

FEATURING SHAWN GOWER Operations Manager of NorCal Strength and Conditioning



Why rock social media?







Attract new business

Engage and update current clients Build a community around your business

1. Stay on brand



As with any other public communication, represent your business the right way.

Shawn: "If you look at our social media posts for NorCal Strength and Conditioning, we try to reflect what we believe in: good movement and fun!"



2. Know the way to your followers' hearts



This will be different for every business. Test ideas and track the results.

Shawn: "People are using social media to take a break from their lives. We try to provide content that makes people smile or makes them say 'I want to do that' or 'I can do that.'"



3. Use the right channels



Every social media platform has a slightly different audience. Use the channels your market uses. Sometimes you can easily post the same content on multiple channels.

Shawn: "We typically kill two birds with one stone and post to Instagram and it auto pushes to Facebook"



4. Get everyone involved



Include and engage your clients to make your social media channel feel like a community.

Shawn: "Our following has come from getting all clients involved by tagging them in pictures."



5. Utilize influencers in your industry



An influencer can be a local celebrity, a CrossFit athlete, musician – anyone with a big social media following that your clients know and respect.

Shawn: "Having Robb [Wolf, best-selling author] push stuff to his page helped get our audience up to par."



6. You don't have to pay big bucks



Advertising online works for many companies, but as a small business it's not always worthwhile.

Shawn: "We don't put a lot of focus on building our page 'likes', as it seems the business side of things on Facebook has become a pain in the a^{**}, or they want an arm and a leg to "boost" a post. However, if marketed properly it can be useful."

Learn more about how to **engage your customers** with the guide

Acquire New Customers and Keep Them



