

Initial Exam / Follow up

Name: _____	Date of Birth: _____
Height: _____	Weight: _____
BMI _____	Pulse: _____
	BP: _____

History			
Chief Complaint			
Medical	Normal	Abnormal Findings	Initials*
Heart*			
Lungs*			
Abdomen*			
Ankles /Edema*			
Foot			
Appearance			
Skin			
Eyes/Ears/Nose			
Throat/ Oropharynx			
Lymph Nodes			
Pulses			
Neck			
Back			
Shoulder/Arm			
Elbow/ Forearm			
Wrist/Hand			
Hip/Thigh			
Knee			

All bold and * must be completed in both intial and follow up visit

Medically Cleared: YES _____ NO _____	
Name of physician (print/type) _____	Date _____
Address _____	Phone _____
Signature of physician _____	MD/DO/NP/PA-C
FAX COMPLETED FORM TO: 866-624-7650	