

# The Ultimate Travel Nurse Packing List

We made the list...you check it twice! Print this every time you travel, and bring it with you for the way back.

## Important Documents

- Driver's license
- Social security card
- Car insurance
- Travel documents
- Insurance policy
- Roadside assistance agreement
- Digital copy of your nursing license and professional certifications
- Contact info of your staffing company
- Address & phone number of your new workplace
- Details of your temporary lodging
- Emergency phone numbers (in wallet and on phone)
- Credit and debit cards
- \_\_\_\_\_

## Clothing

- Scrubs
- Thermals for underneath
- Casual clothes
- Formal evening wear
- Sports clothing
- Work shoes
- Sneakers
- Formal shoes/heels
- Jacket
- Scarf, gloves, hat
- Travel iron & lint brush
- \_\_\_\_\_

## Other

- \_\_\_\_\_
- \_\_\_\_\_

## Toiletries

- Hand soap
- Shower gel
- Shampoo & conditioner
- Body lotion & skin creams
- Sunscreen
- Tooth brush & tooth paste
- Floss & mouthwash
- Deodorant
- Perfume or cologne
- Razors & shaving cream
- Cosmetics
- Hair brush & comb
- Contact lens solution
- Nail file
- Toilet paper
- \_\_\_\_\_
- \_\_\_\_\_

## Electronics

- Mobile phone & charger
- Tablet & charger
- Laptop & charger
- Blue tooth headset
- Headphones
- Camera & charger
- \_\_\_\_\_
- \_\_\_\_\_

## Personal Items

- Photos of family & friends
- Music
- Books
- \_\_\_\_\_

## Health

- Aspirin and/or Ibuprofen
- Prescription medicines
- First aid kit including: band aids, bandages, compress
- Antiseptic
- Tape
- Breathing barrier
- Thermometer
- Tweezers
- Scissors
- Thermal blanket
- \_\_\_\_\_
- \_\_\_\_\_

## Household Items

- Cooking utensils
- Plates & bowls
- Mugs & glasses
- Flatware
- Dish towels & bath towels
- Sheets & blankets (or bed in a bag)
- Pillows & pillow cases
- Flashlight
- \_\_\_\_\_
- \_\_\_\_\_

## Pet Supplies

- ID tags
- Certificates & medical history
- Medicines
- Bedding/blanket & toys
- Clean up bags or kitty litter
- \_\_\_\_\_