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CONSENT FOR DILATING EYE DROPS

As part of your eye exam an independent doctor of optometry can evaluate your retina in 2 different ways:

1. HIGH-DEFINITION RETINAL IMAGING WITHOUT DILATION

A member of the mobile medical team can take a high definition picture of your retina. This image captures your central retina and is used to evaluate for conditions such as glaucoma, macular degeneration, diabetes or hypertension. Retinal imaging without dilation does not capture any conditions that affect your peripheral retina such as a retinal tear.

2. DILATING DROPS

A member of the mobile medical team can use dilating drops to enlarge your pupils (“dilation”). This allows for a complete evaluation of your central and peripheral retina. Dilation frequently blurs vision for a length of time which varies from person to person (usually 2-4 hours). Dilation may, as a result, temporarily impair your ability to drive or perform work. An adverse reaction may be triggered from dilation, including acute angle-closure glaucoma. Such reactions are extremely rare and treatable with immediate medical attention.

Patients who have not been dilated in the past 5 or more years should strongly consider dilation. For patients above 65, dilation every 1-2 years is recommended. Patients with the following risk factors should also strongly consider dilation:

- High myopia (-6 or greater Rx)
- History of retinal tear or detachment
- New onset flashing lights, floaters or partial loss of vision
- Recent history of trauma
- Medical conditions such as diabetes
- Any concerning pathology on fundus photos that requires further dilation

You may consult a member of the mobile medical team for further information on each of these options.

I have read and understand the above choices, and consent to receiving an examination of my retina using only the following:

___ **1. HIGH-DEFINITION RETINAL IMAGING WITHOUT DILATION**

___ **2. DILATING DROPS**

NAME: _____ DATE: _____

SIGNATURE: _____