

theherald

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Credit: Meg McEwen



Credit: Tim Kocher

PHC Student Interns at RNC

by Victoria Cook

Red, white, and blue balloons and confetti dropped from the ceiling of the Quicken Loans Arena as Donald Trump and Mike Pence accepted the Republican Party nomination. Cleveland, Ohio, hosted the 2016 Republican National Convention where Tim Kocher, a PHC junior, witnessed the events leading up to the nomination.

Four years prior to the 2016 convention, Kocher attended an educational symposium in Tampa, Florida, the place of the 2012 convention. The symposium focused on the process of hosting a convention and the events that take place over the course of it. While in Tampa, Kocher was im-

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Vice-Presidential Hopeful At PHC

Vice-Presidential Candidate Welcomed by Supporters and Protestors

by Beth Bergstrom

Vice presidential candidate Mike Pence made a campaign stop at PHC on Saturday for a rally.

The BHC closed temporarily to allow Secret Service agents to sweep the building. When it reopened at 12:00 p.m., attendees went through metal detectors before entering into the rally.

The rally, held in PHC's gym, began with the pre-program at 2:15 p.m. The speakers included Chairman At-Large of the Prince William Board

of County Supervisors Corey Stewart, member of the Virginia House of Delegates Dave LaRock, Republican National Committeewoman Cynthia Dunbar, Director of Media Relations for HSLDA Jeremiah Lorrige, and president of the Susan B. Anthony List Marjorie Dannenfelser. Student body president Andrew Kelly gave the invocation, junior Marquis Gough led the Pledge of Allegiance, and sophomore Caleb Engle sang the National Anthem.

At 3:00 p.m. Pence came out to audience chants of

"U.S.A."

In attendance was Frank Wolfe, a former House of Representatives member. Pence introduced Wolfe and invited him up on stage.

Pence thanked Dannenfelser for her introduction but said he prefers something a little more concise. "I'm Christian, a conservative, and a Republican; in that order," said Pence, a statement echoed by the audience.

Pence discussed a variety of issues, from the potential Su-

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studentgovernment

The Election Commission (EC) met Wednesday night to modify the student election proposal. Elections will now end October 5th rather than October 7th, avoiding conflict with the new October Break. The Senate will be meeting soon, most likely next week, to approve the EC changes to the election proposal, as well as to fill a vacancy on the Alcohol Policy Assessment Commission. The

Senate will also reconsider any legislation that was passed during the last academic year but was rejected at some level in the PHC administration. All in all, it's been a quiet week for student government. In the words of our illustrious leader, Mr. Kelly, "love one another earnestly."

~ Tim Kocher, Speaker of the Senate

Police: Be Alert After Assaults, Theft in Loudoun

by Evie Fordham

The Loudoun County Sheriff's Office encourages residents to be vigilant after two assaults on the Washington and Old Dominion Trail (W&OD) in the last two weeks and three thefts from vehicles in Ashburn in the past week.

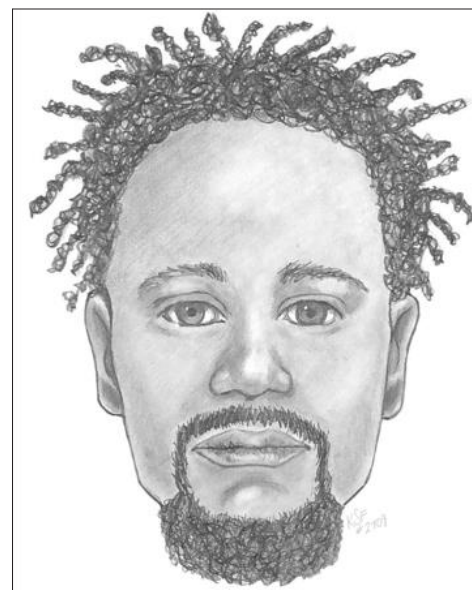
The assaults on the W&OD happened a week apart on the Leesburg and Sterling portions of the trail. None of the suspects have been apprehended, and the sheriff's office is intensifying patrol of the area.

"The two separate assaults were completely unrelated incidents," said Aleksandra Kowalski, public information officer for the sheriff's office. "We would like to remind residents that the park is closed from dusk to dawn, and nobody should be using it."

A woman jogging on the Leesburg area of the trail around 6:30 a.m. on Aug. 25 was approached by a man carrying a box cutter. The woman ran away from him unharmed, and he fled the scene. The suspect is a male in his 50s, and the victim was an off-duty Loudoun County sheriff's deputy, police said.

Two men attacked a woman walking on the Sterling portion of the trail around 8:30 p.m. on Aug. 17, but fled when a cyclist rode by. Police describe the men as in their 30s with one suspect being 6 feet 2 inches tall and the other slightly shorter. The incident was classified as an attempted sexual assault.

"We've been on the trail by bike or car patrol since before the assaults," Kowalski said. "It's a continuous thing we do."



Courtesy: Leesburg Police Department

Courtesy: Loudoun County Sheriff's Office

Suspects in the Aug. 17 attempted assault (L) and the Aug. 25 attempted sexual assault (R)

She advised the public to be alert when using the trail.

"Have your phone with you and don't make contact with strangers," she said. "We also recommend that you don't wear earphones or wear only one."

Junior Rosalie Blacklock has run on the W&OD Trail three to four times a week since her freshman year. She became more safety-conscious last year after learning of an attempted assault on the trail.

"I ran with a can of bear spray, which is like pepper spray, for about a semester," she said. "It started to hurt my wrist, and then, frankly, I relaxed and stopped carrying it. Since then I haven't taken any definite precautions, but I don't run in the dark... if I go for an early run, I go toward town where there are people and cars."

Campus Security Chief Paul Yancey

advises students to be smart when leaving their cars unattended, due to three thefts from vehicles in Ashburn on Aug. 28 and 29. Unlocked cars, some on private property, allowed thieves to steal items inside like purses and electronics on the nights of Aug. 22 and 23, according to sheriff's office reports.

"Remove valuables from your car, and if you leave it unattended make sure the doors are locked, anyplace you go," Yancey said. "The main thing is always to be aware of your surroundings. It doesn't make a difference where you are, whether you're in Leesburg or Purcellville. Crimes are increasing in Purcellville because as the population grows, it brings in different elements of people. Be vigilant." ♦

Sheriff's Safety Tips

- Always stay alert and be aware of your surroundings.
- Walk, run or bike with a partner or group.
- Let someone know when you are on the trail, your route, and when you expect to return.
- Walk, run, or bike when the path or trail is likely to have a higher volume of foot traffic.
- Avoid using paths or trails when it is dark outside (please note that the W&OD trail is closed after dark).

Walk & Talk Tuesdays

by Harvest Prude

“We just want to get people talking,” said junior Josh Webb. He has a distinctive walk himself. Across campus you can see the long legs propelling him forward, feet angled slightly outward. Webb thinks people talk better when they’re doing something else at the same time—especially walking.

“It’s kind of weird but like—when you’re not sitting down and talking to [someone], it’s easier to talk to them. Eventually you’ll run out of fake things to say—if you make yourself talk to them. So eventually something important gets said,” Webb said.

That is part of the reason Webb and senior Andrew Kelly started the newest campus event, Walk & Talk Tuesdays. The first event was on Tuesday, August 23, and was announced two days before via Facebook. The event spread through Facebook and through word-of-mouth chatter as an open invite to any students who would like to attend.

The first Tuesday, 85 students attended. Students whispered, giggled, and scanned the crowd, wondering who they would be paired with. Attendees scrawled their names on slips of paper, which were then stuck into a microwave. A moderator drew out two names and announced them. The rest of the crowd cheered as a pair walked off to circle the Farris Wheel and, if the conversation went long, wander to other parts of campus. The average conversation was half an hour long.

The original Walk & Talk began two years before, during Webb’s freshman year. Webb’s friend group, around nine or 10 people, would meet outside, walk around and talk to each other. After around half an hour, they would swap to a different person among the group. “It ended up creating a lot of super good friendships,” Webb said.

Junior Becca Samelson, a participant in the original Walk & Talks, thinks the



The first Walk & Talk Tuesday

event can be a solution to a social problem on campus. “People who are now not lonely were once lonely,” Samelson said. The Walk & Talk could open people’s eyes to those around them. “It’s an act of campus unity,” Samelson said.

The initial announcement led to both excitement and skepticism. Some students compared the event to speed dating, and some requested that girls and guys could be kept in separate groups. After talking to quite a few students, Webb and Kelly decided to keep it as a single group.

“I think some people here have the antiquated idea that men and women can’t be friends, which is utterly false. And I’m sure that everyone who came in with that fear probably left without it,” said Kelly.

Webb and Kelly hope the event will affect campus culture positively. “Optimally, the event would be a jump-start for this to become a normal practice on campus, in the wings, in the dining hall, at the sports field, and everywhere. It’s not an end-all, just the beginning,” Kelly said. “We hope that it transforms people’s



The Microwave

perspective into one that’s open to getting deeper with people that they may not have expected to.”

Soon, they hope to open up the event to faculty and staff. A faculty and their spouse would be considered a pair, and a student would get to walk around with them.

The next Walk & Talk will be Sept. 13 at 9:24 in front of BHC steps. Webb and Kelly hope to host around 10 more Walk & Talk events this semester. ♦

Credit: Shane Roberts

Credit: Shane Roberts

Alumni Association Names Scholarship Winners

by Rebekah Jorgensen

Sophomores Samuel Lisanti and Georgia Cline received the 2016 Alumni Association Tuition Scholarship after submitting essays last spring as part of the annual competition.

Lisanti, a Strategic Intelligence major, won first place with his essay entitled, "A Response to 'Why kids - now more than ever - need to learn philosophy. Yes, philosophy' by Valerie Strauss." Cline, an American Politics and Policy major, came in second with her essay, "Capitalism: Oppression or Opportunity?"

"I love learning about a wide variety of subjects," Lisanti said. "I had just finished coaching my two younger brothers on a debate resolution centering on the supposed conflict between classic liberal arts and practical skills, so I had already... thought about the issue."

Cline believed God had led her to the essay topic, and she was grateful for his guidance. The morning she started writing, before even looking at the prompts, she proceeded to do her normal personal



Samuel Lisanti



Georgia Cline

devotions. As she read, she had a growing feeling that God would use her essay.

"I read about the way Christians should deal with the whole question of philanthropy and welfare (2 Timothy and 1 Thessalonians)," Cline said. "It turned out that one of the prompts was entirely based on the Scripture God had led me to read that morning!"

The Alumni Association has hosted the essay competition every year since 2008, helping well-spoken students afford

the cost of PHC. At the same time, it also provides the alumni a glimpse into the thoughts and ideas of current students, thereby allowing them to see what trends are prevalent amongst the student body.

"I was pleased that [my essay] was ranked well by the Alumni Association," Lisanti said, "but what would be even more satisfying would be if potential PHC students, or even general citizens, read this and were challenged to think about the importance of the liberal arts." ♦

College Republicans Host Kick-off Party

by Marjorie Pratt

Around thirty students, many of them members of PHC's College Republican (CR) group, gathered in the BHC student lounge on Monday, August 29, to hear Virginia Delegates Dave LaRock and Randy Minchew, as well as State Senator Dick Black for the College Republicans Kick-off Party.

LaRock, the first speaker, encouraged students to continue campaigning this fall. LaRock's address contained a few quips at Hilary Clinton or the Democratic Party in general.

Senator Dick Black took the floor next. The former head of the Christian Coalition of Virginia, a Vietnam marine pilot with 269 combat missions under his

belt, the former co-chair of the Ted Cruz campaign is an avid Trump supporter. He believes that this could be the last chance to get a Republican into the Oval Office. If Trump is not elected, he argued, Clinton will ruin the state of our government. "This could be the last free and fair election," Black said.

Minchew chose to highlight the advantages of joining a CR club. "As a Republican, what sets you apart is a set of morals that's part of your bone marrow," Minchew said. He ended by saying that Hillary is "corruption personified."

For the final minutes of the gathering, CR president Johanna Christophel opened the floor for questions. One student asked what the politicians thought of the number of propositions Trump has

made, such as denying access to Muslim immigrants. None agreed with the presidential candidate's ideas, nor could justify his words beyond simply giving him the benefit of the doubt.

Black made the point that Trump is not a practiced politician. He has yet to build up the word filter that comes with practice, so he tends to state his ideas in unappealing ways, or just say things he shouldn't say in general.

Minchew advocated voting for the party rather than the individual, believing that the party will ultimately right its wrongs. All three agreed that in this election, voters will indeed have to choose the lesser of two evils, and in this case, they believe the lesser of two evils to be Donald Trump. ♦

PHC Hosts Vice Presidential Candidate

continued from cover

preme Court vacancies the country will face to national security.

"America needs to be strong for the world to be safe," said Pence.

In the middle of Pence's speech a group of protestors were escorted out of the gym. Trump supporters surrounded the protesters and covered them with Trump/Pence cardboard signs as they left.

The decision to host the rally brought controversy to campus. "I understand the situation with the gym and how Pence coming here is not an endorsement of Trump by Patrick Henry College or administration," senior Luke Thomas said. "However, the image that is communicated to people is that PHC is supportive of Donald Trump and what he represents."

However, some students agreed with the school's decision. "I thought that



holding the Pence rally at PHC was an amazing opportunity for our school. First, it gave our school the opportunity for a bit of publicity, and second, due to the signif-

icance of this election year, it was just an incredible opportunity for the students to hear a vice-presidential candidate speak," Kyle Permann said. ♦

From Tampa to Cleveland

continued from cover

pacted by the glimpses of what a National Convention was like and determined to go back someday.

Kocher interned with the Ohio Republican Party last summer, his first step towards interning at the Republican National Convention.

Kocher volunteered at the first Republican primary debate, making sure the event ran smoothly. He then became the deputy campaign manager for Randy Minchew and applied for the internship with the Republican National Committee (RNC). Kocher's experience in information technology let him work behind the scenes for VIPs and attendees.

Kocher kept software and computers running, set up secure wi-fi lines, and made sure that all the technology for the convention, like the main screens and speakers, ran smoothly. Kocher took proactive measures against hacking and other threats to cyber security.

The Quicken Loans Arena boasts five multi-screen video walls, 562 television monitors, and a four-screen scoreboard.

Before the convention began, Kocher helped set up the the cabling needed for the additional screens that were set around the stadium.

Kocher never interacted with any VIPs or delegates, but he did brush by Anderson Cooper, Joni Ernst, and Newt Gingrich. Kocher had a cameo appearance in a story run by *Fox Business*, and he also took an elevator with Ted Cruz the day Cruz made a speech avoiding endorsing Trump. "You'll be in your office and then you'll have to pop out somewhere, and in the course of doing your job, you can see someone famous on their way to an interview," Kocher said.

The main controversy at the convention regarded the delegates' role call votes, where the chairman determines which side is louder to win. A group of delegates wanted to unbind all delegates from their obligation to vote as their states voted but was unable to succeed. The group submitted nine state petitions to change the format of the voting, but the RNC looked at who signed the petitions and persuaded

the delegates to withdraw their signatures.

"The problem was the convention secretary and the RNC did not mention that the petitions did not go through; so many people who were expecting to have a direct vote were extremely upset," Kocher said. After the miscommunication was cleared up, delegates retook the roll call vote. "I don't think even the Cavalier games that are played in the stadium were as loud as the roll call that was taken," Kocher said.

Despite tension between delegates at the convention, Kocher said that police only arrested 24 people for rioting during the convention, 1,576 less than the number arrested at the 2012 convention.

Interning for the RNC showed Kocher how people define the term "Republican" in a variety of ways, but can still be united under key principles. "The Republican Party has the ability to be diverse, which helps it adapt to changes," Kocher said. "I don't really buy into the idea that the Republican Party is going to go away anytime soon." ♦

Rally Prompts Students and Alumni Protest

by Giovanna Lastra

"America is already great!" shouted the protestors on Saturday as they stood in the grassy area marked out for them beside the Berlin Turnpike, just off campus. About 10 students and alumni held signs that said, "For Christ and Equality" and "Immigrants Make America Great." As cars drove by and honked, yelling obscenities at the crowd, students promptly responded "God bless you!"

As the BHC gym filled with people prepared to see vice-presidential candidate and Indiana Governor Mike Pence, nearly twenty people, half from campus and half from the community, used the opportunity to protest presidential candidate Donald Trump.

"I am here because I think it is incredibly important for PHC to send the message that we are not just rubber-stamping everything that Trump says by holding this rally," said junior Christian McGuire. Students and alumni stood in protest to demonstrate that the campus and student body does not endorse Trump.

"Trump is not an example of what PHC stands for," said recent graduate Tim



Alumni Timothy and Keaghan Wier protest outside Saturday's rally

Wier. Tim and his wife Keaghan, also an alumnus, decided to spend their Saturday in the protestors section to demonstrate that PHC's student body is diverse and has varying political opinions. "We understand that students are very busy and [we] wanted to make a stand for all the students who do not like Trump. We hope to communicate that PHC students are open-minded," said Wier.

The message of the protesting students and alumni was striking to two longtime residents of the area who were protesting as well. "We were shocked by the number of students here," said Alvin Dodson and Reginald Sims. The two older gentlemen were raised in the Purcellville community and personally experienced the harsh realities of segregation. "I assumed that all these kids were homeschooled and all just 'Trump-ites.' But they proved me wrong," said Sims.

The protestors also expressed disdain for Trump's campaign which they believe brings forth issues of racism, bigotry, and misogyny. "Trump is antithetical to principles that the majority of PHC students hold to," said McGuire. "Principles such as small government, freedom, equality, Christian governance and love for the foreigner, as described in the Bible."

Most of the protestors expressed the need for conscience-based voting. "Whatever your thoughts are on Hillary Clinton, do not let that blind you to the decision you need to make. Vote for what you believe is right not because you hate Hillary," said Weir. Several protestors said that the idea of voting based upon the idea of a lesser of two evils is wrong and that American should vote its conscience.

While the protest was occurring other students used the event as a chance to pass out gospel tracts on the front steps of the BHC. "I wanted to use this opportunity to make people think about their spiritual lives," said junior Thomas Siu, who had the idea.

Some of the attendants were open to receiving the tracts the students were handing out, others not so much. "Why would you give this to me when you do not even know who you are voting for?" said a rally attendee to sophomore Hannah Perkins. Despite the few negative interactions, the three students were hopeful in their endeavors.

"The people who are coming to this rally are often emotionally charged and we hope that by handing out gospel tracts, people are reminded of the principles that matter," said senior Jimmy Waters. ♦



Student Christian McGuire protests

PHC Welcomes Italian Foodie

by Meg McEwen

In the wake of losing two chefs, PHC food service contractor Bon Appétit recently hired 28-year-old chef Michael Dowell.

"I think the atmosphere is great," Dowell said. "All the students and faculty have been really nice. My kitchen staff and my managers have been awesome to me in my first few weeks to make me feel at home."

Dowell has the colors of the Italian flag etched onto his forearm: a tattooed basil, garlic, and tomato. "We call him a foodie in this industry," said Michele Del Mundo, the Food Service General Manager at PHC. "He's dedicated to his food. Michael is Italian, so you're getting the real thing."

Dowell earned his Associate's degree in Professional Cooking at Baltimore International College in 2009. The practical classes that he took, such as purchasing, advanced culinary skills, and *garde* (French for "keeper of the food") manger classes, prepared him for a life dedicated to food. From there, Dowell moved on to work for Hilton in Baltimore, for Sodexo as a kitchen supervisor, as the lead cook at a Thai restaurant, and, finally, as a sous-chef with Bon Appétit.

"He's worked with Bon Appétit before, so he knows how to cook from scratch," Del Mundo said. Dowell's first bite of Bon Appétit at Saint Timothy, a school that also employs the company, tasted a little different from the Bon Appétit that

PHC students know. The company prides itself on providing students with fresh ingredients from local farms; however, Saint Timothy doesn't stop there. Students also tend an herb garden and a chicken farm, from which the kitchen draws ingredients. Dowell hopes to eventually incorporate the same concept at PHC.

PHC's Bon Appétit welcomed Dowell in a dry season three weeks ago. Less than 10 student workers, as opposed to the normal 40, applied for employment in the kitchen this semester. "Michael is a blessing from the Lord. He came right in time. Everyone who works here is here because the Lord wants them here," Del Mundo said.

Both Del Mundo and Jennifer Buetow, another kitchen staff member, were impressed by Dowell's performance at freshman orientation. Orientation is a notoriously high-pressure event for the kitchen because concerned parents taste the food that their children will be fed for the rest of the year. "He was thrown into the middle of orientation and even with new staff he was able to handle the pressure," Del Mundo said.

"I feel like a lot of people have been happier with the food lately," Buetow said, noting the increasingly positive student review cards. At a college kitchen limited by spiking food prices, seasonal products, and a wide range of palates, Dowell is working with the other chefs to spice up the menu. He took the Hungarian stew that Tony, the head chef, made



Chef Michael Dowell

for the week and ran with it. He found and compared recipes from other sources, and used seasonings like paprika that he thought would give the stew a heartier flavor.

"Ultimately, it's everybody coming together in the kitchen," Dowell said. "It's a full team effort to make it taste good in the end. Everybody working on that specific dish tastes it before it goes out." ♦

Update from the Bookstore

The bookstore will be returning all textbooks today, September 2. If you have yet to buy your textbooks, see them today!

PHC's New Counselor, Tracy Carter

by Leah Greenwood

Patrick Henry College welcomed its newest staff member, counselor Tracy Carter, to campus this past week, giving female students a comfortable place in which to talk.

"I want to offer a clinical environment for people to address any challenges that they may have," Carter said, "whether it is general adjustment to circumstances, or a mental health concern such as depression or anxiety."

Carter earned her undergraduate degree in Psychology and her master's degree in Mental Health Counseling from the University of Virginia. Now, Carter has over 10 years of experience in counseling all ages, and offers individual and group counseling sessions to PHC on Wednesdays and Fridays from 8-10 a.m.

Last year, while working at Riverside Counseling Center in Leesburg, Carter met a PHC student who asked her to host a women's group for the students on campus. Carter then learned that PHC was

looking for a female counselor and applied for the position.

As a Christian, Carter believes that Biblical values are completely in sync with counseling. "My faith has helped me through a number of my own struggles," Carter said. "I know that a person's faith is a great resource and strength to draw upon in finding solutions and in gaining comfort in dealing with whatever difficult situations or issues that they have in their life."

Throughout her career, Carter observed that the general population of young adults often deals with the issues of branching out on their own, relationship challenges, anxiety, and depression. At PHC, students are prone to perfectionism and pushing themselves towards high goals, which can cause extra pressures and anxiety. "[As a counselor] I'm walking next to someone through their journey, but it's still their journey... My job is to support a person; their job is to go through whatever difficult time they're going through," said Carter.



Tracy Carter

Carter strives to create and maintain a comfortable and safe environment for her clients, and to develop personal relationships with them. "It's a gift for someone to share their personal thoughts and feelings with me," Carter said. "I take that seriously, and I feel appreciative that people put that trust in me to listen and hold those private thoughts and feelings for them as they are working through different situations." s

Soccer Season Has Begun

by Bruce Truax

PHC soccer is facing an uncertain season. The women's team has a brand new coach and only four returning players. Meanwhile Ian Schmidt, a key player on the men's team, suffered a knee injury and will be out for the rest of the season.

"Most of the people on the team are pretty new to soccer," said women's coach Andrew Lonon.

But Lonon is not concerned. He wants to win, but that's not his main goal. "We're defining success as playing strong for others. Winning may be a result of success according to that vision, but it isn't, in itself, success," he said. Lonon estimated that PHC women's soccer could become competitive in at least three years. "My goal is to hopefully lay a foundation for a team that can grow into a winning team," he said.

"It's a lot different then anything I've ever done before," said sophomore Erin Kondak, "because I never really played sports in high school." The team's goalies are also new to the job. A more experienced player from the men's soccer team will be helping to train them. "Everyone's new to the team but that's actually good because we're all starting and learning together," said Kondak.

Several of the players on the men's team are also new, but the current concern is losing Schmidt, who was a key scorer. During the first game this season, while making a hard turn, his knee bent far to the side, tearing his ACL. The rest of the team played hard but the team lost 4-2 to Central Penn College.

"We had the best team men's [soccer] had. We didn't have a lot of wins, but we were solid for PHC soccer...but it looks like its going to be another [rough] year,"

Schmidt said.

His teammates are also concerned. Junior Matthew Hoke, believes that it could be a blow to the team's confidence. "I think this season eventually could be more positive, [and] it's only a matter of if everyone comes [to play hard]...it's individual commitment...it's a question we'll all have to consider," Hoke said. Nevertheless, captain Ryan Collins is positive that the men's team could win seven games.

Meanwhile, the women's soccer team is coming off of a rough season. Since only the same four or five people would show up to practice regularly last year, captain Hayley Helmut wants to foster more interest this time around.

"Its really cool that everyone's excited to be a part of the team," said sophomore Vienna Jacobson. "Last year there wasn't an excitement; it was more of a chore." ♦

The Best Food in Town

by Rebekah Jorgensen

It was a dark day in Purcellville when McDonalds met the sharp end of a bulldozer, leaving PHC students with no place to turn for sustenance in the wee hours of the morning. Yet not all hope is lost. Despite its small size, Purcellville holds a variety of tasty options, all within walking distance of campus. Thus, since man cannot live on Chick-Fil-A alone, this list is a go-to guide for affordable, off-campus meals.

1. Finn Thai

Not only does Finn Thai have the best spring rolls around, but they also boast milk tea, Pad Thai, and a wide array of other authentic dishes. Their restaurant is small, but cozy – perfect for a roommate date night! Prices range from \$7-\$15 for most entrees.

2. Market Burger

Market Burger's menu is small but packs a big punch. Choose from a variety of hand-spun milkshakes, perfectly crispy fries, and a build-your-own-burger for the full experience. For college students, on Tuesday-Thursday, Market Burger offers \$5 burgers and fries if you order before 5 p.m.

3. Purcellville Family Diner

If you're searching for a classic diner experience, complete with cranky waitresses and grungy tablecloths, then Purcellville Family fits the bill. Their home-style cooking is comfort food to the extreme, from breakfast platters of coffee, bacon, eggs, and toast, to fantastic hamburgers. To top it off, the diner is one of the cheapest places you'll find in the area, with a complete breakfast costing about \$6.

4. Anthony's

This restaurant looks like a place where *Food Network's* Gordon Ramsey is yelling at the owner to fire all his employees, but don't be fooled by appearances because Anthony's boasts incredible Italian food. They offer daily lunch specials to offset the rather pricey menu (pasta entrees

range from \$15-\$20), but if you're looking for chance to get away for a nicer evening of authentic Italian cuisine, Anthony's fits the bill.

5. Gruto's

Located right next to Market Burger, this tiny shop provides the perfect sweet treat to close out your night. Soft serve is Gruto's specialty, but they also offer a variety of milkshakes and ice cream novelties, including the "Triple Decker Belly Wrecker," a blend of vanilla ice cream, Oreos, M&Ms, peanut butter cups, and several other candies. For those of simpler tastes, their black raspberry soft serve is just the right blend of tangy and sweet. Prices begin at \$3 for a small cone with sprinkles.

6. Nery's Pupuseria

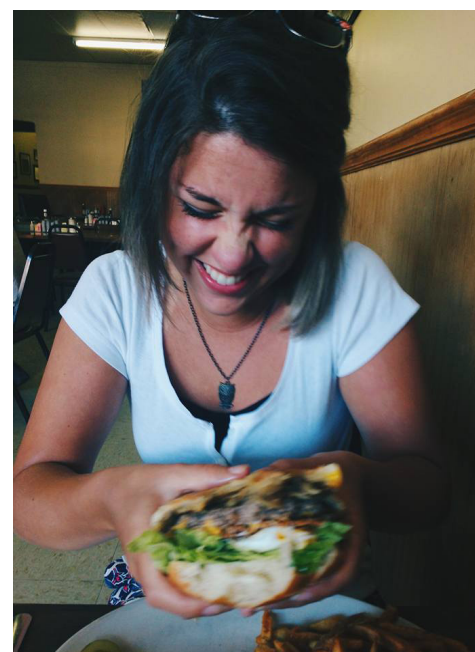
Despite its odd name, Pupuseria provides a refreshing upgrade from Taco Bell's attempt at tacos. Their specialty dish is a pupusa, a traditional Salvadoran dish made of thick, handmade corn tortillas that are filled with a blend of chicken, beef, pork, and cheese. Pupuseria also offers delicious quesadillas, taquitos, fajitas, and tamales, and each dish comes with a side of slaw and a red dipping sauce. Prices for main dishes start at \$6.

7. My Deli & Cafe

This place is the quintessential hole-in-the-wall restaurant, but its authentic Greek food is unmatched in this area. If you're fortunate enough to be waited on by the owner, be sure and mention that you know Dr. Favelo to hear a story about how "Doug is such a great guy!" My Deli has incredibly seasoned lamb gyros at reasonable prices, so drop in for the perfect evening meal.

8. Tropical Smoothie

Despite recent claims of Hepatitis A in their strawberries, Tropical Smoothie survived the accusations and even underwent a storewide remodel. With smoothie flavors ranging from sweet berry combinations to more savory green blends, their menu satisfies any mood. While one smoothie is large enough to serve as a



Courtesy: Rebekah Jorgensen

meal all its own, Tropical Smoothie also has a wide variety of food options, including salads, hot sandwiches and soups. Smoothies start at \$4.50, with food beginning at \$6.

9. Market Street Coffee

Market Street provides a refreshing living-room atmosphere for studying. While it is within walking distance of campus, there are so many PHC people in the coffee shop at any given time that it almost seems like an extension of campus. Additionally, most of their food takes 10-15 minutes to prepare. However, their soups are unmatched in Purcellville, especially the split pea. Their coffee drinks and smoothies are also excellent, with the frozen hot chocolate being a crowd favorite. Prices for specialty drinks range from \$3.50 to \$5.

10. Velocity

Velocity Wings boasts a family-friendly environment that sets it apart from other sports bars while maintaining classic comfort food. Loaded nachos, large salads, fresh burgers, and spicy wings are just a few of the menu options. With a screen at every table, this is a PHC sports fan's paradise on game days, and weekday specials include half-price burgers and all-you-can-eat wings. ♦

Opinion: Lessons of Love

by Becca Samelson

A typical PHC student's summer is usually spent recovering from a year of academic stress; you either go home and sleep for three months, or begin some cool internship that helps set you on a career path. But not me; I spent five weeks dressing up in costumes, screaming and laughing, performing the infamous "counselor stomp," and discussing and sharing God's love with dozens of teenagers.

Being a counselor for PHC Teen Camps was perhaps the most life changing experience I've ever had. While Teen Camps are intended to help the campers grow academically, relationally, and spiritually, I noticed that I was growing just as much as, if not more than, the campers. Although I grew in many areas, there were three things I learned while being a counselor this summer: how to lead, how to love, and how to be loved.

I used to think of leadership as something that took place in particular situations; for instance, I assumed that by giving my wing chapels and morning devotions I would be exhibiting good leadership. Only those given a position of authority could be leaders. But by the end of camps, I realized that leadership meant much more than simply being in front of people.

The campers looked up to all the counselors and would emulate anything we did. The more I said "Ayyyyy got 'eem!" or talked in a Miranda Sings voice (please find me for a demonstration), or sadly remarked "Biff, weh ahr u?" the more I heard my campers doing

the same thing. Leadership is more than simply standing in front of a crowd and saying the right thing; it's living constantly in a manner that glorifies God. That meant that I whether I was playing a clue character, playing capture the flag, singing in chapel, giving a devotion, talking to a camper, or performing in the Everything Skit, I needed to be a godly example. Leadership is constant; what we say and do really matters, especially when you're interacting with younger believers.

Not only did I learn what leadership really means, but I also learned how to show love to others. When you're staying up past 1 a.m. and getting up before 7 every morning, it can be difficult to show patience and love for anyone—especially teenagers. But being a counselor gave me the unique position to show love to people who didn't often receive it elsewhere. There were girls in my wing throughout the summer who had dealt with suicidal thoughts, depression, self-harm, abuse, habitual sin, or doubt in God. If I let my exhaustion control my actions, I might have missed the opportunity to point these girls to God's Word and love. And they so desperately needed it.

Loving others is more than just saying nice things or giving thoughtful gifts—loving others in the way God intends it means to point them to God's Word, for His love is strong and large enough to provide forgiveness of sin and strength to repent. But perhaps the way I was impacted most this summer was by learning what it truly means to be loved. I've always dealt with insecurity, wrestling with the absurd notion that a



Becca Samelson, Teen Camp Counselor

Courtesy: Becca Samelson

perfect God could love a wretched sinner like me. But this summer concluded a long journey of me learning to accept this love. Everywhere I looked I could see God's hand—whether it was through answered prayers or through words from campers or counselors.

I saw His love in the joy of someone committing her life to Christ. I saw His love in the prayers the counselors prayed for each other and for the campers. I saw His love in the campers' willingness to share their struggles. Even when I was emotionally and physically exhausted, God restored my soul by showing His love everywhere I looked.

There's so much more I could share: the campers I still text on a regular basis, the six different characters I played in the evening rec activities, and my favorite skits. All these things that are fresh in my mind now will eventually fade. But the love of God that I experienced—that will endure. ♦

Letter to the Editor

Regarding "New Minors Added" in last week's Herald (Aug. 26): The article indicated that the Biblical Studies Minor "prepares students for ministry or seminary. I'd like to stress that the program

is intended for followers of Jesus who are called into all sorts of different vocations. It gives students an opportunity to deepen their knowledge of Scripture, as well as secondary sources and inductive study

methods. The minor is for all students, not just those preparing for full-time ministry

Dr. Darrel Cox, Prof. of Biblical Studies