

# Doctors Online

## Arm Yourself with Knowledge about Coronavirus

### Get Trusted Answers from Medical Experts

If you are seeking reputable information on how to prevent, diagnose, or treat the novel coronavirus, COVID-19, stay away from “Dr. Google” and lean on Doctors Online. Doctors Online provides a secure online portal for you to communicate with expert healthcare professionals about your questions and concerns.

### What is Doctors Online?

Doctors Online, powered by eDocAmerica, is like a much more reputable Google for health issues. You can email a healthcare professional for advice, treatment options, and more, with unlimited free service available 24/7.

### What Can I Ask Them?

Doctors Online has increased their available staff and are prioritizing any questions about COVID-19. Here are some examples of questions you can ask about the coronavirus:

- ▶ What is a coronavirus?
- ▶ How is COVID-19 spreading?
- ▶ How can I reduce my risk of infection?
- ▶ These are my symptoms...do I have COVID-19?
- ▶ What do I do if I get COVID-19?
- ▶ Should I wear a face mask?
- ▶ What's the death rate for COVID-19?
- ▶ How long will this pandemic last?
- ▶ How worried should I be about COVID-19?

### How Do I Use Doctors Online?

1. Log on through the My Benefits Work mobile app or MyBenefitsWork.com
2. Click Doctors Online on your benefits dashboard and follow the instructions to create an account if you haven't already
3. Choose the professional you want to contact and email your question
4. Return to the app or website to view responses and continue the conversation as needed