



**Plan for It**  
**Matthew 5:1-10, 7:24, 26**  
**Message from Pastor Martin Hawley**  
**February 12, 2017**

**The Bottom Line:** Happiness is not immediately accessible, but it's not out of reach. It's a result. It's sowing and reaping. Happiness is determined by outcome.

**Introduction:** Q: What makes you happy? A: **No** Thing. Happiness is more about *who* than *what*.

Myth: God doesn't want you to be **happy**. He wants you to be **holy**. As we will see, these two are not exclusive.

Truth: Jesus knows more about happiness than anyone else. Why would God create such extraordinary capacity and not want you to fulfill it through Him?

**Jesus began his ministry with a sermon about happiness.**

"Blessed" means "fortunate, happy." In the Sermon on the Mount, Jesus gave a description of happy people. He spoke about eight "blessed are" categories.

Warning: They are completely countercultural.

Poor in spirit: people who embrace their daily **dependence** on God, regardless of what they have.

The moment you put your trust in riches, instead of Him who richly provides, you are **unhappy**.

Fear of **dying** will rob you of the joy of **living**.

**Meekness:** A proper **estimation** or **valuation** of oneself within the broader context of God's creation and love.

Happy are those with no **guilt**, no **regret**, and **clear conscience**.

Happy are the **relationally** generous.

Happy are the **reconcilers**.

**Happiness is powered by the law of the harvest.**

Happiness in an **outcome**.

Happiness is not immediately accessible.

You **reap** and **sow** your way to happy.

**Conclusion:**

Q: What makes you happy?

A: **No** Thing

A: **Sowing**

**NEXT STEPS:**

- Memorize: Matthew 7:24.**
- Meditate on the Beatitudes: Matthew 5:1-10 .**
- Consider Specific Steps to Sow in Each Area.**
- Come Back Next Week for Part 3 of *What Makes You Happy*.**