

# NurseLine™

by HealthAdvocate™

## Arm Yourself with Knowledge about COVID-19

### Get Support and Advice from Nurses by Phone

If you are seeking reputable information on how to prevent, diagnose, or treat the novel coronavirus, COVID-19, you can turn to the highly trained nurses at NurseLine. Registered nurses are on-call 24/7 to provide unlimited, trusted advice and information.



## How NurseLine Can Help You

### Provide Trusted Support and Advice

Get reputable information and advice related to COVID-19, even if just to ease your concerns. Health Advocate's seasoned staff provides information backed by a state-of-the-art clinical health information database, so you'll get advice you can trust.

### Evaluate Symptoms and Triage

Nurses can help evaluate if your symptoms are severe or mild, what they may indicate, and direct you to appropriate care for immediate attention, such as to the ER, a critical care clinic, or doctor.

### Offer Self-Care Tips for Non-Urgent Conditions

For mild conditions, nurses can give you advice for home-care methods to relieve symptoms, such as lowering a mild fever with cold compresses and taking an appropriate fever-reducing over-the-counter medication.

### Help for the Whole Family

NurseLine may be used by you, your spouse, and your children or legal dependents.



Contact NurseLine by logging on through the **My Benefits Work mobile app** or **MyBenefitsWork.com**.