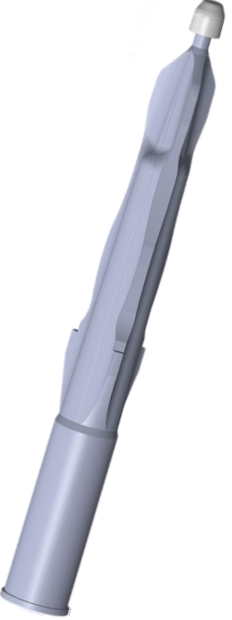
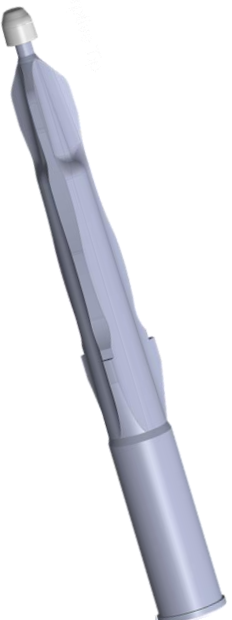




Cedars-Sinai Medical Center

Advanced Clinical  
Biosystems Research  
Institute  
Bringing Discovery to Patient Care



# **Volumetric absorptive microsampling integrated into an automated bottom-up proteomics workflow**

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Advanced Clinical Biosystems Research Institute,  
Heart Institute, Cedars-Sinai Medical Center,  
Los Angeles, CA

# Mitra™ microsampler



## Sampler Tip

- Fixed, highly reproducible internal volume, regardless of blood hematocrit level
- Dries <2hours
- Dried samples are considered non-biohazardous

## Sampler Body

## Ribs

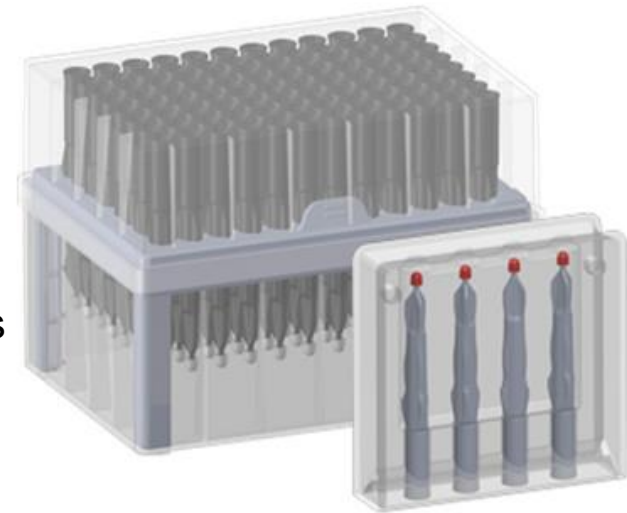
- Prevent sample from contacting walls

## Barrel

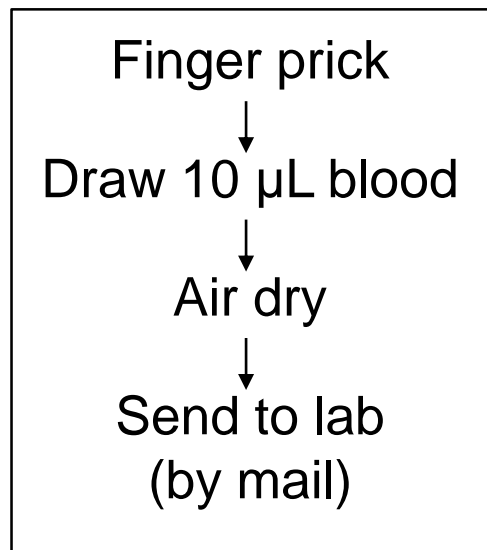
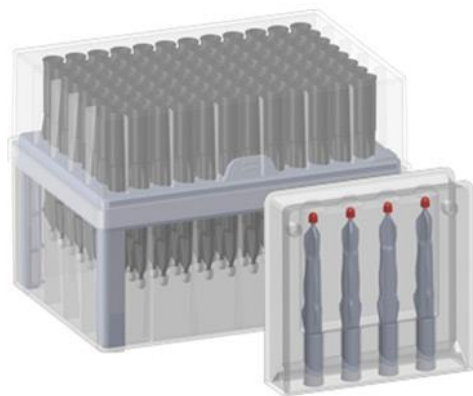
- Can be written or labeled

## Distal end

- Can fit most standard pipette heads

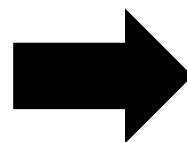


# Mitra™ microsampler



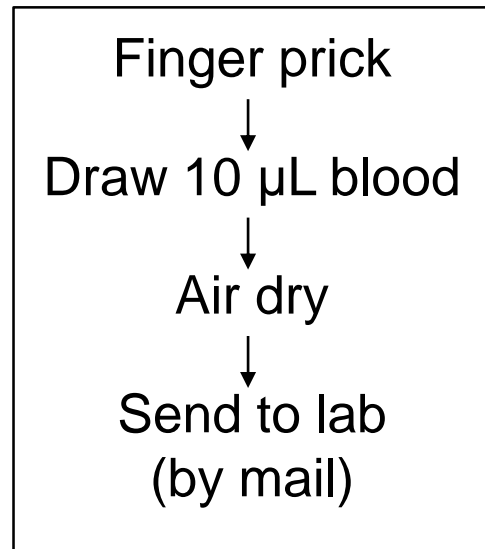
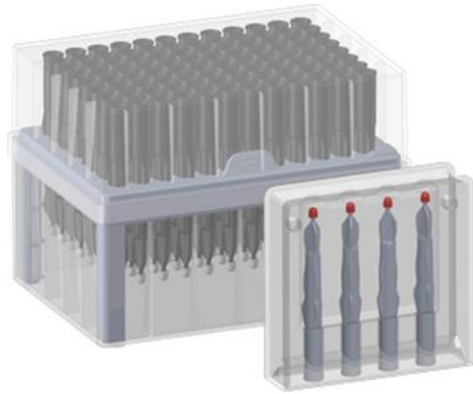
- Less invasive
- No processing (e.g., centrifugation)
- No transfers / aliquots
- No freezing / thawing
- No courier transport (on ice)

**Application to  
population-based  
proteomics studies?**

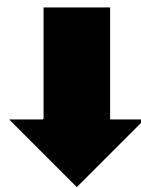


- Applicable to proteins?
- Compatible with digestion?
- Amenable to automation?

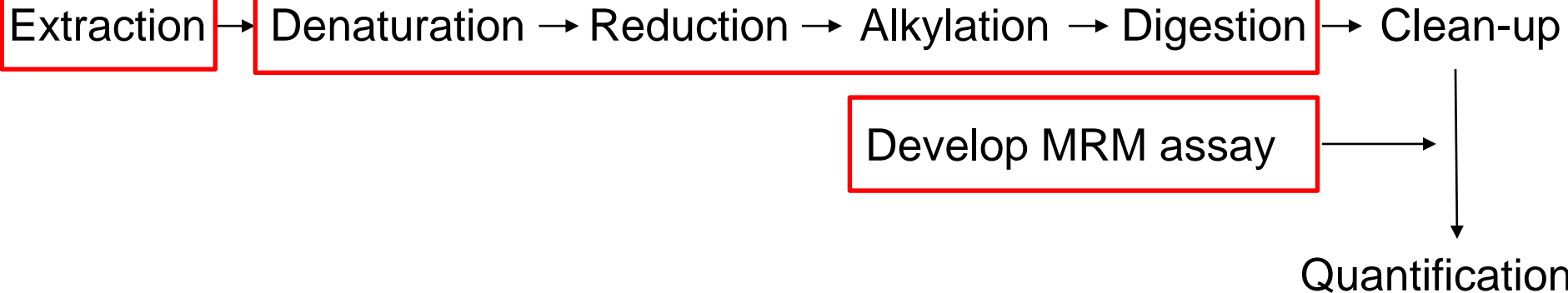
# Mitra™ microsampler



- Less invasive
- No processing (e.g., centrifugation)
- No transfers / aliquots
- No freezing / thawing
- No courier transport (on ice)



Automated workflow



# Develop MRM assay

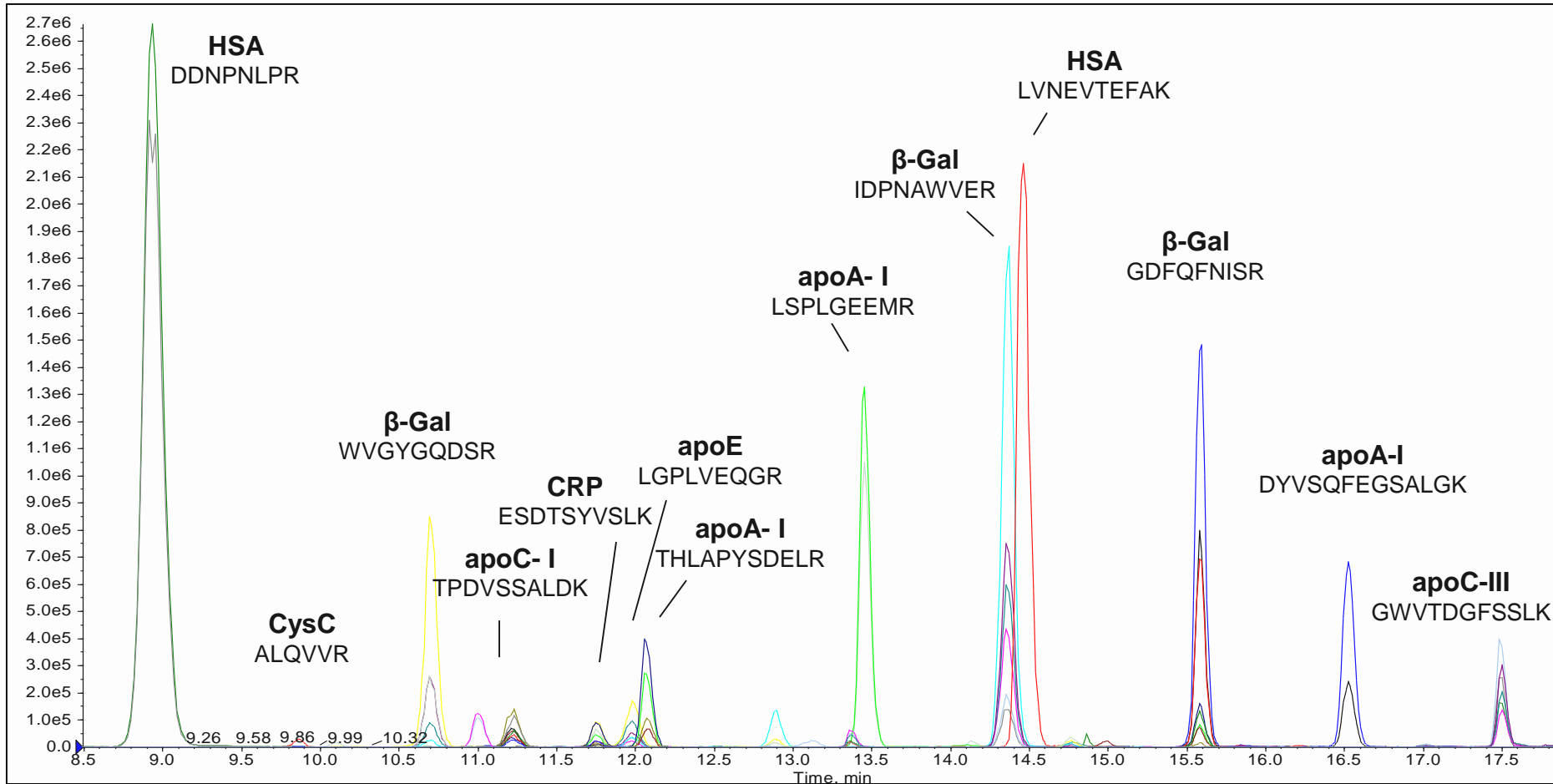
Protein	Peptides	Role	Heavy peptide	LOD
β-Galactosidase	WVGYGQDSR	External control	✓	-
	IDPNAWVER	External control	✓	-
	GDFQFNISR	External control	✓	-
Human Serum Albumin	LVNEVTEFAK		✓	✓
	DDNPNLPR		✓	✓
Apolipoprotein A-I	THLAPYSDELK		✓	✓
	DYVSQFEGSALGK		✓	✓
	LSPLGEEM[ox]R/LSPLGEEMR	Oxidation monitoring	-	✓
	WQEEM[ox]ELYR/WQEEMELYR	Oxidation monitoring	-	✓
Apolipoprotein C-I	TPDVSSALDK		✓	✓
Apolipoprotein C-III	GWVTDGFSSLK		✓	✓
Apolipoprotein E	SELEEQLTPVAEETR		✓	✓
	AATVGSLAGQPLQER		✓	✓
	LGPLVEQGR		✓	✓
C-Reactive Protein	ESDTSYVSLK		✓	×/✓
	GYSIFSYATK		✓	×
Cystatin C	ALQVVR		✓	✓
	ALDFAVGEYNK		✓	×
Periostin	GFEPGVTNLIK		✓	×
	IIDGVPVEITEK		✓	×
	AAAITSDILEALGR		✓	×

# Develop MRM assay

Prominence-20AD  
(Shimadzu)

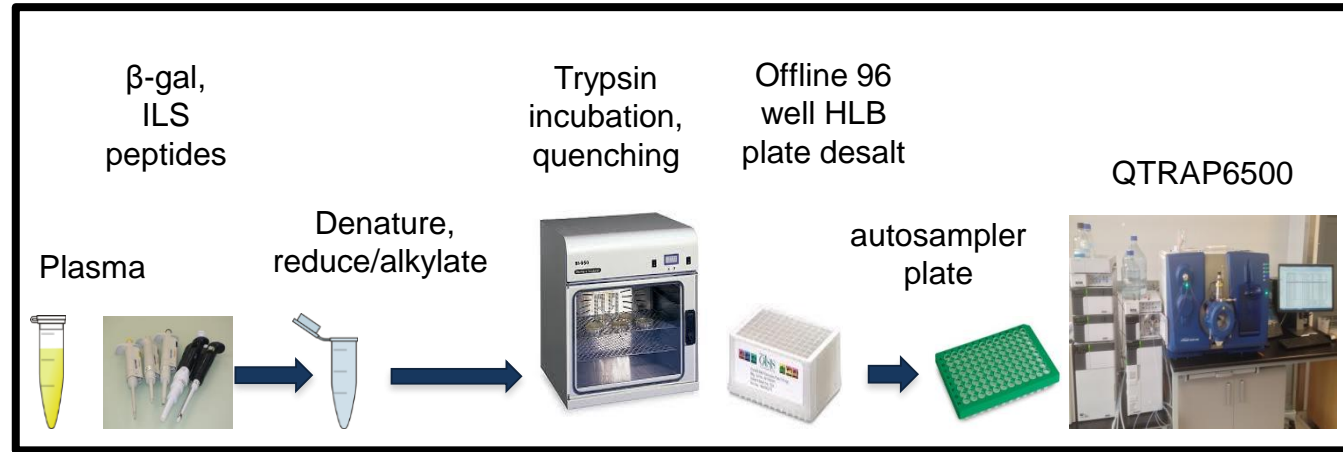
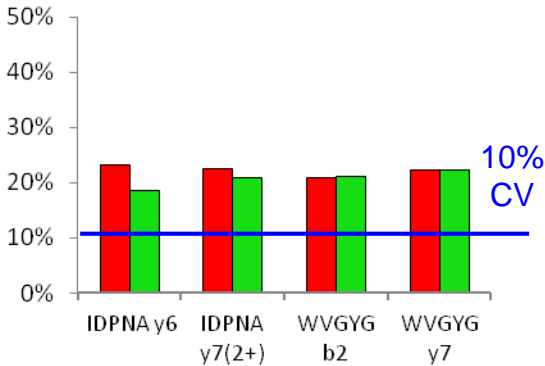


QTRAP® 6500  
(Sciex)



# NX<sup>p</sup> Automation: Throughput and Robustness

## Manual workflow



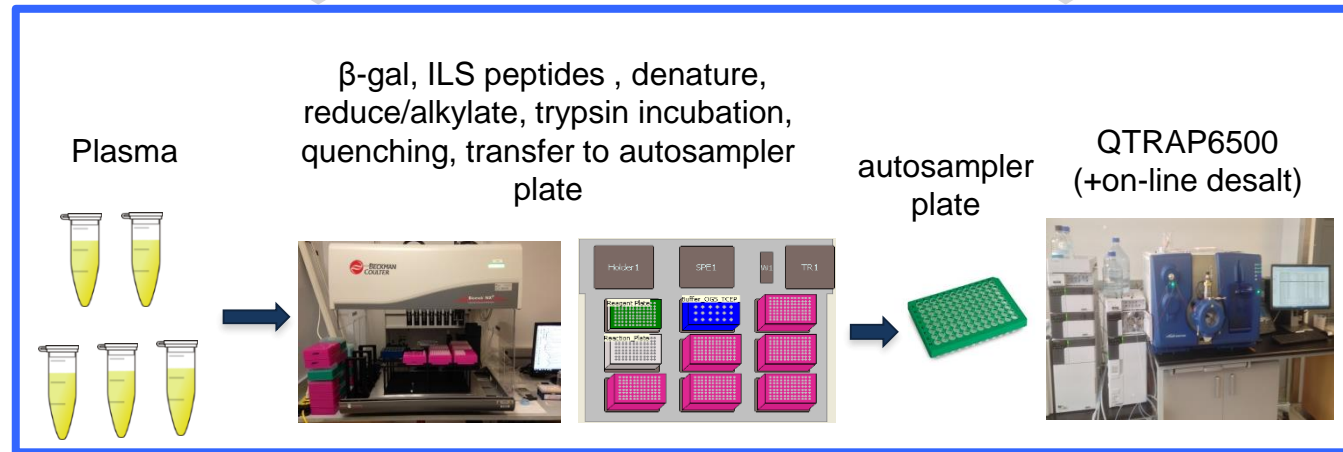
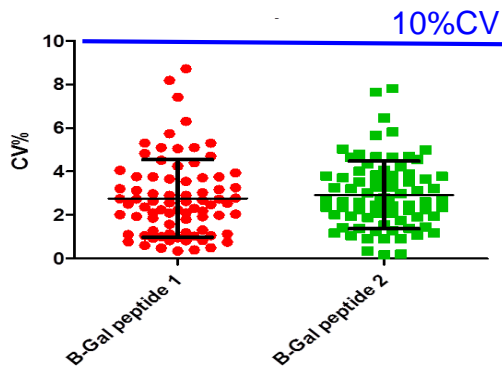
TIME

7 X reduction

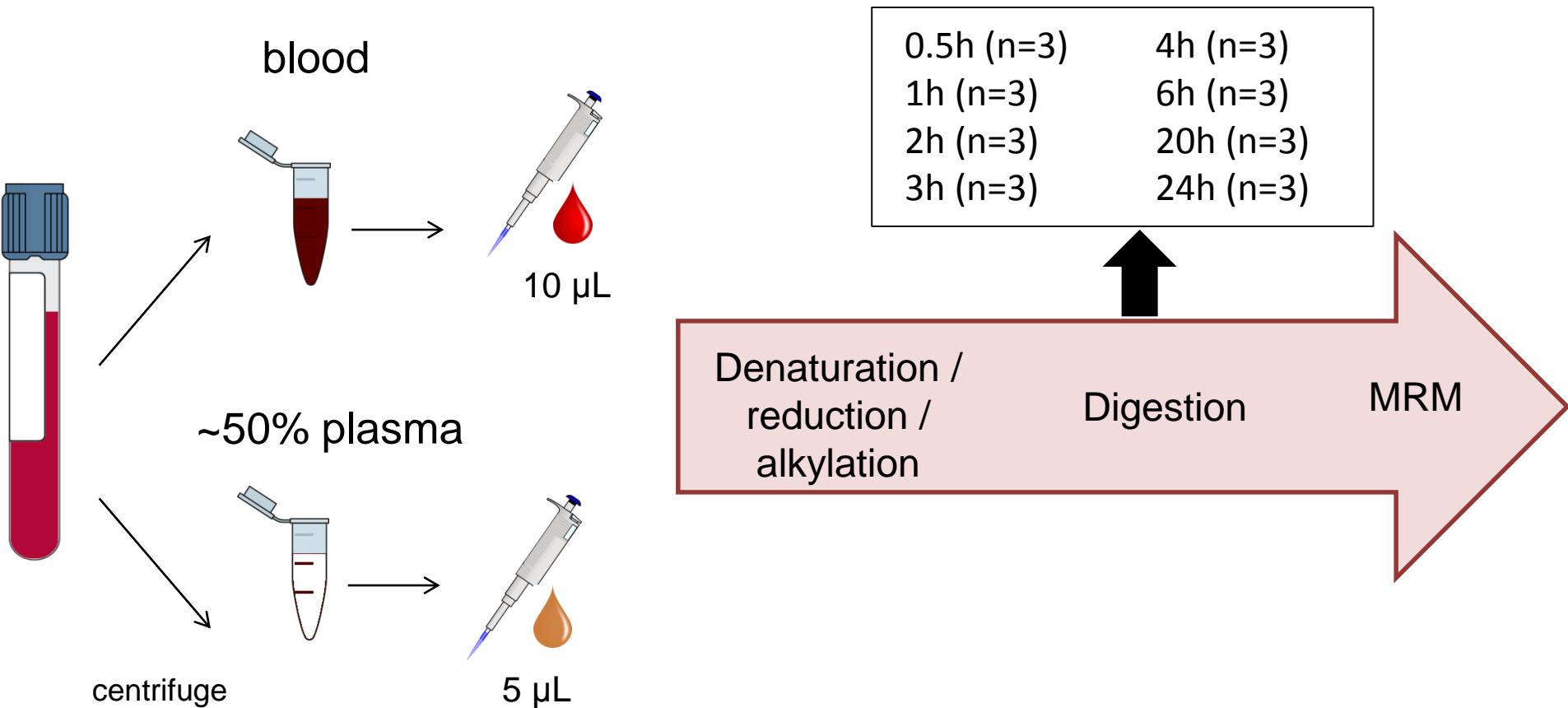
CV%

> 4 X reduction

## NX<sup>p</sup> workflow



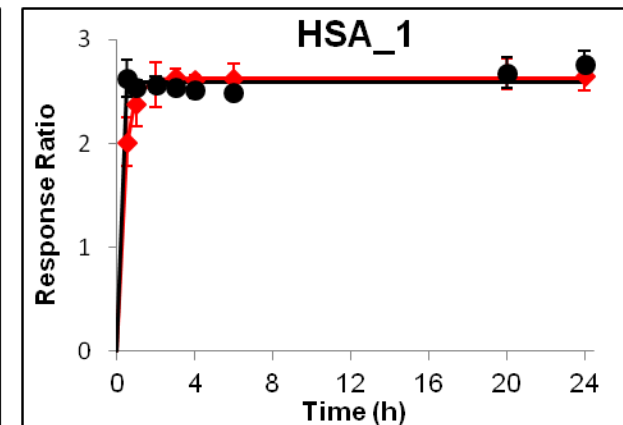
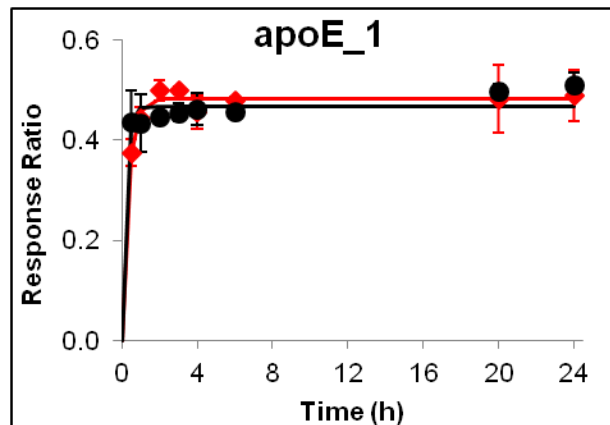
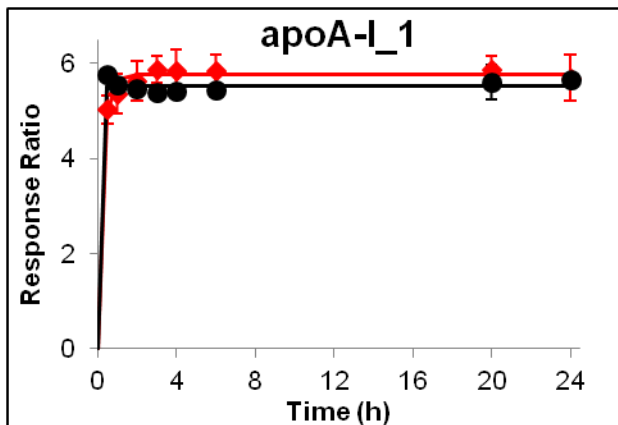
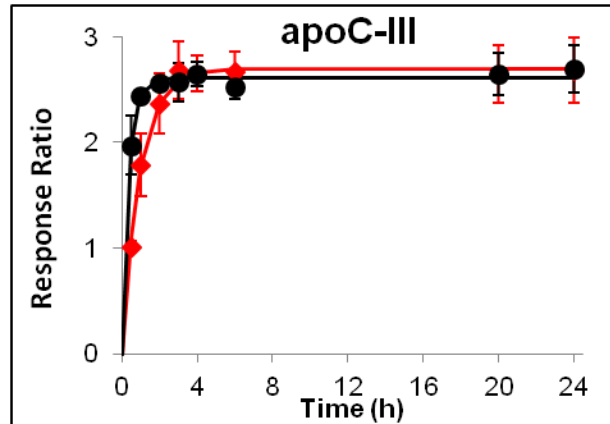
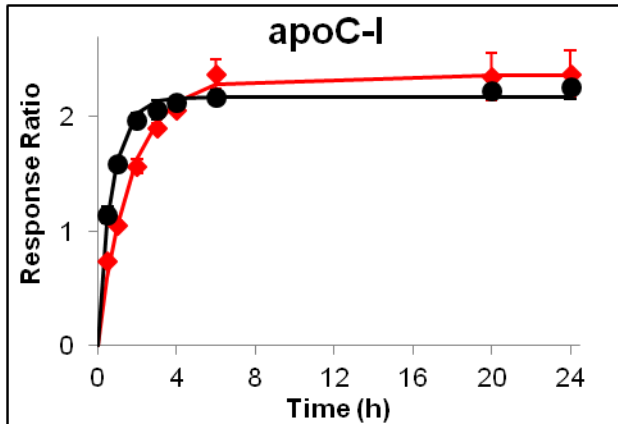
# Optimize Protein Digestion



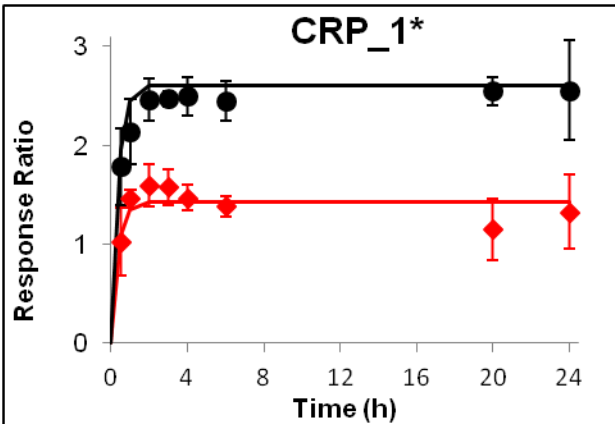
*Can we adopt our plasma digestion protocol or does digestion protocol needs adjustment for application to (dried) blood samples?*



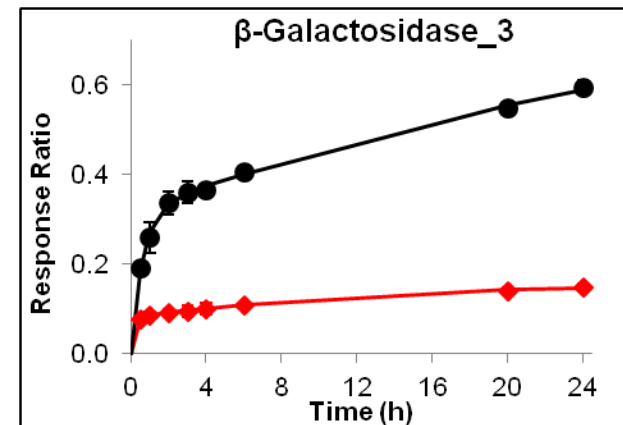
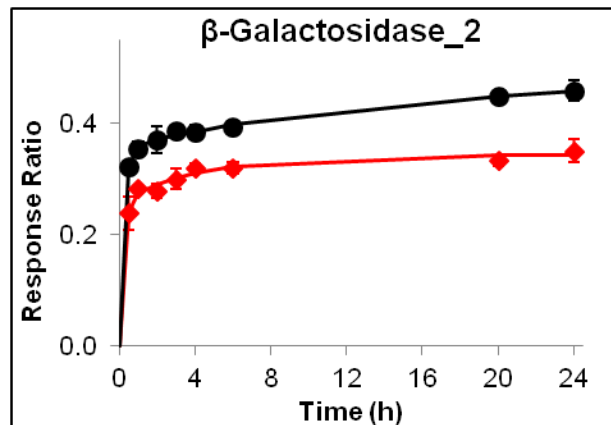
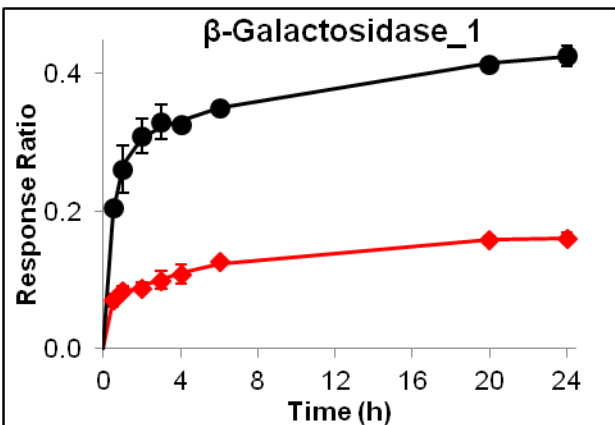
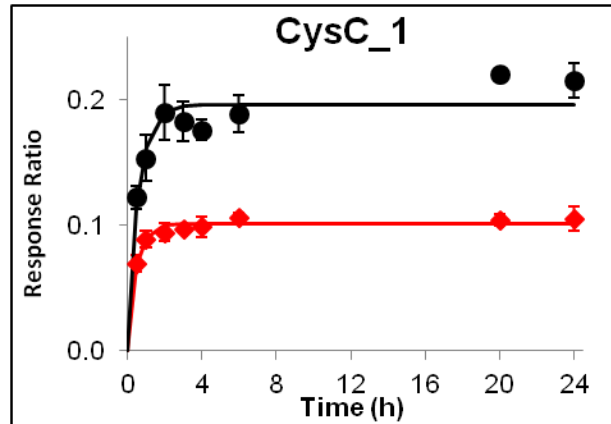
# Optimize Protein Digestion



# Optimize Protein Digestion



\* rec. CRP spiked-in



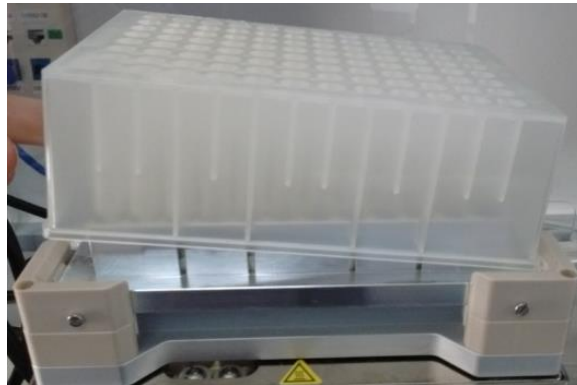
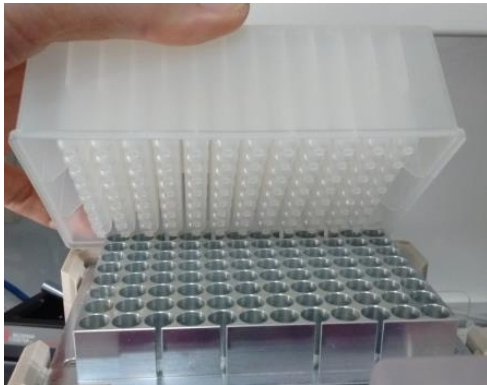
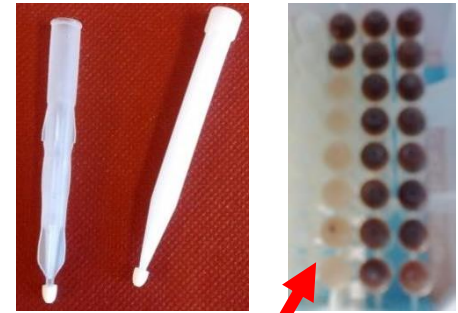
# Optimize Protein Extraction

- **Compatibility with digestion:**

- Digestion buffer (0.1 M Tris, 4 mM  $\text{CaCl}_2$ ) works well for extraction
- 150  $\mu\text{L}$  extraction solvent better extraction efficiency than 100  $\mu\text{L}$
- Addition of 20% (w/v) Octyl Glucoside (OGS) improved extraction efficiency

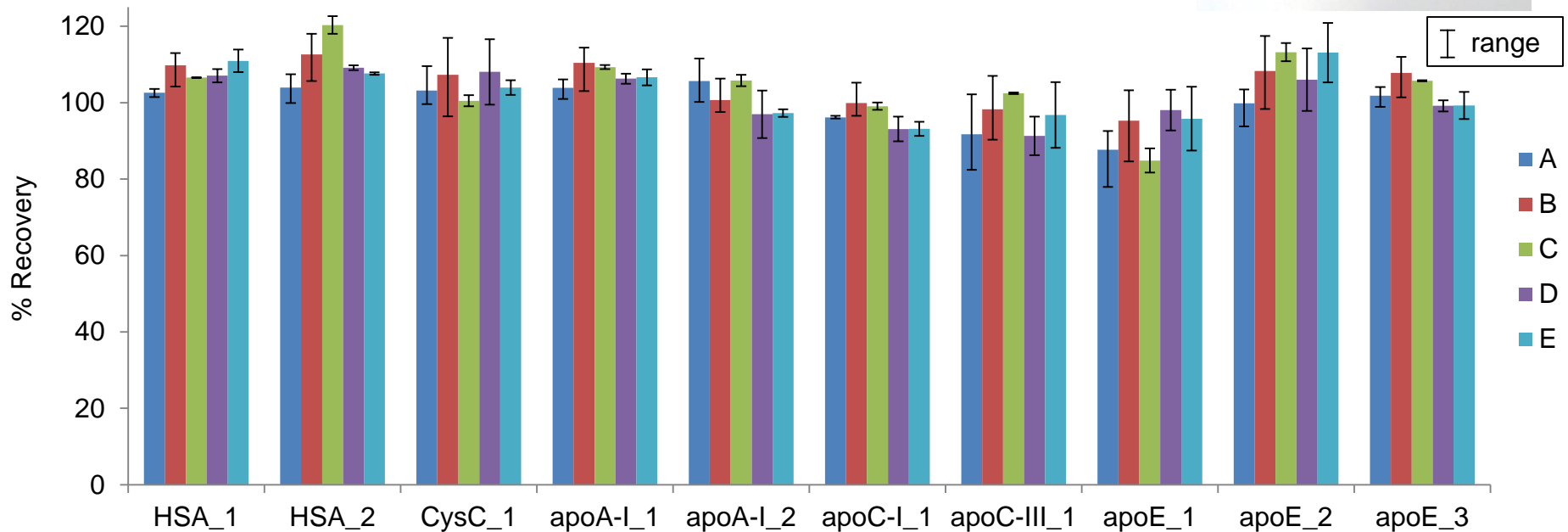
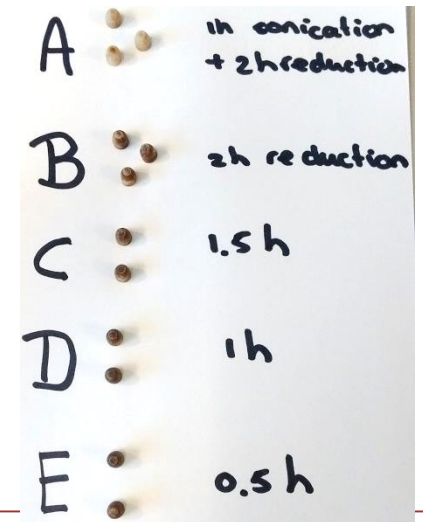
- **Compatibility with automation / 96-well format:**

- Sonication limits standardization / automation
- Sampler body does not fit into used 96 deep well plate

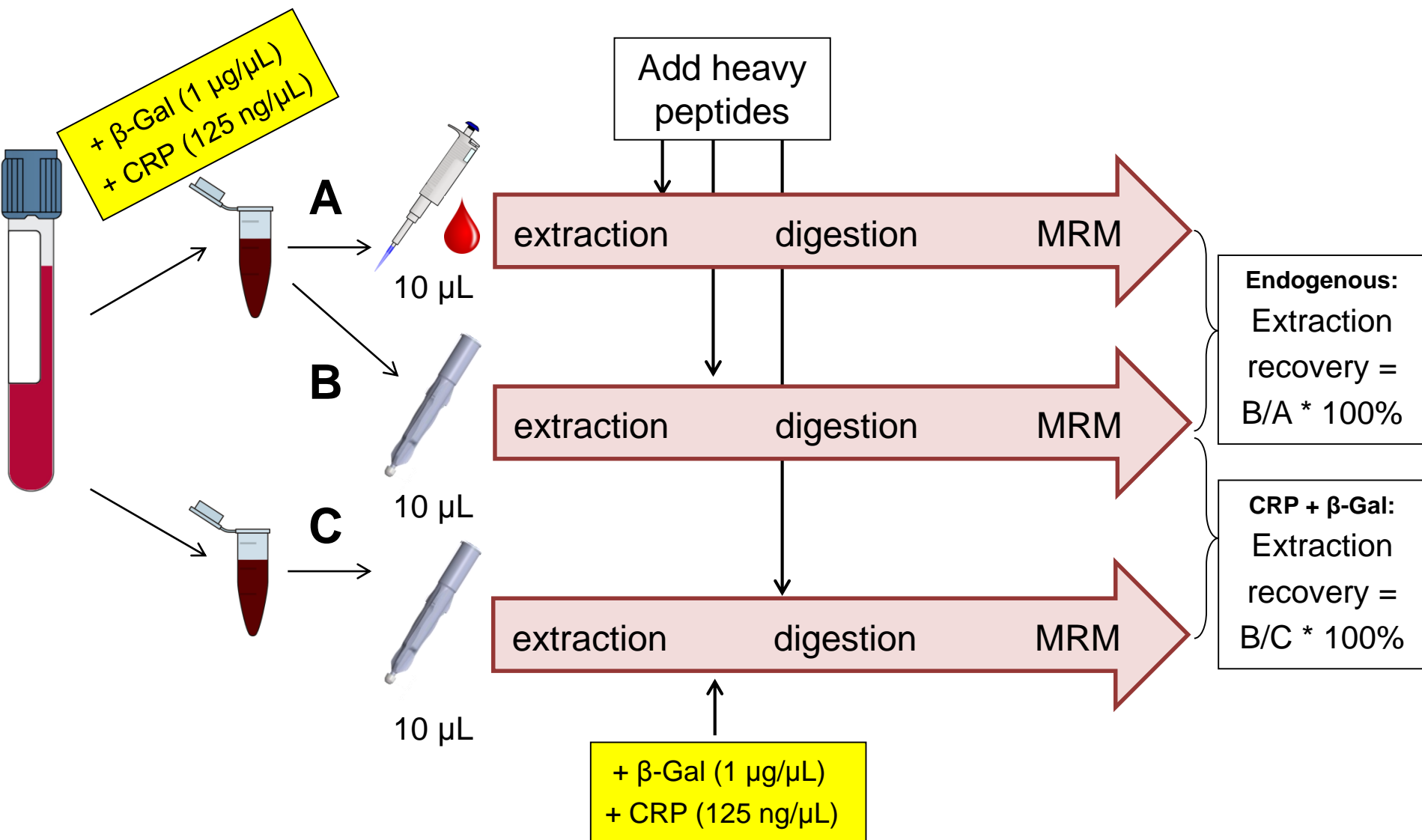


# Combine Extraction and Digestion

<b>A</b>	n=3	1h sonication	2h reduction (60°C, 1200 RPM)
<b>B</b>	n=3	-	2h reduction (60°C, 1200 RPM)
<b>C</b>	n=2	-	1.5h reduction (60°C, 1200 RPM)
<b>D</b>	n=2	-	1.0h reduction (60°C, 1200 RPM)
<b>E</b>	n=2	-	0.5h reduction (60°C, 1200 RPM)



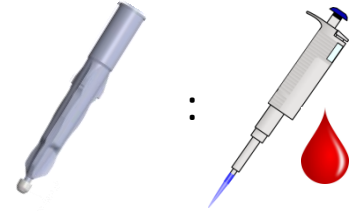
# Extraction Recovery



n=6 for each condition

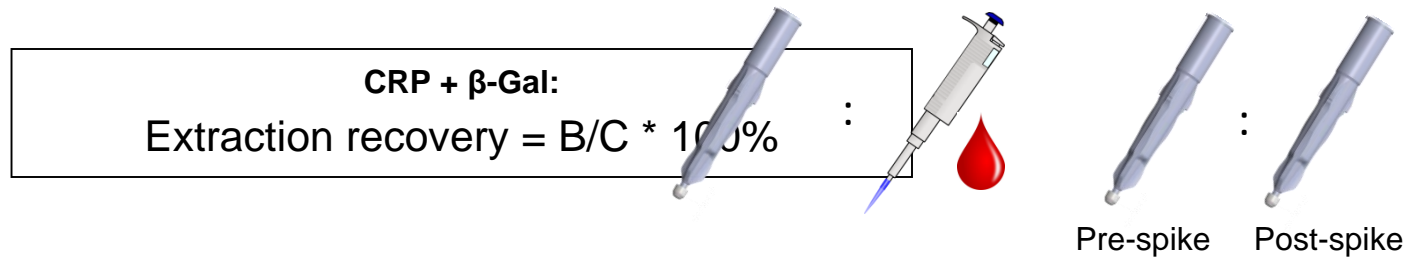
# Extraction Recovery (1)

Endogenous:  
Extraction recovery = B/A \* 100%



Protein	Peptide	Recovery ± CV (%) (n=6)
HSA	LVNEVTEFAK	103 ± 8%
HSA	DDNPNLPR	106 ± 7%
apoA-I	THLAPYSDELK	112 ± 8%
apoE	AATVGSLAGQPLQER	101 ± 6%
apoE	LGPLVEQGR	101 ± 5%
apoE	SELEEQLTPVAEETR	97 ± 5%
apoC-I	TPDVSSALDK	98 ± 8%
apoC-III	GWVTDGFSSLK	94 ± 6%
Cystatin C	ALQVVR	120 ± 9%

# Extraction Recovery (2)

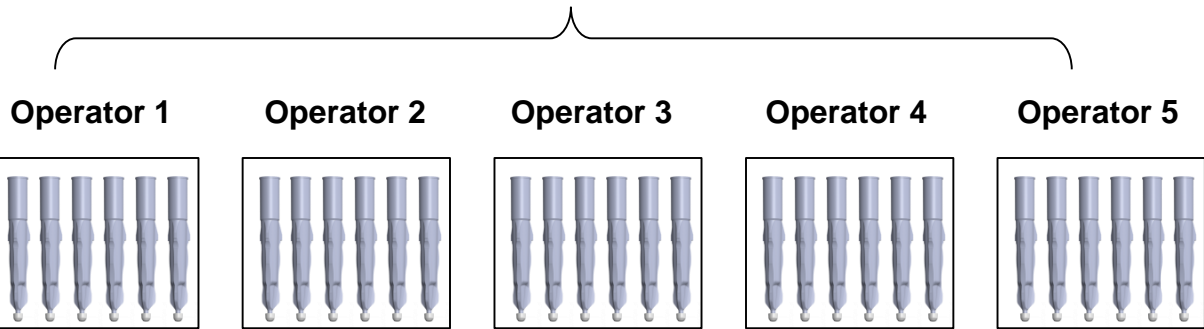


Protein	Peptide	Recovery $\pm$ CV (%) (n=6)	
		B/A	B/C
$\beta$ -Gal	GDFQFNISR	134 $\pm$ 8%	38 $\pm$ 7%
$\beta$ -Gal	IDPNAWVER	114 $\pm$ 7%	109 $\pm$ 4%
$\beta$ -Gal	WVGYGQDSR	118 $\pm$ 7%	46 $\pm$ 5%
CRP	ESDTSYVSLK	176 $\pm$ 23%	115 $\pm$ 11%

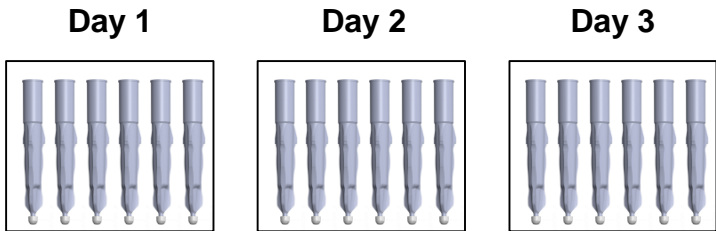
# Reproducibility



Sampled by 5 different persons  
Work-up + analysis on same day



+  $\beta$ -Gal (1  $\mu\text{g}/\mu\text{L}$ )  
+ CRP (125  $\text{ng}/\mu\text{L}$ )



+  $\beta$ -Gal (1  $\mu\text{g}/\mu\text{L}$ )  
+ CRP (125  $\text{ng}/\mu\text{L}$ )

Sampled by same person  
Work-up + analysis on three days



# Reproducibility (1)

		No normalization				$\beta$ -Gal normalized		
Protein	Peptide	LC-MS/MS	Intra-	Inter-	Total	Intra-	Inter-	Total
		%CV (n=6)	operator %CV	operator %CV				
$\beta$ -Gal	GDFQFNISR	1.8	5.8	10.0	11.5	-	-	-
$\beta$ -Gal	IDPNAWVER	1.2	4.7	9.1	10.3	-	-	-
$\beta$ -Gal	WVGYGQDSR	1.1	5.2	9.9	11.2	-	-	-
HSA	LVNEVTEFAK	1.9	4.8	8.9	10.1	2.3	0.9	2.5
apoA-I	THLAPYSDELRL	2.5	4.4	8.2	9.3	3.4	0.7	3.5
apoE	AATVGSLAGQPLQER	3.0	4.2	8.0	9.0	2.4	1.8	3.0
apoE	LGPLVEQGR	3.0	5.7	8.4	10.2	3.0	3.9	3.9
apoE	SELEEQLTPVAEETR	6.0	6.5	6.9	9.5	5.2	3.3	6.2
apoC-I	TPDVSSALDK	3.0	4.9	7.8	9.2	3.2	1.8	3.7
apoC-III	GWVTDGFSSLK	2.8	4.7	6.2	7.8	4.2	2.5	4.8
CRP	ESDTSYVSLK	15.0	9.3	6.1	11.1	9.0	3.8	9.8
Cystatin C	ALQVVR	6.5	9.2	11.5	14.7	7.2	3.1	7.8

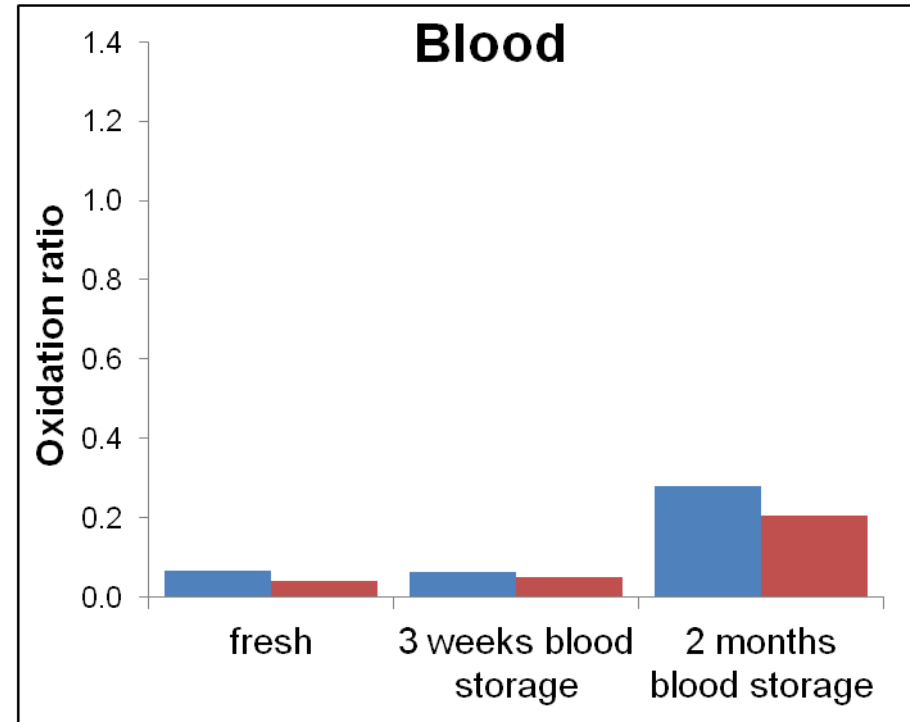
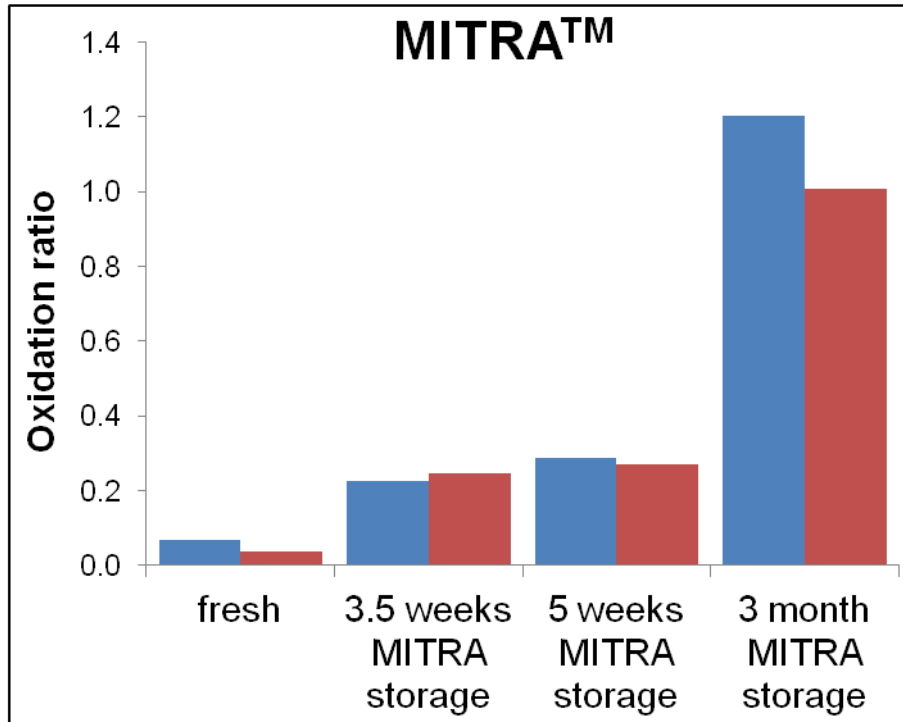
# Reproducibility (2)

Protein		Peptide	Intraday %CV (n=6; d=3)	Total %CV
β-Gal		GDFQFNISR	9.7	11.0
β-Gal		IDPNAWVER	8.1	8.1
β-Gal		WVGYGQDSR	7.7	8.7
HSA		LVNEVTEFAK	5.4	16.3
HSA		DDNPNLPR	6.6	13.7
apoA-I		THLAPYSDELK	7.7	>>
apoE		AATVGSLAGQPLQER	8.0	8.0
apoE		LGPLVEQGR	7.3	7.3
apoE		SELEEQLTPVAEETR	7.5	8.2
apoC-I		TPDVSSALDK	7.8	>>
apoC-III		GWVTDGFSSLK	8.9	>>
CRP		ESDTSYVSLK	10.0	10.0
Cystatin C		ALQVVR	8.0	8.0

# apoA-I oxidation

■ LSPLGEEM[ox]R/LSPLGEEMR

■ WQEEM[ox]ELYR/WQEEMELYR



- Don't use methionine for quantification, but:
- Monitoring of methionine oxidation might be used as an indicator for quality of sample storage / handling / processing

# Conclusions / Follow-up

- The extraction of proteins from MITRA™ tips can be integrated with a typical bottom-up proteomics workflow
  - With automated procedure for protein extraction and digestion:
    - Proteins were efficiently extracted from MITRA™ tips (~100% recovery)
    - Protein digestion was comparable to our optimized protocol for plasma
    - Proteins were reproducibly measured (<5-10 %CV)
  - Ongoing studies focus on:
    - Evaluation of **protein stability** in Mitra tips under various conditions
    - **Optimization of digestion** as compared to plasma
    - **Optimization of sample clean-up** for lower abundance proteins
    - Selection of analyte(s) for **application to clinical samples**
-

# Acknowledgments



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Mitra Mastali

Weston Spivia

Jennifer van Eyk

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Lenny Ackerman



Stuart Kushon

Kim Chansky

Bobby Virasingh



Cambridge  
Isotope  
Laboratories

Kevin Millis

Krista Backiel

Tasha Agreste



Mike Kowalski

Alice Tanibata-Branham

Tara Jones-Roe