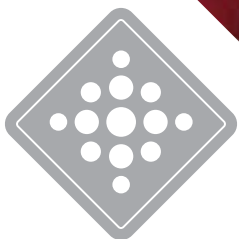




A happy heart.

*Meet Kathy Holmes – the first patient
to have a coronary intervention
with stent placement
at Fisher-Titus.*



HEALTH CONNECTIONS

FISHER-TITUS NEWS AND EVENTS
SUMMER 2019

HEALTH CONNECTIONS

SUMMER 2019

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FISHER | TITUS



A Message from Dr. Brent Burkey, President & CEO, Fisher-Titus

AT THE CENTER OF EVERY DECISION WE MAKE is our pledge to provide safe, quality, affordable care for our community. We are deeply committed to providing health and wellness options based on the needs of those we serve, so you can receive the care you and your family need close to home.

An excellent example of this is the Fisher-Titus Heart & Vascular program. For the first time since the Snyder/White Heart & Vascular Center opened in 2008, our cardiac patients can have interventional heart catheterizations, including balloon angioplasty and stent placement, at Fisher-Titus utilizing our high-tech heart and vascular procedure labs. Since our designation as a Level 2 Cath Lab on February 14, we have performed over 100 heart catheterizations at Fisher-Titus!

Another way we are providing the right care for our community is through clinical collaborations with other health care organizations. Our partnership with MetroHealth, for instance, has allowed us to keep more patients at Fisher-Titus rather than transfer their care to hospitals outside our community. In addition to working with Fisher-Titus physicians and clinical staff in co-managing our Level 3 Trauma Center and augmenting patient care in the ICU, MetroHealth also provides critical care transportation services in conjunction with North Central EMS.

Your experience with Fisher-Titus is also very important to us. We are proud of the work we are doing with our electronic medical records system to provide improved access to your patient chart. We will be expanding our online health portal offerings for your convenience as well, and are excited to share updates with you in the future. We also appreciate your feedback. From completion of post-care surveys to follow-up calls and emails, we use your voice to celebrate compliments to our staff, as well as improve our processes to ensure our patients have the best care experience every time.

As you will read in this issue of *Health Connections*, we continue to expand our services and physician group to address our community's needs. We are thrilled to welcome new physicians to our Fisher-Titus employed physician group, including two new OB-GYN providers. We restarted spine surgery, introduced new medical leadership for our Sleep Center, and continue to recruit primary care providers to expand appointment availabilities for patients. Our dedicated and talented staff of 1,300 employees, and a distinguished, 221-member Medical Staff, enable us to provide safe, quality care right here where you live, work, worship, and play.

On behalf of Fisher-Titus, it is a pleasure to serve you for your health and wellness needs.

Brent W. Burkey, MD

President and Chief Executive Officer
Fisher-Titus



FISHER | TITUS
WOMEN'S HEALTH

Convenient walk-in screening mammograms. No appointment necessary.

It's now easier than ever to screen for breast cancer at Fisher-Titus.

WHERE	Imaging Services on the Fisher-Titus main campus, 272 Benedict Avenue, Norwalk.
WHEN	Monday – Friday: 3 – 6 p.m. Saturday: 7 – 11 a.m.
WHO	Women age 40 or older who are currently not experiencing breast pain or discharge, and who have not felt a lump.

Make your breast health a priority.

Be sure to have your annual* mammogram. When detected early, breast cancer is 99-100 percent curable within five years of diagnosis.

Fisher-Titus offers 3-D mammography, the most detailed breast tissue imaging available, using curved paddles for maximum patient comfort. Three-dimensional images are able to detect up to 40 percent more cancers earlier than 2-D scans.

Call: **419-668-8101 ext. 6205**

* Check with your insurance provider to determine coverage for annual exams.

fishertitus.org/breast-health

KATHY'S HEART IS BEATING HAPPY AGAIN

Fisher-Titus Heart & Vascular patient
Kathy Holmes prepares for cardiac
rehabilitation while being monitored
by Patty Schwab, RN, BSN



Wakeman resident Kathy Holmes describes Valentine's Day 2019 as the day she got her "happy heart." That's when she became Fisher-Titus Heart & Vascular's first patient to have an interventional heart catheterization with stent placement at Snyder/White Heart and Vascular Center.

CLASSIC SYMPTOMS

Kathy's story began with testing in preparation for gallbladder surgery. She was having typical signs of gallbladder disease: pain between her shoulders starting near her sternum and going through to her back, and bouts of nausea.

Kathy's stress test indicated a possible arterial blockage. During her follow-up consultation with Fisher-Titus Interventional Cardiologist Juan Weksler,

MD, Kathy learned she would need a diagnostic heart catheterization to know for certain.

"Dr. Weksler explained everything so well and was

so kind," Kathy says. "I had total confidence in him, and I also wanted to have the procedure performed at Fisher-Titus."

A VALENTINE'S DAY TO REMEMBER

Kathy's catheterization was scheduled for February 14. In addition to being Valentine's Day, February 14 marked the first day of Fisher-Titus Medical Center's designation by the Ohio Department of Health as a Level 2 adult cardiac catheterization laboratory.

The Heart & Vascular team led by Dr. Weksler and Gaby Aoun, MD work together to provide care to all patients when they need it.

Dr. Aoun performed Kathy's interventional catheterization, which indicated the need for an angioplasty to clear the blockage. "I was awake during the procedure," she recalls. "Dr. Aoun put me at complete ease and explained what was happening."

SPECIALIZED CARE, CLOSE TO HOME

Kathy and her family were impressed with the care she received at Snyder/White Heart & Vascular Center and during her overnight stay at Fisher-Titus. "I could not have asked for a better experience, every person each step of the way was awesome," she says.

Kathy's wellness journey continues with cardiac rehabilitation at Fisher-Titus. She attends sessions three times a week at the facility, where patients are medically monitored as they work toward individualized rehab goals. She reports that the pain between her shoulders is gone.

"I'm doing great," Kathy happily states. "We are so fortunate to have Fisher-Titus in our community. I hope it's here for a long time and that we never lose the hometown feeling that makes Fisher-Titus unique."

MEET THE FISHER-TITUS HEART & VASCULAR TEAM

We offer onsite preventive, diagnostic, and interventional services including:

CARDIAC PROCEDURES

- ♦ Emergency and elective angioplasty and stenting
- ♦ Diagnostic heart catheterization
- ♦ Echocardiogram
- ♦ Electrocardiogram (EKG)
- ♦ Holter monitoring
- ♦ Pacemaker/defibrillator implantation and management
- ♦ Stress testing

CARDIAC REHABILITATION

- ♦ Physician guidance
- ♦ Education
- ♦ Physical reconditioning
- ♦ Group support

VASCULAR PROCEDURES

- ♦ Balloon angioplasty and stenting
- ♦ Embolic protection
- ♦ Peripheral vascular evaluation and management
- ♦ Diagnostic angiogram
- ♦ Treatment of varicose veins/vein ablation

ANTICOAGULATION & THROMBOSIS MANAGEMENT CLINIC

- ♦ Medication management and monitoring to prevent blood clots
Physician referral required



Gaby B. Aoun, MD
FSCAI



Juan E. Weksler, MD
FACC, FSCAI



Bassel Al-Alao, MD
MRCSI



Chris Colvin, RN
REGISTERED NURSE

HEART ATTACK?

SOME SYMPTOMS ARE COMMON TO BOTH GENDERS BUT WOMEN CAN EXPERIENCE THEIR OWN UNIQUE WARNING SIGNS. UNDERSTAND THE DIFFERENCES:

- ♦ Lightheadedness
- ♦ Unusual fatigue
- ♦ Cold sweat
- ♦ Shortness of breath with or without chest pressure
- ♦ Chest pressure, squeezing pain in center of chest
- ♦ Discomfort in one or both arms, back, neck, jaw, or stomach
- ♦ Upper abdominal pressure or discomfort
- ♦ Nausea/vomiting
- ♦ Feeling of fullness



- ♦ Fatigue
- ♦ Anxiety
- ♦ Chest pressure, burning, aching or tightness
- ♦ Shortness of breath
- ♦ Pain that travels down one or both arms
- ♦ Nausea
- ♦ Feeling of fullness

Call 911 or go to the Fisher-Titus Emergency Department if any of these occasional symptoms become constant and severe.





Norwalk resident Erin Cannon with daughter, Lola, and Fisher-Titus Birthing Center team member Barb Cannon, RN.

A WARM WELCOME FOR EVERY NEWBORN

We care deeply for each mother and baby. Our team is here to support families as they welcome a new member into the world. "The birth of a new baby is a special time for women and their families," says Megan Smith, BSN, RN, Manager of the Fisher-Titus Birthing Center. "Our Birthing Center team strives to provide the best birthing experience possible, caring for our patients as if they were our own family."

THE FISHER-TITUS BIRTHING CENTER PROVIDES EXCEPTIONAL CARE FROM OUR SKILLED, EXPERIENCED, AND COMPASSIONATE MATERNITY TEAM.

A COMFORTABLE, SAFE BIRTHING EXPERIENCE

The Birthing Center's Novii Wireless Patch System offers women greater freedom and a more comfortable labor experience. The system, which transmits fetal heart tones via Bluetooth technology, replaces the belts and wires of traditional monitoring systems. Since Novii requires less adjustment than traditional systems, women are able to sleep, change positions, walk around easily and shower during labor.

In addition to Novii, the Birthing Center is also equipped with state-of-the-art Draeger Birthing Room Warmers. These warmers provide thermoregulation and respiratory support for infants right there in the birthing room.

As soon as your baby has been safely delivered, we offer Skin-to-Skin, or Kangaroo Care. Wearing only a diaper, your baby is placed directly on your chest. Doctors say this is the best care for your baby immediately after delivery.

Should you have a C-section, there is a surgery suite in the Birthing Center. This means you, your baby, and your partner are never far from each other. Once your baby is delivered, he or she will be taken a few short steps to the nursery. Your partner may go with the baby while the C-section is completed and you recover. This makes a C-section as stress free as possible for you and your family.

EDUCATION

Childbirth Education Express | A condensed program that prepares parents-to-be for childbirth. It is offered the first Saturday morning of each month.

Baby Bootcamp | A one-on-one opportunity to meet with a certified breastfeeding counselor to discuss what to expect upon arrival at Fisher-Titus, review admission paperwork, explore education opportunities, and start the discharge process early.

Child/Infant CPR | Fisher-Titus helps parents prepare for childhood emergencies, including choking, and addresses child-proofing the home.

Breastfeeding Support Group | First Tuesday of every month at 11 a.m.

For more information about these education opportunities including schedules, call 419-668-8101, extension 6246. To view upcoming classes, visit fishertitus.org/upcoming-events.

OUR WOMEN'S HEALTH PROVIDERS

From Fisher-Titus Women's Health:



Kristin Kruse, MD



Kathy Elizeus, MD



Stephanie Hoffman,
WHNP



Heather Robinson,
NP-C

We are also excited to welcome Jovana Spreitzer, DO, to Fisher-Titus Women's Health later this summer. Dr. Spreitzer is certified by the American Osteopathic Board of Obstetrics and Gynecology.

From James D. Kasten, MD, Inc.:



James D. Kasten, MD



Theresa Lampe, NP

LACTATION SERVICES

To support new mothers who choose to breastfeed, a Lactation Consultant visits our Birthing Center daily and will come to you in the privacy of your room. She will assist you with breastfeeding and pumping, or answer any questions you may have about breastfeeding. For your convenience, electric breast pumps are available to use during your stay. In addition to our International Lactation Board Certified Consultant, we have five Registered Nurses who are certified breastfeeding counselors and can offer one-on-one breastfeeding support for women and their babies following discharge.



EXCELLENCE RECOGNITION

This year, Fisher-Titus earned its first star from Ohio First Steps for Healthy Babies, a voluntary breastfeeding initiative from the Ohio Department of Health and the Ohio Hospital Association. It also received the Maternity Care Best Practice Award 2018 from the Ohio Breastfeeding Alliance and the Ohio Lactation Consultant Association, recognizing us for being a "bag-free" facility.

Being "bag-free" means the hospital does not distribute free infant formula samples or formula company-branded diaper bags and goods. The award encourages hospitals to adopt practices that align with Baby-Friendly USA certification requirements. "Bag-free" hospitals do provide formula for mothers wishing to formula-feed or mothers struggling to breastfeed.

Fisher-Titus has completed three of the ten steps in Ohio First Steps for Healthy Babies: having a written breastfeeding policy that is routinely communicated to all health care staff, encouraging breastfeeding on demand, and establishing breastfeeding support groups and referring mothers to them upon discharge from the hospital.



WHERE SHOULD I GO?

YOUR PRIMARY CARE PHYSICIAN

By appointment for routine needs or when your symptoms include:



Allergies, insect bites, bee stings



Rashes



Sprains



Back pain



Minor cuts and burns



Eye injuries and infections



Mild fever, cough, sore throat, cold, earaches



Bladder/urinary tract infections



Migraines



Unexplained weight changes



Lingering pain

FISHER-TITUS CONVENIENT CARE

When you can't get in to see your primary care provider but you have symptoms your family doctor would typically treat, including:



Allergies, insect bites, bee stings



Rashes



Sports injuries



Sprains



Back pain



Minor cuts and burns



Eye injuries and infections



Mild fever, cough, sore throat, cold, earaches



Bladder/urinary tract infections



Vomiting and diarrhea

FISHER-TITUS EMERGENCY DEPARTMENT

(OR CALL 911)

During a medical emergency with symptoms including:



Difficulty breathing; chest pain/pressure



Serious head, neck, back injury or trauma; broken bones; severe burns or bleeding



Unconsciousness; seizures



Poisoning or overdose; high fever



Blurred vision



Coughing or vomiting blood; dehydration



Sudden severe headache or abdominal pain



Sudden dizziness, weakness, confusion or loss of balance



Numbness in your face, arm or leg



Pregnancy complications

PRIMARY CARE

To find a primary care physician or provider who is right for you and your family, visit our provider portal: fishertitus.org/find-a-physician.

CONVENIENT CARE

Fisher-Titus Convenient Care offers walk-in treatment at locations in Norwalk and Willard. For hours and addresses, visit: fishertitus.org/convenient-care.

EMERGENCY DEPARTMENT

Open 24/7/365. Fisher-Titus is a certified Primary Stroke Center, a Level 3 Trauma Center partnering with MetroHealth in Cleveland, and a Level 2 Adult Cardiac Cath Lab.



A HIGHER LEVEL OF TRAUMA CARE: The Fisher-Titus/MetroHealth partnership

FISHER-TITUS MEDICAL CENTER HAS BEEN A LEVEL 3 TRAUMA CENTER SINCE 2009. IN OCTOBER 2018, FISHER-TITUS ANNOUNCED ITS TRAUMA PARTNERSHIP WITH THE METROHEALTH SYSTEM IN CLEVELAND.

Since then, this collaboration has enhanced the level of quality trauma services available to North Central Ohio residents at Fisher-Titus. The partnership enables us to increase our knowledge base, expand our expertise, and increase the level of care we provide to our patients who experience a traumatic injury.

"Through our collaboration with MetroHealth, a locally and nationally recognized provider of trauma care," says Dr. Brent Burkey, President & CEO of Fisher-Titus, "more patients have been able to receive care close to home at Fisher-Titus and remain in our community rather than be transferred to another facility."

In the first four months of 2019, Fisher-Titus treated 547 trauma patients. In addition to providing exceptional care for these patients close to home, our partnership with MetroHealth gives our employees the opportunity to increase their knowledge of and experience with injuries they may not see every day, but which require great attention and care.

So far this year, the Fisher-Titus trauma team has participated in or soon will be participating in these training opportunities as a result of the MetroHealth partnership:

- ♦ **Pediatric trauma simulations in the Emergency Department.**
- ♦ **Farm injury simulation training at North Central EMS.**
- ♦ **Mass casualty incident training.**
- ♦ **Non-accidental pediatric abuse lecture.**
- ♦ **Orthopaedic and trauma joint education.**
- ♦ **Burn education for physicians, nurses, fire, and EMS presented by burn surgeons, burn ICU nurses, and the burn coordinator for MetroHealth.**



FISHER | TITUS



RELIEF IS RIGHT UP THE ROAD

FISHER-TITUS PAIN MANAGEMENT OFFERS SAFE, EFFECTIVE TREATMENT

ARE YOU LIVING WITH CHRONIC PAIN?

If you're focusing on your physical discomfort more than on living your life, you may be experiencing chronic pain: ongoing or recurring pain lasting more than three months. Chronic pain can begin with no obvious cause, but in most cases it starts with an injury, surgery, or medical condition. Common causes include back problems and sciatica, pinched nerves, migraines, arthritis, nerve damage, infections, shingles, fibromyalgia and Reflex Sympathetic Dystrophy (RSD).

Chronic pain can range from mild to severe and feel like a dull ache, throbbing, burning, shooting pain, stinging, soreness, or stiffness. Your discomfort may be constant or it may come and go, and it can affect every part of your life. Chronic pain can compromise your mental and physical wellness in ways beyond the pain you're feeling. It can cause stress or depression which, in turn, can cause you to feel more pain.

If your constant or recurring pain is affecting your daily life, relief is right up the road. Fisher-Titus Pain Management specialists see patients at two convenient locations: on the Fisher-Titus campus in Norwalk and at Northern Ohio Medical Specialists (NOMS) in Sandusky. To schedule an appointment at an office near you, call 419-660-6901 or visit fishertitus.org/pain-management.

RELIEF IS HERE, CLOSE TO HOME

Fisher-Titus Pain Management takes a measured, conservative approach to treating chronic pain by following a plan that may incorporate a combination of treatments based on your diagnosis, symptoms, and level of wellness. Fisher-Titus pain specialists have advanced training in safe, minimally invasive, office-based procedures including spinal diagnostics, steroid and BOTOX® injections, nerve blocks, radiofrequency treatment, and spinal cord stimulation.

Our experienced team stays in contact with your primary care doctor throughout your personalized pain management journey. Most importantly, you can be confident that if opioid medication is recommended for your pain issues, you will receive it from one physician and fill your prescription at one pharmacy. You can also expect urine drug screenings and random pill counts.

OUR PAIN MANAGEMENT TEAM:



Joshua D. Goldner, MD

Board-certified Pain
Management specialist
and Anesthesiologist



Zachary Zumber, MD

Board-certified Pain
Management specialist
and Anesthesiologist



Amanda Springer, PA-C

Pain Management
Physician Assistant

SERIOUS HELP FOR SERIOUS NECK AND BACK PAIN

NEXT-LEVEL CARE IS EASILY ACCESSIBLE AT THE FISHER-TITUS SPINE CENTER

SOMETIMES SURGERY IS THE BEST SOLUTION



Timothy A. Moore, MD
Orthopaedic Spine
Surgeon

If pain management techniques alone haven't brought you relief from your chronic neck or back pain, it may be time to ask your primary care provider about seeing a spine specialist.

Fisher-Titus Spine Surgery offers exceptional spine care close to home. Led by Orthopaedic Spine Surgeon Timothy Moore, MD, the Spine Surgery team provides a full range of safe, effective treatments to address conditions including:

- ♦ **Lower back (lumbar) and neck (cervical) disc herniation**
- ♦ **Lower back and neck stenosis (spinal narrowing)**
- ♦ **Spondylolisthesis (vertebral slipping)**
- ♦ **Degenerative scoliosis**

SPECIALIZED SPINE CAPABILITIES IN NORTH CENTRAL OHIO

Dr. Moore specializes in surgical and conservative nonsurgical approaches to spine care. He is a member of the American Academy of Orthopaedic Surgeons, Cervical Spine Research Society, Lumbar Spine Research Society, the North American Spine Society, and the Orthopaedic Trauma Association. Dr. Moore is board certified by the American Board of Orthopaedic Surgery.

At Fisher-Titus, we support our spine surgery program with pre-admission testing, the latest inpatient and home-based rehabilitation services, and outpatient physical therapy to help all of our spine patients toward an excellent outcome.

For more information or to make a convenient Spine Center appointment, call 419-660-4740 or visit fishertitus.org/spine.





FISHER-TITUS SENIOR LIVING: EMPHASIS IS ON “LIVING”

If you're an older adult, it's common to ask yourself: “How can I maintain the independence I want?” “How can I receive the assistance I need?” And, “how can I have the peace of mind of knowing I'll be cared for if my needs change?” For North Central Ohio residents, the answer to all three concerns is the Senior Living continuum of care offered by Fisher-Titus Home Health, The Carriage House, and Norwalk Memorial Home.

FISHER-TITUS HOME HEALTH

Our Home Health Center has been the leading provider of home health care services in our region for more than three decades. Our team offers a comprehensive program of skilled health care in your own home. Your individualized care plan is created collaboratively by you, your family, and your primary care physician. From there, your care is supervised by a Home Health nurse and/or therapist.

Fisher-Titus Home Health was named a Top Agency of the 2018 HomeCare Elite®, a recognition of the top-performing U.S. home health agencies. The program is certified by Medicare and the Ohio Department of Health and accredited by the Healthcare Facilities Accreditation Program. Services are covered by Medicare, Medicaid, Workers Compensation, and many private insurance providers.

IN THEIR OWN WORDS

SENIOR LIVING AT THE CARRIAGE HOUSE OF FISHER-TITUS



"I'm well cared for and all my needs are met at The Carriage House. Being here gives my family peace of mind. I've made good friends and I enjoy socializing with them. The residents and staff have welcomed me with open arms and become like family to me."

Mary Perkins | *New London native*



"The Carriage House is a palace, and I see firsthand why it has such a wonderful reputation in our community. Being widowed brought changes I wasn't ready for and moving to The Carriage House allowed me to form new friendships. I feel loved and cared for. I'm very happy here."

John Borgia | *Norwalk native*

THE CARRIAGE HOUSE OF FISHER-TITUS



If you are an independent older adult who desires freedom from the burden of home maintenance and

requires some help with daily activities, assisted living at The Carriage House may be the option for you.

At the Carriage House, we offer the comfort and security that comes with feeling at home. Standard features of our beautiful, spacious one-bedroom apartments are a kitchenette with a range, refrigerator, and microwave; wall-to-wall carpeting; window blinds; and individually controlled heat and air conditioning. Cable TV programming is also available for an extra charge.

The Carriage House also provides personalized care as needed 24 hours a day, access to health care at Fisher-Titus, three delicious daily meals, an array of activities, and convenient transportation for running errands, attending social activities, or keeping physician appointments. Apartments are available now. Call today to reserve yours.

NORWALK MEMORIAL HOME

When 24-hour skilled nursing care is required either on a temporary or long-term basis, Norwalk Memorial Home represents the third, acclaimed care option in the Fisher-Titus Senior Living continuum of care.

At Norwalk Memorial Home, our team of skilled



nurses and certified resident assistants are committed to your total wellness and comfort, and work closely with your social

worker, primary care physician, and family members. Your right to choose is integral to your plan of care.

Based on your needs, services include three meals per day plus snacks planned by our licensed dietitians; physical, respiratory, occupational, and speech therapies; wound care; and infusion therapy. Norwalk Memorial Home is Medicare and Medicaid certified, and regularly achieves five-star quality ratings assessed and reported through the Centers for Medicare & Medicaid Services.

PEACE OF MIND IN EVERY PHASE OF OLDER ADULTHOOD

Fisher-Titus Senior Living offers compassionate, experienced, acclaimed care for all phases of older adulthood. For details or to schedule a personal tour, visit fishertitus.org/senior-health-services or call:

Fisher-Titus Home Health **419-668-0099**

The Carriage House of Fisher-Titus ... **419-668-4228**
175 Shady Lane, Norwalk

Norwalk Memorial Home **419-668-8101**
272 Benedict Avenue, Norwalk

WHO AND WHAT IS NEW AT FISHER-TITUS



FISHER-TITUS WELCOMES CARDIOTHORACIC SURGEON

BASSEL AL-ALAO, MBBS, MD, MRCSI, FRSCI-CTh

Dr. Bassel Al-Alao is a Cardiothoracic Surgeon seeing patients in the Snyder/White Heart & Vascular Center. He specializes in thoracic oncology, minimally invasive lung cancer surgery, and cardiac surgery.

Dr. Al-Alao comes to Fisher-Titus with experience in thoracic surgery from Cleveland Clinic and the Mayo Clinic, and experience in lung and heart transplant from the University of Minnesota. He completed fellowships in general thoracic surgery at the Mayo Clinic in Minnesota and cardiac surgery at Emory University Hospital, Atlanta.



FISHER-TITUS WOMEN'S HEALTH WELCOMES OBSTETRICIAN/GYNECOLOGIST

KATHY ELIZEUS, MD

Dr. Kathy Elizeus has joined Fisher-Titus Women's Health. She is certified by the American Board of Obstetrics and Gynecology and will be seeing patients in Milan and Norwalk.

Dr. Elizeus chose to specialize in Women's Health not only because she enjoys delivering babies and performing surgery, but also because she believes there is a need to educate the community on health issues specific to women.

Most recently, Dr. Elizeus served patients at Penn Highlands Healthcare in Pennsylvania. She previously worked for Health Services for Women, PC, Allegheny Medical Practice Network and ran a solo private practice.



NEW MEDICAL DIRECTOR OF THE FISHER-TITUS SLEEP CENTER

BASEM HADDAD, MD

Dr. Basem Haddad has joined Fisher-Titus as the Medical Director of the Fisher-Titus Sleep Center. Dr. Haddad is certified in pulmonary disease, critical care, and sleep medicine by the American Board of Internal Medicine, and in sleep medicine by the American Board of Sleep Medicine.

Dr. Haddad has experience in Pulmonary Medicine, Sleep Medicine, and Critical Care Medicine with Premier Physicians Centers in Westlake, and is currently Section Chief of Pulmonary Medicine at several hospitals. Prior to pursuing his fellowship in 2003, he worked as a Hospitalist at Cleveland Clinic Lutheran Hospital and as an Internist at MetroHealth's West Park location.



FISHER-TITUS CANCER CARE CENTER WELCOMES ONCOLOGIST **KASRA KARAMLOU, MD**

Dr. Kasra Karamlou has joined the Fisher-Titus Cancer Care Center team. He is board certified in hematology and medical oncology by the American Board of Internal Medicine.

Dr. Karamlou completed his fellowship in hematology and medical oncology with Oregon Health & Science University. He is a Medical Oncologist with the Cleveland Clinic.



FISHER-TITUS BEHAVIORAL HEALTH WELCOMES LICENSED INDEPENDENT SOCIAL WORKER **NANCY LANG, LISW**

Nancy Lang provides therapy services for all ages, addressing a wide range of mental health concerns. She is especially passionate about working with teens, young adults and the elderly, and has an extensive background in crisis intervention.

Nancy has a master's degree from Case Western Reserve University in Adult Psychopathology and Health Care Service Delivery. She has worked in health care for over 40 years in various settings, has been a licensed social worker since 2006, and recently obtained her independent license.

FISHER-TITUS IS PLEASED TO WELCOME OUR NEW NURSE PRACTITIONERS



**Jennifer Rohrbacher, DNP
APRN, FNP-C**
Fisher-Titus Convenient Care
Norwalk



Derik Sidell, CNP
Fisher-Titus Convenient Care
Norwalk



Ashley Schoen, NP-C
Fisher-Titus Convenient Care
Norwalk and Occupational Health



Tiffany Justi, CNP
Anti-Coagulation Clinic

FISHER-TITUS ENDOCRINOLOGY EXPANDS HOURS

Beginning in June, Fisher-Titus Endocrinology will be open one additional day per month. Due to a need in the community, Vikram Kumar, MD, and Namrata Kumar, PA, will now be seeing patients three Thursdays every month. For appointments, call **419-660-2895**.



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Fisher-Titus Health Connections is a community publication distributed by Fisher-Titus Health. For more information about our services and programs, or to be added to our mailing list, please contact the Marketing & Public Relations Department, Fisher-Titus Medical Center, 272 Benedict Avenue, Norwalk, OH 44857. Call 419-660-2925 or visit fishertitus.org.

PROBLEM WOUND? NO PROBLEM WITH HBOT.



THE GOOD NEWS | The Fisher-Titus Center for Wound Healing offers advanced Hyperbaric Oxygen Therapy (HBOT) to treat chronic wounds caused by blood flow issues, infection, diabetes, surgery, or poor nutrition.

THE EVEN BETTER NEWS | HBOT is painless. You lie on your back inside a pressurized transparent chamber and breathe 100 percent oxygen during multiple sessions. Your blood carries the pure oxygen to your wound, which promotes accelerated healing. During HBOT you can watch TV or even take a nap.

Depending on the severity of your wound, HBOT increases the chances for limb salvage. It also optimizes your daily comfort, mobility and quality of life. Our wound specialists also provide:

- ◆ Advanced wound dressings
- ◆ Bioengineered tissue
- ◆ Debridement
- ◆ Negative pressure wound therapy
- ◆ Wraps to decrease lower leg swelling



Marc Dolce, DPM
PODIATRIST



Farid Said, MD
GENERAL SURGEON

Co-Medical Directors and Wound Specialists

If you have a chronic, non-healing wound, the Center for Wound Healing can help with Hyperbaric Oxygen Therapy. To schedule a convenient appointment on the Fisher-Titus campus, call 419-660-6980 or visit fishertitus.org/wound.