

A TALE OF TWO INJURIES

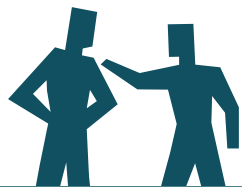
Parallel Paths of Pain Perceptions

Study the diagrams below to see how the severity of the same soreness can vary greatly based on perception.



LOW PERCEPTION OF THREAT

When addressing a potential injury, a **trained Onsite Early Intervention specialist** knows how to help a worker properly interpret the discomfort they are having.



Soreness doesn't equal tissue damage and it actually improves with movement. Motion is Lotion!

The worker now feels less discomfort and is able to continue working with a renewed focus on their health and safety.



This approach allows the worker to continue being an engaged, healthy, and productive team member!

HIGH PERCEPTION OF THREAT

It starts with perception

It begins with the perception that the pain means tissue damage. This is common due to over emphasis on surgery, MRI, etc.

MRI



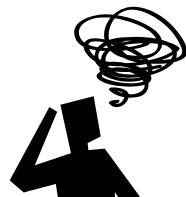
Language plays a big part in what happens next...

HERNIATED DISC
DEGENERATIVE DISC DISEASE



PINCHED NERVE FACET DEGENERATION

Worry & Fret



Threat Perceived

Provocative and descriptive terms such as **disease** and even **pain** can elevate a worker's pain.

Prescriptions



An extensive on-the-job injury means it's time for a costly claim...

Workers Compensation

Surgery



Injections

Disability



All of these problems compound over time, creating even more problems. Ultimately this means...



Lost Time & Money

Learn how Fit For Work can help you translate awareness of pain perception into less injuries.

GIVE US A CALL:

877-348-4975

Find out more at: wellworkforce.com

