

# **Visiting Nurse Association of Ohio**

# Home Care & Lymphedema Therapy

VNA of Ohio is proud to offer the only long-standing home health Lymphedema program.

## About VNA of Ohio's Lymphedema Management Program

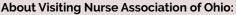
- Since May, 2011, over 500 patients have received care by certified lymphedema therapists.
- Our therapists will typically spend 1-1½ hours, 1-3 times a week with patients at their home, wherever they call home.

### What makes us different?

- Our lymphedema-certified therapists primarily utilize Solaris Ready Wrap in place of traditional short stretch wraps. This modification has resulted in improved patient or caregiver compliance, leading to greater limb volume reduction among patients.
- Patients are trained by therapists in self-management techniques for this chronic condition.
- Patients are directed to appropriate garment fitters as needed.
- ADL and safety issues are addressed, including securing shoes that fit.
- We also provide each patient with a guide to Out-Patient Lymphedema Management Clinics at MetroHealth, Cleveland Clinic, University Hospitals and other private clinics.

### **Benefits of VNA Homecare:**

- One call to access multiple services
- Equipment and supplies are delivered and applied to the patient at home.
- Services are managed by certified lymphatic physical or occupational therapists.
- The VNA of Ohio has an Eastside and Westside lymphedema management team treating patients in Cuyahoga, Medina, Lorain, Summit and Lake counties.



Established in 1902 to address community health needs in the Cleveland area.
Today, VNA of Ohio serves 17 counties in Northeast Ohio, providing the largest scope of home-based health services in the area.

