

On to Med School

By ELIZABETH WASHINGTON
CONTRIBUTING WRITER

"I'm going to be honest with you," freshman Peter Kim said about his academic plans. "I'm not entirely sure myself."

Born and raised in California, Kim chose far-off Patrick Henry College for its values, principles, and classical

Christian approach to education. The catch? Kim aspires to become a doctor, and "PHC is not the first school you think of when you try to go to medical school."

First in line for PHC's emerging pre-med advising strategy, Kim attributes his arrival on campus to personal confirmation and direction from God. A phone call with Dr. Frank Guliuzza,

Dean of Academic Affairs, assured Kim that it was possible for him to graduate from PHC and then go to med school.

"He had these concerns [and] we talked about it, so the goal is to make it something valuable for him or for anyone else who comes into the program," Guliuzza said.

Not a formal academic major or minor, this advising- *continued on page 2*



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ACADEMICS | continued from cover

Freshman Peter Kim First to Join Pre-Med Strategy

ing strategy is designed to prepare students to take the MCAT, the entrance exam for med school. The strategy will consist largely of adding upper level science courses and may include an MCAT prep class and opportunities for students to shadow physicians in the office, Guliuzza said.

Various faculty have discussed the possibility of preparing students for med school for years, but all the pieces have finally fallen into place for Peter to be the first “boots on the ground” student, according to Dr. Michael Kucks, Director of the Economics and Business Analytics Program and Associate Professor of Mathematics and Physics.

“As we hired someone to do a math program, the Lord sent us someone who also had the skill to do chemistry,” Kucks said. “That was what really turned this thing on.”

“We’re in an embryonic stage, but we’ve done a quantum leap forward from talking about it...we’ve actually put the courses together and the infrastructure together. Our hope is that well before someone like Peter gets into his last couple years, we’ve got this in place,” Guliuzza said. He expects interest to grow when the school starts to publicize the opportunity.

When originally interested in PHC, Kim planned to study government, but he later realized it wasn’t for him; he loves to discuss political ideas and theories but ultimately plans to follow in his

father’s footsteps as a doctor. During Kim’s college decision process, PHC’s lack of an official pre-med track paled in comparison to the classical education he values so highly.

“I really believe it’s important to me, not just as a human being, but as a Christian... classical education is all about making you a better and more well-rounded person,” Kim said.

Guliuzza envisions a future where PHC has a formal academic pre-med program. “If we want to change the nation and shape the culture through science and medicine, we need to be players; we need to be participants.”

At this point, participating means preparing pre-med students as well as possible with current resources, but Kucks anticipates a day when PHC will boast a new building outfitted for upper level chemistry lab work, bringing all its pre-med courses on campus. Until then, students like Peter will complete their chemistry lab courses at community colleges.

“We do things differently around here,” grinned Kucks. “That’s kind of normal.”

Kim admits to having questions and concerns surrounding the whole process; ultimately, he views it as a “step of faith.”

In the midst of unknowns, possibilities, and new opportunities, “what comforts my mind is that I really do believe this is where I’m supposed to be, so because of that I feel like it will be enough.” ♦

Leesburg Town Council

Josh Thiel wins seat on town council during Tuesday's special election

By MARJORIE PRATT
Assistant Editor

Josh Thiel won a seat on the Leesburg Town Council in Tuesday's special election. One day after newest council member Vanessa Maddox took her seat in November, Councilman Ken Reid submitted his resignation, leaving a new vacancy. Thiel, who was runner up to Maddox for the council seat in the general election, ran against Gwen Pangle, who ran once before in 2016, and Neil Steinberg. As a member of the council, Thiel hopes to address the road issues causing traffic congestion and the double tax that members of the community are forced to pay to both the county and the city.

Very few people voted in the election on Tuesday as compared to the turnout during presidential or even off-year elections. According to poll stats, 12,436 people voted in the Town Council election in November, whereas only 3,246 people voted in this special election. "It's hard to get people to vote in the bigger local elections, and it's even more challenging to get people to once again go out into the cold to vote just for this one town council seat," Madison Crawley, who volunteered for Thiel's campaign in November, said. "I don't think people realize how much of an impact local government makes on their communities. So when it comes to someone like a town councilman, they don't really care, and don't see the

point in voting."

Leah Widener, who worked for the Loudoun County Republican Committee during the last election cycle and volunteered for Thiel during this election, explained that many members of the community often don't know about their local special elections. "In phone banking [on Monday], I talked to like two people out of six who didn't know there was a special election happening," she said.

Though the ballots are significantly smaller during a special election than

community," Crawley said, suggesting why the turnout at these elections is so small. She believes that if schools increased the amount of education on local government, those children would grow up to be more involved in the politics of their community. "The biggest thing is inspiring people to get involved with politics and to care about it, no matter what side they're on or what party they're voting for," she said.

Wyly Walker believes that the best way to get more interest in special elections is more media coverage. He cites

a special election in Georgia for a US House seat which took place last summer between Jon Ossoff and Karen Handel. "It was seen as a referendum on Trump," he explained. "It was a deep red district that had someone spending nearly 16 million dollars on a

Democratic

campaign. The media hyped it up, and the voting numbers that we saw were extremely high, especially for a special election."

Though he doesn't believe it's a perfect fix, Walker believes that making local elections and special elections more sensational in the media would significantly increase voter turnout. "It seems that local elections have been caught in a vicious cycle," he said. "Media doesn't talk about it because it's not exciting. It's not exciting because media sources don't talk about it. People don't vote because it's not exciting. It's not exciting because people don't vote." ♦



THIEL, SECOND FROM LEFT | PHOTO COURTESY OF ANTHONY DeFAZIO

they are during the general elections, voting during the specials is just as important. Widener explained that the majority of special elections are for local officials, as Tuesday's election was. "When voting in local elections, you are voting for someone who will affect your daily life," Widener said. "[A lot of special elections] are decided by a couple hundred votes, so when you go out to vote in a special election, it makes a huge impact."

"The problem starts in schools because there's not as much emphasis on the information of what elections are and what these positions do for the



Accountability: Discipleship

BY CARRIE DURNING
Backpage Editor

Gayle Reinhardt, secretary to the Dean of Academic Affairs at PHC, received an email from a recently graduated alumna with an update on her post-college life and a request for Reinhardt to disciple her in her walk with God. Reinhardt accepted the invitation, as she has done for many other young women that have reached out to her both on and off PHC's campus as they seek to grow in Christ through Reinhardt's discipling.

This past July, Dean Sandra Corbitt, PHC's Dean of Student Affairs, attended a reunion of the women she disciplined at the University of Pennsylvania in 1985. These women gathered together 32 years later and discussed their lives, their families, and their continuous walk with God. Each of the women testified that they are living their lives for Christ today because of the decisions they made in college 32 years ago, which set the trajectory for their lives.

Reinhardt and Corbitt are two of the many men and women on PHC's campus who believe in the importance of seeking discipleship and accountability while attending college.

"Discipleship is lovingly coming alongside someone while caring for their spiritual wellbeing, and helping them in their walk with God," Corbitt said. "It is helping someone make small changes by holding them accountable, with the goal that one day these small changes will become life changes."

Corbitt explains the importance of being disciplined now as a student.

"There are patterns you start now in college that you take with you for the rest of your life," Corbitt said. "If you don't make time for church and discipleship now, you will never make time for it when you're out of college and working, because you did not take time to establish a pattern."

Both Corbitt and Reinhardt stress the importance of finding someone in your life to disciple you and hold you accountable by asking you the hard questions in your daily walk with Christ.

Discipleship is not just for those just committing their lives to Christ, but also for those looking to grow in their faith and in their relationship with God.

The first step in receiving discipling: find an elder that you trust.

"It is so important to reach out to a stable, older, wiser person who has most likely been through what you're struggling with," Reinhardt said. "Seek out an elder who you trust, have a relationship with, and who you know is living for God." Both Reinhardt and Corbitt stress the importance of being disciplined by someone that has a relationship with you, and explain that the best people to hold you accountable are the people involved in your life.

The second step in receiving discipling: get in touch with someone you would like to be disciplined by.

"Reach out by simply sending an email to the person you would like to be disciplined by," Reinhardt said. "It shows your desire to grow, and it makes people feel appreciated when reached out to."

The third step in receiving discipling: keep in mind what you are striving to learn, what areas you want to grow in, and be prepared to answer the hard questions.

"Know what you want out of being disciplined," Corbitt said. "Set small goals, such as learning how to properly study the scriptures, how to apply scripture to your life, or what the scriptures say about relationships." Being disciplined can simply mean having someone encourage you, study God's Word with you, and hold you accountable.

Reinhardt remembers an elderly couple that disciplined both Reinhardt and her husband when they were starting a family. The impact this older couple's discipleship had on Reinhardt's life is continuous, still affecting her walk with the Lord today. "This couple took my husband and I under their wing, and continued to pour advice and wisdom into us about marriage, parenting, and living a life for God," Reinhardt said. "I will never forget that dear couple and what they did for my husband and me."

Corbitt also will never forget the impact that being disciplined in college had on her life. "To this day, I am so thankful for the women who spent time discipling me and loving me enough to point out areas of my life that I needed to grow in," she said.

"As Henry Cloud said, grace plus truth plus time – that is what equals growth," she continued. "Growth happens when people love you enough to extend grace, but also love you enough to say 'this has to stop.' Reach out and seek growth." ♦

PHC Hosts a Night to Shine

Students to give special needs individuals the prom they could never have

By VIENNA JACOBSON
Editor

Bringing a brighter day to those in their darkest hour – that is the mission behind A Night to Shine. On Friday, Feb. 9th, Patrick Henry College, in association with Leesburg Church of the Nazarene, will be hosting one of the annual Nights to Shine, a prom-esque experience for people with special needs.

If you have lived on campus, you have probably seen eight-year-old Hosanna Kelly with her parents. Hosanna has Down syndrome, which occurs when someone has a third, full or partial, chromosome 21.

Brianna Kelly, Hosanna's older sister and a sophomore at PHC, recalled first learning of her sister's disorder. When she was 12 years old, Hosanna was born, and on that day, Kelly's father, Dr. Wallace Kelly, took the family out and explained Hosanna's condition.

"Growing up with her and helping my mom homeschool her," Kelly said, "it didn't really seem that much different." Other than Hosanna's slower learning capacity, she was just another sibling in the Kelly household. "We don't look at her and see Down syn-

drome, we look at her and see [Hosanna]," Kelly said. "It doesn't really make that much of a difference."

Junior Seth Lucas's brother Joshua is 19, and also suffers from Down syndrome. Lucas said that as he and his brother grew older, it became harder for them to communicate. "People with Down syndrome mentally develop slower than most people and therefore often fall behind in cognitive abilities. This reality forced my family and me to think about his level of understanding and seek to adapt what we did so he could participate."

Despite all these challenges, for Lucas, it was a blessing in disguise. "While it was difficult to communicate and interact when he did not always understand me, I think that having a special needs sibling was the best thing I could have had growing up. It taught me to see the world through the eyes of someone who couldn't do what I could do or think the same way I could think," he said.

A Night to Shine gives all these wonderful, local people with disabilities a chance to experience a prom night that centers around them as they are showered with the love of Christ. PHC

students are volunteering at the event as buddies to assist their assigned guest throughout the evening. The evening will include a meal, dancing, karaoke, photographs, limo rides, and much more.

Lucas suggested that as your life intersects with someone who has special needs, simply going out of your way to compliment them, asking how they are, and finding some way to communicate with them can go a long way. "Maybe volunteer with a special needs sports or athletic group such as Special Olympics or a summer camp. Maybe watch a movie like 'When Robin Prays' or 'The Boys Next Door' before actually interacting if you are uncomfortable and want to have a better understanding of what special needs are like," Lucas said. "Better yet, volunteer with events that make every person feel like it's their Night to Shine."

Whether you are volunteering on Feb. 9th, or you get to interact with someone with special needs in your church or daily life, remember that they are just like you – uniquely and wonderfully formed. "Just [see them] as people with exaggerated quirks," Kelly said. ♦



COURTESY OF THE TIM TEBOW FOUNDATION

Introductions

Profiles on the newest members of the student body

BY LEO BRICENO
Contributing Writer

Several new students joined Patrick Henry College's student body at the outset of the spring semester of 2018.

Kayla Schleining and Alyssa Helman transferred to PHC from community colleges. Juliann Wiersma took a leap of faith and blindly switched colleges. Zachary Grissom finished high school a semester early and decided to move ahead. And Catherine Hechtman applied to 11 different colleges and even accepted a spot at the University of Michigan before deciding to make PHC her home. Each of these students has a unique reason for joining PHC halfway through the school year.

Schleining found herself frustrated with the level of education provided at her community college in California, the City College of San Francisco. She described how one teacher once backed up a personal political opinion using a statistic from BuzzFeed, a source Schleining believes to be less than reliable. "I was like...let me put on my glasses; I couldn't believe it," she said. She remembers, at times, trying to anticipate what the professors wanted

her to write in her essays, rather than feeling that she had the freedom to argue what she truly believed.

Determined to find a better option, Schleining worked over the summer and into the fall semester in order to afford switching schools. Though she never had the opportunity to visit campus in person, she was familiar with PHC through connections at her high school Classical Conversations co-op. Unsure of what she would find, she moved across the country.

Schleining's friends in California had described Virginia to her as a land filled with Bible-thumping, rosary-carrying cowboys. And although she didn't fully believe them, she had reservations about being able to fit in; the change from Californian culture to the small atmosphere of Purcellville seemed too large to overcome.

Once here, she found she had nothing to worry about. "PHC has exceeded my expectations," Schleining said. While she lacks deep friendships for the time being, she hopes to quickly develop the relationships that have already formed and is confident in the fruit they will bring.

Helman grew up in the Leesburg

area and currently lives in Round Hill with her family. After she graduated from high school, she attended Northern Virginia Community College, but she didn't feel that the education and environment of the school was right for her. Unsure of where she should transfer, Helman chose to take a semester off to better consider her next steps.

One night, on a hike to Bears' Den, she and her parents began discussing colleges. On top of the quiet mountain, Helman and her family covered option after option for her future. That same night, Resident Director Julianne Owens also decided to spend time at Bears' Den. She overheard the unfolding conversation, and felt led to chime in.

Owens informed the family that night of the options available at PHC, and Helman, feeling that PHC was right for her, joined the student body. She believes this is the right place to pursue an education in the context of her faith with fellow Christian peers. "I feel at home...and safe when I'm on campus," Helman said.

While making friends has proved the hardest part of her time at PHC, Helman has gravitated towards other second-semester freshmen such as



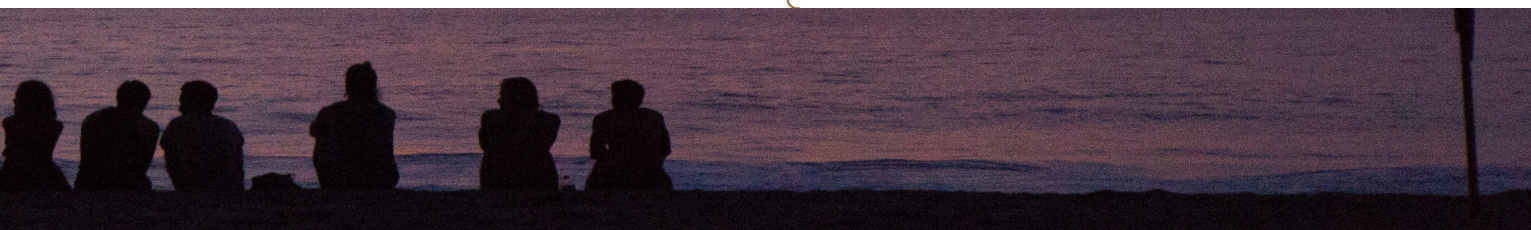
KAYLA SCHLEINING



ALYSSA HELMAN



CATHERINE HECHTMAN



Catherine Hechtman.

Hechtman grew up in Michigan where she was homeschooled throughout her high school career. Looking for a college with a reputable music program and Christian education, Hechtman considered 11 different colleges, applied to nine of those, was admitted to Wheaton and even accepted an invitation to the University of Michigan, but still couldn't quite find what she was looking for. She decided to sit a semester out.

She visited PHC, and after falling in love with its community, decided to join the student body halfway through the year with the hope that her education would be both purposeful and thorough.

Wiersma moved in right across the hall from Hechtman two weeks ago. Until this semester, she was a junior at Liberty University (LU). She decided to transfer to PHC in search of academics that would push her to new limits.

Wiersma heard about PHC from a friend at LU who had attended teen camps. Attracted by the college's good name, she looked into PHC, and before the year was over, had decided to transfer without even visiting the campus.

So far, getting to know people has been the hardest part of her experience. Because she came in halfway through a year with five other students instead of 55 other students at the beginning of the year, she feels that the spotlight is on her. "In a school of 250 students, everyone knows who you are in a matter of days," she said. Fortunately, her prior college experience has strengthened Wiersma; she is excited by the challenge.

In particular, the close-knit nature of wing life has provided a door to meaningful relationships. "Dorm life—it's so sweet!" she said.

Grissom came to PHC from Wyoming, following the steps of his sister, Katy Grissom ('14). After graduating from high school a semester early, Grissom set his sights on PHC, which lay in wait.

Coming in halfway through the year, Zach sometimes struggles with the concepts from Theology II, US History II, and History of Western Civilization II—which frequently build off of their first-semester counterparts.

Socially, however, Grissom rarely finds joining friend groups to be difficult. He considers the student body

to be "generally welcoming." While he initially wasn't sure he would be immediately accepted by the other students, his fears dissipated quickly.

While Grissom appreciates the student body as a whole, he has a special appreciation for the freshman class—which is quickly becoming his own.

"The people are fun to be around but still academically driven," Grissom said. His love for his country and patriotic spirit prompted him towards the SI major, after which he hopes to work in law enforcement or perhaps counter-terrorism.

Marr comes from Due West, S.C., a place she describes as "a cross between Hogwarts and Hobbiton." She'd heard of PHC for a long time, but wasn't interested at first because of her longtime interest in the sciences, and attended Clemson University for a semester.

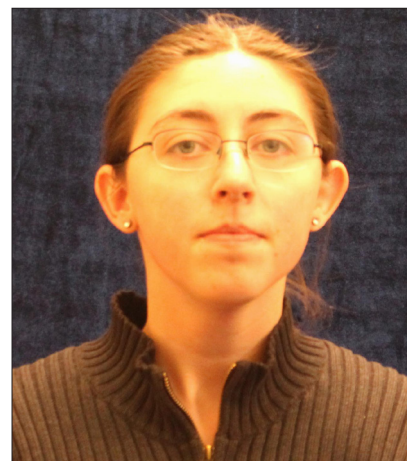
But she decided to transfer to PHC because of the SI major. When she first came on campus, she was impressed with President Haye's speech to all the transfer students on PHC's drive to become "a Harvard built around God." As for the weather, "being from South Carolina, I'm going to have to get a pair of ice skates." ♦



JULIANN WIERSMA



ZACHARY GRISSOM



CAITLIN MARR

Men's Sentinels Fall Short

PHC loses 72-54 to the Appalachian Bible College Warriors

BY BLAKE TOMAN
Contributing Writer

The PHC men's basketball team's hope for an end to their three and a half year losing streak was dashed again last Friday, as the Sentinels fell to the Appalachian Bible College Warriors by a score of 54-72. The loss came on the heels of consecutive home defeats to Williamson College of the Trades and Central Penn College. "I thought we were going to crush them," guard Colin Turner said. "But as a team who hasn't won in four years, we came in way too cocky."

The Sentinels were able to keep the score close early in the game and went into halftime only down five points.

However, persistent foul trouble that resulted in center Emil Meintjes fouling out early in the second half took its toll and allowed the Warriors to build an 18-point lead by the end of the game. Before he fouled out, Meintjes managed to score 10 points, even with limited minutes near the end of the first half. "We were dominating with Emil in the game," Turner said.

The Sentinels ended with a season-high 27 team fouls and shot nine for 18 from the free throw line. The Warriors finished the game going 20 for 30 from the free throw line, with twelve of those points coming in the

second half.

"It was one of our worst games defensively. We played fearfully and selfishly," head coach Jeff Blizzard said. "That team wasn't better than us, but it was irrelevant. They just out-hustled and out-worked us."

The Sentinels were without forwards Christopher Baldacci and Cooper Millhouse and guard Caleb Engle. Moreover, the Sentinels' second-leading scorer, Seth Mitchell, was nursing a lower back injury and had limited minutes near the end of the game.

Turner, the Sentinels' star point guard, also had a quiet night, putting up just seven points over the course of the game with only two coming in the second half. "After starting the game missing two or three easy layups, I started to think that it wasn't my day," he said. "When I tried to take more chances, I ended up pushing it too hard and throwing myself off completely."

One bright spot for the Sentinels was junior guard Seth Shepherd, who scored a season-high 14 points in the loss, with 12 coming in the second half.

Moving forward, Blizzard believes that the Sentinels can win at least one of their remaining games against Appalachian Bible College or the Virginia Military Institute's club team. "I've shared the tools with them, and they



#33 SETH SHEPHERD

all know what to do," Blizzard said. "But do they want it bad enough?" The keys to the Sentinels' success in those games, from Blizzard's perspective, are commitment, a strong work ethic, and a strong will.

"We need to impose our will on the game," Turner said. "We end up molding to the way the other team is playing. We let Appalachian Bible play the slow offensive game they wanted and didn't take full advantage of our athleticism."

The Sentinels will face Appalachian Bible again when they travel to Mount Hope, W. Va., on February 16, and will end the season against the Virginia Military Institute on February 20 in Lexington, Va. ♦



#23 SETH MITCHELL | PHOTOGRAPHER: EVIE FORDHAM

Mock Trial Team Sweeps Through Richmond

PHC's A team goes undefeated and moves on to the next round

BY KYLE ZIEMNICK
Copy Editor

“Okay, tell me what went wrong in that trial. Who messed up?”

Dr. Frank Guliuzza swiveled around, looking at each person in the room. PHC's top mock trial team had just given their all against the defending national champions from the University of Virginia, and now it seemed that even their all was not enough.

Team co-captain Shane Roberts recalled what happened next. “After we all silently racked our brains, [Guliuzza] said kinda quietly with a smile on his face, ‘Well, it mustn't have been too bad—you picked up both ballots.’”

PHC's A team defeated UVA, as well as Johns Hopkins University, Elon University, and the University of Maryland on its way to an undefeated record at the University of Richmond last weekend.

With this performance, the team earned a spot at the Opening Round Championship Series (ORCS) in March, giving them a chance to qualify for the National Championship.

“We put a lot of work into preparing for Richmond, so I expected to see that effort rewarded,” junior Clare Downing said. “I never would have expected for things to click into place as well as they did, though.”

Only UVA's B team also went undefeated at the Richmond tournament. In addition to winning eight out of eight possible ballots, PHC won six individual awards for attorneys and witnesses, three more than any other school there.

Junior Cooper Millhouse also attributed PHC's success to significant preparation beforehand. “We went to a tournament last semester and then another one at Cornell the week before this tournament. On top of that, we dedicated the two days prior to the competition to hours and hours of preparation,” he said. “By the time the tournament came around, we were ready to perform.”

PHC also sent a second team to Richmond, led by David Slaughter and Nathan Jacob, which fell just short of a bid to the next round. In addition to the other team, freshman Samuel Zinkgraf accompanied the A team to the tourna-

ment to be their timekeeper.

“They're one of the best teams I've ever seen. Watching them knock off the national champs was incredible,” Zinkgraf said. “I just want to learn.”

Despite their success, the team, which also includes senior co-captain Brenna Bakke and juniors Chris Baldacci and Caleb Engle, is keeping it all in perspective. Roberts noted that last year, they also qualified to ORCS, where they failed to make it to Nationals by the slimmest of margins. “We're pretty determined to keep that from happening again. This is our redemption run,” he said.

Although many conflate PHC's success at moot court with mock trial, the college has had a much more challenging time with the latter event. In the last three years, PHC has only qualified one team to Nationals. Still, the top team remains confident.

“If I was a betting woman,” Downing said, “I'd always put my money on Shane Roberts, Brenna Bakke, Chris Baldacci, Caleb Engle, and Cooper Millhouse.” ♦



PHC MOCK TRIAL A TEAM | COURTESY: SHANNON DOWNING

1930's Parisian High Tea at Your Fingertips

La Petite LouLou Creperie + Bar à Vins re-opens with high tea

BY ADRIANA VON HELMS
Contributing Writer

La Petite LouLou Café opened its doors once more, showcasing a new High Tea experience.

This PHC student favorite, located in the Shoppes at Main and Maple in Purcellville, closed for a week to repaint the flooring and redesign the café's menu. Pastries and delicacies take the stage on this new menu in the form of an exquisite tea, aiming to appeal to a wider range of clientele.

"The restaurant is centered around a 1930's Parisian Café, so High Tea is one of the most important parts," owner and chef Stefano Frigerio said.

La Petite LouLou has hosted several Mother's Day teas, a Nutcracker Christmas tea, and a Chocolate Valentine's Day tea. But by putting High Tea on the menu permanently, the owner hopes to recapture the essence of 1930's Parisian culture. Historically, this culture was one where both men and women enjoyed tea as a common social gathering.

Reinforcing the American misconception that High Tea is only for fe-

males, the majority of La Petite LouLou customers appear to be women.

"It's all women. I think it is because High Tea is more of a cultured thing; it's fancy. And guys, especially American gentlemen, want to be more laid back," Eileen, a La Petite LouLou employee, said.

Is it true that American gentlemen are too "masculine" or too "laid back" for a social event of tea, fine linens, and pastries?

"I feel like most guys wouldn't care to go out of their way to get dressed up just to go to afternoon tea at LouLou's down the street," PHC freshman Peter Poythress said. Poythress agreed that a social gathering of tea "seems really elegant—nice, cozy and professional."

"I have personally never tried High Tea before, but it may be a cool experience to give it a shot and see," PHC junior Adam Johnson said. Though, he suggested, a trip to La Petite LouLou for High Tea might turn out to be a new dare in guy's truth or dare dorm games.

American society appears to have shifted from the European view on men at High Tea. But the treasured experience remains the same for a few.

At the very least, La Petite LouLou's new High Tea offers PHC men a chance to score a quality date with their girl. With Valentine's Day approaching, La Petite LouLou can conveniently make Patrick Henry men look good.

"It shows that you actually care and put some thought into the date," Poythress said, especially since the Tea experience itself is decadent.



COURTESY OF OLIVIA BOWERS

The table is laid with gold rimmed china, and a three-tiered centerpiece hosts an array of indulgent sandwiches. Freshly baked scones are served with a rich cream and apricot preserves, as elegant cups are filled to the brim with steaming teas of varying flavor.

"It's almost like it takes you back in time to a simpler, more elegant lifestyle, where you come in here and everything else just melts away," frequent customer Elizabeth Washington said. "Everything before you is so lovely and it emphasizes the beauty of life, company, and quality time."

La Petite Lou Lou's High Tea experience appears to be successful in sweeping customers into another world. "I feel like I'm in 1930's France," freshman Justine Van Ness said, "and it's beautiful!" ♦



COURTESY OF VON HELMS

The Leadership Institute Comes to PHC

BY LEAH GREENWOOD
Staff Writer

PHC students attended the Professional Development Workshop last Saturday, where they sharpened their skills, learning new techniques for writing good resumes and cover letters, performing well in job interviews, and networking efficiently. The workshop, which was put on by the Leadership Institute in partnership with the APP Program, hosted speakers Ben Woodward, Programs Coordinator at the Leadership Institute, and Patricia Simpson, Director of Career Programs at the Leadership Institute.

"It was a pretty big deal that they came out and did...a special presentation just for us," sophomore Abi Carter said. "It's not like they are constantly going to colleges—they ask colleges to come to them because they are looked at as a valuable company and a valuable asset to people."

According to the Leadership Institute's website, "the Institute...teaches conservative Americans how to influence policy through direct participation, activism, and leadership." The

Leadership Institute holds various seminars and workshops to train those in attendance.

Carter appreciated how in-depth this workshop was in comparison to workshops in the past, which often only skim the surface of these types of topics. "Stressing the importance of networking and how you actually do that was really helpful.... [Simpson] gave us a lot of really good tips and skills," Carter said. She said that one of the tips that Simpson shared was to send out handwritten thank you notes to people that you have connected with – it's a harmless and thoughtful act, yet it also "puts yourself out there" if you mention that you're interested in any opportunities that may come up.

One of the topics that Woodward talked about was how to best present yourself during an interview. Carter said that he emphasized that your interview starts as soon as you walk into the building. This is because you will have contact with multiple people who are connected to the person making the decision whether or not to hire you, so you should remember to treat every-

one with kindness and respect. "They had a lot of emphasis on personal connections both while being professional and taking the time to care about the people that you're interacting with," Carter said.

Senior Manus Churchill also attended the workshop. He found Woodward's advice regarding interviews to be helpful. He also enjoyed learning some tactics to negotiate salary and to develop personal brand. "It's really important to develop your brand; to become known as somebody who does hard work and stands for what's right," he said.

Both Woodward and Simpson had personal interaction with the students during and after the workshop, giving specific one-on-one help to those who asked. Along with a booklet and a few handout sheets, they gave out their contact information, making sure that everyone knew that they were there to help. "It's a great connection to have an organization like that that is so willing to build up PHC and give their time and resources," Carter said. ♦

Book Review | *The Dirty Life: On Farming, Food, and Love*

BY VIENNA JACOBSON
Editor

Over Christmas Break, I made my way to my mother's reading table. This has become a habit over my weeks at home. The table never has fewer than five books on it, all of which she is reading simultaneously. I always read at least one of them over the break. I perused her collection before picking up "The Dirty Life: On Farming, Food, and Love" by Kristin Kimball. It featured a picture of a woman perched in the hayloft window of a barn; my mom saw me pick it up and recommended it as my book of the week.

"The Dirty Life" details the journey of Kimball's life as a writer and city girl

from New York and her love affair with Mark, the Pennsylvanian farmer who would eventually become her husband. After interviewing Mark for a piece on young farmers, she became fascinated with his way of life and the fresh food he was producing and living by.

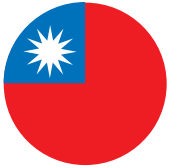
Over a short 288 pages, Kimball finds a beautiful pace through her life as a farmer's fiancée and then wife, as she explores the harsh realities of living on a farm and raising all your own food. She and Mark eventually moved to Essex, N.Y., where they still live today. Essex Farm, more a labor of love than simply a business, is where they run a "Community-Supported Agriculture" (CSA) farm. The model, im-

ported from Japan, functions off a base of members who pay an annual fee for weekly supplies of fresh food.

"The Dirty Life" will sweep you up into Kimball's world, where you will suddenly find yourself weeping over the death of a dear draft horse, and breathless as she describes wonderful meals cooked completely with farm-fresh ingredients. While I would highly recommend reading "The Dirty Life," it would be remiss of me not to mention that Kimball and her husband appear not to be Christians. This aside, you will most likely find yourself desperately wanting for Kimball and her husband to take you into their home and teach you about the dirty life. ♦

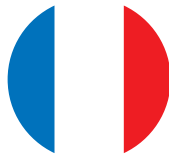


things you should know



Taiwan quake kills
4, tilts buildings; over
140 missing.

Paris received
its biggest snowfall
in decades.



New Strzok-Page
texts call into
question Obama's
2016 statement on
FBI probes.

“WHO SAID WHAT

quotes from campus

[Logan Crow]

“That picture I made for the
chicken pox story is the only
time I’ll ever make it into the
Herald.”

[Dr. Mitchell]

“You say you have the ‘phantom
chicken pox’?”

[Marina Moreira]

“I hope so. I can’t miss three
days of classes just because my
stomach itches.”

[Jae Jared]

“Oh my goodness, he really IS
jacked.”

[Kyle Ziemnick]

“I don’t pick up on attractive
men that easily.”

”

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