



Helping Another

Mark 2

About Down & Out

If you've ever felt down and out, here's what we are going to discover in this series: You may be down, but you're never out. There is still hope. Sure, you may be behind. Sure, you may feel down. But you're not out. It may be the bottom of the ninth, but there's still a chance to turn this game around.

One Thing: Help someone who's *Down & Out*.

Review

Week 1 – “Anything Is Possible”

Week 2 – “Do This When Life is Dark”

Week 3 – “What Do you Do When You Lose?”

Week 4 – “Helping Another”

Struggle

How do you respond when others are *Down & Out*?

How we respond individually to the *Down & Out* will determine our reputation both individually and corporately.

We want our church (South Bay) to be a place where the *Down & Out* think to go **first** because our reputation is marked by extraordinary compassion and generosity. That glorifies Jesus.

Truth

Mark 2:1-12

Faith is meant to be seen.

Be a “tear the roof off” kind of friend.

Application

The man’s friends thought, “If we can get his body near His body, something good will happen.”

We [Jesus followers], the church, are His body on earth.

Be the body to somebody who needs somebody.

Respond to others in *Down & Out* moments with extraordinary compassion and generosity.

Anyone near the body should be a better somebody.

South Bay friends will “tear the roof off” to help you.

Conclusion

Pause for 60 seconds to ...

- 1) Think of someone in your life who needs help.
- 2) Set a reminder to do something.

Send a text.

Take a meal.

Send a gift card.

Reach out and listen.

Reach out and pray.

Action Items / Next Steps

- Memorize Mark 2:4
- Think of someone in your life who needs help.
- Set a reminder to do something.
- Take action and do it.