



Sock Puppets

Family Friday Project

Materials:

Sock

Cardboard

Thread or
Rubber Bands

Yarn or Fabric

Scissors

Sharpie

Glue



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Let's get started!

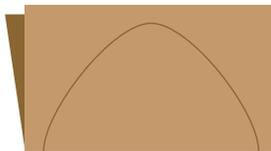
Gather Supplies

For the example, I used craft glue, a cereal box, scissors, a sharpie, a lone sock, an old t-shirt, and some thread, but you really only need the sock, scissors, cardboard, and something to hold things together.

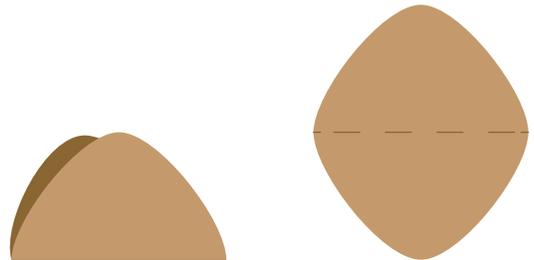


Make the Mouth

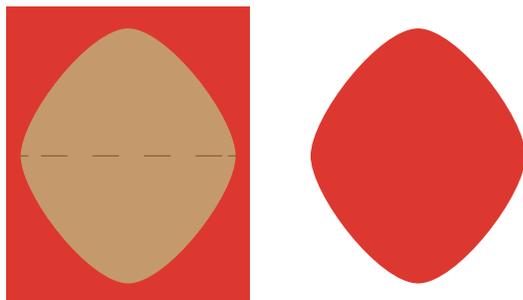
- 1 Fold a piece of cardboard no wider than your sock in half, and draw a rounded triangle on it.



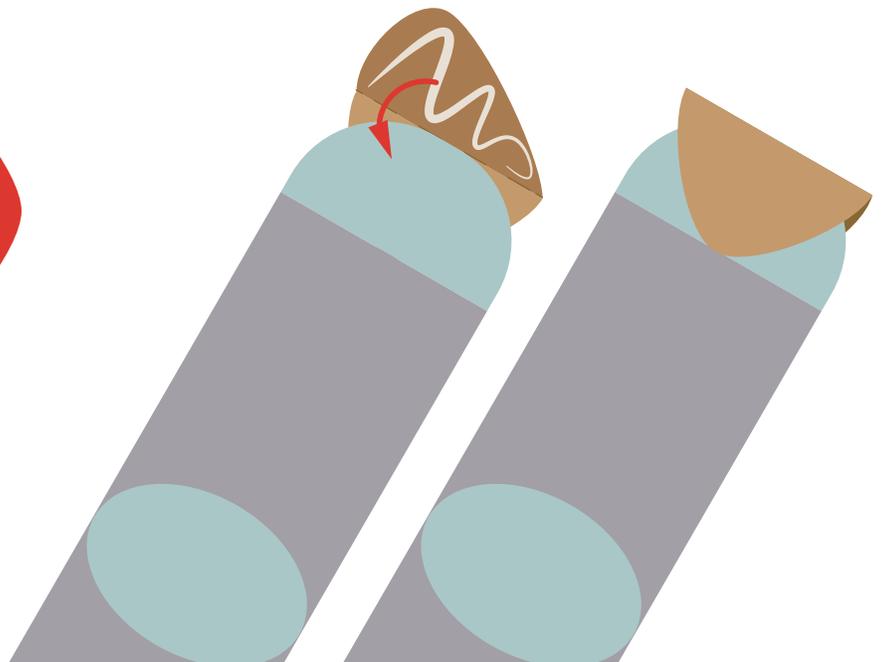
- 2 Cut it out. If opened, it should be a rounded diamond.



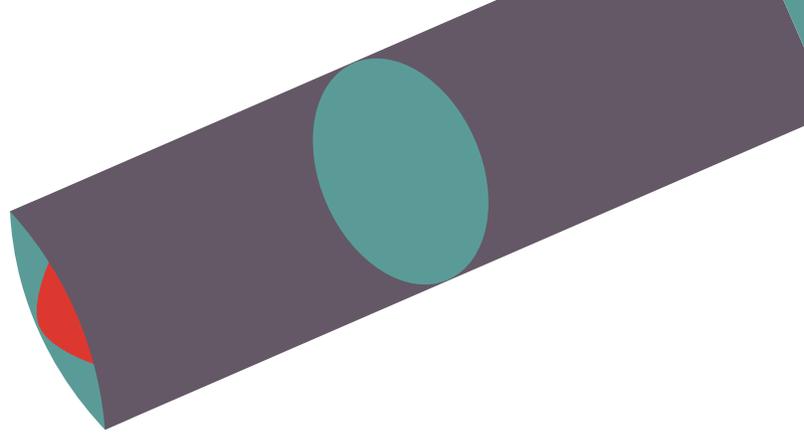
- 3 If you want the inside of your mouth a color, trace the cardboard on a piece of fabric or paper.



- 4 With the sock inside out, glue the cardboard over the toe.



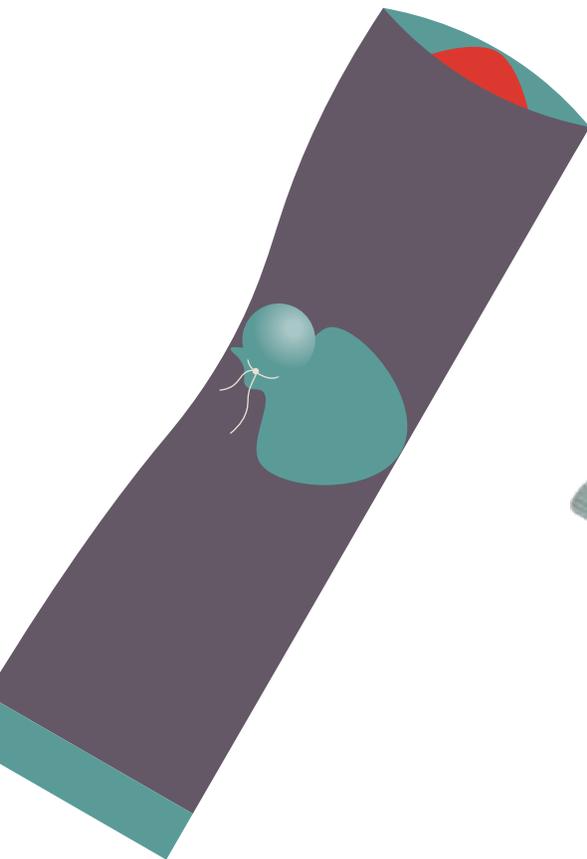
- 5 Flip the sock right side out and glue the colored piece inside the mouth.



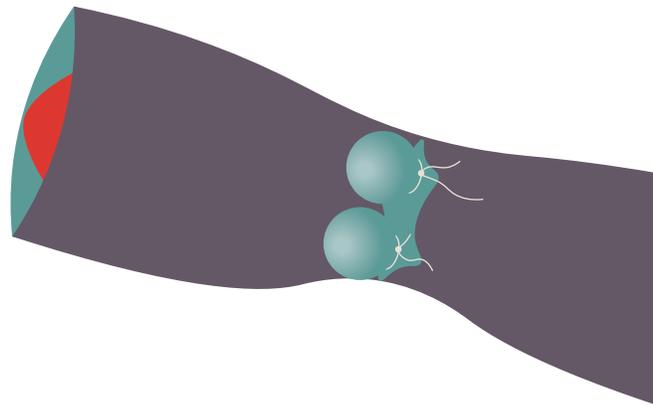
Add Eyes

There are many ways to add eyes. You could glue on buttons, poms, googly eyes, or colored paper. You could even just draw them on with a sharpie. I made mine out of the heel of the sock, some fabric scraps, and thread. Here's how:

- 1 Put a ball of wadded up fabric inside the heel and tie it off with thread.



- 2 Do the same for the second eye.



- 3 Use a sharpie to draw pupils.



Add Hair

If you want your puppet to have hair, you can make it out of paper, yarn, or anything else you can find. I made mine out of a t shirt. Here's how:

- 1 Cut the bottom edge of a t-shirt into strips parallel to the hem, leaving one side uncut.



- 2 Cut across the uncut area on an angle from one strip to another to make a continuous strip.



- 3 Pull the strip through one fist, stretching it slightly and making it curl into a string.



- 4 Wrap the string around a piece of cardboard. For longer hair, use a wider piece.



5 Remove the coil of string and lay it on top of another piece.



6 Tie it around the middle of the bundle.



7 Cut the loops.



8 Trim the ends.



9 Glue or sew the hair in place.



Accessorize

Will your puppet have long or short hair? A paper hat? Wire glasses? Add what you need to make your character.

Learn More

Watch Jim Henson talk about how he makes muppets, and how you can make more kinds of puppets at youtu.be/AC440k6iByA

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