

# FAR-INFRARED SAUNAS

*The Healthiest and Safest Far-Infrared Saunas in the World*





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FAR-INFRARED BY FINNLEO

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## FOR HEALTH AND RELAXATION...FAR-INFRARED BY FINNLEO

Whether you use your sauna to wind down after a stressful day at work, after a workout to reduce pain in muscles and joints, to detoxify for a healthier body, or before bed to promote a deeper, more restful sleep, let a Finnleo Far-Infrared Sauna work its special effects on you.

The benefits of sauna therapy are almost immeasurable. Indulge and invest in your good health... in something that not only feels good, but is good for you. Far-Infrared Saunas—using the latest in organic carbon technology—designed to give you the ultimate IR Sauna experience.

## HEALTH BENEFITS FROM SAUNA BATHING...A MEDICAL PERSPECTIVE

In reviewing medical literature many medical professionals use and prescribe saunas as an important component of personal wellness programs.

The health benefits of sauna bathing are well documented (e.g. "Annals of Clinical Research: Special Issue on Sauna"). Regular sauna bathing—and the associated sweating process—can help you "Detoxify" your body, "Relieve muscle and joint aches and pains", and "Relax". The physical benefits combined with the associated stress reduction makes the decision to purchase a sauna an easy one—a sauna not only feels good, it's good for you!

Dr. Marcy Street, of Doctor's Approach Dermatology and Medical Spa, is an internationally-known doctor and recognized medical expert, and a big proponent of far-infrared sauna used as a means to healthier living.



Dr. Street states, "There are many far-infrared products on the market for home use, but it's important to find one from a well-established, reputable manufacturer. I recommend Saunatec's Carbon Flex® infrared system because, after years of pioneering far-infrared technology, they have engineered a product which offers complete, penetrating full-body coverage. These are well-designed products that should provide years of enjoyment.

My patients immediately feel the benefits from bathing in the sauna. Saunas are especially good for flushing toxins from the body, cleansing skin and soothing aches and pains in sore muscles and joints. I personally use and enjoy my Saunatec sauna multiple times per week, and I'm healthier because of it.

I feel that regular sauna bathing, and the penetrating heat of far-infrared saunas in particular, is one of the best investments you can make in your personal health and well-being."

Dr. Marcy L. Street, Medical Director  
The Doctor's Approach Dermatology & Skin  
Cancer Center  
East Lansing, Michigan





## DETOXIFY. RELIEVE ACHES AND PAINS. RELAX.

### DETOXIFY YOUR BODY BY FLUSHING OUT TOXINS

In today's lifestyles, most of us don't actively sweat on a daily basis. Numerous medical studies show that deep sweating has multiple health benefits. Regular bathing in a Far-Infrared Sauna by Finnleo provides the benefits derived from a deep sweat:

- In the heat of a sauna, the core body temperature begins to rise. The blood vessels dilate, causing increased blood flow to the skin surfaces. As the core body temperature rises, the body's nervous system sends signals to the millions of sweat glands covering the body. Deep sweating in a sauna can help reduce levels of lead, copper, zinc, nickel and mercury—all toxins commonly picked up from our environment.
- At the same time, skin is cleansed and dead cells are replaced, keeping your skin in good working condition.
- Sweat rinses bacteria out of the epidermal layer and sweat ducts. Cleansing of the pores improves the capillary circulation and gives the skin a soft, beautiful appearance.
- Soothes aches and pains in muscles and joints

- Under high heat, the body releases endorphins — the body's naturally produced pain relieving chemical. Endorphins can have a mild and enjoyable tranquilizing effect and the ability to quell the pain of arthritis (and muscle soreness from an intense physical workout).
- Following sporting activity, use the heat of a sauna for muscle relaxation by helping to reduce muscle tension and eliminate lactic acid and other toxins.

### FOR SPORT AND BODY CONDITIONING

Far-infrared is perfect as a "heat therapy room" for athletes looking for a pre-workout warm-up—to warm up muscles and increase flexibility, helping to prevent injury. It's also ideal for pre-warm-up for physical therapy and massage therapy, or for a relaxing wind-down at the end of a stress-filled day. Far-infrared heat is also ideal for soothing sore muscles and joints after a workout.



## WHY INFRARED BATHING?

- Body-friendly. Infrared bathing is a safe and comfortable way to detoxify, and relieve aches pains and stress.
- Time-friendly. There's very little waiting for an infrared sauna to heat up, so you can easily enjoy its benefits anytime.
- Planet-friendly. Even with daily use, Infrared technology uses as little or less electricity than many other common household appliances.
- Family-friendly. Infrared saunas are safe and easy to use for kids and adults alike—it's an excellent investment in your family's health.



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## FINNLEO'S PATENTED LOW EMR/LOW EF FAR-INFRARED TECHNOLOGY

*The Healthiest and Safest Far-Infrared Saunas in the World*

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### **CarbonFlex** WITH **Pure Infra™** Low EMR Low EF

Pure Infra™ saunas by Finnleo provide peace of mind. Peace of mind knowing you are using the Lowest EMR and EF infrared sauna in the world. Peace of mind knowing the product is backed by a 90 year old sauna company and the largest sauna and steam company globally. Peace of mind relaxing in the soft, soothing and body enveloping deep absorbing heat of a "Pure Infra" Sauna by Finnleo. Available in standard or custom sizes. Only Finnleo can offer you an infrared product for any shape and space.

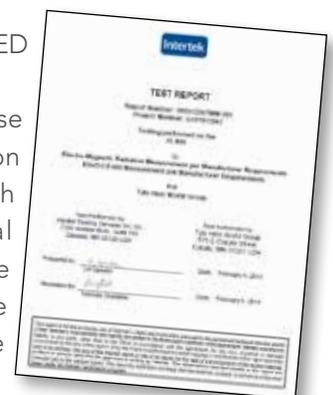
#### WARM UP TO NEW BREAKTHROUGH TECHNOLOGY

Infrared saunas radiate EMR and EF radiation. Though not harmful in the low doses used in Infrared saunas, we have spent the last several years developing a new and break-through technology that nearly eliminates this radiation while still maintaining the positive effects of

infrared sauna. We call it Pure Infra™ (multiple patents in the U.S., Canada and International) and this new technology is exclusive to Finnleo. It's the only infrared sauna technology that has radiation levels below the tough Swedish radiation standards throughout the sauna room including all points of body contact.

#### EMR/EF INDEPENDENTLY VERIFIED BY INTERTEK.

The only Sauna manufacturer to use international 3rd party verification with test in "Actual" use with all connections and electrical distribution points in place. Beware of lab bench test reports which are dramatically different from real life full room tests.



# PURE HEAD-TO-TOE COMFORT WITH FINNLEO'S EVEN HEAT DISTRIBUTION

One of the most common complaints about infrared saunas is uneven heat distribution—"cold spots"—where no IR waves reach the body, and "hot spots" when seated directly in front of outdated ceramic or metallic IR heaters.

Finnleo Far-Infrared Saunas are purpose-engineered to create the most soothing, full-body heat exposure available. Using the most advanced far-infrared technology, Finnleo's CarbonFlex® emitters generate even heat and wall-to-wall full body coverage.

CarbonFlex® heating panels have a larger heating surface, which ensures your perfect bathing comfort in two important ways. First, the larger surface disperses heat over a wider area, keeping their surface temperature comfortable for bathers. Secondly, maximum exposure over the widest possible area creates optimal infrared wavelengths, which in turn produces deep penetration, and soft, even heat you expect for a pure sauna experience.

## TREAT YOURSELF TO A HEALTHIER INFRARED

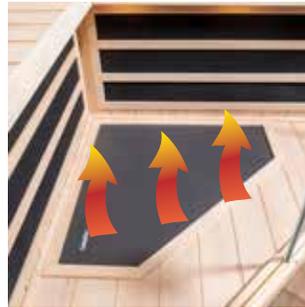
Treating yourself to the relaxation and detoxification benefits of infrared technology is now safer than ever. "Pure Infra" saunas have the lowest electromagnetic radiation (EMR) and electrical field (EF) signatures of any infrared delivery system available—levels far below even Sweden's tough radiation standards. And the exclusive EvenHeat™ system makes sure every single part of you is warmed evenly—providing added comfort and true full body detoxification without the worry of excessive exposure to EMR and EF.

Due to Finnleo's patented technology, all Finnleo "Pure Infra" Saunas have EMR levels throughout the sauna room below 2 mG and EF levels below 1 Vm (the lowest in the industry), measured at the point of body contact. Beware: other companies claiming Low EMR have radiation spikes throughout the room (floor, walls, ceiling).

**CarbonFlex** WITH **Pure Infra™** **Low EMR**  
**Low EF**



Even, wall-to-wall heat distribution; no cold spots



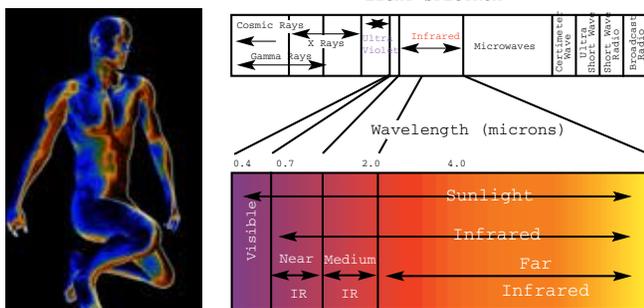
Low sidewall emitters + bench heat



In-floor heat

## SWEAT YOUR WAY TO A BETTER YOU

In disciplines such as yoga, a daily sweat is acknowledged as one of the single best things you can do to stay healthy. Arteries dilate, improving blood flow throughout the body and relaxing tight or overworked muscles. The production of white blood cells is stimulated, strengthening the immune system. Toxins are flushed out through the skin's pores. In a "Pure Infra" sauna, the ambient air temperature settles at your preset comfort level—while the safest infrared waves possible penetrate deep into your body, warming you inside and out at the same time. This means you can detoxify comfortably and safely for longer periods. And come out feeling stronger, healthier and in better balance.



# THE HEALTHIEST INFRARED AVAILABLE ANYWHERE

All infrared delivery systems produce EMR and EF to some extent. While the levels are typically low, it is still not clearly understood what the long term effects of low exposure might mean. Pure Infra technology was developed to take the worry out of unnecessary exposure to EMR and EF. For instance, the electrical field in

a Pure Infra is less than you'd experience from a computer screen or cell phone. After all, if the point is to detoxify, why expose yourself to any level of unnecessary radiation? In fact, the EMR and EF levels in your Pure Infra Sauna are lower than the ambient in your home. Your Sauna becomes your 'safe' haven.



## BETTER FOR EVERYONE

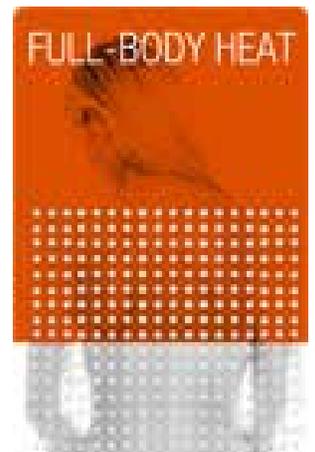
"Pure Infra" saunas heat quickly and efficiently with a tap of the touchscreen control. A "Pure Infra" sauna also heats up near-instantly to your set comfort level while using up to 20% less energy than other systems. That means fewer energy resources are used to provide the safest, most comforting infrared heat bathing experience available—and that's better for everyone.



## FULL-BODY HEAT

The Even Heat system incorporates our patented heat redistribution technology to ensure infrared waves warm every part of your body evenly.

The gentle heat-redistribution system spreads heat more evenly throughout the sauna, including deep therapeutic heating of the lower back. With Even Heat there are no "cold spots" from heat stratification—you are bathed evenly in the safest infrared available from every angle, floor to ceiling.





S-SERIES FAR-INFRARED SAUNA



**MUSIC TO YOUR EARS**

Every "Pure Infra" sauna model includes a sound system with speakers, wireless/Bluetooth operated sound system that provides crystal clear pleasure from your favorite music device—adding another touch of comfort to your daily detox.

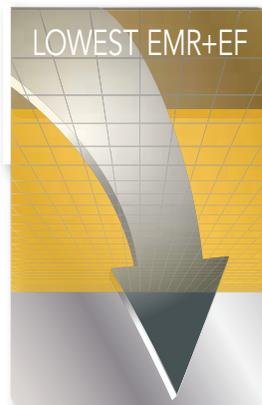


**EASY ON THE EYES**

"Pure Infra" saunas include tri-modal lighting systems, with soft valance lighting, ceiling reading lights and color light therapy. This allows you to relax in the soft and diffused valance lighting, use color to create an energizing ambiance, or simply enjoy your favorite magazine or book without straining.



B-SERIES FAR-INFRARED SAUNA



**THE LOWEST EMR + EF AVAILABLE**

Simply put, no other infrared sauna system minimizes your exposure to EMR and EF better than "Pure Infra". Our exclusive patented technology means Pure Infra saunas produce less EMR and EF than the Swedish radiation standards—the toughest in the world.



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## FINNLEO FAR-INFRARED FEATURES

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S-Series: Finnleo's Premium Line. The World's Finest Infrared Sauna  
B-Series: Finnleo's Classic, Industry Changing Infrared Sauna

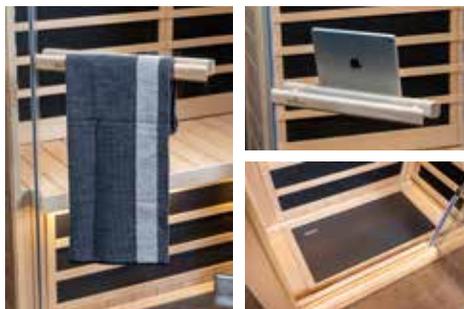


## All Finnleo S and B Infrared Rooms Include the Following Standard Features:

- Finnleo's proprietary/patented infrared heating technology, combining its Carbonflex heaters with its exclusive Pure Infra Low EMR Low EF technology to provide the lowest possible exposure to EMR and EF.
- Prefabricated wall panels, finished inside and out with clear T&G Canadian Hemlock—for a sauna with "furniture quality."
- Fast assembly with no tools—with wall panels mounted onto an easy-fit base and topped with easy-fit ceiling panel.
- Exterior surfaces finished with biodegradable wood treatment—for a more luxurious look and for ease in maintenance.
- Finnleo CarbonFlex® /Pure Infra Low EMR Low EF infrared heaters, integral with wall panels, with heater surface area and wattage designed to give even, enveloping heat on all sides.
- Finnleo digital control system mounted inside the sauna for easy operation and control of: on/off, 3 different lighting options (reading, color-therapy, valance lighting), sound system, time and temperature controls.
- Finnleo wireless Bluetooth sound system includes sleek low profile speakers and built-in amplifier (also has 3.5 mm port for plug-in of music devices).
- Pre-built Hemlock benches
- Built-in Hemlock floor
- Deluxe Tempered Full-Glass Door
- Low-voltage mini-spotlights installed in the ceiling. Wall-to-wall backrests, designed for user comfort and safety.
- Super-easy installation (less than ten minutes for most models) with pre-wired heaters, lights, sound system, etc.—with simple "plug-in" system.
- All sizes can be plugged into a 120-volt household outlet
- ETL listed "as a complete plug-in room"—for safety and reliability
- Industry leading warranty backed by America's #1 sauna company.

## S-Series features include:

- Exterior door handle as towel bar
- Interior door handle with slot for iPad or smart phone
- Matt metallic in-floor heater



## To guarantee maximum head-to-toe comfort, all Finnleo IR saunas include:

- Wall-to-wall carbon fiber heaters on back wall and sidewalls
- Side wall heaters extending all the way down to floor level
- The only IR rooms with bench seat heaters. Easily controlled with on/off button; ensures body core receives full benefit
- Exclusive in-floor heating systems with heated ceramic tiles

## COLOR THERAPY — Psychological and Therapeutic Effects of Color

Red is the symbol of love and of life itself; with its penetration power, which is the highest of all colors; it is recommended for treatment of impeded circulation, muscles and heart. It generates enthusiasm, arouses passion and has a cheering effect.

Green is a cooling, sedating color, which helps reduce swelling of joints and tissues; it calms the body and helps reduce inflammation. It's the color of the relaxed heart.

Blue is a cool color that has a calming effect, inside as well as on the outside. It is very helpful in treating sleep disorders and headaches, yet also regulates elastic tissues in the organism. It helps in all kinds of cramps and can have an anti-bacterial effect.



Yellow is a clear purifying color, which stimulates clarity of intellect, as well as toxin processing and elimination. It can help with learning disabilities and with strengthening of the endocrine functions.

Turquoise is the color for mental relaxation and tackling embedded psychological barriers. It acts as a tonifier and can help regulate imbalances in the lung and large intestine system. It is a color that facilitates spiritual growth.

Violet promotes awareness and consciousness. It increases effects of meditation. It promotes proper functioning of the lymphatic system and is a very helpful in times of menopause. It is the color for neutralizing emotional wounds and for spiritual growth



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## S-SERIES FAR-INFRARED SAUNAS

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### REDEFINING THE STANDARD FOR INFRARED SAUNAS

The 'S' (for Supreme) Series of infrared saunas is paradise found. Finnleo's luxury line, the S-series includes numerous upgrades as standard features. The S-series has a modern aesthetic with full glass fronts and a design that creates

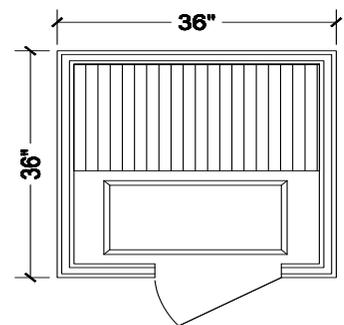
an environment of space and richness. Thanks to its layout, design and Pure Infra Low EMR/Low EF patented technology, the Finnleo S lets you detoxify and relax in comfort for longer periods.

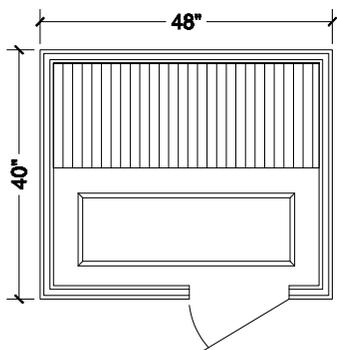


## S-810 SERIES 1-PERSON

Ideal for those having minimal space available and/or for those using their sauna solo, the Model S-810 has a footprint of only 9 sq. ft. The diminutive S-810 may be compact but it has the same luxurious features as larger models: Pure Infra Low EMR/Low EF, all-glass front wall, trimodal with valance lights, ceiling lighting with ceiling reading lights and color light therapy. "Lack of space" is no longer a limitation. This model can be installed into a corner of almost any room or integrated into a bathroom.

- Dimensions: 36" d x 36" w x 77" h
- Electrical requirements: Plug-in, 15 amp 120-volt outlet





### S-820 SERIES 2-PERSON

One of our most popular models, the S-820 is perfect for one or two people, with its footprint of only 13.3 sq. ft., this IR sauna has the same luxurious features as all S models: Pure Infra Low EMR/Low EF, all-glass front wall, trimodal lighting with valance light, ceiling reading lights and color light therapy. It can be easily incorporated into an in-home workout area, master bath or even in the master bedroom.

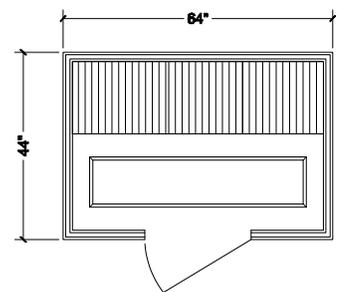
- Dimensions: 40" d x 48" w x 77" h
- Electrical requirements: Plug-in, 15 amp 120-volt outlet

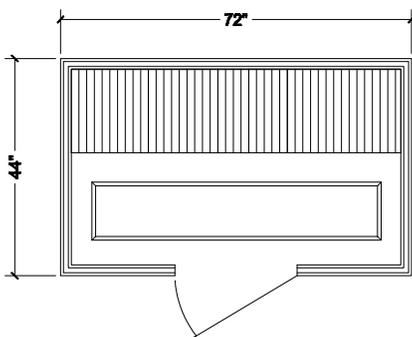
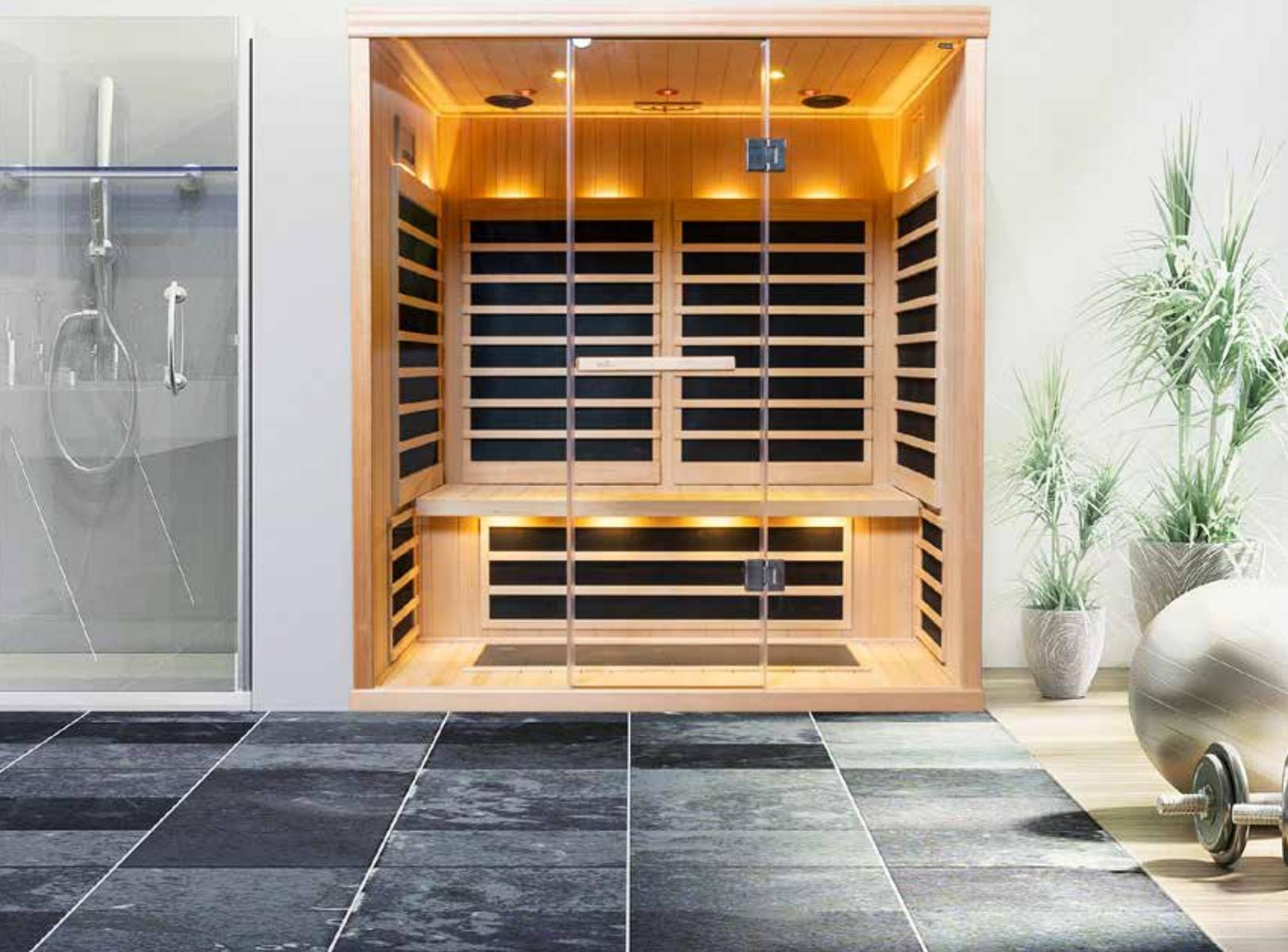


### S-825 SERIES 3-PERSON

A roomier version of the popular S-820, this beautiful sauna is for two or three people and has the same luxurious features as all S models: Pure Infra Low EMR/Low EF, all-glass front wall, trimodal lighting with valance light, ceiling reading lights and color light therapy.

- Dimensions: 44" d x 64" w x 77" h
- Electrical requirements: Plug-in, 20 amp 120-volt outlet





### S-830 SERIES 3-PERSON

If you like to lie down in the sauna, this is the model for you. This rectangular model comfortably seats three, but the 6' width also makes it comfortable for lying down. With the all glass front the room has an open, luxurious feel to it.

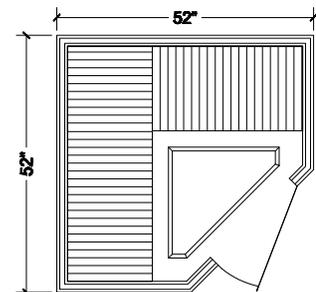
- Dimensions: 44" d x 72" w x 77" h
- Electrical requirements: Plug-in, 20 amp 120-volt outlet

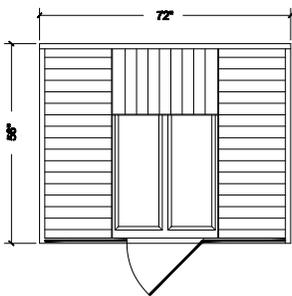


### S-870 SERIES 3-PERSON

Slightly smaller than the S-880, the Model S-870 combines great design with incredible space efficiency. With its 5-sided design and a footprint of only 52" x 52", it's ideal for two or three people and can fit into almost any space.

- Dimensions: 52" d x 52" w x 77" h
- Electrical requirements: Plug-in, 15 amp 120-volt outlet





### S-840 SERIES 4-PERSON

Spaciousness with comfortable seating for four. By dropping in a bench insert to convert the two long benches into a U-shaped bench, you can seat up to five people, or have two people lying down at once.

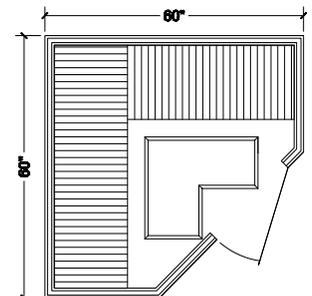
- Dimensions: 56" d x 72" w x 77" h
- Electrical requirements: Plug-in, 20 amp 120-volt outlet



## S-880 SERIES 4-PERSON

Our most luxurious model, the S-880 is a neo-angled beauty. A 3-sided all glass front gives the sauna panoramic openness. Comfortable seating for four, its L-bench design is ideal for intimate conversation with friends and family.

- Dimensions: 60" d x 60" w x 77" h
- Electrical requirements: Plug-in, 20 amp 120-volt outlet





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## B-SERIES FAR-INFRARED SAUNAS

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Finnleo introduced its B-series in 2006. With its superb design combined with Finnleo's unique CarbonFlex technology and best body coverage, the B-series established a new standard in IR sauna design and performance—and it truly changed the industry. Though competitors try to copy the B-series

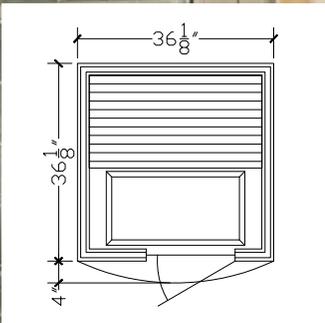
design, it simply cannot be duplicated. By popular demand by those who prefer a more traditional look, Finnleo proudly continues to offer the “industry classic” B—but with its state-of-the-art Pure Infra Low EMR/Low EF technology.



## B-810 SERIES 1-PERSON

Ideal for those having minimal space available and/or those using their sauna solo, the B-810 has a footprint of only 9 square feet. With all the premium line features, the B-810 has the same luxurious features as larger models but is packaged as our smallest model. Lack of space is no longer a limitation. This model can be installed into a corner of almost any room—even into a walk-in closet.

- 36" d x 36" w x 77" h
- Plug-in, 15 amp 120-volt outlet
- Standard Canadian Hemlock, Western Red Cedar available

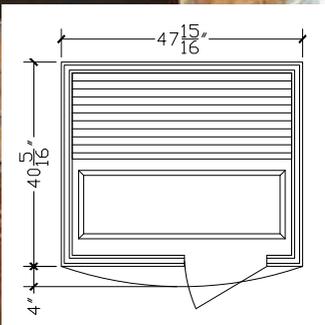




## B-820 SERIES 2-PERSON

One of our most popular models, this model is a diminutive beauty. Perfect for one or two people with its footprint of less than 16 sq. ft., this IR sauna can be easily incorporated into an in-home workout area, master bath, even in the master bathroom. This model has the same fully-loaded features as the larger models, including the same 77" height.

- 40" d x 48" w x 77" h
- Plug-in, 15 amp 120-volt outlet
- Standard Canadian Hemlock, Western Red Cedar available



## B-830 SERIES 3-PERSON

If you like to lie down in the sauna, this is the model for you. This rectangular model comfortably seats three, but the 6' width also makes it comfortable for lying down. With two large sidelight windows and a large door window, the room has an open yet intimate feeling to it.

- 44" d x 72"w x 77"h
- Plug-in, 20 amp 120-volt outlet
- Standard Canadian Hemlock, Western Red Cedar available

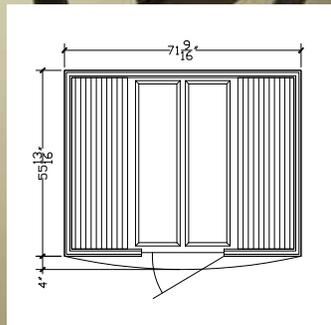




## B-840 SERIES 4-PERSON

Classic European design, this rectangular unit offers amazing spaciousness, comfortably seating four. Two large sidelight windows include frosted/etched glass on the lower portion to discreetly hide the bench ends and to add a touch of elegance to the sauna design.

- 56" d x 72" w x 77" h
- Plug-in, 20 amp 120-volt outlet
- Standard Canadian Hemlock, Western Red Cedar available

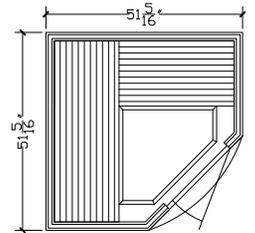




## B-870 SERIES 3-PERSON, NEO-ANGLE

Slightly smaller than the B-880, the B-870 combines great design with incredible space efficiency. With its 5-sided design and a footprint of 52" x 52", this sauna can fit into almost any space. Ideal for two or three people.

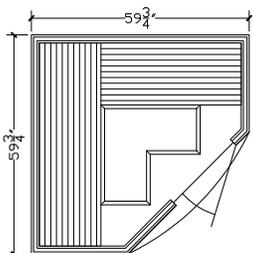
- 52" d x 52" w x 77" h
- Plug-in, 15 amp 120-volt outlet
- Standard Canadian Hemlock, Western Red Cedar available



## B-880 SERIES 4-PERSON, NEO ANGLE

Our most luxurious model, the B-880 is a neo-angled beauty. A three-sided front with large panoramic windows makes this as beautiful to look at as it is to enjoy the soft heat inside. Comfortable seating for four, its L-bench design is ideal for intimate conversation with friends and family.

- 60" d x 60" w x 77" h
- Plug-in, 20 amp 120-volt outlet
- Standard Canadian Hemlock, Western Red Cedar available





## INFRA SAUNA

### 2-IN-1 COMBINATION SAUNA AND FAR-INFRARED

**CarbonFlex®**

The innovative Finnleo InfraSauna provides pleasure beyond what a traditional or infrared sauna can do individually. At times, you might prefer to bask leisurely in the comfort of a traditional sauna. When time is tight or you're in the mood for a milder heat therapy, the infrared option is the answer. Our advanced traditional sauna technology has been seamlessly combined with CarbonFlex far-infrared technology that can be included in virtually any Finnleo Modular sauna or Finnleo Custom Cut sauna up to 425 cu. ft.



*Incorporate Custom IR or Custom I/S into your master bath, inhome fitness center, etc.*



*Traditional sauna heater and IR panels in one sauna room.*

## INFRA SAUNA INCLUDES THE FOLLOWING STANDARD FEATURES

- Stainless Steel Junior or Viki Heater with Saunalogic digital control
- Pre-manufactured wood-framed CarbonFlex heating panels for walls and behind legs; quantity of panels depends upon room size
- All-glass door; many window options available
- Interior of sauna includes Nordic Spruce, Cedar, or Hemlock T&G for walls and ceiling, prebuilt benches, prebuilt bench skirts, backrests, heater guard, floor boards and low-voltage lighting system with color therapy (or alternative lighting system of your choice)
- Bucket, ladle, rocks and installation hardware.



## CUSTOM INFRARED OPTIONS

With Finnleo, there are no limits to how your pure sauna experience takes shape. You are free to customize the design of your infrared sauna. Or tailor a best-of-both-worlds wellness center featuring both traditional and infrared comfort from the same custom-made sauna. Everything will be pre-cut and pre-built to your exact specifications. And if you need design assistance, your nearest specialty Finnleo dealer will be happy to help—or call/email us.

## TREAT YOURSELF TO TWICE THE COMFORT

Imagine designing your own personal home spa in almost any shape, size and decor. And being able to use it for quick, energizing IR warmups on weekday mornings. Or letting luxurious clouds of relaxing steam wash over you on weekends. With a Custom InfraSauna, you get the exact wellness center design that best suits you and your family. And the option to enjoy the comforts of pure sauna any way you like.



## UPGRADE YOUR EXISTING SAUNA: JUST ADD INFRARED

Finnleo's custom infrared package means you can freshen up your existing sauna with a comforting addition—the soothing, instant heat benefits of infrared. Or you can convert your existing traditional sauna into infrared only. We will pre-cut, size and plan each component to fit your existing sauna cabin. And you'll be able to control both the traditional heater and infrared from a single convenient digital control pad.



## MODULAR INFRA SAUNA PACKAGE

Our modular InfraSauna package can be adapted for traditional free-standing saunas, or to meet your custom specs for a tailored infrared cabin or traditional/infrared sauna combination. The package includes:

- Enough CarbonFlex® heating panels to ensure even, penetrating heat throughout your cabin, each heater cased in clear, vertical grain Canadian Hemlock.
- Stainless Steel Sauna Heater with SaunaLogic digital control (Junior heater for saunas less than 150 cubic feet; Viki heater for saunas up to 420 cu. ft.).
- Hand crafted wall and ceiling panels in a select sauna wood of your choice
- Pre-assembled benches selected from our standard designs, or choose a luxury upgrade such as Sunburst
- Lighting system of your choice
- Bucket, ladle, rocks
- Options ranging from full-wall glass panels, bench design upgrades, recessed lighting, color light therapy, and more



Surface mounted IR panel kit.



Flush mounted panels in a custom IR Sauna.

Custom Infrared package can be ordered with panels to be surface mounted or flush mounted.







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Inspired by nature