



## Foundations

John 15:1-8, 1 John 2:3-6

### About *#Adulting: Growing Up in God*

Do you ever get frustrated when the abundant life Jesus promised doesn't seem to be *your* reality? There's a direct link between obedience to God and joy in life. When you decide to give up your own will and live the way God designed you to live, there you will find true satisfaction. "**In lofty theological terms, we call this *sanctification*,**" says Matt Horne, associate pastor, "but in real life, we just call it *growing up*."

### Bottom Line

*Joy is to be found in knowing and following Jesus.*

### Introduction

A building without a foundation is useless, as is a foundation without a building.

God is calling us to spiritual maturity but doing this in our own strength can be tiring.

### Struggle

Many of us do not know what it means to be "spiritually mature."

Many of us do not know where to begin in our journey towards "spiritual maturity."

## Truth

Spiritual maturity is to know and love Christ through trusting faith and obedient following.

Following Jesus faithfully begins with an intimate relationship.

***“To know is to grow.” – Pastor Matt***

Jesus teaches us the way toward spiritual maturity in John 15: **Abide**.

Jesus says to abide in his character, his word, and his love. For him to abide in me is for his character, his word, and his love to be displayed in my life.

## Conclusion

The end result in knowing and following Christ is God’s glory and your joy. Bearing fruit is worship to God, honor to Christ, and encouragement to my own soul.

## Next Steps

- Memorize John 15:5.
- Commit to prayer, scripture, and community this week.
- Display the character, word, and love of Jesus this week.