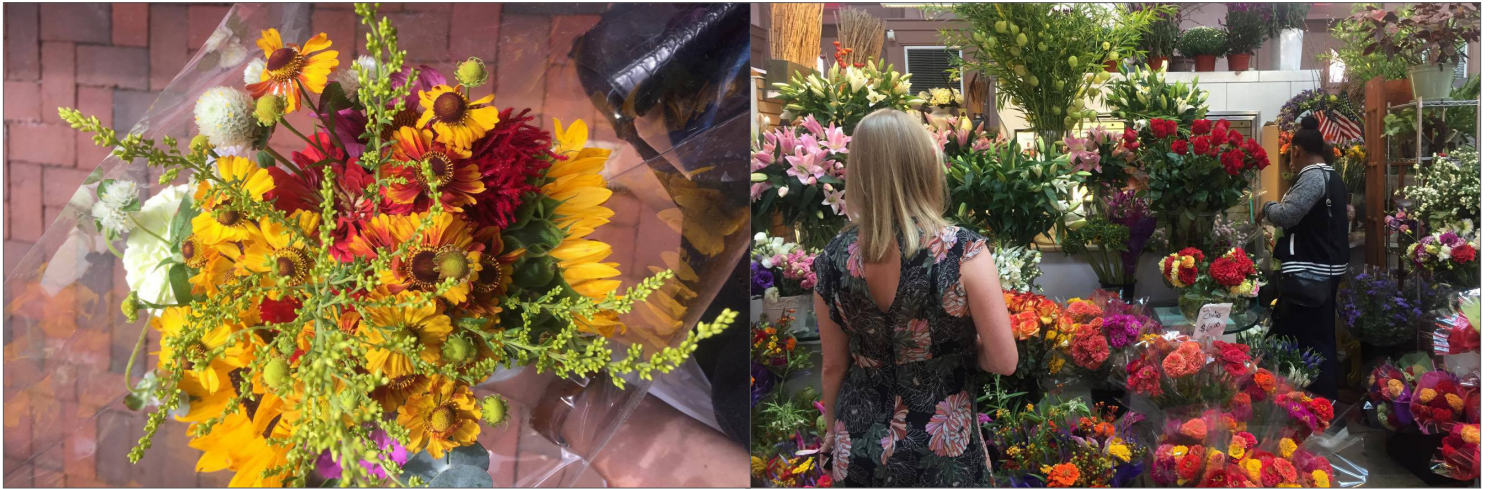
The first half of the market sold household items; one booth sold hand-made tablecloths and napkins among

other things, and another booth sold mirrors in hand-worked metal frames. While I would have loved to have had the budget and space for some of these items, my practicality and tiny apartment got the best of me, and I moved on.

Every time I have gone, my favorite part of the market has been the produce stalls. Fresh cheese, bread, and produce overflow their containers and few other things delight my little West Coast heart more.

My first stop was Second Rising, a small bakery whose goods are made with all natural ingredients and no preservatives. Second Rising's owner, Rebecca Lazar, uses her bakery to provide job training for women who have experienced sexual abuse. After trying sam-





Photos of the flowers and produce sold at the East Market. All photos courtesy of Vienna Jacobson

ples of several loaves of bread, I bought a cardamom braid (cardamom is a favorite spice of local shops in my home town) and Himalayan spice loaf (which lives up to its discription of tasting like chai tea).

I was also determined to buy flowers while at the market and many stalls were selling them, but I was looking for something more interesting than the typical bouquets of daises or roses. After passing two or three vendors, I came to a stall where the bouquets were filled with bright yellow sunflowers, dusty green eucalyptus, and white blooms that looked like clover.

With fresh bread in one hand and fresh flowers in the other, I continued on my way. Next stop was the produce stalls. I had worked at a small produce

house when I was in high school, and the owner, Jane, was very particular about picking out good produce. Now, almost four years later, I can't buy produce without thinking of her rules.

Her most memorable advice was about melons. When you are picking out melons you look for what are called bee stings. These are the patches of hardened gray or brown on a melon that look almost like a scar. According to Jane, this meant that the melon was sweet and that bees had repeatedly tried to get into it. Sadly, melon season is over and I couldn't put her advice to good use.

The other talk I remember was how to pick out a good fruit like a nectarine or peach. Lightly press a finger into the skin, and if it leaves a little indent it's al-

most certain to be perfectly ripe. Jane also taught me to trust my nose; she always said that if a fruit smelled sweet, it most likely was. After locating a pile of nectarines spilling out of their crates and carefully following Jane's rules, I selected a few and so my time at the market had come to an end.

At PHC we spend so much time weeding out the plot in our soul, plowing, and re-planting new and better seeds. While this is one of the privileges we have at PHC, in the process of growing, don't neglect your soul. Spend time doing things that refresh you and fertilize that small garden plot you've been assigned. It doesn't even have to be spectacular; it can simply mean visiting a farmer's market and buying fresh bread. 🍞



Freshmen Start PHC's First Art Club

| by Susanna Hoffman |

Bring your paints, crafts, clay, and sketch pads and get ready to create at PHC's newest student club, the PHC Art Society.

Founded by freshman, including Abby Rose and Adriana Von Helms, the club provides a relaxing atmosphere for students to express their creativity on Saturday mornings. The club enables artists of any medium and interest to improve their abilities. During the first session, junior Gabriella Johnson wired an elegant necklace while freshman Rachel Grove penned realistic illustrations.

When looking for colleges, Von Helms initially put PHC at the bottom of her list, due to its lack of art-related programs. When visiting PHC's campus, Von Helms found no artistic outlets. "I wasn't able to emotionally or mentally solidify going to PHC until I knew I could start [an art club]," Von Helms said.

Von Helms hopes the club will be a first step to an art program at PHC.



Hoffman's artwork. Photo courtesy Hoffman

Visual arts are not included in the classical liberal arts core curriculum, but Dr. Doug Favelo said, the arts are still considered a fundamental subject that requires trained critical thinking to appreciate properly. Favelo was unable to pursue a master's degree in art because of a yearlong abroad commitment, but he believes art should either portray the goodness and beauty of Christ or the brokenness of this world. "The liberal arts discipline men and woman to be

free, and are a way through which God points us to Himself," Favelo added.

Later this semester, the Art Society plans to invite local artist and PHC alumni Christine Olmstead for mini painting workshops or similar events. Although Purcellville does not boast many artistic establishment, the Art Society plans to take field-trips to Washington D.C. to visit classical art displays at various museums. ■

Awareness and Action: IJM Club's Relaunching

| by Kara Brown |

The International Justice Mission Club at PHC has relaunched by partnering SI's Vanguard Human Trafficking project, hoping to spread its impact.

The club represents The International Justice Mission (IJM), a non-profit organization that fights human trafficking by rescuing victims, convicting criminals, and restoring survivors. In the past, PHC's IJM club has hosted events to raise awareness and funds. Over the last few semesters, however student interest in the club has waned.

The club's leadership has decided to expand the scope of the club by educating students about human trafficking and encouraging them to make a difference. "The clubs focus has shifted to not just awareness but awareness and action," said club leader Rose Perkins.

One way the club seeks to be more

active is partnering with the SI human trafficking special project, Vanguard. PHC students participating in Vanguard summarize and analyze articles of human trafficking events to send to the intelligence community. They also produce a paper every semester which in the past has been presented at the IJM headquarters.

"The purpose [of Vanguard] is to find a gap in human trafficking research," said project leader Olivia Bowers. By compiling and sending new information to counter trafficking groups, Vanguard can help fight against human trafficking. By partnering with Vanguard, the IJM club hopes to provide outlets for its members to utilize their knowledge of human trafficking.

The club's leadership is looking into opportunities for students to volunteer

for trafficking prevention groups in the area. The IJM Club also plans to screen a documentary and hold a fundraiser that is a mixture of an escape room and an open world video game.

"Human trafficking is a very intense topic and I believe the simulations will give IJM the ability to inform students about what is actually happening in third world countries, as well as the states, while having the ability to lighten up the atmosphere," said club member Danielle Ford. The club also plans to have an informational session after the event inform participants about how contributions to IJM help fight trafficking.

"I hope to see the people who are [in the club to] become passionate about it," Perkins said. ■

A Rocky Start, But Building For the Future

| by Blake Toman |

After students and faculty doubted whether Patrick Henry College would be able to field a women's soccer team this season, the Lady Sentinels are proving they deserve to be on the pitch just as much as any other team.

Despite starting the season with three losses, the Lady Sentinels are quickly improving, hoping to present stiff competition to rival schools. "We are a work in progress with our eyes on the future," Lady Sentinels head coach Denise Beaty said. "We have a core of players, and we will, with regular training, build into a cohesive team able to represent the college honorably."

Madison Crawley and Hallie Skansi, the two captains of the Lady Sentinels, see this year as an opportunity to cement the competitiveness of Patrick Henry College's women's soccer program for years to come. "The season got off to a rocky start," Skansi said, "but if we can end the season strong it will be a given that we will have a team next year."

The Lady Sentinels' journey has not been easy. After losing several players from last season, including sole goal-scorer Hayley Helmut, Skansi and Crawley struggled to replace the lost talent and experience.



Photographer Evie Fordham



Hallie Skansi, Captain of the Lady Sentinels. Photographer Evie Fordham

"There are a lot of people making fun of us," Crawley said. "Just because you don't believe in us doesn't mean we don't have a right to play and use the field."

Despite the difficulties, the recruitment effort launched by Crawley, Skansi, and Marjorie Pratt helped the Lady Sentinels boast a roster of fourteen players before their first game against Christendom College. Freshmen Theresa Rowland and Grace McClellan played in the first game. "I wasn't really expecting to get to do a structured sport in college," Rowland said, "so when I got the opportunity I was very excited."

Although Christendom won the game 7-0, the Lady Sentinels proved they could hold their own against fierce competition. "The first game was difficult," Crawley said. "There was a lot of pressure. I'm inspired by the people who had never played the sport before who had the courage to play against Christendom in front of our home crowd."

The Lady Sentinels faced yet another setback when they lost one of their captains, Madison Crawley, after she sustained a concussion during the Christendom game and was ruled out for most of the season. Their roster now

only has thirteen active players, which means only two substitutes at most will be available for the rest of the season.

The Lady Sentinels still remain hopeful, in part because of the fans who attend their games and cheer for the team. "Losses can be hard," Crawley said, "but knowing the fans will still be there to support us is really amazing."

"The fans have made the games great," Skansi added, "you hear the fans roar every time we get the ball past a defender, and that's been one of the best parts of the games."

The Lady Sentinels will take the home field again on Monday, Sept. 18, at 4 p.m. when they face the Hagerstown Community College Hawks. The Hawks will pose a challenge, having won two of their three games, including a 4-2 victory over Patrick Henry College's rival, Christendom College.

While winning games is certainly a goal for the team, Beaty wants the focus to be more holistic, centering on commitment, building for the future, and finishing well. "We have the potential to do well," McClellan said. "Our coach is pushing us to improve, and we're striving to do our best on and off the field. It's more than just a game; it's an opportunity to grow." 📸

Doctrines Applied: Bible Study with Spinney

| by Kyle Ziemnick |

New students have flocked to Dr. Robert Spinney's weekly men's Bible study, nearly doubling its average attendance from last year. An average of 25 students have attended the study, compared to the 10-12 men who attended in the past.

"I'm encouraged when I see young men enthusiastic about the Lord Jesus Christ. I find that to be encouraging to me spiritually," Spinney said. He prefers to focus on the spiritual initiative of his students rather than just the numbers.

Spinney, a professor of history at PHC since 2004, said he did not come up with the idea to start a Bible study. In 2010 a then-freshman Caleb Sasser approached him, asking him to lead a study. Every year since then, a student has stepped up to contact Spinney about holding the study again. Manus Churchill, a junior, took on that role this year.

"Dr. Spinney is somebody that people respect," Churchill said. Churchill said that hearing the Scripture taught exegetically from somebody a student respects can be very helpful.

The students and Spinney meet in the Hodel South classroom on Tuesday nights from 6:30 p.m. to 7:30 p.m.

"Having a weekly time that's scheduled and a leader to facilitate it who has a lot of knowledge and maturity as a Christian is really valuable," said junior Andrew Shelton. Shelton is attending the study for his second year.

Each year Spinney covers a particular book of the Bible. This year, he is teaching through the book of Romans, which holds a special significance to him. "Romans is a systematic study of foundational Bible doctrines. And I like to be able to teach doctrine in such a way that people see the immediate application," Spinney said. "It's always ap-

plicable. I don't know of any dry, dusty old doctrines."

"Spinney comes up with some really unique ideas that I haven't heard before," said freshman C.J. Fellenbaum.

During the study, Spinney places a high value on resolving students' issues, sometimes even being willing to change the topic completely. The first meeting, which began as a teaching quickly changed into a conversation as to the proper role of the church in a Christian's life.

"It's a format that allows input and discussion. It's a time when people can bring up questions," Churchill said.

To Spinney, the most important thing for students is not that they attend his study or any official meeting, but that they take the time to delve into the Bible on their own. "Jump in and do it, and the Holy Spirit will help you improve your method over time." Spinney said. ■

Faculty and Students Focus on Discipleship

| by Leo Briceno |

Over the first three weeks of the new semester, literature professor Dr. Stephen Hake and student body president Daniel Thetford have prodded students and faculty to seek out discipleship opportunities and to build relationships. While they might have different ideas and methods, they share a goal to make Patrick Henry College a place of spiritual cultivation.

Hake encourages fellow professors at PHC to take students under their wings and to invest in them on a personal level. "It's the way Jesus operated," said Hake. "Purposeful one-on-one relationships are integral to the Christian life." Meanwhile, Thetford is creating a mentorship system in which the underclassman can learn from the upperclassmen.

Both Hake and Thetford firmly believe that if students at PHC took discipleship seriously, the ethos of the

campus would improve. Hake said that meaningful relationships would flower not only between the faculty and students but also between students.

JP Schumacher, who has been mentored by Dr. Hake's for almost 10 months, said the process is very beneficial. Frequently at PHC, students can get caught up in the numerous distractions in their academic career, making it difficult to put aside time for God. Schumacher said mentorship held him accountable to pursue God in an intellectually crowded environment.

"If someone doesn't want to participate in mentorship they should ask themselves what, exactly, is holding them back," Schumacher said. "You have nothing to lose and everything to gain."

Thetford said the 35 freshman who signed up exceeded his expectation and he is encouraged and excited to see the

involvement in the developing system.

Professors bring great insight into the big picture things, life topics with long-term effects, said Thetford. The student mentorship program intends to help underclassmen survive the immediate challenges of student life here at PHC.

Thetford found a mentor in his first resident assistant, alumnus David Fullerton during his first year at PHC. Fullerton expressed interest in Thetford that moved from leading devotions to teaching him how to swing dance.

"Everyone has to learn to adapt to PHC. All the structures that made you be a certain person are gone. You create an identity from scratch. It's a particularly difficult process no matter who you are or where you come from," Thetford said. ■

Table Talks with Dan and Matt

How to Style Business Casual, for Gentlemen: Part 1

| by Daniel Thetford |

We have talked a lot about excellence the past few weeks. But, let's be real: most people judge a book by its cover. At PHC one of the ways we strive for excellence is by dressing in business casual. We can't talk about excellence without discussing excellent style. That's why we are having short series featuring thoughts from students on excellent business casual style for gentlemen. What makes the difference between sleazy and snazzy business casual?

My Two Cents:

I want to address three prevalent style sins I see on campus and recommend three pieces for your wardrobe. These may seem obvious, but I see guys committing these style sins all the time.

- Never wear athletic socks with dress shoes. Nothing looks worse than a white sock protruding from an otherwise decent looking shoe. When in doubt, your socks should match your slacks. If you want to up your game, get some cool dress socks with a pop of color and a cool pattern.

- Always wear a belt that matches your shoes (suede shoes can be an exception). Wear your brown dress shoes to the store and find a belt that matches their shade of leather; it will look awesome.

- Don't let your white t-shirt show above your dress shirt. A splash of white showing over your top bottom can ruin an otherwise solid looking shirt. Get some v-neck shirts to wear under your button up; even better, wear a tie to cover your neckline.

It's difficult but possible to revitalize your style on a tight budget. You can up your style game with just two or three

interchangeable pieces. These are my three suggestions: 1. Get some slim fitted modern looking khaki chinos. Chinos are like khaki pants but are less baggy, and more versatile. The Banana Republic Outlet in Leesburg typically has great chinos for really cheap. 2. Buy a stylish pair of brown dress shoes. Avoid boxy and boring shoes. Try and find a dapper pair of wingtips, monk-straps, or a cap-toe pair with some broguing, anything that looks dressy and unique. A well-polished pair of nice dress shoes can make even a mediocre combination look dapper. DSW has great deals on dress shoes on their clearance rack. 3. Lastly, nothing beats a crisp white fitted dress shirt. Avoid button-down collars and loose fabric. Find something smooth and slim. White matches everything and looks good dressed up or down.

For this week's column, I asked Spencer Milligan for his suggestions.

Thoughts from Spencer Milligan:

Being fashionable and professional is easier than you might think. When planning your outfit, it is important to understand that simplicity is key. First of all, every guy needs two blazers. Preferably two neutral colors like Tan and Blue. These are non-confrontational colors that can be interchanged from day to day, maintaining a "new" look while only changing minimal accessories. Two pairs of slacks go a long way in mixing up your look. Purchasing two different colored pants from your blazers allows you to mix and match well with you neutral colored blazer. If you wanted to change up your style even more, you could get one dress pant and



Photo courtesy Spencer Milligan

one chino, giving you a professional look and a more casual day to day look. Every professional needs a few ties. To get the maximum amount of variety, try some textured ties. Wool and knit ties are a classic look that can you stand out from the crowd and make a positive impression. Ties do come with rules. Apart from solid colors, ties with large patterns should only be matched with a solid color, or small patterned shirt and vice versa. When in doubt, just stick to wearing only one piece with heavy patterns.

Food for Thought:

- What other style sins should be avoided?
- What are the three most important pieces to have in a professional wardrobe?
- Where could someone find good deals on those pieces?

Stay tuned next week for thoughts from Marquis Gough, Ian Frith, and other students on the subject. ■

Creative Corner

"A friend told me earlier this year that artists tend to avoid the things that are the most uncomfortable to draw, even though that's the best way to become a better artist. She used the example of drawing a face looking straight ahead. It's much easier to draw a face looking to the side. When she said that, I realized that I always do that myself. I drew this piece as a challenge and it's now my favorite piece that I've done!"
-Rachel Hankinson



Special thanks to all who contributed.

EVENTS

Freshman Dance
Sep. 16th, 7 p.m.
@ the Bush Tabernacle

Women's Home Soccer Games
Sep. 18th and 22nd
4 p.m.

Faith and Reason Speaker: Dr. Mitchell
Sep. 19th

Tenth Avenue North, Brandon Heath, and Jon McLaughlin
Oct. 20th, 6 p.m.
@ McLean Bible Church

Seek & Hide: Student's Favorite Off-Campus Spots

Skyline Drive

"Shenandoah National Park/Skyline Drive! It's about an hour's drive away but totally worth it. You can drive like 200 miles on this gorgeous road through sites like this, pull off and stand by the overlooks, hike up some pretty awesome trails, and even have picnics in meadows and stuff. Highly recommend, and it's gorgeous in the Fall too. Costs \$20/car to get in, but the passes you buy are good for a week!"
-Sarah Geesaman



Courtesy of Geesaman

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