

Spiritual Life on Campus

By KARA BROWN
SOCIAL MEDIA EDITOR

It's almost a truism that spiritual growth at a Christian university can sometimes be more difficult than at non-Christian schools because students can mistake Christian culture for a relationship with God.

Because students attend chapel and

discuss God in class, they believe they are growing spiritually.

Although these actions can initiate growth, they are not replacements for personally seeking to know God. Some students at PHC want to challenge this apathetic approach to faith by pushing each other to deepen their relationship with God.

Student Body President Daniel

Thetford's chapel message last Friday encouraged students to reprove and exhort each other as part of a healthy Christian community.

"Every other possible problem or potential goal we have at PHC becomes easier to tackle when we sharpen each other the way Scripture intended," Thetford said. This message comes at a time when several *continued on page 2*



NEWS

<i>essays:</i> Off Campus	page 4
<i>sports:</i> Basketball	page 5
<i>series:</i> Video Games	page 6
<i>academics:</i> US History II	page 8
<i>forensics:</i> Model UN	page 10

STAFF

EDITOR

Vienna Jacobson

ASSISTANT EDITOR

Marjorie Pratt

STAFF

Carrie Durning

Kara Brown

Kyle Ziemnick

Leah Greenwood

CONTACT

Interested in submitting an editorial?
Notice an error?

If so, contact Vienna Jacobson at:
theherald@phc.edu

COMMUNITY | continued from cover

Building Spiritual Community at PHC Through Various Clubs and Events

spiritual growth initiatives, many student-led, are starting to emerge at PHC.

Freshman Caleb Hoverson is putting together an evangelism club, the Great Commission Association, with hopes to provide opportunities for students to exercise evangelism.

"There are a lot of needy people out there who need the Gospel," Hoverson said. He plans to lead an outreach on Saturday that will follow up on last Wednesday's evangelism workshop.

Dr. Randy Newman, adjunct professor of Biblical Studies, offered a session outside of class in order to study the book "How to Read the Bible," which he followed up with a short Bible study using the skills learned in the book.

"He was truly doing a Bible study. It wasn't like he was going through a devotional book with funny stories and cute sayings, or a women's book or just a men's book. He was going through a book of the Bible and teaching us how to read it, get the most out of it, and apply it," Abi Carter said.

Appreciating this method, Carter emailed Newman over break to ask if he would consider leading a Bible study with a similar approach. Newman was surprised by the request because he had considered the idea in the past, but hadn't thought students were interested. Discovering this was untrue, he eagerly agreed. The Bible study, starting Feb. 7 and open to all students,

will focus on the book of Ruth and continue for six weeks.

Other initiatives for spiritual development were created by students this semester, including a girls' worship night hosted in D1. Mikael Good's idea for a worship and prayer night started from conversations between friends about their desire to grow spiritually this semester. "I hate planning events and it makes me stressed and nervous... but I just decided it was a good thing to do and it would be honoring to God," Good said.

Grace McClellan described the worship as an authentic experience that she loved more than any other event she has participated in since coming to school. "It's nice to know the cool thing is also the right thing at PHC," she said.

Carter theorizes these initiatives started forming because of an expanding culture of prayer amongst the students, one which has been encouraged by RA's and RD's.

Mike Patton says he started praying for the school before coming back from break and decided to commit to five hours of prayer and worship each week while at school. "I have grown so much since my freshman year and I know a lot of it was because people were praying for me... through prayer I've seen my desires change," Patton said. ♦

*Story with reporting by
Rachel Grove*

Profile: Christopher Doyle

PHC counselor's struggle with sexuality and emotional brokenness

BY **CARRIE DURNING**
Backpage Editor

"The real meaning of human sexuality is to shine forth the transcendent nature of the Holy Trinity, but we find this hard to do unless we first experience real human love from our natural family and friends within our community and in the Body of Christ."
- Christopher Doyle, in "The Meaning of Sex: A New Christian Ethos"

After struggling with his sexuality and emotional brokenness for 15 years, PHC's male counselor Christopher Doyle has a story to tell.

A father of five children and a husband to PHC music instructor Sherry Doyle, Christopher Doyle is the author of "The Meaning of Sex: A New Christian Ethos", published in January. He started the Northern Virginia Christian Counseling practice, and recently became a counselor at PHC.

Growing up in a Christian home with two parents that had both come from broken families, Doyle was raised to focus on the Bible, Christianity, and doing what is correct in God's eyes, with no emphasis on emotional healing.

"I never really bonded with my father, and I was over attached to my mother. When I was eight years old, I was sexually abused by an older female cousin. This created a lot of early attraction trauma, sexual confusion, and

emotional brokenness for me," Doyle said. "I struggled with homosexuality for 15 years of my life."

Doyle went on to receive his undergraduate degree from Grove City College, a school that he finds to be

that whether it was sexual relations with men or women, I was not able to have a healthy relationship because of my brokenness."

Doyle slowly began to heal, understanding why he had this sexual con-

fusion and emotional brokenness, and eventually learning what it took to be a healthy man, husband, and father.

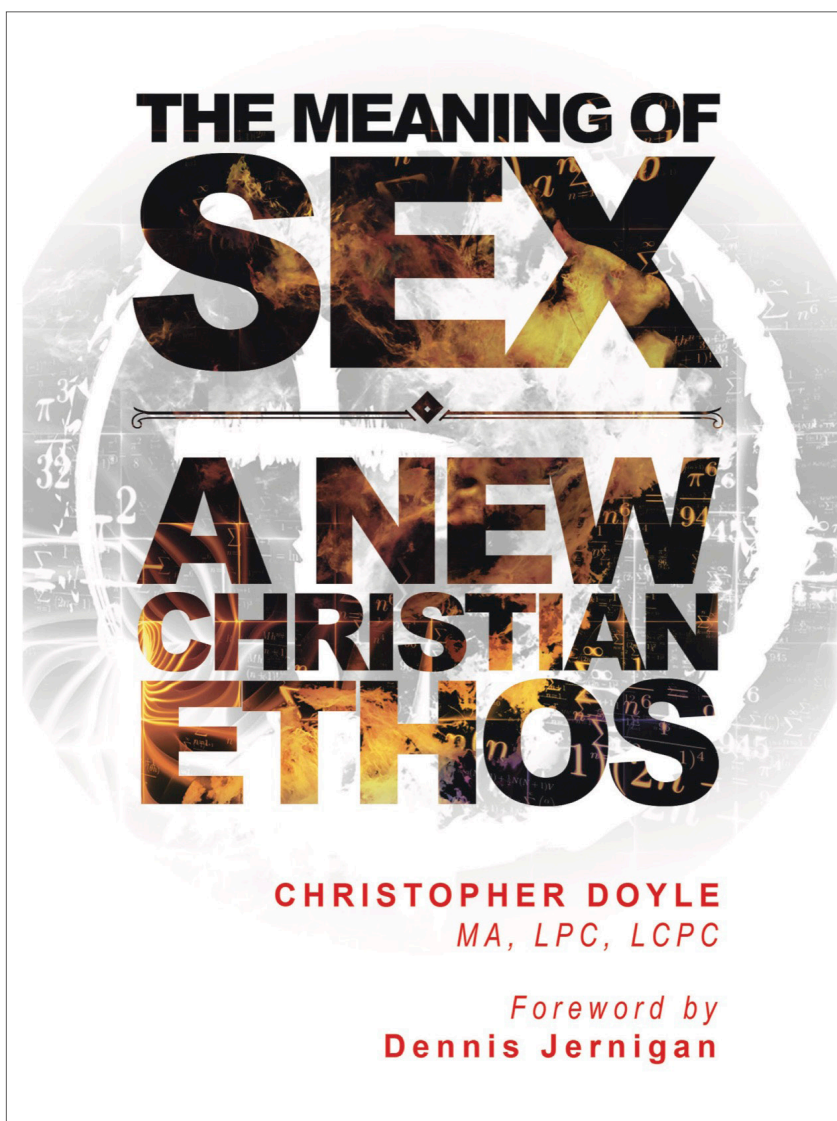
The Doyle family moved to Purcellville in Nov. 2017, and while in the process of moving, Doyle was asked by the administration to become a counselor at PHC. Believing this was a calling from God, Doyle accepted and began late in the fall semester of 2017. "This is an opportunity to be able to minister to the PHC community, and to give back some of what I have learned to help the students become emotionally healthy," Doyle said.

Within the first few weeks of counseling students, Doyle noticed how similar PHC was to Grove City regarding students' emotional symptoms. A

theme that continues to enter his office is performance anxiety – with the focus too much on performance and perfection, rather than on finding an identity in Christ.

"One of the biggest things that I see in the PHC community is this concept of doing for God instead of being with

continued on page 4



COVER OF DOYLE'S BOOK

very similar to Patrick Henry College in culture, spiritual life, and emotional health.

"I was a conservative Christian guy who believed in the truth of the Bible, but because of my emotional brokenness and sexual confusion, I was incongruent between my faith and my behavior," Doyle said. "I soon realized

Emotional Health and Spiritual Maturity

Counselor releases book on the meaning of sex

continued from page 3

God,” Doyle said. Doyle explained how there is a common focus on performing to gain God’s acceptance through



COURTESY OF DOYLE

trying to live a life that is without sin, or through accomplishing something great to gain God’s love.

“What I try to help students understand is that God has already accomplished His kingdom here on earth. It’s not about us trying to do something for God; God wants to draw us into a greater relationship with Jesus,” Doyle said. “We get so focused on performance that we neglect relationship.”

In his recent book, “The Meaning of Sex: A New Christian Ethos,” Doyle explains that we all know what we shouldn’t do when it comes to sexual ethics, but what should we do? And why is the male and female model of biblical sexuality the best? Doyle goes on to synthesize why the complementarity between male and female is God’s design, describing the meaning of sex and how it is about intimacy, bonding, and attachment.

“In my book, I talk about the fact that all sexual brokenness, whether it’s

homosexual, heterosexual, or gender identity, is based off of wounds from childhood and adolescence. It’s not simply about sexual sin.”

Doyle also goes into three ways to love those who are struggling with sexual brokenness, explaining the importance of “having an attitude free of judgement and condemnation, accepting people who struggle and understanding that they are trying to do the best they can, but often fail because of their brokenness.”

Since publishing his book, Doyle has continued to counsel and minister to PHC students, giving back what he has learned about the importance of emotional health.

“I strongly believe that our spiritual maturity in many ways can only go so far as our emotional health,” Doyle said. “We need to embrace emotional health while grasping spiritual maturity.” ♦

Spinney’s Sabbatical Replacement

Alumna Katie Roberts teaches her first classes as Dr. Spinney’s replacement for the semester

BY SUSANNA HOFFMAN
Contributing Writer

“Hello everyone,” Prof. Katie Roberts began her first US History II class last Wednesday evening. “I am obviously not Dr. Spinney.” Nervous chuckles rippled across Nash Auditorium as students waited for the three hour-long lecture with the new history professor to begin.

Although the class was three hours long, freshman Adriana von Helms said it did not feel that long at all. “The entire evening exceeded my expectations in a really good way,” she said.

Students bombarded Roberts with questions after each portion of material concluded. First, students quizzed Roberts on her syllabus, noting how

similar it was to Spinney’s, but with a few key changes. Roberts is allowing students the option to read a book never before seen on the US History schedule: “Reconstruction, Violence, and the Ku Klux Klan Hearings” by Shawn Leigh Alexander. “I like the idea of giving people the option to read and write about what they care about,” Roberts said.

Like Spinney, Roberts is hesitant to tell her students what is right and what to think. She wants to give students information, resources, and perspective about certain events such as the Reconstruction. From those tools, students can decide how they want to think. “She doesn’t impose her opinion on us, but lets us decide for ourselves what we

believe,” Sam Bock said. “That’s something I really admired about Dr. Spinney as well, just the fact that he would not just say, ‘This is the right answer’ but, ‘What answer can you guys come up with?’”

Roberts’ goal is for the students to know what questions to ask and how to ask them in an informed way. “I want students to be informed both by history and by their Christian worldviews,” she said.

As students closed their binders and clicked their pens shut, Roberts closed the lecture with Spinney’s regular farewell. “And if God permits,” she said, “I will see you all next Wednesday.” ♦

On Campus or Off Campus: Which Is Better?

BY MARJORIE PRATT
Assistant Editor

Julianne Owens was blessed during her time as a student to find two families to host her off campus. After living on campus freshman year, she felt it necessary to move off campus in order to save money. The first family she lived with offered her free room and board in exchange for a few hours of babysitting a week. At the end of her sophomore year, she needed to find a way to make money instead of just breaking even. She was blessed again to meet a family at church who was willing to host her for free and pay her for any babysitting she did.

Living off campus worked out well for Owens, but it can also bring challenges. In a few months, students will have to decide whether to take that risk when they make housing decisions for the 2018-2019 school year. Those who want to move off campus will have to start job hunting and students who can't decide where to live on campus will be thrown into the housing lottery.

Feeling disconnected from the community, Owens decided to move back into the dorms after her junior fall semester. Her senior year, Student Life hired her to be an RA, meaning she was able to work once more in exchange for her board. Owens realizes that she was fortunate to find the living situations that she did and was fortunate in the end to be able to live on campus, but

she believes that students, if they are able, should live on campus.

"PHC prides itself on being a holistic education and not just an academic institution, and an integral part of that is the spiritual life in the community. You do not experience that the same way when you're off campus," Owens said. She believes that students who live off campus have to be much more intentional to stay connected to the community. Rather than being able to just walk across the hall or pop their heads into the coffee shop, off-campus students have to make plans that fit into a busy schedule. The number of campus connections off-campus students can keep is smaller for this reason.

Most often, the upperclassmen are the students moving off campus. As of the past few years, according to Owens, almost a majority of upperclassmen lived off campus rather than living on campus. She feels that this gives the underclassmen a disproportionate influence in the ethos of campus. She knows that many upperclassmen want a full living place with a kitchen and more space, but she would love to see the campus more balanced. As a freshman, she was often encouraged by the seniors in her wing, and she wishes that she could see other underclassmen have the same experience. "[A kitchen and more space] are things that you'll have for almost every single season of your life, and this type of community is extremely rare," she said.

Owens does believe the closer you live to campus, the easier it is to stay involved. She also believes that it's never impossible to be involved in campus life. She encourages any students currently living off campus or planning to move off campus in the fall to first make the decision that is right for them, but also to stay involved in the community. She suggests going to wing chapel and making sure to meet new students and form new connections.

Sophomore Mikey Pozo lives 30 minutes away from campus with his family in Ashburn, Va. He has never felt compelled to move on campus because he feels he has more freedom now than he would have in the dorms. He prefers to have his own space and privacy, to be a little louder without worrying about whether or not he'll wake anyone, and to have the ability to come and go as he pleases. He also has the freedom to be as involved or uninvolved with campus activities as he wishes. "If you have transportation, [getting involved] is not really a problem," he said. "If I ever want to talk to somebody I just call them."

He agreed that living off campus makes creating tight bonds more difficult, but he is content to stay a night on campus every once in a while. "It comes down to preference," he said, "whether you want to live independently or bunk with a big group of friends."

Diego Lastra, who moved to Frederick, Md., at the beginning of last semester, enjoys home-cooked meals, the extra level of independence, and the freedom to choose where he lives. "I love the Frederick community," he said. "There's much more stuff to do. It's kind of a hip community, and about 40 percent of the people who live there are under 25." It's a community that he feels more comfortable in. "[Living off campus] helps expand your horizons as an adult, and it's going to help better with the transition after college." ♦





Accountability: Video Games & Glorifying

By KYLE ZIEMNICK
Copy Editor

Two PHC students sit at their desks, intently fixed on their computers. Their fingers fly to strike their mouse buttons, creating a constant rhythm that beats in the background like the ticking of a clock. Their eyes rove over the screens, scanning for any sign of opponents' weaknesses. After a minute, the clicking stops. They turn from the computers, lock eyes, and high-five.

"Good game!" says one.

"You too, man!" replies the other. "Another one?"

"Sure!"

It's 11:00 p.m. on a Friday night in an D5 dorm room, and for these two students, the night has just begun. After all, you can't play just one game.

League of Legends, commonly known as League, is a free-to-play game that relies on strategy and teamwork, and it kickstarted the e-sports

movement around the world. And at PHC, many students have bought into the craze. The League trend has spread so far that several students have deleted it from their computers to avoid wasting time. It's generated a campus-wide conversation regarding difficult questions about video games, accountability, and living a life of moderation.

One student, who preferred to remain anonymous, summarized the problems, saying, "Video games at PHC are a big thing, especially League of Legends. And I see that reflected in a decrease in some people's work ethic."

The Herald surveyed 20 D5 students on how many hours of video games they played per day. The average was around 75 minutes, including two students who never play. But on the weekends, game-playing sessions can easily last for four or more hours.

Sophomore Micah Bock said, "It's just another part of life, like going to

the gym, working on school, and hanging out with friends. You can spend too much time on all of them."

Often, students will use video games as a social activity. League, for example, requires players to form five-man teams on each side. Other games, like Super Smash Brothers and FIFA, can also be played by multiple people at the same time.

"It brings people into the room," junior Adam Johnson said. "It's a way to reach out to people who otherwise wouldn't come in... It's a good way to commiserate with others."

But Johnson also said that instead of constantly battling at video games, students could be competing at physical activities as well. "Instead of League games, why not have D4 vs. D5 basketball games instead?" he asked.

Senior RA Ian Schmidt argued that video games can become a filler – just an easy thing to do in one's spare time.





“We should be asking: Is this how I want to use my time? Or should I be doing something else?”

Many students emphasized the importance of moderation in the consumption of video games. Junior Ian Frith said, “There’s a definite need for balance and perspective. [Video games] aren’t a complete waste of time – they’re a stress reliever and a bonding tool. But at excessive levels, they can hurt health, increase distraction, and harm social interaction.”

Video games have had a significant impact on several students’ lives, and those who once considered themselves addicted also highlighted the same problems Frith identified.

“I’ve had to heavily restrict my PC gaming because I’d fill every waking moment instead of spending time with friends, working on academics, and being part of the PHC community,” junior Elias Gannage said. “[Video game

addicts] don’t actually have a true life. Which was me.”

Many, like sophomore Spencer Reeves, believe that students cannot watch others suffer from video game addiction without acting.

“If you prioritize video games over other things that matter more, then the community should call you out on that,” Reeves said. “And as Christians who are to pursue excellence in ourselves, we should also seek to develop excellence in others.”

Still, no student wanted to make a blanket statement that video games are inherently wrong. In fact, no matter how much time they personally spent on the activity, every interviewed student said that video games are just fine – in their place.

“It’s a case by case basis,” Schmidt said. “Video games are not bad and not wrong. Ultimately, it’s comes down to how you’re

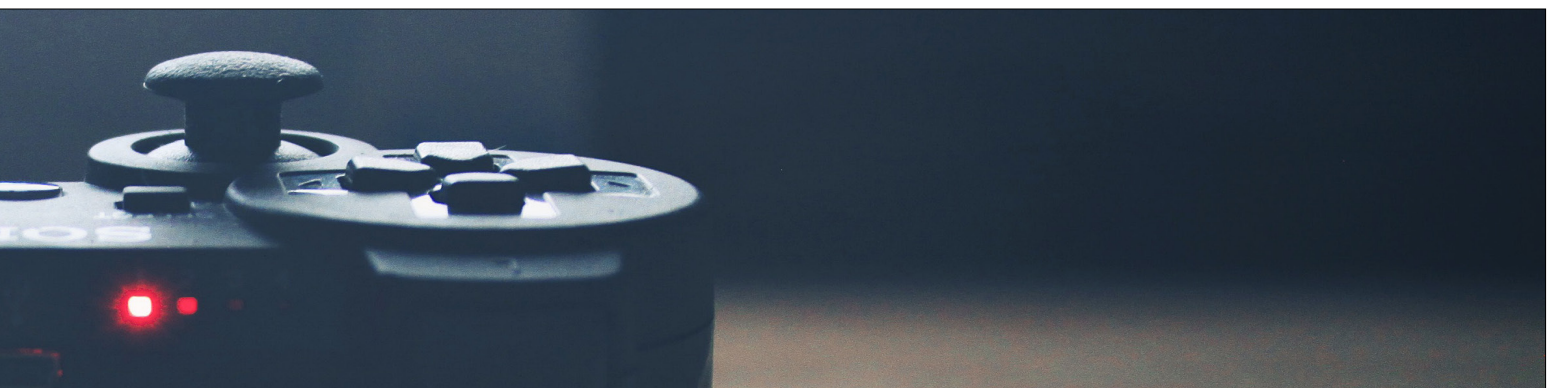
being led by the Holy Spirit to choose to use your time.”

But this might be a bigger issue than just video games. They’re not the only things that PHC students do in their free time. Some suggest that people shouldn’t necessarily value video games less than other forms of entertainment.

“It’s just like a movie, but better, because [with video games] you’re doing and interacting,” Johnson said. “But you still need maturity and self-control.”

Perhaps this battle over the proper place of video games doesn’t hinge on homework, socialization, or even time. Instead, it centers on the heart.

“Sometimes, video games can be the glorifying thing to do,” junior RA Manus Churchill said. “But I think if God’s glory was at the front, most would play less than they do now. Spend your time in the way that most glorifies God.” ♦



Poxy But Foxy

Chicken Pox or Stress Acne? The world will never know.

BY DARRIE CURNING
Investigative Reporter

Let me first start by clearing the air and informing you all that I do NOT have the chicken pox, despite any unfortunate rumors that may be spreading since I, while standing in the midst of a flock of panicking freshmen girls asking "Wait, WHO has the chicken pox???" said, "ME!" And frankly, it hurt when those girls, who should have been rushing to offer me comfort and hot soup in what was, for all they knew, my darkest hour, instead scattered like startled roaches yelling, "I'm sorry, but I do NOT need that in my life right now."

Let's also get this out of the way - this is not a gossip column, supplying all of you terrified, panicking students with the names of the two girls that have had or currently have the pox. Those who have the pox are innocent, beautiful individuals that do not deserve to have their names thrown around with that three-letter p-word. This is an informative column, simply straightening out rumors and giving tips on how to avoid the pox.

Now, the rumors. No, William Bock's entire wing is not out with the chicken pox; that's just the common cold. Or just all of the guys in that wing

taking turns pretending they're sick just to skip classes and basketball games, probably. And no, despite what all the RA's came back from their RA meeting

panicking about, the chicken pox cannot make grown men sterile. That is, in fact, the mumps.

Now: how to avoid the pox. **Tip 1:** Do not make eye contact with anyone. I have heard that not only is the pox airborne, but it is also eyeborne. **Tip 2:** Tell your significant other to keep his or her distance, thank you very much; it's going to be a cold, cold February. **Tip 3:** Do what I did. Gather four pillows, two fuzzy blankets, and an overnight bag, and trek from D2 to D1 with all of this in your arms to stay with a very kind friend who happens to have a spare bed in her room. **Tip 4:** Do what senior Hannah Waters did. Pack an overnight bag and high-tail it home (which for her is seven minutes away, but any distance is worth it when it



COURTESY OF LOGAN CROW

comes to surviving the pox, honestly), and only return to campus for classes and some meals.

Or, finally, just give in, save yourself some stress, and get the pox already. Learn from a current pox sufferers: "Having chicken pox is the best thing that has happened to me. I have excused absences from class, get three home-cooked meals a day, and eat ice cream and watch TV at night. And I must mention the bubble baths and spending days stress-free in a lovely bed. Honestly, would recommend."

She will return to campus relaxed, better than ever, and now immune to the pox - unlike the rest of us. So are we really the survivors here? Or is it only a matter of time? Stay tuned for the next 7-21 days for an update. ♦

Feeling particularly opinionated about the POTUS's State of the Union address? Good - us too! However, instead of us writing an article, we are accepting opinion pieces for the next issue of The Herald.

Pieces need to be no less than 800 words and no more than 1000. Send your submissions to theherald@phc.edu for a chance to get published in Issue 03.

Basketball Season: The Good, the Bad, and the Ugly

BY LEAH GREENWOOD
Staff Writer

It was a tough weekend series for the PHC basketball teams on Friday night and Saturday, despite playing hard and the season debut of Cincinnatus the Sentinel (aka senior Jared Midwood). The women lost to Christendom College (66-18) and Central Penn College (65-14), while the men dropped a pair to Williamson Free College (79-55) and Central Penn (120-35).

Senior guard Andrew Shepherd enjoyed the excitement and fun environment that both the mascot and the bigger crowd brought to the game on Friday night. He was also glad the team's offense is improving; he hopes that will continue, and looks forward to having fun playing basketball during his last semester at PHC. "I love the sport, and it's been fun to be on the team," he said.

The men's team had no shame in falling to Central Penn, a Division II school that had competed against NCAA Division I teams such as Liberty and Cornell. In fact, in 2016, Central Penn lost by merely 14 points to Liberty, who went to a postseason tournament.

Sophomore Jae Jared is on the women's basketball team. Despite their losses on Friday and Saturday, Jared thought that the women's team played some good games, especially since they had just come back from break, and were down two players. Specifically, she said that the team did a great job communicating with each other during the games.

Jared has been playing basketball for about 12 years, and she wanted to continue the use of her skills in college, so she helped to start the PHC women's team. "Being an athlete is part of who I am," she said. Jared wants to build her own skill-set by working on making lay-ups. As a team, however,



CINCINNATUS THE SENTINEL | COURTESY OF ADAM JOHNSON

she said that they need to work more on offense, screening, and reading each other's cues regarding what they want to do. Overall, the women's team has a good dynamic. "We're friends on and off the court," Jared said.

The women's team is coached by John Cheskiewicz. "He's a great coach," Jared said. "He has a good balance between being kind and being firm." Cheskiewicz also balances a full-time job and coaching the team late at night. Since he has a full schedule himself, he understands that college can get busy, so he aims to be flexible.

Sophomore Julia Coniglio is new to the team, as well as the sport. She respects Cheskiewicz's knowledge of technical basketball skills, and she val-

ues the fact that he is "understanding, nice, and easy-going."

Playing basketball gives Coniglio a chance to stay active during college, and it gives her a way to spend more time hanging out with her girlfriends and getting to know them better. "I do better at school and feel happier if I'm being active," Coniglio said. She appreciates that her teammates are also willing to help her out since she is new. "[Everyone on the team] works hard, has great attitudes, and is super fun to be around," she said. ♦

Back to New York City

PHC's Model UN team hopes to head back to NYC to compete in international competition

BY VIENNA JACOBSON
Editor

"There are thousands of students who come to the conference from hundreds of schools from all across the U.S. and the globe," senior Strategic Intelligence major Andrew Shepherd said.

PHC's Model UN team will be heading to New York on March 25th to seek its ninth consecutive designation of "Outstanding Delegation."

"It can actually be a huge missions field," sophomore Abi Carter said. "You are working all day for five days with a group of people, 50 to 200 people, from around the world. You get to talk to them pretty in depth about issues like refugees, and during those committee sessions as you're discussing ideas and how to write things and how to connect with people, actual real life comes into play." Carter is on the team for her second year and is helping with the fundraising efforts.

Carter's sophomore teammate Emil Meintjes echoed her sentiments as he recounted going to dinner with a fellow competitor and learning that she was an atheist. "I don't think I changed her mind, but I got to ask questions and talk, and that was really cool," he said.



COURTESY OF MEINTJES



PHC'S MODEL UN TEAM FROM 2017 | COURTESY OF CARTER

The five-day conference is held in conferences around Times Square and over 300 schools will participate from all around the world. Each day the school's team (between 10 and 30 students) will meet to strategize in their diplomacy efforts and exchange information before breaking into subcommittees where they will represent the school as a team of two.

Along with being an excellent resume builder, Shepherd says that NMUN also hones a practical skill set. "It's a great way to functionally develop a lot of skills," Shepherd said. "I learned to work with all kinds of people who have basically nothing in common with me." Shepherd will be competing at NMUN for his fourth year.

NMUN allows students not only to simulate situations but also brings them to hear speakers. "At the end of the week, you actually get to go to the United Nations to hear speakers. Last year we heard the president of the United Nations speak," Carter said. "We sat at the desks of the diplomats in the General Assembly."

Meintjes, who will be representing PHC for a second time at NMUN, had never been to New York and jumped at the chance to go last year as part of the team. "Not only do you get to learn how the UN actually works, how committees are formed, how resolutions get

passed and how to research them and write them," Meintjes said, "but [you learn] how to become a certain country and embody them."

Unlike most other forms of forensics at PHC, NMUN has no formal debate and instead relies on the interpersonal and diplomatic skills of the teams. "It is a cooperative forensic," Shepherd said. NMUN also provides a unique opportunity for networking and meeting people from other countries. "I still keep up with someone on Snapchat who is actually from Romania, someone from Spain, and someone from Canada," Meintjes said.

In order for the PHC team to actually attend the conference, they still need to raise a significant amount of money. "We are in a really tough spot," Meintjes said. "We need to raise \$20,000 in order to go and right now we have a little over \$1,000." While the NMUN team still has a long way to go financially, they are fundraising in several different outlets to fund the team.

To make a donation to the team online, go to <https://goo.gl/xn2Wwn>. For questions about donating, contact Abi Carter or Andrew Shepherd. If you are on campus Friday, February 2nd, stop by the Barbara Hodel Center at 7:00 p.m. with \$5 to dance at the NMUN Sock Hop. ♦



Sock Hop

Slip on your socks and hop into the BHC gym this Friday (February 2nd) to hear great music and dance the night away with your friends. All proceeds go towards the Model United Nations team. Tickets are \$5 and can be purchased from Andrew Shepherd, Abi Carter, Emil Meintjes, and Manus Churchill. The dance is from 7:00-10:00 p.m.

APP Professional Development Workshop

Come out to Nash Auditorium on Saturday, February 3rd, for the Professional Development Workshop, where you can sharpen your resume writing skills and learn how to leave a good impression in an important job interview. Speakers include Ben Woodward and Patricia Simpson. The workshop is from 10:00 a.m. to 2:00 p.m., and is put on by the Leadership Institute in partnership with the APP program. Free pizza will be provided.

Faith and Reason

Enjoy a break from classes and join the PHC community to “reflect on important insights of Christian scholarship” on Friday, February 9th, for this semester’s Faith and Reason lecture. Dr. Steve Turley is speaking on “The Restoration of Man? C.S. Lewis, Globalism, and the Triumph of Tradition.”

Mental Health Week

Monday, February 12th, kicks off Mental Health Week at PHC, where students will be encouraged and reminded of the importance of keeping up their mental health. Chapel speakers for the week will focus on mental health topics, with Dr. Spinney talking on Monday, Christopher Doyle on Wednesday (with a book signing afterwards in the lobby), and Tracy Carter on Friday. There will also be two Coffee House lectures early in the week: Dan Towery will talk about “Brain Surgery Without a Scalpel” on Monday at 7:30 p.m., and Beth Ratchford will address “Why Our Mental Health Is Important and Why It’s Good to Do Your Soul Work” on Tuesday at 7:00 p.m.

Speaker: Nicole Bromley

Be sure to attend Chapel on Friday, February 23rd, to hear Nicole Bromley, director of OneVOICE, speak. OneVOICE is an organization that is working to bring healing change into the lives of victims of sexual abuse. There will be a book signing afterwards.



things you should know



Costa Rica's presidential elections heat up over the debate on gay marriage.

Pope Francis accepts seven Chinese bishops appointed by the government.



A Turkish airstrike on Syria left a 3,000 year old temple in ruins on Jan. 29th.

“WHO SAID WHAT

quotes from campus

[Mikael Good]

“I’m going for a sleek, but trendy scholar look.”

[Ben Purnell]

“I’ve been a good boy and I get compared to Donald Trump?”

[Dr. Roberts]

“I’ve never tried cocaine.”

[Bruce Truax]

“I am looking for quotes for the backpage of The Herald. The number of quotes submitted for the back page has gone down to an extreme low, and I don’t want to leech off of Overheard. If anyone has any quotes please send them to me at cmdurning440@students.phc.edu or simply fb message them to me.”

”

Scan this QR code on your phone to watch a video of our staff answering your questions from our #HeraldAMA posts.

(or check out Herald Media on Facebook)



Have a quote to submit? Have an event you would like to see featured?

Contact our backpage editor, Carrie Durning at CMDurning440@students.phc.edu



Follow us @TheHeraldPHC