



Bel Aire™
SENIOR LIVING

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October 2017



Bel Aire Senior Living Team

- Steve Sabins Executive
- Sherry Parker Care Director
- Chad Hillier Marketing
- Matthew Kriek Food Services
- Marcela Valdivia Activities
- Andrea Lewis MS Activities
- Bill Steele Maintenance



Build Your Own Bear W/Grandma!

This was such a nice way to celebrate Grandparents Day!



October's Inspirational Thought

"The smallest act of kindness is worth more than the grandest intention".
- Oscar Wilde





Trivia Whiz

Magnificent Falls

On the border between New York and the Canadian province of Ontario is a breathtaking natural wonder, Niagara Falls.

Niagara Falls was formed about 12,000 years ago.

There are actually three falls that make up the massive spectacle: Horseshoe, American and Bridal Veil falls. Horseshoe Falls is the largest at 2,200 feet wide and 170 feet tall.

More than 3,000 tons of water rush over Niagara Falls every second. Most of the water comes from four of the five Great Lakes, which drain into the Niagara River.

On Oct. 24, 1901, Annie Edson Taylor, a 63-year-old Michigan teacher, became the first of several daredevils to survive a plunge over the falls in a barrel.

About 12 million tourists visit Niagara Falls each year.

National Assisted Living Week 2017!

Thank you everyone for joining us in celebrating National Assisted Living Week, our residents had a lot of fun!!

Family & Friends Picnic



Carnival, BBQ & Music!



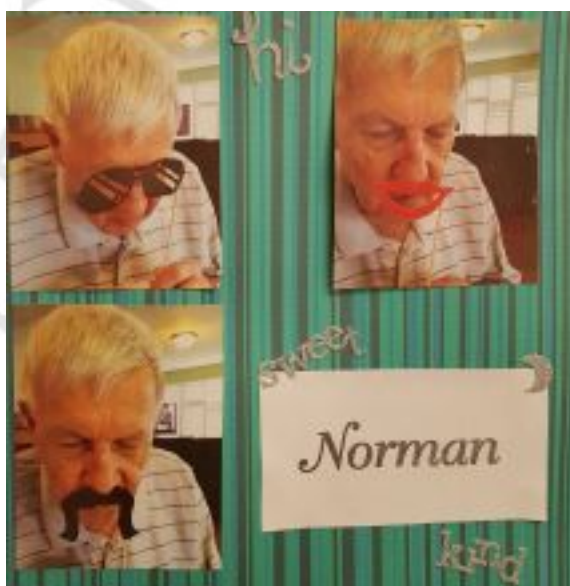
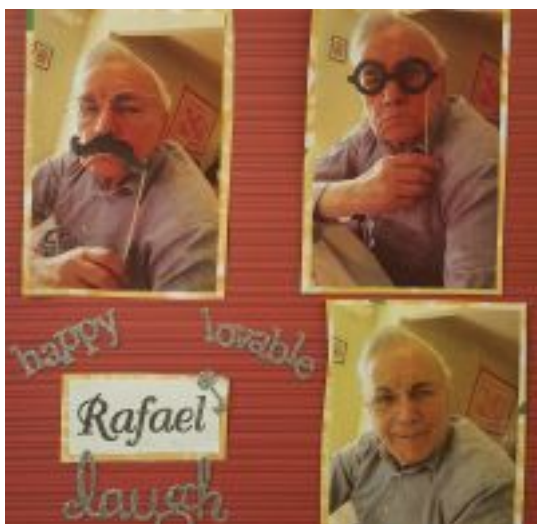
Afternoon Movie & Snacks W/Heidi!





Family Is Forever

We enjoyed National Assisted Living week by spotlighting each resident on Memory Lane. Family is Forever appreciates their posterity and their ancestors.



We Love Family



Wit & Wisdom

"Cats do not have to be shown how to have a good time, for they are unflinching ingenious in that respect."
—James Mason

"Way down deep, we're all motivated by the same urges. Cats have the courage to live by them."
—Jim Davis

"Cats can work out mathematically the exact place to sit that will cause the most inconvenience."
—Pam Brown

"Cats seem to go on the principle that it never does any harm to ask for what you want."
—Joseph Wood Krutch

"A cat has absolute emotional honesty: Human beings, for one reason or another, may hide their feelings, but a cat does not."
—Ernest Hemingway



HAPPY HALLOWEEN!

Hope your holiday is wickedly fun!

"This Month In History"

OCTOBER

1895: The first U.S. Open golf tournament tees off at the Newport Country Club in Rhode Island.

1904: In New York City, more than 100,000 people pay a nickel each to ride the city's new subway system.

1916: The San Diego Zoo is founded. Now world-famous, the California zoo is home to more than 3,500 animals.

1921: The World Series is broadcast on the radio for the first time.

1930: In the musical "Girl Crazy," Ethel Merman makes her Broadway debut, earning standing ovations after belting out the show-stopper "I Got Rhythm."

1941: Mount Rushmore, the sculpture of four U.S. presidents carved into the face of a South Dakota mountain, is completed after 14 years of work.

1954: Singer Marian Anderson becomes the first African-American hired to perform as a member of New York City's Metropolitan Opera.

1968: American author John Steinbeck is awarded the Nobel Prize in literature.

1973: Queen Elizabeth II officially opens Australia's newly built Sydney Opera House.

1982: Sony launches sales of the world's first compact disc player, priced at about \$1,000.

1990: East Germany and West Germany end 45 years of division, declaring a unified country.

2003: LeBron James, the first player picked in the NBA draft, makes his debut with the Cleveland Cavaliers. He was named the NBA Rookie of the Year that season.

2011: According to estimates by the United Nations, the world population reaches 7 billion.

2015: The single "Hello" by British pop singer Adele makes history by selling more than 1 million downloads in one week.