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A Night to Shine

By Carrie Durning and Leo Briceno

The halls of Patrick Henry College were cloaked in red carpets and the glistening gowns and tuxedos of the women and men that walked across them. Cameras flashed as they walked toward the pulsating beat of the dance floor in the lavishly decorated gym under a crown of glowing lights strung from the ceiling.

On Friday, Feb. 9, PHC teamed up with the Tim Tebow Foundation and Leesburg Church of the Nazarene to host the "Night to Shine" event, a prom experience for people of all ages with special needs.

Nathan Burns, the lead pastor of the Church of the Nazarene, was the

chief organizer for the event. When he applied to host the Night to Shine, he knew his church was too small to host the event, but PHC's president, Jack Haye, was more than willing to make the college's gym available.

"The Night to Shine...is a unique opportunity for the PHC community to create a memorable evening for some very special *continued on page 6*





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What'll It Take? Classes Continue Despite Ice Warnings

By Susanna Hoffman Contributing Writer

After three winter weather advisories from the college last week warning of icy conditions, a couple of slip-andfalls, and a desperate video plea on the PHC Family Facebook group, some students are wondering how snowy it has to be before the administration cancels classes.

The answer: about six to eight inches of snow or at least a quarter-inch of ice on the sidewalks that can't be removed before 8:00 a.m. Some students keep hoping, but others have given up, and the prospects look even less likely with warming trends forecast for next week.

"Students don't expect classes to be canceled anymore because it never happens," campus security officer Jared Midwood said.

Nevertheless, after falling on the icy steps of the BHC in his treaded boots on a late Sunday night shift, Midwood and Seth Shepherd posted a spoof video on PHC Family in an effort to get classes canceled. The video featured Shepherd sliding down the slippery BHC steps, clinging to the railing and calling for cancellation.

Neil Durning, a three year veteran of the grounds team, said PHC would close if the snow or ice could not be removed by 8:00 a.m. To prepare for ice and snow, the grounds team pours salt on roads and sidewalks. The head supervisor determines whether the walkway conditions are treatable. If so, the team administers another layer of salt to the main sidewalks.

"Everybody wants school to be canceled, and if we do our jobs correctly, school is not canceled. We have to do our jobs but at the same time we kinda want class to be canceled," Durning said.

Freezing rain fell all day on Wednesday, resulting in some accidents despite the heavily treated walkways.

"I walked out of Founders behind someone and as soon as their foot hit the first step, they just completely wiped out," Hallie Skansi said. "Then heading to chapel, people were walking on the grass to avoid having to go down the steps because it was just all ice. And the railings were iced over too, so they were no help."

It was not just traveling around campus that posed complications. When classes are not canceled or delayed, professors and off-campus students still have to make the early morning commutes on hazardous roads. Dr. Kristina Tanner posted on PHC Family about her treacherous drive getting to the school. Ready to leave her home in Maryland at 6:30 a.m. last Monday, Tanner did not arrive at school until 8:40 a.m. Finding her car iced over. Tanner had to break into the car and scrap the ice off. She skidded twice while turning out of her development,



Fighting Back Against Dark Thoughts

PHC holds first ever Mental Health Week with counselors and faculty speakers

By Leah Greenwood Staff Writer

He was falling – falling into the suffocating blackness of a deep ravine. He wasn't sure how it had happened, but the swirling inner turmoil assured him that he was, indeed, free-falling deeper and deeper into the darkness. And there was nothing that he could do to stop it.

So he prayed. His mind raced, and he pleaded frantically that God would take away the darkness. Yet the darkness remained. It continued to consume him, seeping into his thoughts, making him understand why some people who fall into such ravines never make it out alive.

However, his prayers did not go unheard. Slowly, rays of light began to pierce through the blackness, and the rate at which he was falling started to decrease. Little by little, he learned that the darkness could be controlled. The shadows fought him, seething and writhing, but the light helped to confine them.

Many people who suffer from depression are inside of that bottomless ravine, fighting desperately against the dark thoughts that fill their minds.

Dr. Robert Spinney is one of those people. On Monday, Spinney started off Mental Health Week at PHC by sharing his own story in chapel. "I don't need my depression to go away – I wish it would, I really do – but thanks to God's grace, I can also function," Spinney said.

Spinney walked through Psalm 13 and pointed out David's symptoms of depression and his response to God while he was struggling. David cried out to God, described how he felt, asked God to intervene, trusted in God, worshiped Him, and did not give up on God. Spinney said that it is important to "worship and obey God now, without waiting to feel better." He also encouraged students that life can still be good, even with depression. "Even when you must continue to fight with your depression, you can still prosper," Spinney said.

Mental Health Week continued at PHC when Dan Towery and Beth Ratchford gave lectures in the BHC coffee shop on Monday and Tuesday evening, respectively.

Towery presented on the brain, giving a biological take on mental health. "The brain is shaped in relationships," he said. For the most part, these relationships could be physical, cognitive, or spiritual. He said that as we age, we form certain habits, and if we want to change some of those habits, we must utilize the plasticity of our brains to physically change the way we think and act. "Changing your mind is changing your brain," Towery said.

Ratchford described the importance of mental health and doing "soul work." She noted that we tend to spend a lot of our time building ourselves up in the physical and intellectual areas, but often neglect our souls. "In order to be fully who we are and who God created us to be, we really need to connect with our heart and our soul...and know what is in there and who we are, and how our story – present and past – impacts who we are now," Ratchford said.

PHC's own counselors, Christopher Doyle and Tracy Carter, spoke in Chapel on Wednesday and Friday, respectively, finishing out Mental Health Week.

Doyle addressed emotionally unhealthy spirituality, cautioning students against several symptoms. He noted that he often sees a strong drive in students to be perfect, both spiritually and academically. When this perfection is not achieved because "we all deal with brokenness, weakness, and failure," people can tend to spiral further into unhealthy habits and ways of thinking. "[Students] often look at their relationship with God as something that they need to do for God, or perform in order to receive God's love, instead of simply just walking with God and understanding that God loves them," Doyle said. "They don't have to perform or cover up their weakness or brokenness in order to receive that love."

Carter addressed the topic of boundaries. She identified what healthy boundaries look like, how to establish and enforce healthy emotional boundaries, and how to have healthy relationships in life with boundaries. She said that good sleep, nutrition, and exercise will help to maintain a person's mental health. She encouraged students to "make self-care a priority and ask for help when needed." Carter also noted that it is important to provide "nonjudgmental support" to those struggling with mental health issues. "[Because of Mental Health Week], I hope students learn more about mental health, are curious about delving deeper into these topics, and are open to additional discussions amongst themselves to learn about their own health and others', " Carter said.

Senior Anna Grace Stroven attended multiple talks throughout the week. "I've come away...feeling convicted about improving my relationship with God, and [received] some solid encouragement that while emotions are definitely important in relationship to our spiritual well-being as Christians, we are not a slave to our feelings," Stroven said. "Our emotions, God willing, can be better managed when we better understand our own habits of mind." •

Model UN Trip Canceled

Club leaders pull the plug due to lack of funds

By Marjorie Pratt Assistant Editor

PHC's Model UN team officially withdrew last week from the National Model United Nations (NMUN) conference in New York City. PHC held the award for Outstanding Delegation for nine years running, and this is the first year since the mid-2000s that the school will not be sending students to participate. The team canceled its annual trip due to a lack of funds.

The team has done fundraisers to cover part of the cost, with members normally paying another \$200 to \$500 per year in addition. Former member Abi Carter said that the registration fees and bus tickets to New York are reasonably inexpensive. The largest financial burdens come from the hotel, in-city transportation, and food. The conference requires that all teams stay in a hotel in Times Square, and the members must each provide their own food.

The college has not contributed to the team's expenses since about 2008. Funding was cut at that time, according to Dr. Les Sillars, who was Government Chairman at the time, in part because no faculty were prepared to supervise the Model UN credits. Since then, students have had the opportunity to earn IPP Practicum credits, but can participate without taking the course.

While team members fundraise as much as possible, the out-of-pocket costs discourage some potential team members. "This year, a lot of people didn't want to go unless it was free," Carter explained. "It's never going to be completely free as long as we have to fund it ourselves."

She believes this will serve as a wakeup call to future teams. "I don't think people believed it would get canceled," she said. "They were just like, 'Oh, the school wouldn't let that happen." Carter hopes that the team members can begin crowd-funding earlier next year, with a focus on family and friends at home, rather than "poor college students."

Danielle Fife, who was planning to go on the trip for credit, isn't sure if people will be interested in signing up for the team. "Will [the team] just fundraise, fundraise, fundraise... and not get to go?" she asked. As a second semester senior, she must scramble to find a replacement for the lost credits before the semester is over. She believes that students will be more unwilling to rely on the conference next year. Both Carter and Fife believe that the Model UN trip is a good experience. The team travels to New York and registers for the competition on the first day. They are free to explore the city until opening ceremonies the next day. The conference continues over the next three days, followed by a closing ceremony at the actual UN building. During the conference, teams are encouraged to get to know each other. "It's the largest competition we attend, and one of the only international ones," Carter said.

"It teaches you how to interact with people who have vastly different social and political beliefs and who come from vastly different cultures," Fife explained. "Looking around, you can pick out the Americans in the room; it's pretty obvious. And it's pretty cool to watch people as they progress through the week." She believes that too few PHC students ever have the opportunity to experience other cultures or level with anyone from outside of the US.

The point of the NMUN is not to debate other teams or compete for a trophy, but to work with other teams to find the best conclusions. At the conference, "PHC can be a light on an international scale," Carter said. \blacklozenge



PHC's 2017 MODEL UN TEAM

The Herald

Another One Bites the Dust

Alumnus shares his thoughts on Model UN cancellation

By Chaz Toplikar

Anyone who knows anything about music is familiar with Queen's song, "Another One Bites the Dust." This classic has rung through many a movie, video game, and college extra-curricular list. Our very own Patrick Henry College has a particular struggle keep-

ing its organizations going. From the shooting club, to the MMA club, time has not been kind to even the most fun activities. And the most recent program to suffer the violence of Freddie Mercury's classic is the National Model United Nations club. The only issue with this one dropping off is that, with it, a great deal is also lost that could benefit both the school and students. Allow me to explain.

National Model United Nations (NMUN) is an incredibly well-known and prestigious organization that puts together the largest debate

simulation in the entire world. Patrick Henry College has successfully placed among the top ten percent for nine years, including a winning streak that has lasted since 2010. Now, this is no small thing for the school, or for the individuals who achieved it. Ivy League schools and any organization having to do with international lobbying look for such an achievement on resumes, and in one quiet moment, we have given that up.

The horrible thing about losing the competition before it was even able to get started was how the club met its end. Most clubs fall out because of a lack of participation. However, NMUN wasn't a victim to this recurring problem. Unfortunately, neither the leadership of the club nor the college gave the organization the support it needed and ultimately hung the team out to dry. The leadership—all of whom had experienced a similar funding fiasco last year—knew what they were up against and still failed to handle it. To make it worse, they didn't consult the team before deciding to give up. They simply informed members after the decision



Photo of the UN Headquarters

was made.

Almost worse than the leadership letting the club die was the school being right there and letting that happen. While the college proudly displays the awards our NMUN teams have won over the years and uses the club to advertise to potential students and donors, it provides only the school's name for the students to participate under. However, it doesn't even really give them that since it's our school more so than it is theirs, but I digress. The school is happy to take credit for previous success, even though it hasn't helped fund it.

Now, before a civil war breaks out and the popular forensics teams argue that NMUN isn't worth investing in—looking at you, Moot Court—I want to highlight that this article is meant to spur action, not just to criticize. When it comes to expansion, the school shouldn't limit its options when it comes to school activities, because as a growing organization, it needs all the help it can get. Now I know the school tends to focus solely on what it is good at, but NMUN should be a part

> of that. We have established a reputation at the international event, and it's a good one. Colleges from China, Germany, England, and Australia know who we are, and we shouldn't let that go. If a school of a few hundred students can impress a community of capable colleges worldwide, discontinuing that is illogical.

> I would ask any students who are still interested in NMUN as a forensic to save it. Sure, it won't be easy to bring back after this year and there are quite a few factors that will make it very difficult to resurrect. As Queen states, "You

can beat him, you can cheat him, you can treat him bad and leave him when he's down," and that's basically how the NMUN leadership and the school treated the team this year.

So, don't expect it to be any easier picking up the pieces to make something competitive again. Our ability to walk into a room of hundreds and impact all of them enough to be recognized in the top ten percent is no small feat. And from a prestige standpoint, the school needs all it can get, not because we aren't already prestigious, but because we need all the advertisement and expansion help we can get. Yes, this article was salty, but ultimately, it only asks that a few interested and dedicated students not let another one bite the dust. \blacklozenge



A Night to Shine

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continued from cover members of our surrounding communities," Haye said. "By volunteering to style hair, shine shoes, or to be a buddy on a limo ride, we are reaching out to brothers and sisters to say, 'You are valued, you are loved and you are an important part of our community.'"

"We got groups from Arlington, we had a Winchester group, a group from Maryland, so many people from so many places...we had people calling from West Virginia who wanted to participate," Burns said.

As the smiling guests were announced, they stepped into the transformed gym and were welcomed by flashing cameras and their buddy, whom they would spend the evening with, and made their way to one of the lavish pale blue tables scattered around the dance floor. They would enjoy a full course dinner, limo rides, a photo booth, karaoke, and dancing.

"When I first heard about Night to Shine, a boatload of excuses came to mind about why I wouldn't be able to go—homework, a Friday event that I might miss out on, too busy," freshman Adriana von Helms said. "But then I realized that it's all about what I prioritize, and God put it on my heart to prioritize Night to Shine."

Over 150 other students, church members, and neighbors volunteered their time for the evening. Volunteers helped from set up to tear down and everything in between. "Craig was my buddy," freshman Sarah Brown said. "He was an almost sixty-year-old man, with a striped fedora that looked like it had traveled places and a smile as endless as the Great Wall."

Brown described her buddy as seeming to know everyone. He greeted strangers as though they were old friends and remembered everyone's names. "It took us twenty minutes to get to the bathroom because he was greeting people left and right as though he was President of the United States," Brown said.

Famous Limo, the limousine company that rented out their vehicles that night, provided guests with short rides around the college campus. Raymond Myers, one of the limo drivers volunteering that night, works at Res-Care, a service that provides transportation and other services to individuals in need of residential assistance.

Myers showed off the inside of the limo, revealing leather seats, mirror-lined walls, and an array of glassware sets. A color-changing ceiling illuminated the whole of the interior, giving the limo a nightlife atmosphere.

Having just concluded their ride, two of the guests came out from the limelight of the limo. They were a couple who had recently gotten engaged. One of the guests, who introduced herself as Katrina, said that had been their first time in a limo.

Katrina pointed to her fiancée. "He



was crying!" she said.

"It was crazy—it was unbelievable," her fiancée exclaimed.

PHC student Ben Stiegelmeier enjoyed his time with his buddy. "The Night to Shine showed me that special needs people are truly normal," Stiegelmeier said. "In the past, I have been somewhat apprehensive to interact with them, but in reality I missed out getting to know some pretty cool people!"

As the evening came to an end, the guests were crowned kings and queens of the prom while hundreds of balloons floated down from the ceiling.

"I think this is one of the best ways to express love of God. Sometimes I think our friends with special needs are looked at by culture...like they aren't valued. I can't think of a better expression of Jesus' love than what we saw tonight...I had so many hugs and highfives. They just love big," Burns said. \blacklozenge





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and turned on the radio to hear that Interstate 70 was closed, as well as the public schools.

Canceling classes presents its own complications. If the school is closed, everyone has to adapt to make up for lost time.

"I am usually pretty leery of canceling classes because it is hard to do makeups," Tanner said.

There was a time when classes were canceled for four business days, in a disaster students remember as the "Snowpocalypse." It was early February when the blizzard hit, mounting to almost three feet of snow. Midwood recalls students making forts and snowmen by the flagpole and having snowball fights.

Although classes are rarely canceled, students enjoy making a fuss about bad weather. According to Durning, snow and ice are expected this weekend. Maybe students will get their miracle after all.



Students' Thoughts from Faith and Reason

Two PHCers discuss Dr. Steve Turley's lecture

By Spencer Reeves Sophomore

In the conclusion to his lecture, Dr. Turley offers a very optimistic outlook regarding the retraditionalization he is predicting. He says, "The Abolition of Man does in fact turn out to be a prophecy, not one regarding the mortality of a truly human civilization, but rather its recovery, its renewal, indeed its reawakening." This optimism seems to me to represent only one half of the equation-yes, a return to the classical liberal arts and a philosophical paradigm that presupposes theism and some sort of universal meaning is good, and it may create a culture in which the Gospel is more readily accepted; however, the rest of the picture is not so rosy. Rather than trading the empty, soulless void of postmodernist globalism for an enlightened pre-modern era, we seem more likely to find ourselves in an era of tribalist faction where the lines of division that separated us in eras gone by are just exacerbated by modern methods of communication and means of warfare. Dr. Turley references the rise of the religio-nationalist BIP in India and the contemplation of a new caliphate in Turkey; imagine what rising radical religious sentiment might do to already tense relations along the India-Pakistan border, or between Turkey and Israel. Even in Europe, how far might this retraditionalization go? Do we return to a classical medieval world, or do we march past it to a time when the governing rule was honor and the good of the clan, devoid of concepts like the Golden Rule and just war theory? As classically educated Christians, if Dr. Turley is right and a return to religious fervor and pre-modern thinking is coming, we need to be extremely careful not to preemptively endorse a movement that may develop beyond our original expectations.

By Nathaniel Mullins Senior

While Dr. Steve Turley laid out a compelling case against secular globalism, I fear that his optimism is misplaced. A return to traditionalism is not necessarily good—even within the Western Hemisphere. For instance, he referenced the growth of Russian Orthodoxy as good, without noting that actual Orthodox church attendance in Russia has only grown to 6% (2017), declining since 1998. Furthermore, he

didn't draw attention to the reality that this state-sponsored increase in Russian Orthodoxy has led to persecution of evangelicals. Indeed, a turn towards traditional religion could explain in part the reason for the chapel message given just two days prior to the Faith and Reason lecture-religious persecution has grown significantly over the last decade. Most people on the planet are still not Christians, so when they embrace their traditional religions they begin to fight back against our missionaries. Country by country, as traditionalism advances, doors close for the gospel. Global traditionalism looks like a cause of, not a solution to, persecution. Finally, he overlooked that secularism, although it doesn't grow by childbirth, does grow by conversion. We've all heard the statistics, young adults leave the church in droves. All this to say: We shouldn't trust in traditionalism. There's no neat trick to changing culture and individual people; instead we must soldier away evangelizing and serving as ambassadors of Christ.

Downsizing Student Senate

Student senator Josh Trepiccione introduces bill to reduce senatorial quota

By Vienna Jacobson Editor

The Senate Accountability Act of 2018 is one of several bills that have come to floor on the issue of streamlining student government, but the first to gain enough traction to go to debate. The bill, one of the more controversial proposals recently, returned from the Rules Committee this week.

The amended bill proposed reducing the number of student senators to 18 (the original bill proposed 16). Sen. Josh Trepiccione is the sponsor of the bill along with cosponsors Abi Carter, Neil Durning, and Andrew Bambrick.

"One in ten of the student body are serving in the senate," Bambrick said. Bambrick explained that the problem the bill was attempting to solve was representation. "Our responsibility is to be the representatives of the members of the student body to the staff, to the faculty, and to the board," Bambrick went on to say. "When we are overrepresented, I see that as a problem because you don't have a fair balance of student opinions and a fair sharing of students' ideas." Trepiccione hopes to see more competitive races if the bill passes, as well as more interest in student body politics. "It took three open filing periods to have enough senators to have an actual race this year. It requires a minimum of 25 to hold an election," Trepiccione said. "We have a problem with senators attending meetings right now." Trepiccione believes that a smaller number of senators would allow students to elect students who are more involved in student government work.

The Herald

According to Trepiccione and Bambrick, the change would not be a big deal. PHC originally named all its students senators, but eventually that shrunk to 50 senators and is now down to 24. "Really the only thing that is changing is the amount of people that are going to be seated," Bambrick said.

For Trepiccione, this bill represents what he believes the students want and is line with his election platform last year to streamline the processes of student government. "I think we would do a better job as a senate," Trepiccione said.

Senator Olivia Bowers disagrees

with the bill, saying it won't solve the problem it intends to. "To a large degree, the problem of having a freshman or sophomore or even a junior or senior who doesn't participate in Senate, doesn't show up, plays video games, or whatever, is going to exist no matter what," she said. Bowers believes that limiting the number of senators won't necessarily guarantee that those who are elected will be dedicated.

Bowers believes that the Student Senate is doing its job, noting things like Mental Health Week, which the campus is currently participating in. "We aren't just sitting there apathetically doing nothing. And that is with 24 [senators]," she said. Bowers also worries that limiting the number of senators could possibly limit diversity of opinions and exclude those who aren't government majors or are introverted. "If you look at the top 16 people who got in, a lot of those people haven't done anything," Bowers said.

Should the bill pass the Senate, it will go out as a referendum for the student body to vote on. ◆



Senior Ryan Kilhenny lives in quiet but upright constancy

By Kyle Ziemnick Copy Editor

Three days a week, a constant stream of students, faculty, and staff walk out of PHC's Town Hall, discussing the chapel message and hurrying to classes. As they file through the open doors, they might notice a familiar sight on the left side of the entrance. A tall, blonde young man 📕 stands up straight, never saying a word, holding the door until the last person has exited the building.

dents' interaction with senior Ryan Kilhenny.

"My favorite part of campus life is having a room to myself," Kilhenny said. "My least favorite is the loud music that some people play after quiet hours. Chaos is my nemesis."

An SI major from Stafford, Va., Kilhenny considers himself an introvert. He doesn't leave campus, or even his dorm very often, he prefers reading to socialization, and he has spent over eight years of his life on developing his own strategic board game. Still, like every other student, Kilhenny has hopes, dreams, fears, emotions, and passions of his own. He just prefers not to show it. "I spent two years in high school trying to kill my emotions, but I couldn't completely," he said.

Kilhenny comes from a military family; his father spent 23 years in the Marine Corps. The Kilhennys moved around the country for most of Ryan's childhood, but have lived in Stafford for the last five years. He has one brother, and both boys were homeschooled for their entire childhood.

Kilhenny learned about PHC from other families in the homeschooling community, and said he was "impressed by the school's stance on conservative Christian values and commitment to rigorous higher education."

At PHC Kilhenny met a few other students, and some faculty, who shared his passion for strategy-based board games. History professor Dr. Doug Favelo holds a board game night on Fridays as a way to connect with students.

"[Kilhenny] has been faithful for four years to come to the board game

friend·ship That's the sum total of most stu- /'fren(d)SHip/ 1

night," Favelo said. "He's not hyper-competitive and carries himself well, never gloating or whining."

Kilhenny's love for board games stretches far back into his childhood. At the age of 12, he began creating a board game of his own: 21st Century Empires. He said that it was first based on the classic Axis & Allies, but now constitutes a combination of several different games. He continues to test the game, regularly playing it on Sundays with people like fellow senior Nathaniel Mullins.

"He's done a great job with accuracy. He had to research every country, analyze background and resources, and put it all together to create a viable strategy game," Mullins said.

The game takes less time to play than other strategy games. Although he is currently repurposing game pieces from Axis & Allies, Kilhenny said that he wants to eventually market his game to the public once it's been tested to his liking.

Kilhenny also enjoys playing the piano, which he took up at age 14. He prefers to play hymns and other spiritual tunes but wants to learn various parts of the Lord of the Rings soundtrack. He is currently working on "Misty Mountains" from the Hobbit movies. It's not that easy, though.

"I always hit the black keys on the way down," Kilhenny said.

Kilhenny also noted that he didn't have much interaction with girls in high school and had to learn how to make female friends here at PHC.

Shivi Zhang, one of those female friends, described Kilhenny as "one of

the most admired people on campus."

"He's a very loyal and considerate friend," Zhang said. "He's extremely intelligent and knows detailed facts about international affairs. And he likes hiking, but the hiking has to be on a flat surface."

"[Kilhenny] holds himself to a high standard; a very high standard," Mullins said. "He's reliable. There's almost no one I'd trust more."

Many students will talk about how they want to reach out to people like Kilhenny, who seem to interact with others on a less regular basis. But Favelo says that Kilhenny's method of just having a small group of close friends can be very refreshing.

"In a world of Facebook, we've destroyed the word 'friend.' I see [Kilhenny] as someone who follows the Greek conception of close friendship," Favelo said. Drawing upon the four years he's spent at PHC, Kilhenny had one main piece of advice to share with underclassmen: "Don't come with the expectation to be married or even engaged by the time you've left college. I regret spending too much time driving after that endeavor. Life does not end when you graduate."

For Kilhenny, that life is one of humble service and honor. When asked why he continues to hold the door after chapel, he had a simple answer.

"I saw an opportunity and a need. The door must be held open if people are to exit." **♦**

The Plague [of Love] Continues

PHCs own investigative journalist catches the very plague she has been researching

By DARRIE CURNING Investigative Journalist

Before you relapse into a panicked frenzy quarantining yourself to your room for the next seven to 21 days for fear of catching the chicken pox, let me comfort you. PHC's pox has (hopefully) died as some relationships do, slowly and then suddenly, with a few people still timidly hiding in their rooms to avoid contact.

This more recent plague is ten times worse and takes longer than ten days to recover from. This plague is love sappy, naive, clingy, romantic love that comes with the month of February. And instead of a student spreading this plague, we have Valentine's Day to blame.

V-Day. The "holiday" for those in love to prove it to the entire world in person, and on every social media platform that has ever existed. If you have one of those roommates that receives flowers from her boyfriend and plops them into a vase in the middle of the room for your single eyes to see, my apologies. There's some floor space in my room that could (probably) fit a mattress, if needed. V-Day is also known as the day that single Christian girls recite 1 Corinthians 13:4-8 to themselves over and over again to remind (maybe reassure or comfort, depending on the gal) themselves why they are still single. We get it, you're waiting for that 1 Corinthians man.

But we all know about those annoyingly sappy posts and Bible verses about love. We've all been there, whether we're enjoying our 19th V-Day in a row being single or celebrating our first V-Day without a psychopathic boyfriend (congratulations). Let's get to the important information: how to avoid the February plague lurking on PHC's campus in the aftermath of V-Day.

Tip 1: Avert your eyes from freshmen's laptops in Geometry class. Learn from my experience. When you see someone start to type out an entire novel to their significant other for 15 minutes over messages, look away. I needed a nap after that one. The poor guy that received that text probably needed two naps. Dr. Spinney's reading assignments must seem like a breeze compared to the messages this guy gets on a daily basis. **Tip 2:** Stay out of Starbucks at all costs (which you should anyway, speaking of costs). You walk into the place and an obnoxiously huge sign the color of that gross pink only seen around V-Day basically smacks you in the face. What's worse, the poem plastered on it about a new drink only offered for the month of February ends with an "I <3 you". Puh-lease. I'm just trying to enjoy my non-romantic grande black Pike Roast.

Tip 3: Stay in your dorm room with your loving roommate and watch the Bachelor instead of going out. Who needs the real, scary, confusing drama of romance when the Bachelor can provide just that from the comfort of your bed?

Stay safe out there. Take my advice or avoid the February plague in any other way you know. And for those who already have the plague, spreading it can be prevented. Don't post that picture. Don't carry those flowers and chocolates with you to class. Your effort can keep the rest of campus safe. Unlike the pox, this plague lingers. ◆





Sadie Hawkins

Ladies, grab your favorite gentleman and head to the Carver Center [200 E. Willie Palmer Way | Purcellville, VA 20132] on the 10th of March to dance at Sadie's. Tickets are \$15.00 and sold by Abi Carter, Daniel Thetford, Leah Bolzman, Morgan Conliffe, Olivia Bowers, and Cooper Millhouse.

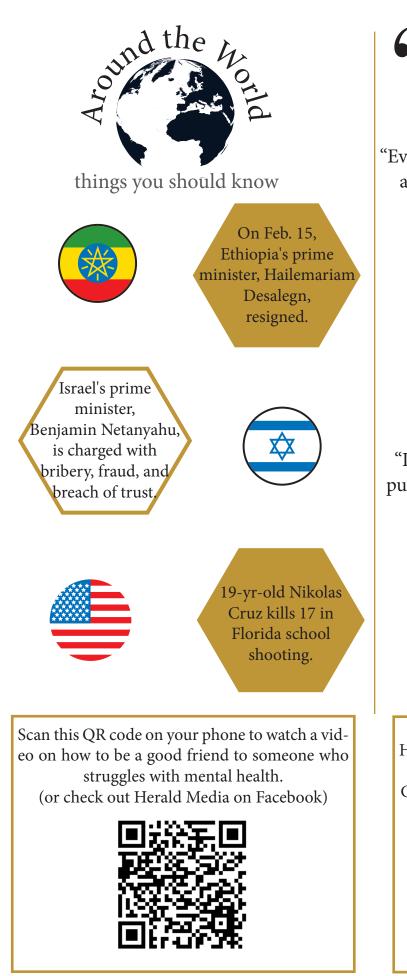
Great Commission Association

The Great Commission Association is going door-to-door evangelizing in Leesburg this Sunday, February 18th, at 1:00 p.m. in the Barbara Hodel Center's South Classroom. All those who are interested should email Caleb Hoverson [CAHoverson466@students.phc.edu].

Speaker: Nicole Bromley

Be sure to attend Chapel on Friday, February 23rd, to hear Nicole Bromley, director of OneVOICE, speak. OneVOICE is an organization that is working to bring healing change into the lives of victims of sexual abuse. There will be a book signing afterwards.





66 WHO SAID WHAT quotes from campus

[Michael Patton] "Every morning when I get up I ask myself three questions: 1) Do I look good? 2) Do I feel good? 3) Am I modest?"

> [Kyle Ziemnick] "This is what happens when you're the only guy on The Herald staff—you just get abused."

[Dr. Roberts] "I might be able to torture a puppy. I put it into a freezer; I don't kill it."

> [Nicole Cordaro] "You guys aren't allowed to get the chicken pox without me."

> > "

Have a quote to submit? Have an event you would like to see featured? Contact our backpage editor, Carrie Durning at CMDurning440@students.phc.edu



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