

FOR IMMEDIATE RELEASE
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South Bay Bible Church Announces New Sermon Series ***Down & Out: Finding Hope.***

The stubborn darkness of depression hits millions of people every year. On Easter weekend, Saturday, April 20 and Sunday, April 21, South Bay Bible Church is beginning a new four-part teaching series to help the *Down & Out* find new hope.

EAST MORICHES, NY – When you feel Down & Out, you may be down, but you're never out. There's still hope. Sure, you may be behind. It may be the bottom of the ninth, but there is still a chance to turn this game around. Join us at **South Bay Bible Church**, 578 Montauk Highway, East Moriches, beginning Easter weekend, Saturday, April 20, at 5:00 p.m. and Sunday, April 21, at 9:00 and 11:00 a.m. for a new teaching series: *Down & Out: Finding Hope.*



If you've ever fallen behind in life, it's likely you've experienced the stubborn darkness of depression. According to the World Health Organization, 300 million people suffer from depression around the world. "This series offers a fresh look and new hope to the Down & Out," said Martin Hawley, senior pastor.

Join South Bay Bible Church for this new series and find times of refreshment during the dark moments of life. Down & Out includes the following four messages:

1. Anything Is Possible – April 20 and 21: Have you ever felt behind financially, relationally, or emotionally? What do you do when you feel like your life is trailing in the bottom of the ninth? If you've ever felt Down & Out, here's what we are going to discover in this series: You may be down, but you're never out. There is still hope. Sure, you may be behind. Sure, you may feel down. But you're not out. It may be the bottom of the ninth, but there's still a chance to turn this game around.
2. Do This When Life Is Dark – April 27 & 28: When you're facing a dark moment in life, doing this one thing can bring you into the light. Memorialize what God did in the light so you can point to what he can do in the dark.
3. What Do You Do When You Lose? – May 4 and 5: What happens when there is no bottom-of-the-ninth comeback? What happens when you lose? Where can you find hope when hope disappears? You can be used even when you lose.
4. Healing Another in the Ninth – May 11 & 12: How should you respond when others face a bottom-of-the-ninth moment? It's not about saying something or doing something. It's about being someone. Learn to help someone who's in the bottom of the ninth.

As a non-denominational Christian church, South Bay Bible Church was started in 2006 with the mission to lead people into a growing relationship with Jesus Christ. The church is dedicated to creating environments where people are encouraged to pursue intimacy with God, community with insiders, and influence with outsiders. To find out more about South Bay Bible Church and their upcoming events, please visit southbaychurchli.org.

About South Bay Bible Church: South Bay Bible Church is a non-denominational Christian church known for Biblical messages applicable to everyday life. The church meets at 578 Montauk Highway in East Moriches, NY. The church's mission is to lead people into a growing relationship with Jesus Christ. Our service schedule includes three convenient times: Saturday night at 5:00 and Sunday morning at 9:00 and 11:00, and online anytime. A nursery and children's church are available. For more information, go to southbaychurchli.org, call (631) 909-8241, Facebook, or Twitter @sbbcli.

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Note to editor: A full press page with graphics, logos, and videos is available at www.southbaychurchli.org/press. News media are invited to cover "Down & Out" Please call ahead.

